



Friendship Heights

# VILLAGE NEWS



Join us for a boatload of fun, see page 2.

FEBRUARY 2025 VOLUME 42, NO. 2 [www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov) 301-656-2797

## Chase away the cold at our WinterFest

Gather with neighbors and friends for a morning of music and comfort food designed to take the chill out of these cold winter months.

Chase away the winter cold on **Saturday, Feb. 8, from 10:30 a.m. to 12 p.m.**, for a breakfast of freshly cooked pancakes and turkey bacon by the Omelette Man. Top it off with hot coffee and hot chocolate. Enjoy performances by the Ballet Theatre of Maryland and harpist Kristen Jepperson.

Back by popular demand, costumed dancers from the Ballet Theatre of Maryland will grace us with true esprit de corps during their 30-minute performance.

Jepperson is the resident harpist for the historic Willard Intercontinental Hotel in Washington, D.C. She is a graduate of the California Institute of the Arts with a bachelor's of fine arts degree in harp performance. She has played with such musical greats



as Ray Charles, Tony Bennett, Victor Borge and Shirley Jones.

The celebration will take place at the Village Center. Those who want to escape the cold can join the festivities in the auditorium. Heartier souls may want to embrace the cooler temps by gathering near heaters we'll set up under the portico.

## Enjoy a cup of tea with Cupid



Celebrate Valentine's Day with old friends and new acquaintances during a special tea featuring music and seasonal treats at the Village Center on **Tuesday, Feb. 11, at 2 p.m.**

Enjoy the smooth jazz sounds of the the Jenny Wilson duo. Tea will follow the performance. Space is limited, and registration is required. We cannot accommodate walk-ins. See page 2 for details.

For more information, call the Village Center at 301-656-2797.

## Sandy Spring Slave Museum explores Black history

Celebrate Black History Month with an introduction to the Sandy Spring Slave Museum & African Art Gallery from its co-director Sandi Williams on **Thursday, Feb. 13, at 2 p.m.**, at the Village Center. The museum was established to focus on the heritage of Blacks from their origins through the Middle Passage, the salvation the Underground Railroad provided, the struggle for civil rights, and their

accomplishments in the United States and African Diaspora.

Sandy Spring is one of Montgomery County's oldest free Black communities, but the lack of historical records presents challenges for Black families seeking information about past generations. The museum also offers unique genealogical programs.

Registration is required. See page 2 for details.



**Ring in the Chinese New Year with a tai chi demo, see page 4.**



## Come cheer our team at the Cardboard Boat Regatta

The Friendship Heights Village Center is teaming up with the Wisconsin Place Recreation Center to build a cardboard boat to compete in the Senior Cardboard Boat Regatta at the Martin Luther King Swim Center on **Wednesday, March 12, from 10:15 a.m. to noon.**

Construction has started and now we're looking for cheerleaders! Building sessions are being held at Wisconsin Place on **Tuesdays, through March 4, from 10:30 a.m. to 12 p.m.** Feel free to stop by and lend a hand with construction.

On the day of the regatta, we'll charter a bus to take our Friendship Heights team to and from the indoor swim center. There is no fee to participate, but builders must commit to at least three building sessions to be part of the construction team. The first 12 participants will receive a special regatta gift.

Registration is required to take the bus to the regatta. Space is limited. Sign up at the Village Center. For more information, call the Village Center at 301-656-2797.

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### How to sign up for activities at the Village Center

- 1) Go to our website at [www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov).
- 2) Click Sign Up for Programs.
- 3) Click Sign In/Up.

\*New users must follow instructions for creating a new account. Go to top right-hand section that reads "To create an account." Once account is created, do the following:

- 4) Scroll down to desired activity and click Enroll.
- 5) For activities with a fee, click view fee details. Choose payment option and pay.

\*Having trouble signing up online? Please call the Village Center at 301-656-2797, and the front desk staff will be happy to assist you.

\*In some cases, such as trips, in-person registration is required. If so, it will be noted in the newsletter story.



