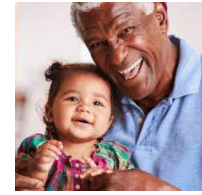




Friendship Heights

VILLAGE NEWS

AUGUST 2025 VOLUME 42, NO. 8 www.friendshipheightsmd.gov 301-656-2797



A refresher course for grandparents, see page 5.

Savor the last moments of summer with a trip to Rehoboth

Are you ready to feel the warm sand between your toes, to breathe in the sea air, sample some fresh seafood or just stroll along the seaside boardwalk? Don't let this summer go by without feeling the warmth of the sun, hearing the gentle crash of the waves on the beach, and finding the latest deals at the shore's outlets.

Journey with us to Rehoboth Beach, Del., one of the most beautiful seaside towns on the East Coast. We'll make a day of it on **Thursday, Aug. 28.**



We'll depart from the Village Center at 8 a.m., and arrive in time for lunch (on your own). You'll then have time to do as your heart desires.

Linger by the shore all day, or just for a while, and then take advantage of the tax-free shopping when our bus takes anyone interested from the beach to area outlets later in the afternoon.

There are numerous restaurants, cafés and shops along Rehoboth Avenue and on the boardwalk. We should return to the Village Center by 8 p.m.

The cost of the trip is \$90. Sign up at the Village Center. The deadline to register is Aug. 22.

Kids— Don't miss our dinosaur and doughnuts dance party

Start your day off with a doughnut, a dance and a smile. Village children are invited to the Village Center on **Wednesday, Aug. 6, from 10 to 11 a.m.,** for a dance party featuring dinosaurs and doughnuts.



Since our dinosaurs don't care for super hot weather nor rain, the party will take place indoors in the Village Center.

Register by Aug. 4 to reserve a spot. See page 2 for sign-up details.

All those registered are guaranteed a doughnut. Children must be accompanied by an adult.

Doughnuts are available to drop-in dancers while supplies last.

Comedian Mac is coming back to the Village Center

Award-winning stand-up comedian Robert Mac brings his smart, family-friendly humor to Friendship Heights when he returns for a performance on **Thursday, Aug. 7, at 7 p.m.,** in Hubert Humphrey Park at the Village Center. Mac has appeared at popular venues and on television shows, such as "Last Comic Standing," "Comedy Central's Premium Blend," NBC's "Late Night," and more. He was the grand prize winner of Comedy Central's Laugh Riots, and a finalist in competitions such as Billy Crystal's "Mr. Saturday Night Contest."

Village Mayor Roy Schaeffer will open the show.

Musical morning for toddlers, see page 2.

Marsha brings music, dance and fun for toddlers in August



Village toddlers, their siblings, parents, grandparents, caregivers and friends are invited to a fun-filled musical morning with Marsha Goodman-Wood on **Tuesday, Aug. 26, from 9:45 to 10:45 a.m.**, at the Village Center. With positive social messages, Goodman-Wood leads the band Marsha and the Positrons, an award-winning Washington, D.C.,—based kindie (kids + indie rock) band

specializing in fun songs about science and how the world works.

Winner of the 2024 Josie Music Award for Children's Creators/Performers, her clever, energetic, upbeat songs are fun for all ages! Marsha Goodman-Wood, singer/songwriter, teaching artist, and former cognitive neuroscientist combines her enthusiasm for learning with her bubbly personality and award-winning musicianship.

Registration is required. See box at right for details.

How to sign up for activities at the Village Center

- 1) Go to our website at www.friendshipheightsmd.gov.
- 2) Click Sign Up for Programs.
- 3) Click Sign In/Up.

**New users must follow instructions for creating a new account. Go to top right-hand section that reads "To create an account." Once account is created, do the following:*

- 4) Scroll down to desired activity and click Enroll.
- 5) For activities with a fee, click view fee details. Choose payment option and pay.

