



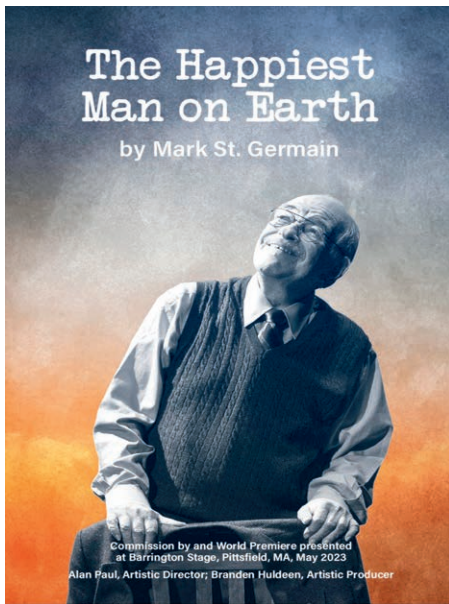
Friendship Heights

# VILLAGE NEWS

JUNE 2024 VOLUME 41, NO. 6 www.friendshipheightsmd.gov 301-656-2797



Plein air painting event, see page 4.



## Heartbreak, happiness, and hauntings at the Shepherdstown theater festival

Cutting-edge theater returns to West Virginia this summer as the Contemporary American Theater Festival brings its dynamic and thought-provoking plays to the campus of Shepherd University.

Travel with us to the beautiful West Virginia town on the banks of the Potomac River where we'll enjoy two plays and an early dinner at the Bavarian Inn on **Sunday, July 21.**

We'll depart from the Village Center at noon and arrive in time for the first

play, "The Happiest Man on Earth."

This true, triumphant story brings the extraordinary journey of Eddie Jaku to life. He endured innumerable harrowing experiences while navigating and evading multiple Nazi concentration camps. Eddie's story is one of unimaginable grief and tragic loss, yet it is a testament to the indomitable spirit of the human soul. Defying all odds, he declared himself "The Happiest Man on Earth," as

Continued on page 5, see Shepherdstown

## Ambassador Eizenstat discusses diplomacy in his latest book

Stuart Eizenstat, a former top White House aide and U.S. ambassador who has served six presidential administrations, offers a "unique and indispensable guide to understanding American foreign policy," in "The Art of Diplomacy: How American Negotiators Reached Agreements that Changed the World."

Join us on **Thursday, June 20, at 7 p.m.**, at the Village Center when Eizenstat discusses and signs his latest book.

At a time when the world is in turmoil, Eizenstat recounts America's most significant and consequential negotiations over the past 50 years.

These include efforts to resolve conflicts from the Middle East peace

"An invaluable account of how talented negotiators rose to the occasion to turn moments of hope into enduring realities." —PRESIDENT BILL CLINTON

FOREWORD BY HENRY A. KISSINGER | PREFACE BY JAMES A. BAKER III

## THE ART OF DIPLOMACY



HOW AMERICAN NEGOTIATORS REACHED HISTORIC AGREEMENTS THAT CHANGED THE WORLD

STUART E. EIZENSTAT author of President Carter: The White House Years

process to "The Troubles" in Northern Ireland, and lingering issues of

Continued on page 2, see Diplomacy



## Try your luck at our Casino Night

Monte Carlo comes to the Village Center on **Friday, June 21, from 6:30 to 9 p.m.**, for an evening of fun and gambling that won't break the bank.

The evening offers a chance to learn some of the most common games as croupiers manning the tables guide you through the finer points of blackjack, Texas hold 'em poker and roulette. Each player will be given a certain number of chips

Continued on page 4, see Casino Night

Cyanotype workshop, see page 4.

Diplomacy, continued from page 1

World War II, from the reunification of Germany to justice for Holocaust survivors. Eizenstat addresses the use of American military force as an instrument of diplomacy, from Vietnam to the Balkan Wars in Bosnia and Kosovo, to the wars in Afghanistan and Iraq, drawing lessons that are applicable to today's conflicts in Ukraine and Gaza.