## Friendship Heights VILLAGE NEWS

[www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov)

Email: [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov)

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

#### ADVERTISING

The deadline for reserving space in the March issue is February 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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# Village Council Update

## Page Park update

Please note the following three recent developments concerning Page Park:

1. An architect has been engaged by the Village and has taken the slope measurements for the main pathway leading into the park. The architect will follow up with GreenSweep to confirm the ADA compliance information and submit the required form.

2. The civil engineering firm engaged by the Village will begin the stormwater management concept work this month. As this issue goes to press, the civil engineer, Jason Azar of Clark Azar & Associates, has received a draft topographic survey from the surveyor and anticipates getting the final version shortly. Mr. Azar will then begin developing some concepts to provide the stormwater management plan that is required by the Montgomery County Department of Permitting Services.

3. The Village is working to coordinate the three required third-party inspections of the pergola footings, anchor bolts, and concrete slabs.

Additionally, a new and stronger fence has been installed surrounding the entire perimeter of Page Park. **Please be advised Page Park remains closed until further notice, and there should be no trespassing beyond the fence. The pathway to Somerset remains open.**

## Status of Off-Duty Police Program

Following up on January's Newsletter, the Montgomery County Division of Risk Management has recommended that the Village hire its part-time off-duty police officers directly to ensure that the required liability and Workers' Compensation insurance coverages are adequately provided.

The additional cost to the Village to insure the police officers, on top of the Village's current umbrella insurance coverage, would be \$500 per year for the Workers' Compensation insurance, but this would not be charged until FY 2027 (July 1, 2026). There would be no additional charge for the general liability (police

officer liability) coverage. The Village would also incur the additional 7.65% employer payroll cost (FICA tax) if the officers are hired directly. Accordingly, the off-duty program is still temporarily paused until further notice.

The Public Safety Committee will discuss this matter at its next public meeting on Monday, February 3, at 6 p.m., at the Village Center. The Committee will present its recommendation to the Village Council at the February 10 Council meeting.

## Red House lease and construction update

As this issue goes to press, the Red House Working Group and the attorneys for the Village and the tenant have made progress toward finalizing the lease for Pyle's Provisions to occupy the space. Meanwhile, the Village is also finalizing the contract for Managed Homes to perform the work related to the improvements that are required to bring the house into ADA compliance and other upgrades required to make the space viable for commercial use.


## Budget line item for New Initiatives Project

At the Council's meeting on January 13, Chairman Bobby Pestronk presented his proposed New Initiatives Project document to the Council for discussion and vote. The purpose of the project is to tap into resident expertise to support improvements to the quality of life in the Village. The Council previously approved a new budget line item to be created in the Village budget for \$4,000 to support the project and made several revisions to the project document. Please visit the following link on our website to view the New Initiatives Project document and to learn more about how to apply: <https://friendshipheightsmd.gov/wp-content/uploads/2025/01/New-initiatives-draft-Revised-Council-mtg-1.13.25.pdf>.

## CAC recommendations to Friendship Heights Sector Plan submitted to the Council

At the Council's meeting on January 13, the Community Advisory Committee (CAC) presented its recommendations to the Council regarding the Friendship Heights Sector Plan Development Proposal. The Council agreed that the Ad Hoc Committee on Development should review the CAC's recommendations at its next public meeting on Wednesday, February 26, at 3 p.m., at the Village Center. To view more information about the Sector Plan, go to the Planning Board's website, <https://montgomeryplanning.org/planning/communities/downcounty/friendship-heights/friendship-heights-sector-plan/>.

*The next scheduled Village Council meeting will be held on Monday, February 10, 2025, at 7 p.m., and will be open to the public at the Village Center and livestreamed. Please visit our website for additional details.*



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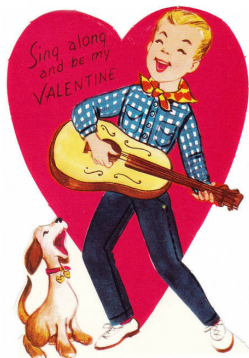
**Page Park  
Remains Closed Until  
Further Notice**

**No Trespassing  
Beyond Barriers**

**The Pathway to Somerset  
Remains Open**

## Fill your heart with song at our Senior Sing-Along

Sing your heart out during our Senior Sing-Along in February. Song leader and pianist Deborah Brouse will guide the audience through tunes on **Tuesday, Feb. 18, from 1:30 to 2:30 p.m.**, at the Village Center. Singing has physical, emotional, and social benefits, and is just plain fun!