**Having trouble signing up online? Please call the Village Center at 301-656-2797, and the front desk staff will be happy to assist you.*

**In some cases, such as trips, in-person registration is required. If so, it will be noted in the newsletter story.*

MAYOR'S CORNER

I hope everyone is enjoying their summer.

*This June, the Village sent council members and staff to the annual Maryland Municipal League (MML) Convention. We participated in seminars, engaged with vendors, and met colleagues from municipalities in Maryland. Participating in the MML Convention informs our decision making on behalf of the Village.

*We created a web page to provide information on the Page Park project: Page Park Project-Village of Friendship Heights. The page includes a link with the latest updates.

*We recently formed a development committee primarily of Village residents. The committee will help form the Village's position on development at the GEICO site, and other development issues.

*If you are looking for volunteer opportunities to serve the Village, please visit Volunteering-Village of Friendship Heights.

Roy Schaeffer
rschaeffer@friendshipheightsmd.gov



Friendship Heights VILLAGE NEWS

www.friendshipheightsmd.gov

Email: info@friendshipheightsmd.gov

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space in the Sept. issue is Aug. 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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Julian P. Mansfield

Village Council Update

Council approves hiring off-duty, uniformed County Police officers

The Public Safety Committee met on July 3 and unanimously recommended that the Village Council hire off-duty, uniformed Montgomery County Police Officers for a total of 40 hours per week from Monday through Friday. The Council approved the Committee's recommendation at its July 14 meeting. Lt. Ari Elkin, Deputy Commander of the Bethesda District Station, will once again serve as coordinator for the off-duty officers. Lt. Elkin will select the officers and manage the shift schedules, and he will provide reports to the Council and management staff as needed.

Update on Page Park

The Council agreed to hire James Wilson as the project manager/owner's representative to oversee the remaining Page Park activities. Wilson introduced himself at the Council's July meeting and provided the following updates to the Council:

Two key permits are required prior to construction: 1) a building permit for the pergola structure; and 2) a stormwater management and sediment control permit, which is required for site modifications related to ADA accessibility improvements and the installation of bioretention facilities that manage stormwater onsite.

Before the Village can apply for the stormwater management permit, it must first secure approval of the stormwater management concept from the County. This step is currently in progress with anticipated completion in October. Once both permits are issued, the Village will be ready to remobilize and begin construction of the stormwater facilities and ADA improvements. Based on the current schedule, construction is targeted to begin near the first of the year and continue through early March/April 2026, depending on the weather.

The Village is committed to completing this work efficiently and in full compliance with County requirements. We thank the community for your continued support and engagement. For the latest information about the Page Park project, residents can visit the Village website at <http://bit.ly/4lyGpEP>.

Village renews lease with 4602 North Park Avenue tenants

At the July meeting, the Council approved an extension of the lease with Cityline Studios—the current tenants at 4602 North Park Avenue. The Village is pleased to continue having Cityline Studios as a tenant and appreciates the wonderful art contributions this group makes to the community.

Council appoints members to Advisory Committee on Development

At the July 14 meeting, the Council appointed the following residents to serve on the Advisory Committee on Development:

- Robert Seasonwein (Chair)
- Leni Berliner
- Gwendolyn Bole
- Roger Cochetti
- John Conlow
- Wendy Fox
- Cameron Moody
- Al Muller
- Ken Niles
- Charles Schwartz
- Evan Smith

Please visit <http://bit.ly/44PfBJ0> to view the complete list of Council and citizens' committees.

Shredding service returns on August 16

The next shredding event will be held on Saturday, August 16, 2025, from 10 a.m. to 12 p.m. The Village provides free shredding service to residents four times a year—rain or shine! A truck from Shred-it parks on Friendship Boulevard adjacent to the Village Center. Village residents are invited to bring their materials for shredding.