In his research, Eizenstat interviewed more than 125 U.S. and international leaders, including Presidents Bill Clinton and Jimmy Carter; Vice President Al Gore; Secretaries of State Madeleine Albright, James Baker, Antony Blinken, Hillary Clinton, John Kerry, Henry Kissinger, Colin Powell, and Condoleezza Rice; Defense Secretaries Robert Gates, Leon Panetta, William Cohen; U.S. Trade Representatives; Treasury Secretary Lawrence Summers; Prime Minister Tony Blair; Israeli prime ministers Ehud Barak and Ehud Olmert; German Foreign Minister Joschka Fischer; Irish Prime Minister Bertie Ahern; Sinn Fein leader Gerry Adams and many, many more.

Registration is required to reserve a space. See right for sign up instructions.

Copies of the book will be available for sale.



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## How to sign up for activities at the Village Center

- 1) Go to our website at [www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov)
- 2) Click Sign Up for Programs
- 3) Click Sign In/Up

*\*New users must follow instructions for creating a new account. Once account is created, do the following:*

- 4) Scroll down to desired activity and click Enroll
- 5) For activities with a fee, click view fee details. Choose payment option and pay.

*\*Having trouble signing up online? Please call the Village Center at 301-656-2797, and the front desk staff will be happy to assist you.*

*\*In some cases, such as trips, in-person registration is required. If so, it will be noted in the newsletter story.*



## Friendship Heights VILLAGE NEWS

[www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov)

Email: [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov)

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

### ADVERTISING

The deadline for reserving space in the July issue is June 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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# Village Council Update

## Village Council approves FY 2025 budget

At its May 20 meeting, the Village Council approved the FY 2025 budget as recommended by the Council Finance Committee. The Council had previously approved maintaining the Village's current tax rate of 4¢/100 of assessed property value, and to transfer \$1 million from the General Fund to the Capital Improvements Fund. The Village has notified the County of our tax rate, as required by the Village charter. The approved budget has been posted on the website at <https://friendshipheightsmd.gov/village-government/budget>. The Council also approved transferring \$500,000 to the Capital Improvements Fund from the \$1,000,000 anticipated payment from Donohoe, the developer of the 5500 Wisconsin Avenue project, for the sale of density rights from the Red House on North Park Avenue.

## Update on Page Park permit application

Michael Mezey, Chair of the Council Parks and Grounds Committee, gave an update on the Village's Page Park permit application at the Council's May 20 meeting. GreenSweep, the Village's contractor, confirmed that the iron fabricator provided a revised drawing for the railings (to be installed on the pathway and steps) and submitted it to the structural engineer to be signed and sealed. Per the County's original instructions, these drawings would then be submitted for its review. The Village learned from a County Department of Permitting Services (DPS) official that there is a requirement to make the pergola area ADA-accessible, but not if the total cost of accessibility improvements in the park exceeds 20% of the total cost of the project. At the Parks and Grounds Committee meeting in March, GreenSweep reported that they did exceed the 20% figure with accessibility improvements. As this newsletter goes to press, GreenSweep is preparing the proper documentation to submit the required documents to DPS regarding the accessibility improvements and the railings. The Village will continue to keep the community informed as developments become available.

## Prospective tenants for Red House

At the May 20 Council meeting, the Council approved the Red House working group's recommendation to make the renovations required to bring the house into compliance with the ADA so the property will be ready for any tenant to be selected. This will require advertising for bids based on the contractor estimates we have received. The group also engaged Beth Irving, an attorney with commercial real estate experience referred by the Village's attorney, to provide legal guidance regarding tenant/landlord responsibilities and to determine

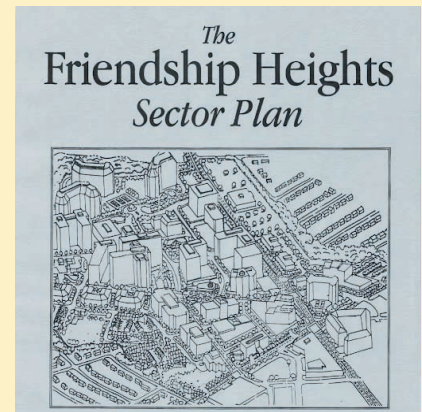
what should be covered in a lease. The Village is in discussion with three prospective tenants: Pyle's Provisions, who presented its plan at the March 11 Council meeting, Your Cafe and Coffee Nature. All three have submitted letters of interest. As this newsletter goes to press, the working group has requested additional information from the two coffee groups, including proposed renovation plans.