Lyrics will be provided. No talent or musical experience is required, only a desire to sing. The goal is for everyone to have the joy of singing and to leave smiling and humming.

See page 2 for sign-up instructions.

Mark your calendars for the upcoming sing-alongs on **Tuesday, March 18, from 1:30 to 2:30 p.m.**

## Take in a stunning tai chi demonstration



Tai Chi Master Nick Gracenin and DC Tai Chi will perform a fascinating martial arts program in celebration of the Chinese New Year on **Wednesday, Feb. 5, from 7 to 8 p.m.**, at the Village Center.

Tai chi is familiar as a form of exercise and moving meditation, but Gracenin explores the depth of this tradition, with solo performances and partner routines, sword and spear performances, and a rousing group exhibition of the Taiji Gongfu Fan.

Registration is required. See page 2 for details.



The Village Book Club will meet on **Tuesday, Feb. 18, at 11:30 a.m., via Zoom.** The book selection is "The Alice Network" by Kate Quinn. The March book will be "They Both Die in the End" by Adam Silvera.



In December, we said goodbye to our beloved friend Margaret Levine. Margaret had volunteered at the front desk for many years prior to the pandemic. She died Monday, Dec. 30, at the age of 96. We will miss her brilliant smile and engaging personality.



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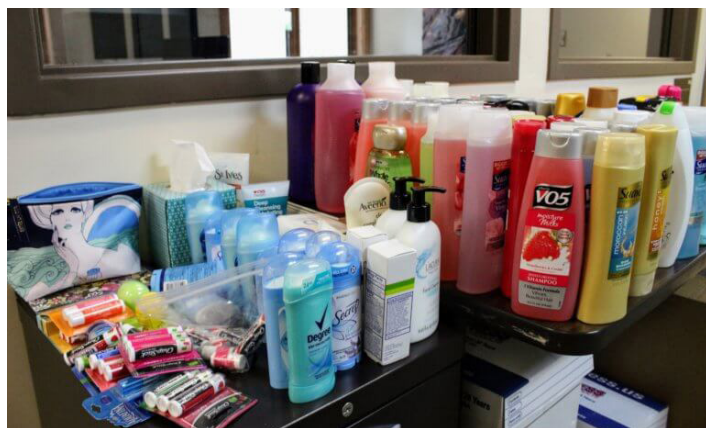
Friendship Heights residents are invited to join a community service project at the Village Center on **Saturday, March 8, from 10:30 a.m. to 12:30 p.m.**, for a campaign to collect and assemble tote bags filled with personal care items. The bags are for women residing in the Interfaith Works Women's Shelter and Helping Hands Shelter. This project is a partnership between the Village of Friendship Heights and Wings for Joy, Inc.

Wings for Joy, Inc. (Wings) is a 502(c)(3) nonprofit organization founded in 2001 with a mission to empower women and children for success by providing resources for health, education, and wellness.

To date, Wings has assisted more than 21,000 women and children residing in underserved communities in Montgomery and Prince George's counties in Maryland and in the District of Columbia.

"Personal care items are a necessity, not a luxury," said Wings for Joy, Inc. Executive Director Tracy DuPree Davis. "We look forward to working with the Village of Friendship Heights. Everyone has 'wings,' but not everyone believes they can or should 'fly.' Together, we can help women soar to new heights."

To kick off this campaign, the Village Center will collect new, unopened washcloths, toothbrushes, toothpaste,



non-aerosol deodorant, hand and body lotion, shower caps, shower gel, bandanas, and individual packets of tissues. Look for the specially marked box in the Village Center lobby starting Tuesday, Feb. 11, and continuing through Wednesday, March 5.

Registration is required. Please see page 2 for details.