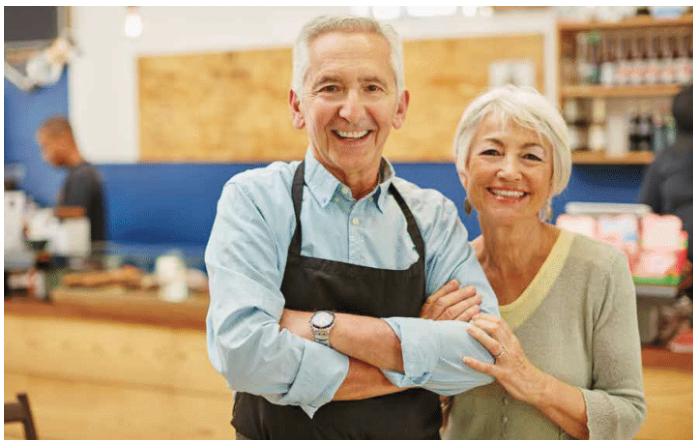
Goodwill household recycling pickup on August 23

Goodwill of Greater Washington will host a Donation Drive collection outside the Village Center on Saturday, August 23, between 10 a.m. and 2 p.m. The Goodwill truck will park on Friendship Boulevard, adjacent to the Village Center's main entrance (in the same location as the MVA Bus). Please donate gently used clothing, accessories, and shoes; toys and books; housewares, linens, cookware, and dishes; furniture and small appliances; computers and electronics; sports equipment, collectibles, and more! For more information concerning donation guidelines, please visit <http://bit.ly/44V3c6D>.

Other actions taken at the July 14 Council meeting:

- Appointed Jacob Lewis and Chantal Roubachewsky to the Community Advisory Committee.
- Approved Charles Schwartz as Chair of the Shuttle Bus Advisory Committee.
- Approved hiring James Wilson as project manager for the Red House work.
- Approved revised investment procedures #1 and #2 as recommended by the Finance Committee.
- Approved letter to County Council concerning the use of glyphosate-based substances.

The next scheduled Village Council meeting will be held on Monday, September 8, 2025, at 6:30 p.m., and will be open to the public at the Village Center and livestreamed. Please visit our website for additional details.



Explore an encore career

You see them in supermarkets, in big-box hardware stores, and at ballparks. About 19 percent of Americans, age 65 and older, are employed today, according to the Pew Research Center, compared with just 11 percent in 1987. Yet, in the early 1960s, the share of those working was similar to today at 18 percent.

Financial journalist Harriet Edleson, author of the book, *12 Ways to Retire on Less: Planning an Affordable Future*, presents "Finding Your Encore Career" at the Village Center, on **Wednesday, Sept. 10, at 1 p.m.**

She has written for The Washington Post, The New York Times, Kiplinger's Retirement Report, and Market Watch. Her financial articles regularly appear on NextAvenue, a PBS website targeted to those 50 and older.

Registration is required. See page 2 for details.



Autumn brings our artisan fair

Popular event to be held in September this year

Stop by our Pop-Up Artisan Shop for great shopping in a fun and festive atmosphere. This year the shopping starts early, in September, so you can pick up a handcrafted piece of art while you're savoring the autumn air.

The event opens with a reception, featuring light snacks, music and great shopping opportunities on **Friday, Sept. 26, from 5:30 to 8 p.m., and continues on Saturday, Sept. 27, from 9 a.m. to 3 p.m.**, with more shopping, art activities and food concessions.

All items are made by the artists who are in attendance and happy to discuss their creative process. Artists will sell items ranging from Ukrainian pottery to jewelry made with items from around the world, and much more. They'll offer a variety of items at great prices, all capturing the spirit and expertise of the artists. For more information, contact Anne O'Neil at aoneil@friendshipheightsmd.gov.

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Discover the benefits of song

Singing has physical, emotional, and social benefits, and is just plain fun!

Enjoy the lazy, hazy days of August with a summer sing-along as leader and pianist Deborah Brouse guides the audience through tunes on **Tuesday, Aug. 19, from 1:30 to 2:30 p.m.**, at the Village Center.