## Report on off-duty Police officer program

It has been just over a year since the Village engaged with the Montgomery County Police to provide off-duty police officers for our community. County Police Captain Jason Cokinos, who manages the Village's off-duty police program, provided the Council with an end-of-year report, which was discussed at the May 20 Council meeting. The report can be found on the Village website under "Community Notices" on the What's New? page. The Council's Public Safety Committee will be scheduling a meeting in June with Captain Cokinos to further discuss the report.

## Ad hoc Committee on Development discusses Friendship Heights Sector Plan

The Village Council's Ad hoc Committee on Development held its first meeting on April 25 to discuss the upcoming revision to the Friendship Heights Sector Plan. The County Council has approved funding for the revision process, which should begin this fall. The committee discussed the objectives of collaborating with other area groups and ensuring adequate representation on the advisory committee to be formed. Once the Planning Board has reviewed the plan, it will be taken up by the County Council's Planning, Housing and Parks Committee.



- Other actions taken at the May 20 Council meeting:
- Approved proposal from Interior Garden Designs to maintain interior plants at Village Center.
  - Authorized Council member signers on Village bank account with Peoples Bank.
  - Approved proposal from Lindsey & Associates to provide financial audit services.

*The next scheduled Village Council meeting will be held on Monday, June 10, 2024, at 7 p.m., and will be open to the public at the Village Center and livestreamed. Please visit our website for additional details.*

## Harness the magic of the sun at a Saturday art workshop

Join a fascinating workshop on cyanotype, taught by Alicia Hierro, on **Saturday, June 22, from 10 a.m. to 12:30 p.m., at the Village Center.**

Cyanotype photography is a camera-less technique that involves laying an object on paper coated with a solution of iron salts before exposing it to UV light and washing with water to create stunning white and Prussian blue images. It's a fun and easy way to create art using the power of nature.

The cost of the workshop is \$30, and includes all materials. Minimum of 3; maximum of 8 students. Space is limited.

This workshop is suitable for those ages 13 and older. Wear old clothes. Rain date is Sunday, June 23.

See page 2 for sign-up instructions.



## Bring your palette for a day of plein air painting

Tap your inner Millet as the Village of Friendship Heights invites local artists to take part in a plein air (open air) event on **Saturday, June 22, from 9 a.m. to 1:30 p.m.**

If you prefer to just observe, there will be artists with their easels and palettes painting all the great aspects of the neighborhood. In the parks, outside restaurants, at the Farmers Market and maybe even outside the Red House on North Park Avenue, you will find an artist. Do not disturb. They only have five hours to get everything completed. At two o'clock they have to return to the Village Center to hand in their paintings. The paintings will be part of the Open Studio exhibition and art sale in July / August at the Village Center. Prizes will be awarded to the top three paintings.

There is no application fee, but registration is required. On July 22, artists must check in at the Village Center by 9 a.m.

See page 2 for registration instructions.



### Casino Night, continued from page 1

to play. At the end of the night, chips will be cashed in for tickets that can be used for a variety of raffles of non-cash prizes.

Refreshments, including heavy hors d'oeuvres and desserts, will be served. There will also be a cash bar with beer and wine.

This event is for adults only. The cost is \$49 for residents; \$59 for non residents. See page 2 for registration instructions.

# The Tech Mensch

*Ari Fisher*

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## Kick off summer with a song

### Join our afternoon Senior Sing-Along

As the temperatures rise this summer, our Senior Sing-Along is also heating up. Song leader and pianist Deborah Brouse will guide the audience through tunes on **Monday, June 24, from 2 to 3 p.m., at the Village Center.** Singing has physical, emotional, and social benefits, and is just plain fun!

Lyrics will be provided and no talent or musical experience is required, only a desire to sing. The goal is for everyone to have the joy of singing and to leave smiling and humming.

See page 2 for sign-up instructions.