Please note that the Friendship Heights Village Center is registered as a site for Montgomery County Service Learning. Students may earn service hours by participating in this project. For more information, please call Anne O'Neil at 301-656-2797 or email [aoneil@friendshipheightsmd.gov](mailto:aoneil@friendshipheightsmd.gov).



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# CLASSES AND CLUBS



To register, please go to our website [www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov) and sign up through ActiveNet. Class registration will close 48 hours before the start of the session. Late registration will be permitted at the discretion of the Village Center, must be done in person and is subject to a late fee of 15 percent. A class may be canceled if the minimum number of students is not met. Participants must pay for the full series. No refunds after the class begins. All participants in fitness classes, as well as Drop-in Tai Chi and sample classes, are required to sign a liability waiver. In the event a class is canceled, a make-up class will be held following the last class of the session.

## EXERCISE

### BALANCE BASICS

A 6-week class, Wednesdays, 11 to 11:45 a.m., taught by Cheryl Clark, Feb. 26 to April 2. This class teaches strategies for basic balance and aid in developing fall prevention techniques and improving your ability to perform daily activities safely. The class will help to build confidence while maintaining balance and strengthening key muscle groups. \$81 for residents; \$87 for nonresidents.

### STRATEGIES FOR IMPROVING BALANCE

A 6-week class, Thursdays, 10 to 10:45 a.m., taught by Cheryl Clark, Feb. 27 to April 3. This class teaches strategies for basic balance and aid in developing fall prevention techniques and improving your ability to perform daily activities safely. The class will help to build confidence while maintaining balance and strengthening key muscle groups. \$81 for residents; \$87 for nonresidents.

### GENTLE YOGA WITH ROBIN (SUNDAYS)

A 6-week Hatha Yoga class for beginning and continuing students, taught by Robin Dinerman, host of TV's "Cherryblossom Yoga." Sundays, Feb. 23 to March 30, 9:10 to 10:30 a.m. This class is especially good for seniors, with particular attention to countering the effects of aging. \$99 for residents; \$109 for nonresidents.

### CHAIR YOGA WITH LOUISA

Louisa Klein teaches a 6-week session, Thursdays, 10:30 a.m. to noon, Feb. 13 to March 20. Students are seated in

chairs or use chairs for support. Learn how to incorporate chair yoga practices into your life for enhanced mind/body awareness. This class teaches techniques to safely stretch, strengthen and balance your body and mind. Klein, a member of the International Yoga Teachers Association, has taught for more than 40 years. \$83 for residents; \$90 for nonresidents.

### BEGINNER PILATES (FRIDAYS)

A 6-week class, Fridays, 12 to 1 p.m., Feb. 28 to April 4, taught by Dawn Maynard. Beginner Pilates is for anyone who needs strength and flexibility in the spine and joints, especially shoulders, hips, knees and ankles. Movement modifications will be provided for those who cannot put weight on knees or hands. Learn how posture affects the way we sit, stand and walk. No equipment needed except a towel and water. \$150 for residents; \$160 for nonresidents. Students may bring a mat and Pilates props.

### PILATES FOR EVERYONE (TUESDAYS)

A 6-week class, Tuesdays, 6 to 7 p.m., Feb. 25 to April 1, taught by Dawn Maynard. \$150 for residents; \$160 for nonresidents. Students may bring a towel, mat and Pilates props.

### PILATES FOR EVERYONE (SATURDAYS)

A 6-week class, Saturdays, 9 to 10 a.m., March 1 to April 5, taught by Dawn Maynard. The cost is \$150 for residents; \$160 for nonresidents. Students may bring a towel, mat and Pilates props.

### STRENGTH AND CORE (EVENINGS)

A 6-week class, taught by Chad Ashley, Tuesdays, 5:30 to 6 p.m., Feb. 25 to April 1. \$49 residents; \$59 for nonresidents.

### QIGONG AND TAI CHI (MONDAYS)

A 5-week session, Mondays, 9:30 to 10:15 a.m., March 17 to April 21. Taught by Master Nick Gracenin. Study the essentials of traditional tai chi and qigong, and improve balance, circulation, strength and relaxation. Beginners welcome. \$75 for residents; \$80 for nonresidents.