Lyrics will be provided and no talent or musical experience is required—only a desire to sing. The goal is for everyone to have the joy of singing and to leave smiling and humming. See page 2 for sign up instructions.

In September, our sing-along moves to the second Tuesday of the month at 1 p.m.

Grandparents can brush up on their babysitting skills

In celebration of September as Grandparents Month, the Village Center is teaming up with Suburban Hospital to offer grandparents the chance to



hone their babysitting skills. Taught by certified Safe Sitter instructors, participants will learn how to provide the best and safest care for their grandchildren. You will also learn the latest information on how to safely care for infants and children and how to manage the behavior of children of all ages. In addition, life-saving skills addressing choking rescue, first aid, and injury management will be covered. The class will be offered on **Thursday, Sept. 18, from 2 to 4 p.m.**, at the Village Center.

The cost is \$50 for Village residents; \$60 for nonresidents. Village residents who sign up by Aug. 30 pay \$40.

A minimum of six is required to hold the class; the maximum is 12. Registration is required. See page 2 for details.



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CLASSES AND CLUBS

To register, please go to our website www.friendshipheightsmd.gov and sign up through ActiveNet. Class registration will close 48 hours before the start of the session. Late registration will be permitted at the discretion of the Village Center, must be done in person and is subject to a late fee of 15 percent. A class may be canceled if the minimum number of students is not met. Participants must pay for the full series. No refunds after the class begins. All participants in fitness classes, as well as Drop-in Tai Chi and sample classes, are required to sign a liability waiver. In the event a class is canceled, a make-up class will be held following the last class of the session.

EXERCISE

GENTLE YOGA WITH ROBIN (SUNDAYS)

A 6-week Hatha Yoga class for beginning and continuing students, taught by Robin Dinerman, host of TV's "Cherryblossom Yoga." Sundays, Sept. 14 to Oct. 12, 9:10 to 10:30 a.m. This class is especially good for seniors, with particular attention to countering the effects of aging. \$99 for residents; \$109 for nonresidents.

CHAIR YOGA FOR HEALTHY AGING

Louisa Klein teaches a 6-week session, Thursdays through Aug. 21, 10:30 a.m. to noon. Students are seated in chairs or use chairs for support. Learn how to incorporate chair yoga practices into your life for enhanced mind/body awareness. This class teaches techniques to safely stretch, strengthen and balance your body and mind. Klein, a member of the International Yoga Teachers Association, has taught for more than 40 years. \$90 for residents; \$101 for nonresidents.

BEGINNER PILATES (FRIDAYS)

A 3-week class, Fridays, 12 to 1 p.m., Aug. 15 to Aug. 29, taught by Dawn Maynard. Beginner Pilates is for anyone who needs strength and flexibility in the spine and joints, especially shoulders, hips, knees and ankles. Movement modifications will be provided for those who cannot put weight on knees or hands. Learn how posture affects the way we sit, stand and walk. No equipment needed except a towel and water. \$75 for residents; \$80 for nonresidents. Students may bring a mat and Pilates props.

PILATES FOR EVERYONE (TUESDAYS)

A 4-week class, Tuesdays, 6 to 7 p.m., Aug. 5 to Aug. 26, taught by Dawn Maynard. \$100 for residents; \$107 for nonresidents. Students may bring a towel, mat and Pilates props.

PILATES FOR EVERYONE (SATURDAYS)

A 3-week class, Saturdays, 9 to 10 a.m., Aug. 16 to Aug. 30, taught by Dawn Maynard. The cost is \$75 for residents; \$80 for nonresidents. Students may bring a towel, mat and Pilates props. A minimum of four students required.

STRENGTH AND CORE (EVENINGS)

A 6-week class, taught by Chad Ashley, Tuesdays, 5:30 to 6 p.m., through Aug. 5. \$50 residents; \$60 for nonresidents.