# Get to know your iPhone

On Wednesday, June 5, at 10 a.m., Tech Mensch Ari Fisher will present the second in a series of tech talks geared toward seniors. This 45-minute talk will be an in-depth exploration of advanced features and functionality on your iPhone. Bring your iPhone along to actively participate, and learn practical skills such as text shortcuts, QR code scanning, and text message editing from Ari. It's a session designed to enhance your iPhone experience!

At the end of the talk, participants will have the opportunity to get one-on-one help with devices.

Registration is required to reserve a seat. See page 2 for sign-up instructions.



## Note from the Reading Room:

We appreciate donations, but please do not bring textbooks or books that are older than 10 years. Books should be popular fiction.

Shepherdstown, continued from page 1

evidenced by his resilience and determination to find light even in the darkest circumstances.

Next, we'll gather in the Bavarian Brothers Brewery in the Bavarian Inn for an early dinner. Our menu offers a choice of Smashburger, Lobster/Shrimp/Crab Roll, or Caesar Salad with Grilled Chicken for an entree; a choice of fries or potato salad; and apple strudel with whipped cream for dessert. Coffee, tea or a non-alcoholic beverage is included.

Then we're off to see "Enough to Let the Light In." In this smart, spooky play, girlfriends Marc and Cynthia spend the night celebrating a milestone, but over the course of the evening their lives are irrevocably changed as buried secrets begin to emerge. "Enough to Let the Light In" is the story of what happens when our haunted pasts meet our promising futures.

We'll depart from the Village Center at noon and should return by 10:30 p.m. The cost of the trip, which includes roundtrip transportation, dinner in the Bavarian Brothers Brew Pub, tickets to two plays and all taxes and gratuities, is \$234. Residents who sign up by June 20 pay \$209. Residents and one guest may sign up immediately at the Village Center. Nonresidents may sign up beginning June 21 and pay \$234. Please make your menu selection when signing up.

For details, call the Village Center at 301-656-2797.



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# CLASSES AND CLUBS

To register, please go to our website [www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov) and sign up through ActiveNet at least 48 hours before the start of the session. A class may be canceled if the minimum number of students is not met. Participants must pay for the full series. No refunds after the class begins. All participants in fitness classes, as well as Drop-in Tai Chi and sample classes, are required to sign a liability waiver with Covid protocol. In the event a class is canceled, a make-up class will be held following the last class of the session.

## ART, LANGUAGES AND GAMES

### ALL IN THE EYES

A 6-week class, taught by Marianne Winter, Thursdays, 1 to 3 p.m., June 13 through July 25. Using photographs and beginning with the eyes, the class will hone the skills of those who want to draw faces. Bring a pad and pencil or pastel to the first class; some previous experience in drawing is necessary. \$95 for residents; \$105 for nonresidents.

### ENGLISH CONVERSATION (Free)

Mallory Starr leads a conversational English roundtable for adults on Tuesdays, 5 to 6 p.m. This class is free to Village residents. Nonresidents pay \$5. A minimum of 2; maximum of 12.

## EXERCISE

### BALANCE BASICS

A 6-week class, Wednesdays, 11 to 11:45 a.m., June 26 through July 31, taught by Cheryl Clark. This class teaches strategies for basic balance and aid in developing fall prevention techniques and improving your ability to perform daily activities safely. The class will help to build confidence while maintaining balance and strengthening key muscle groups. The cost is \$81 for residents; \$87 for nonresidents.

### STRATEGIES FOR IMPROVING BALANCE

A 6-week class, Thursdays, 10 to 10:45 a.m., June 27 through Aug. 1, taught by Cheryl Clark. This class teaches strategies for basic balance and aid in developing fall prevention techniques

and improving your ability to perform daily activities safely. The class will help to build confidence while maintaining balance and strengthening key muscle groups. The cost is \$81 for residents; \$87 for nonresidents.

### BALANCE BASICS/BALANCE BUNDLE

Sign up for both Balance Basics and Strategies for Improving Balance and pay \$152 for residents; \$169 for nonresidents for the two 6-week sessions.