### QIGONG AND TAI CHI (EVENINGS)

A 6-week session, Tuesdays, 7:15 to 8 p.m., March 4 to April 8. Taught by Master Nick Gracenin. Study the essentials of traditional tai chi and qigong, and improve balance, circulation, strength and relaxation. Beginners welcome. \$90 for residents; \$95 for nonresidents.

### TAI CHI FORMS AND TRADITIONAL ROUTINES (MONDAYS)

A 5-week session, Mondays, 10:15 to 10:45 a.m., March 17 to April 21. Taught by Master Nick Gracenin, this class



presents taolu (formal patterns) of traditional taijiquan. Students can try the more complex combined 42 forms tai chi fan. \$75 for residents; \$80 for nonresidents.

## LANGUAGE

### ENGLISH CONVERSATION

(Free)

Mallory Starr leads a conversational English roundtable for adults on Tuesdays, 5 to 6 p.m. This class is free for Village residents. Nonresidents pay \$5. A minimum of 2; maximum of 12.

## ONGOING GROUPS

### BLOOD PRESSURE SCREENING/ SUBURBAN NURSE

A Suburban Hospital nurse offers free blood pressure screenings, Tuesdays, 12 to 4 p.m. Nurse consultations, Tuesdays, 2 to 4 p.m.

### CANASTA

An informal group plays canasta on Wednesdays, 2 to 4 p.m. Call 301-656-2797 to register.

### CHESS

An informal group plays chess on Wednesdays, 12:30 to 3 p.m.

### COFFEE AND CURRENT EVENTS

This long-running discussion group meets Fridays, 10:30 a.m. to noon.

### DROP-IN BUILDING BETTER BONES (TUESDAYS)

Taught by Gita Pancholy and Mimi Doane, on Tuesdays from 4:15 to 5:15 p.m. The cost is free for Village residents; nonresidents pay \$5. Regular attendees may store small weights at the Village Center.

### DROP-IN BUILDING BETTER BONES (THURSDAYS)

Taught by Gita Pancholy and Mimi Doane, Thursdays, 11 a.m. to noon. The cost is free for Village residents; nonresidents pay \$5. Regular attendants may store small weights at the Village Center.

### DROP-IN OPEN ARTS STUDIO

Artists and aspiring artists are invited to bring their art and art supplies and join other artists at our open arts studio on Fridays, 1 to 4 p.m. No storage space is available. The room is filled with light.

### DROP-IN TAI CHI

Student-led sessions meet Fridays, 9:15 to 10:15 a.m. Includes stretching, tai chi warm-up exercises, tai chi (24 Yang-style), self-massage, and ends with qigong exercises. Free for Village residents; nonresidents pay \$5.

### FRIDAY FIBER FRIENDS

Knitters, crocheters, and other fiber enthusiasts meet Fridays, 1 to 2:30 p.m. Call Joan Lewis at 301-452-4466 for details.

### GREAT BOOKS GROUP

Meets Mondays at 10 a.m. Call Judith Abrahams at 301-215-6950 or Jean McNelis at 301-656-6695 for details.

### MONDAY MAHJONG

Village residents are invited to play mahjong on Mondays, 12:30 to 2:30 p.m. Space is limited. Registration is required. See page 2 for details.

### TEA

Village residents and guests celebrate birthdays with refreshments and conversation on the first Tuesday of the month, 3 to 4 p.m.

### VILLAGE BOOK CLUB

The book club meets one Tuesday a month via Zoom. Contact Sheila Manes at [manessheila@gmail.com](mailto:manessheila@gmail.com).

### WALKING CLUB

The club takes a two-mile walk in Chevy Chase Village, every day at 8:15 a.m. Meets at Village Center entrance. Call Eniko Basa at 301-657-4759 or email [eniko.basa@verizon.net](mailto:eniko.basa@verizon.net).