QIGONG AND TAI CHI (MONDAYS)

An 8-week session, Mondays, 9:30 to 10:15 a.m., Aug. 18 to Oct. 13. Taught by Master Nick Gracenin. Study the essentials of traditional tai chi and qigong, and improve balance, circulation, strength and relaxation. Beginners welcome. \$114 for residents; \$120 for nonresidents.

QIGONG AND TAI CHI (EVENINGS)

An 8-week session, Tuesdays, 7:15 to 8 p.m., Aug. 19 to Oct. 14. Taught by Master Nick Gracenin. Study the essentials of traditional tai chi and qigong, and improve balance, circulation, strength and relaxation. Beginners welcome. \$114 for residents; \$120 for nonresidents.

TAI CHI FORMS AND TRADITIONAL ROUTINES (MONDAYS)

An 8-week session, Mondays, 10:15 to 10:45 a.m., Aug. 18 to Oct. 13. Taught by Master Nick Gracenin, this class presents taolu (formal patterns) of traditional taijiquan. Students can try the more complex combined 42 forms and tai chi fan. \$88 for residents; \$93 for nonresidents.

ART AND LANGUAGE

BEGINNING DRAWING

A four-week class, Tuesdays, Sept. 20 to Oct. 21, 12:30 to 3 p.m., taught by Holly Buehler. Study the essentials of drawing with shape, form, and shading techniques. Draw from still life set up or bring your own photos. Drawing materials will be available for students use during class. Village residents who register by Aug. 30 pay \$120; after Aug. 30, the cost is \$130. Nonresidents pay \$140. A minimum of 6; maximum of 10.

ENGLISH CONVERSATION (Free)

Mallory Starr leads a conversational English roundtable for adults on Tuesdays, 5 to 6 p.m. This class is free for Village residents. Nonresidents pay \$5. A minimum of 2; maximum of 12.

SPANISH CONVERSATION

Elena Marra-Lopez, a Village resident and longtime Spanish teacher, conducts a 6-week Spanish conversation class on Thursday, through Aug. 21, 4:30 to 5:30 p.m. English will NOT be spoken. \$25 for residents; \$30 for nonresidents. Minimum of five participants; maximum of eight.

ONGOING GROUPS

BLOOD PRESSURE SCREENING/ SUBURBAN NURSE

A Suburban Hospital nurse offers free blood pressure screenings, Tuesdays, 12 to 4 p.m. Nurse consultations, Tuesdays, 2 to 4 p.m.

CANASTA

An informal group plays canasta on Wednesdays, 2 to 4 p.m. Call 301-656-2797.

CHESS

An informal group plays chess on Wednesdays, 12:30 to 3 p.m.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets Fridays, 11 a.m. to 12:30 p.m.

DROP-IN BUILDING BETTER BONES (TUESDAYS)

Taught by Gita Pancholy and Mimi Doane, on Tuesdays from 4:15 to 5:15 p.m. The cost is free for Village residents; nonresidents pay \$5. Regular attendees may store small weights at the Village Center.

DROP-IN BUILDING BETTER BONES (THURSDAYS)

Taught by Gita Pancholy and Mimi Doane, Thursdays, 11 a.m. to noon. The cost is free for Village residents; nonresidents pay \$5. Regular attendants may store small weights at the Center.

DROP-IN OPEN ARTS STUDIO

Artists and aspiring artists are invited to bring their art and art supplies and join other artists at our open arts studio on Fridays, 1 to 4 p.m. No storage space is available.

DROP-IN TAI CHI

Student-led sessions meet Fridays, 9:15 to 10:15 a.m. Includes stretching, tai chi warm-up exercises, tai chi (24 Yang-style), self-massage, and ends with qigong exercises. Free for Village residents; nonresidents pay \$5.

FRIDAY FIBER FRIENDS

Knitters, crocheters, and other fiber enthusiasts meet Fridays, 1 to 2:30 p.m. Call Joan Lewis at 301-452-4466.