### GENTLE YOGA WITH ROBIN (SUNDAYS)

A 7-week Hatha Yoga class for beginning and continuing students, taught by Robin Dinerman, host of TV's "Cherryblossom Yoga." Sundays, June 16 through Aug. 4, 9:10 to 10:30 a.m. This class is especially good for seniors, with particular attention to countering the effects of aging. The cost is \$99 for residents; \$109 for nonresidents.

### CHAIR YOGA WITH LOUISA

Louisa Klein teaches a 6-week session, Thursdays, 10:30 a.m. to noon, July 25 through Aug. 29. Students are seated in chairs or use chairs for support. Learn how to incorporate chair yoga practices into your life for enhanced mind/body awareness. This class includes techniques to safely stretch, strengthen and balance your body and mind. Chair yoga is non-competitive, accessible and fun. Klein, a member of the International Yoga Teachers Association, has taught for more than 40 years. \$77 for residents; \$82 for nonresidents.

### BEGINNER PILATES (FRIDAYS)

A 6-week class, Fridays, 12 to 1 p.m., through June 28, taught by Dawn Maynard. Beginner Pilates is for anyone who needs strength and flexibility in the spine and joints, especially shoulders, hips, knees and ankles. Movement modifications will be provided for those who cannot put weight on knees or hands. Learn how posture affects the way we sit, stand and walk. No equipment needed except a towel and water. The cost is \$150 for residents; \$160 for nonresidents. Students may bring mat and Pilates props.

### PILATES FOR EVERYONE (TUESDAYS)

A 6-week class, Tuesdays, 6 to 7 p.m., through June 25, taught by Dawn Maynard. The cost is \$150 for residents; \$160 for nonresidents. Students may bring a towel, mat and any Pilates props.

### PILATES FOR EVERYONE (SATURDAYS)

A 6-week class, Saturdays, 9 to 10 a.m., through June 29, taught by Dawn Maynard. The cost is \$150 for residents; \$160 for nonresidents. Students may bring a towel, mat and Pilates props. Class will not meet July 13.

### STRENGTH AND CORE (EVENINGS)

A 7-week class, taught by Chad Ashley, Tuesdays, 5:30 to 6 p.m., through June 25. The cost is \$59 for residents; \$69 for nonresidents.

### STRENGTH AND CORE (FRIDAYS)

A 6-week class, taught by Chad Ashley, Fridays, 11:30 a.m. to noon, through July

5. The cost is \$59 for residents; \$69 for nonresidents.

### **STRENGTH AND BALANCE WITH TONYA**

A 5-week class, taught by Tonya Walton, Mondays, 11:30 a.m. to 12:30 p.m., through June 17. The cost is \$83 for residents; \$90 for nonresidents.

### **QIGONG AND TAI CHI (MONDAYS)**

A 6-week session, Mondays, 9:30 to 10:15 a.m., through July 1. Taught by Master Nick Gracenin. Study the essentials of traditional tai chi and qigong, and improve balance, circulation, strength and relaxation. Beginners welcome. \$90 for residents; \$95 for nonresidents.

### **QIGONG AND TAI CHI (EVENINGS)**

A 6-week session, Tuesdays, 7:15 to 8 p.m., June 4 to July 9. Taught by Master Nick Gracenin. Study the essentials of traditional tai chi and qigong, and improve balance, circulation, strength and relaxation. Beginners welcome. \$90 for residents; \$95 for nonresidents.

### **TAI CHI FORMS AND TRADITIONAL ROUTINES (MONDAYS)**

A 6-week session, Mondays, 10:15 to 10:45 a.m., through July 1. Taught by Master Nick Gracenin, this class presents taolu (formal patterns) of traditional taijiquan. Students can try the more complex combined 42 forms tai chi fan. \$70 for residents; \$80 for nonresidents.

## **WORKSHOPS**

### **CYANOTYPE WITH ALICIA**

Learn how to use the power of the sun to create beautiful artwork. Taught by Alicia Hierro, Saturday, June 22, 10 a.m. to 12:30 p.m. The cost is \$30, which includes all materials. Minimum number of students is 3; maximum is 8. Suitable for ages 13



and older. See page 4 for details.