### WOMEN'S GROUP

Village of Friendship Heights women, age 50 and older, are invited to share life experiences and transitions as they strive toward happy, productive lives as they

age. Meets the first and third Thursday of the month, from 3 to 4:30 p.m. Contact co-leaders Martha Solt at [msolt@friendshipheightsmd.gov](mailto:msolt@friendshipheightsmd.gov) or Patricia Canessa at [pcanessam@yahoo.com](mailto:pcanessam@yahoo.com).



Have questions?

Ask Holly,  
our new  
virtual  
assistant!

## Tuesdays are for fun, games and lots more!

From music to Bingo to board games, the Village Center offers a variety of activities to challenge and sharpen your mind or just soothe your soul in 2025.

From musical performances and sing-alongs to games and more, we're chasing away the winter blues with some new activities on Tuesday afternoons throughout the winter months.

On the first Tuesday of each month at 3 p.m., we'll honor Village residents who are celebrating birthdays that month with tea and a special treat.

On Feb. 11, at 2 p.m., join us for musical tea with the Jenny Wilson Trio. See page 1 for details.

On Feb. 18, at 1:30 p.m., put a song in your heart during our February sing-along with Deborah Brouse. See page 4 for details.

On Feb. 25, from 2 to 3 p.m., we'll host a Bingo party. See page 9 for details.

Looking ahead to March, the first Tuesday is our birthday celebration. On the second Tuesday, Jane Dorfman weaves tales from the Emerald Isle. The third Tuesday features a sing-along with Deborah Brouse. Refreshments will be available. Gather with us on the fourth Tuesday for fun and games.

# CONCERTS



During the months of January, February and March, concerts are held on the second and fourth Wednesdays of the month from 7 to 8 p.m. in Huntley Hall in the Village Center. If you are arriving after the start of the performance, please wait until a break to enter. Please turn off phones prior to entering the auditorium. If you must leave early, please wait for a break in the performance.



**Wednesday, Feb. 12.—The Uncounted**—Join us for an evening of love songs just in time for Valentine's Day as The Uncounted returns to Friendship Heights.

The Uncounted is a cover band playing rock, pop, blues, and Motown in the D.C. metro area. It's composed of Joel Danshes, Robby Brewer, Nomi Rupp, Mark Kreiser and Pat Starkey.

## They've spent a lifetime creating beautiful art

Husband and wife artists Frank Van Riper and Judith Goodman will discuss their remarkable 40-year collaboration as artists and authors on **Sunday, Feb. 9, at 11:30 a.m.**, at the Village Center, where their work is currently on exhibit.



Van Riper and Goodman were married in 1984 and have been working together professionally since 1982. Each is a professional commercial and fine arts photographer.

Goodman is an award-winning assemblage sculptor and member of the Washington Sculptors Group. Van Riper is a nationally known Washington political correspondent and bestselling author. Following their talk, Van Riper will sign copies of his current book "Recovered Memory: New York and Paris 1960–1980" and his first book of photography, "Faces of the Eastern Shore."

Goodman and Van Riper are co-authors of two other books: the international bestseller "Serenissima: Venice in Winter" and their forthcoming book, "The Green Heart of Italy: Umbria and Its Ancient Neighbors."

Registration is required. See page 2 for details.

**Wednesday, Feb. 26—Iva Ambush Trio**—Iva Jean Ambush, affectionately known as the "Scat Lady," presents the "Ladies of Jazz," a stunning homage to iconic performers such as Ella Fitzgerald, Billie Holiday, Sarah Vaughan, and Peggy Lee. With her captivating stage presence and unique scat style, Ambush breathes new life into timeless classics, honoring the enduring influence of these legendary women while showcasing her own artistry. As the recent winner of the prestigious Billie Holiday Competition, Ambush has graced renowned stages in Europe and the United States, including Birdland in New York City, Blues Alley, Keystone Corner in Baltimore, and the John F. Kennedy Center for the Performing Arts. Born into a family of jazz luminaries, Ambush's musical roots run deep, with relatives including Lest Bowie, Byron Bowie, Jonathan Townes, and Scott Ambush of Spyro Gyra.