GREAT BOOKS GROUP

Meets Mondays at 10 a.m. Call Judith Abrahams at 301-215-6950 or Jean McNelis at 301-656-6695 for details.

SING-ALONG

Join pianist Deborah Brouse for a sing-along with neighbors and friends on the third Tuesday of the month, 1:30 p.m. Registration is suggested to ensure a seat. See page 5 for details.

SUNDAY PAPERS AND COFFEE

Village residents are welcome to relax over the Sunday newspapers while enjoying a cup of coffee. Newspapers and coffee will be set up in a classroom Sundays from 11 a.m. to 1:30 p.m.

TEA

Village residents and guests celebrate birthdays with refreshments and conversation on the first Tuesday of the month, 3 to 4 p.m.

VILLAGE BOOK CLUB

The book club meets one Tuesday a month via Zoom. Contact Sheila Manes at manessheila@gmail.com.

WALKING CLUB

The club takes a two-mile walk in Chevy Chase Village, every day at 8:15 a.m. Meets at Village Center entrance. Call Eniko Basa at 301-657-4759 or email eniko.basa@verizon.net.

WOMEN'S GROUP

Village of Friendship Heights women, age 50 and older, are invited to share life experiences and transitions as they strive toward happy, productive lives as they age. Meets the first and third Thursday of the month, from 3 to 4:30 p.m. Contact Martha Solt at msolt@friendshipheightsmd.gov or Patricia Canessa at pcanessam@yahoo.com.



Take an autumn art workshop

Relax and make beautiful cards when Connie Boneo leads an autumn-inspired watercolor workshop on **Saturday, Sept. 13, from 10 a.m. to 12 p.m.**

This will include a 30-minute lunch break; please feel free to bring a brown-bag lunch. All materials will be provided.

The cost is \$30 per person for Village residents; \$40 for nonresidents. Residents who sign up by Aug. 20 pay \$25. Registration is required—see page 2 for details. The deadline to sign up is Sept. 5.

Tuesday afternoon tea returns in Sept.

By popular demand, our Tuesday afternoon tea will come back on weekly basis from 2:30 to 3:30 p.m., beginning in September.

As always, we'll celebrate birthdays on the first Tuesday of the month. Following Tuesdays feature refreshments and the chance to chat with other Village residents and their guests.



CONCERTS

Free concerts are held every Wednesday from 7 to 8 p.m., during June, July and August, in Hubert Humphrey Park in front of the Village Center. In the event of inclement weather, concerts will move indoors to Huntley Hall in the Village Center. A decision about the concert location is generally made by 5 p.m.

Wednesday, Aug. 6—

Collide—Collide brings together cello and guitar, rock and folk, craftsmanship and creativity for a sound that is inviting, thoughtful, and fun. Formed in 2019 by Washington, D.C., singer/songwriter Catherine Messina Pajic and California-bred musician Daniel Ogden, Collide lands at the intersection of folk, rock, country, and Americana. Performing and composing since college, Pajic had put her artistic inclinations on hold to raise a family. Then she met Daniel—a rhythm and bass guitarist, drummer, and cellist, who has played in cover bands and worship groups for decades. Together, they appear regularly at local pubs, art shows, and music festivals, offering a range of crowd favorites from the '60s to today, along with original ballads and songs you can dance to.



Wednesday, Aug. 13—Tim and Charles Roberts—Classical saxophonist Timothy Roberts is joined by his son, Charles, on the keyboard. The saxophone is generally thought to be a jazz instrument, and many times it is, but it is also well suited for classical music, especially when performed by Timothy Roberts. He was the principal and national tour soloist with the U.S. Navy Band performing throughout the United States., Canada, Europe and Russia. His symphony credits include the National Symphony, after which the Washington Post described his performance as “simply stunning,” and the Dallas Symphony, which prompted the Dallas Morning News to write, “this was a once in a lifetime experience.” Charles is a student on full scholarship at the Glenn Gould School of the Royal Conservatory of Music in Toronto. He was invited to perform with the Shenandoah Conservatory Symphony on its Chile tour in 2020. He has performed Gershwin’s “Rhapsody in Blue” with the Shenandoah Saxophone Ensemble on multiple occasions, including a May 2023 performance at El Conservatorio Superior de Musica Manuel Castillo in Seville, Spain.