## **ONGOING GROUPS**

### **BLOOD PRESSURE SCREENING/ SUBURBAN NURSE**

A Suburban Hospital nurse offers free blood pressure screenings, Tuesdays, 12 to 4 p.m. Nurse consultations, Tuesdays, 2 to 4 p.m.

### **CANASTA**

An informal group plays canasta on Wednesdays, 2 to 4 p.m. Call 301-656-2797 to register.

### **CHESS**

An informal group plays chess on Wednesdays, 12:30 to 3 p.m.

### **COFFEE AND CURRENT EVENTS**

This long-running discussion group meets Fridays, 10:30 a.m. to 12 p.m.

### **DROP-IN BUILDING BETTER BONES**

Taught by Gita Pancholy, Thursdays, 11 a.m. to noon. The cost is \$4. Regular attendants may store small weights at the Village Center.

### **DROP-IN OPEN ART STUDIO**

Artists and aspiring artists are invited to bring their art and art supplies and join other artists at our open arts studio on Fridays, 1 to 4 p.m. No storage space is available. The room is filled with light.

### **DROP-IN TAI CHI**

Student-led sessions meet Fridays, 9:15 to 10:15 a.m. Includes stretching, tai chi warm-up exercises, tai chi (24 Yang-style), self-massage, and ends with qigong exercises. Cost is \$5.

### **FRIDAY FIBER FRIENDS**

Knitters, crocheters, and other fiber enthusiasts meet Fridays, 1 to 2:30 p.m. Call Joan Lewis at 301-452-4466 for details.

### **GREAT BOOKS GROUP**

Meets Mondays at 10 a.m. Call Judith Abrahams at 301-215-6950 or Jean McNelis at 301-656-6695 for details.

### **MONDAY MAH JONGG**

Village residents are invited to play Mah

Jongg on Mondays, 1 to 3 p.m. Space is limited. To sign up, go to [www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov), and click on Sign Up for Programs.

### **TEA**

Village residents and guests enjoy refreshments and conversation, Tuesdays, 3 to 4 p.m.

### **VILLAGE BOOK CLUB**

The book club meets one Tuesday a month via Zoom. Contact Sheila Manes at [manessheila@gmail.com](mailto:manessheila@gmail.com).

### **WALKING CLUB**

The club takes a two-mile walk in Chevy Chase Village, every day at 8:15 a.m. Meets at Village Center entrance. Call Eniko Basa at 301-657-4759 or email [eniko.basa@verizon.net](mailto:eniko.basa@verizon.net).

### **WOMEN'S GROUP**

Village of Friendship Heights women, ages 50 and older, are invited to share life experiences and transitions as they strive toward a happy, productive life as they age. Meets first and third Thursday each month, 3 to 4:30 p.m. Contact co-leaders Martha Solt at [msolt@friendshipheightsmd.gov](mailto:msolt@friendshipheightsmd.gov) or Patricia Canessa at [pcanessam@yahoo.com](mailto:pcanessam@yahoo.com).



The Village Book Club will meet on **Tuesday, June 18, at 11:30 a.m., via Zoom**. The book selection is "Demon Copperhead" by Barbara Kingsolver. The July book will be "Everything I Learned, I Learned in a Chinese Restaurant" by Curtis Chin.

# CONCERTS



**Free concerts are held every Wednesday from 7 to 8 p.m., during June, July and August, in Hubert Humphrey Park in front of the Village Center. In the event of inclement weather, concerts will move indoors to Huntley Hall in the Village Center.**

**Wednesday, June 5—Steve Hom and Karla Chisholm—** Guitarist Steve Hom has performed with many of the top area jazz singers for the past 15 years at venues including the Strathmore Mansion, Silver Spring Veterans Plaza, and the 6th & I Historic Synagogue. He has entertained numerous ambassadors, members of Congress, the governor of Maryland, and the mayor of Washington, D.C., among others.

Vocalist Karla Chisholm, band leader of K Street Union and chorus coordinator at the Peabody Institute, has taught jazz and contemporary voice. She has performed locally and around the globe for luminaries such as President Obama and Michael Jordan, sharing the stage with artists including Stevie Wonder, Robin Thicke, and Mary Wilson.