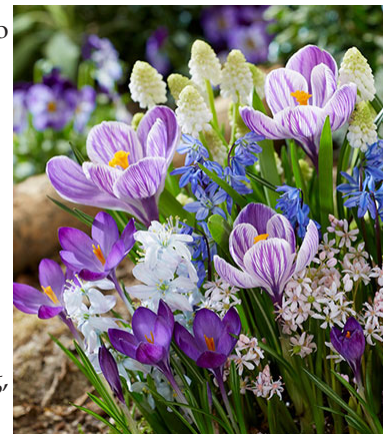


## Say hello to spring with our blooming bulb workshop

Welcome spring by creating a beautiful arrangement set to bloom in the first weeks of the new season.

Leave the winter blahs behind during a weekday workshop on **Wednesday, March 19, at 1 p.m.**, at the Village Center.

Pam Maidl of Interior Garden Designs will guide us through potting, planting, and creating an arrangement featuring a variety of



spring-blooming bulbs. The cost is \$25, and includes bulbs, a container and instruction. Sign up by March 12 and pay only \$20. Space is limited. Registration is required. See page 2 for details. The deadline to register is Friday, March 14.



# MOVIES



All movies begin at 7 p.m. Movies that run longer than 120 minutes will begin at 6:45 p.m. as indicated. Please note that PG-13 and R-rated movies may contain sexual situations, violence and/or offensive language. Enjoy fresh popcorn during the movies.

Thursday, Feb. 6, 6:30 to 8 p.m.—No Movie—Art Reception



Thursday, Feb. 13, 6:45 p.m.—Movie—*Rebecca*—The 1938 Daphne du Maurier novel transforms once again into a lush mystery telling the tale of a widower and his new bride at the Manderley estate. Starring Lily James, Armie Hammer and Kristin Scott-Thomas. **Rated PG-13. Running Time: 2 hours, 3 minutes.**

Thursday, Feb. 20, 7 p.m.—Movie—*American Symphony*—Jon Batiste, whom many people know as the former bandleader on “The Late Show with Stephen Colbert,” is a gifted, multi-genre composer and the focus of this biographical documentary. Academy

Award- winning in addition to gleaning Golden Globe, Critics Choice and Grammy Awards, and more, the movie is a love story that takes us into Jon’s creative process. The story is told against real-time, personal life events, including his wife’s cancer diagnosis and a random power outage during his one-night-only Carnegie Hall symphony performance. **Rated PG-13. Running Time: 1 hour, 43 minutes.**



Thursday, Feb. 27, 6:45 p.m.—Movie—*The Six Triple Eight*—Kerry Washington stars as the battalion captain of the first all-female, all-Black military unit whose members are ordered overseas to deliver hope—in the form of lost letters to and from soldiers during World War II. The ensemble cast includes Ebony Obsidian, Sam Waterston and Oprah Winfrey. **Rated PG-13. Running Time: 2 hours, 9 minutes.**



## Put a little Bingo in your Tuesday afternoon

Enjoy some old-fashioned fun and make new friends as the Village Center hosts a Bingo game on **Tuesday, Feb. 25, from 2 to 3 p.m.** Non-cash prizes will be awarded. There is no charge, but registration is required. See page 2 for sign-up details.

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# ART AND CULTURE

## Artists reflect on four decades of collaboration in photography



"Wine Jugs/Cannara" by Judith Goodman



"Parrot Tulip Monochrome" by Frank Van Riper

Join Frank Van Riper and Judith Goodman as the husband-and-wife team celebrates more than four decades of collaboration and independent artwork. This retrospective, on exhibit in the Friendship Gallery this month, features Goodman's assemblage sculpture and fine art photography, and Van Riper's best-selling books and documentary and floral photography.

Goodman's photography has hung in the Corcoran Gallery of Art in Washington, D.C., and the Baltimore Museum; Van Riper's is in the permanent collections of the National Museum of American Art and the National Portrait Gallery, as well as the Portland Gallery of Art (Portland, Maine.). His 1998 book of photography and essays, "Down East Maine/A World Apart," was nominated for a Pulitzer Prize and won the silver medal for photography from the

Art Director's Club of Washington.