Wednesday, Aug. 20—Jenny Wilson Trio—The Jenny Wilson Trio will perform classic jazz with a modern twist. The trio is a unique ensemble in that they are a family. Jenny is the centerpiece of the group with her husband, bassist Nathan Wilson, and her son, drummer Evan Lintz accompanying her jazz piano inventions and warm vocals. Her singing is often compared to that of Diana Krall whom she counts as an important influence on her vocal style.

Wednesday, Aug. 27—The Uncounted—The Uncounted is a cover band playing in the Washington, D.C., metro area. Joel Danshes, Robby Brewer and Nomi Ruppin met through adult band programs and were lucky enough to enlist friends and mega-talented guitarists Mark Kreiser and Pat Starkey. Slightly older than your average garage band, the group has never aged out of its lifelong love affair with music. The band plays cover versions of rock, pop, blues, and Motown and may soon be adding original songs to its repertoire.

Come to the Center for Bingo!

The Village Center will host a Bingo game on **Tuesday, Aug. 26, at 2 p.m.** Non-cash prizes will be awarded. There is no charge but registration is required. See page 2 for sign-up details.

I was made for summer days.

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MOVIES

All movies begin at 7 p.m. Movies that run longer than 120 minutes will begin at 6:45 p.m. as indicated. Please note that PG-13 and R-rated movies may contain sexual situations, violence and/or offensive language. Enjoy fresh popcorn during the movies.

Thursday, Aug. 7, 7 p.m. —No Movie—Comedy Night with Robert Mac.

Thursday, Aug. 14, 7 p.m. —Movie—Good One—A teenage girl, played by Lily Colias in her movie debut, joins her divorced father and his lifelong best friend on a three-day hike through the Catskills, learning more about them along the way, as well as some bittersweet growing-up lessons that forever change her. Also starring James LeGros and Danny McCarthy. **Rated R. Running Time: 1 hour, 30 minutes.**

Thursday, Aug. 21, 7 p.m. —Movie—Twisters—This Golden Globe-nominated movie stars Glen Powell and Daisy Edgar-Jones as storm chasers with very different styles who find themselves caught up on a violent and risky path in Oklahoma. **Rated PG-13. Running Time: 2 hours, 2 minutes.**

A chance to shop or sell at our Village yard sale

Our popular Village Yard Sale returns to Hubert Humphrey Park (at the Village Center) on **Saturday, Aug. 9, from 10 a.m. to 1 p.m.**

Participants must rent a 6-ft. table from the Village Center for \$15, cash or check only. One table per household. A limited number of tables available to rent. To reserve a table, stop by the Village Center. Tables will be set up no earlier than 9:30 a.m. on Saturday. Items for sale must be confined to your immediate table space. All unsold items must be removed from the table and the park by 2 p.m.

In the event of inclement weather, the sales moves indoors to the Village Center.



The Village Book Club will meet on **Tuesday, Aug. 19, at 11:30 a.m., via Zoom.** The book selection is "Betty Boo" by Claudio Piñeiro. The September book will be "The Vegetarian" by Han Kang.



Thursday, Aug. 28, 6:45 p.m. —Movie—Challengers—Zendaya stars in this Golden Globe-winning romantic drama as a tennis protégé-turned-competitive coach for her champion husband. Lately losing matches, he must muster whatever it takes to beat her old boyfriend who's also his former best friend—a washed-up has-been. Co-starring Mike Faist and Josh O'Connor. **Rated R. Running Time: 2 hours, 11 minutes.**

Available Studio Space in Friendship Heights

City Line Studios is seeking an artist to join seven other local painters who share a house, expenses and free parking at 4602 North Park Avenue. A second-floor private, air-conditioned, 118-square-foot studio with a large closet is available near a common kitchen, sink and bathroom. City Line Studios was founded three years ago with a mission to share space, exhibition opportunities and inspiration.

If interested in full details on cost and leasing arrangements, please contact Wendy Smith at wendykhsmith@gmail.com.



Ma'Kia Williams

Notary Public

(202) 602-9714

wsignandseal@gmail.com

Maryland and Virginia



ART AND CULTURE

Friendship Gallery hosts works from the Open Art Studio and Abstract artists in August and September



"Garden No. 4" by Jordan Bruns

Open Art Studio exhibit continues

in Friendship Gallery until mid-month when the gallery welcomes five new Abstract artists whose work will be on display through the end of September.

"Abstraction in Action" displays the amazing art of five artists who delight in abstract forms, good color and balance in their paintings.

Abstraction is in contrast to the art that we understand best. From the time of the Renaissance to the mid 19th century, art in Europe and America had mostly been attached to realism and we feel comfortable with shapes and colors that we understand. However there was a change once the camera was invented. Western art which had tended to use perspective and realistic forms began to move towards more abstracted forms. By the 20th century artists had begun to search for less realistic images and to use their creative imagination more fully.

Join the Abstract artists for their reception on **Thursday, Sept. 4, 6.30 to 8 pm.,** at the Village Center.

The Village Center is open Monday through Thursday, 9 a.m. to 9 p.m.; Friday, 9 a.m. to 5 p.m.; and Saturday and Sunday, 9 a.m. to 2 p.m.

Art in the auditorium is occasionally not available for viewing because of activities in that room.



"Earth and Sky" by Helen Power

Please check with the front desk upon arrival. All sales are final.

Artist Jordan Bruns returns to Friendship Heights

It's a homecoming of sorts for artist Jordan Bruns as his work is featured in Friendship Gallery as part of the "Abstraction in Action" exhibit until late September.

"Friendship Heights was a wonderful place to begin my journey as a professional artist in the DMV," said Bruns, who lived in the former Irene apartments (now Willard Towers) from 2007 to 2012.

"During that time, I began my long-standing residency at Glen Echo Park, working in the historic Chautauqua Tower as both an artist and painting instructor. My son was born while we lived in Friendship Heights and I have fond memories of taking him to play by the fountain outside the community center. The energy and walkability of the neighborhood provided a perfect counterbalance to the creative solitude of Glen Echo Park."

Bruns is one of the resident artists at Glen Echo Park and has a wonderful studio in the historic Stone Tower. He is a very popular art instructor and in 2024 placed second with the Trawick Awards.



Find relief for that headache

Suburban Lecture gives options for reducing headaches

Triggered by stress, dehydration, certain foods, hormonal changes, lack of sleep, or environmental factors, headaches are among the most common health complaint and can significantly affect one's quality of life and daily functioning.



Peter Keszler, DO, MS, a neurologist will discuss the causes, types, warning signs, and treatment options of headaches. Dr. Keszler will provide valuable insights into effective headache management and when to seek medical help on **Wednesday, Aug. 13, at 1 p.m.**, at the Village Center.

This program is a partnership between the Friendship Heights Village Center and Suburban Hospital. Registration is required. See page 2 for details.

Get your Covid and flu shots at the Village Center in October

Giant Supermarket Pharmacy will administer Covid, and high-dose and regular flu shots to Village residents on **Wednesday, Oct. 8, 11 a.m. to 4 p.m.**, at the Village Center.



Check the September *Village News* for details on the vaccines and prices. Appointments are required and may be made online beginning Thursday, Sept. 4.

Those residents without access to computers may sign up by calling the Village Center beginning Sept. 6. Spaces are limited.

Please note that appointments are available for Village residents only.

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Friendship Heights
VILLAGE NEWS

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August 2025 events calendar