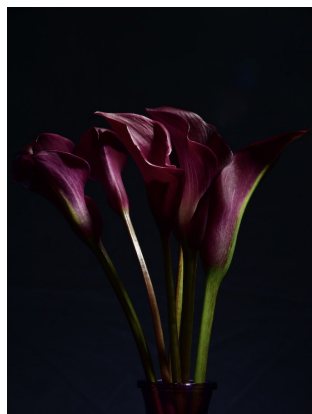
Also on display will be pieces from CityLine Studios. Meet the artists at an art reception on **Thursday, Feb. 6, from 11:30 a.m. to 1 p.m.**, at the Village Center.

Van Riper and Goodman will present a book talk and signing on **Sunday, Feb. 9, at 11:30 a.m.**, at the Village Center. See story on page 8 for details.

The Village Center is open Monday through Thursday, 9 a.m. to 9 p.m.; Friday, 9 a.m. to 5 p.m.; and Saturday and Sunday, 9 a.m. to 2 p.m.

Art in the auditorium is occasionally not available for viewing because of activities in that room.

Please check with the front desk upon arrival. All sales are final.



"Purple Calla" by Frank Van Riper



"Habitat" by Judith Goodman



"Marilyn Restored (night)" by Frank Van Riper












# TO YOUR HEALTH

## Sepsis Awareness for Seniors: Protecting your health and acting fast

Sepsis, which was often called “blood poisoning,” is a life-threatening emergency that happens when your body’s response to an infection damages vital organs, and often, causes death.

Dr. Rebecca Shaffer, infectious disease physician, will empower you with the knowledge and tools needed to recognize sepsis early, initiate timely and appropriate therapy, and implement effective prevention strategies during this month’s Suburban Lecture on **Wednesday, Feb. 12, from 1 to 2 p.m., via Zoom.**

Learn more about the symptoms of sepsis, which kills 350,000 adults each year in the United States. The infec-

Sepsis		
Symptoms of sepsis include:		
 Fast heart rate.	 Low blood pressure.	 Fever or hypothermia.
 Shaking or chills.	 Warm or clammy/sweaty skin.	 Confusion or disorientation.
 Shortness of breath.	 Sepsis rash.	 Extreme pain or discomfort.

tion-fighting processes turn on the body, causing the organs to work poorly. Sepsis may progress to septic shock. This is a dramatic drop in blood pressure that can damage the lungs, kidneys, liver and other organs.

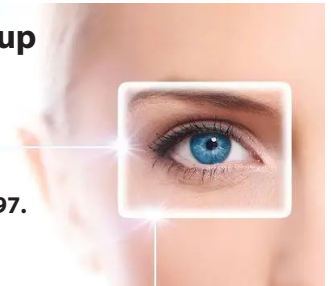
This program is a partnership between the Friendship Heights Village Center and Suburban Hospital. Registration is required. See page 2 for details.

### Low Vision Support Group

Thursday, Feb. 20, 2025

11 a.m. to Noon

To register, please call 301-656-2797.



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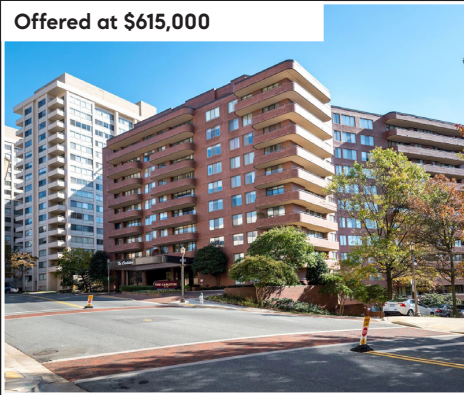
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# Just Listed

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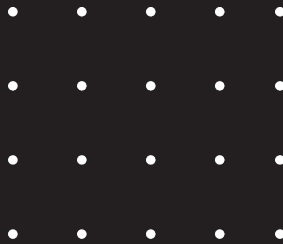


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Friendship Heights

## VILLAGE NEWS

Friendship Heights Village Center  
4433 South Park Avenue  
Chevy Chase, Maryland 20815



### Visit our website:

[www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov)

**Email:** [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov)

**Phone:** 301-656-2797

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**February 2025 events calendar**