**Wednesday, June 26—Bele Bele Rhythm Collective—**The Bele Bele Rhythm Collective is a women-led, intergenerational, diverse group of African drummers and students from D.C. and surrounding areas. Founded in 2008 and led by Drumlady Kristen Arant, the BBRC performs tightly sewn compositions, along with exciting breaks, contagious songs, and dancing.



**Wednesday, June 12—Ray Apollo Allen and the Apollo 1 Band—**Forming the group “Apollo Brothers” in the ‘60s, they recorded their first single in 1975. They debuted on television on the Barry Richard’s Rock & Soul Show. In 1985, Ray went solo until the year 2000. He went on to sing only gospel for the next six years. Ray joined the Orioles in 2006, of which he is still a member. He began to write his own songs and recorded “The World Today.” The single was released in 2011 on his independent label, PARM Records. Ray has shared the stage with the greatest acts of the ‘50s, ‘60s, and ‘70s, including The Drifters, The Platters, and Sam & Dave, among many others.

**Wednesday, June 19—No concert—Center open 9 a.m. to 2 p.m. for Juneteenth holiday**

8 Village News June 2024

## Friendship Heights Summer 2024 Concerts on Wednesdays

June 5: Steve Hom and Karla Chisholm

June 12: Ray Apollo Allen and the Apollo 1 Band

June 26: Bele Bele Rhythm Collective

July 10: Robert Redd Trio

July 17: Willie Barry and the Rock-A-Sonics

July 24: IONA

July 31: Seth Kibel Band

August 7: Big Howdy

August 14: Mariachis de Los Compadres

August 21: Tim and Charles Roberts

August 28: The Uncounted



# MOVIES



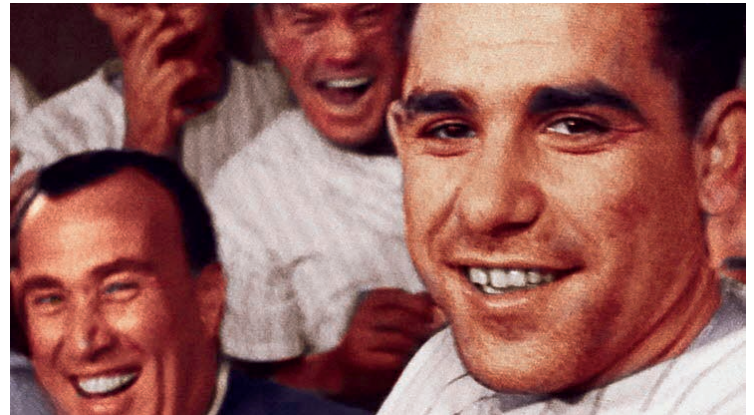
All movies begin at 7 p.m. Movies that run longer than 130 minutes will begin at 6:45 p.m. as indicated. Please note that PG-13 and R-rated movies may contain sexual situations, violence and/or offensive language. Enjoy fresh popcorn during the movies.



**Thursday, June 6, 7 p.m.** —*Talk to Me*—This biographical drama stars Don Cheadle as ex-con Ralph “Petey” Greene who becomes Washington, D.C.’s hottest talk and music radio personality and voice of an era in the mid-to-late 1960s, alongside Chiwetel Ejiofor as his manager, Dewey Hughes. Through the dynamic, sometimes turbulent, and social consciousness-building times, with humor, Petey builds community and opens the eyes of many in his audience to race and power in ways many hadn’t heard discussed before. **Rated R.** **Running time: 1 hour, 59 minutes.**

**Thursday, June 13**—NO MOVIE—*Art Reception from 6:30 to 8:30 p.m.*

**Thursday, June 20, 7 p.m.**—NO MOVIE—Book signing with Stuart Eizenstat.



**Thursday, June 27, 7 p.m.**—*It Ain’t Over*—Engaging biography/documentary using archival footage showcasing baseball great Yogi Berra’s illustrious life and including many of his famous catchphrases. Berra’s granddaughter narrates; relatives and sports greats join Billy Crystal, Bob Costas and more for this multi-award-winning film, which sets the record straight on Berra’s wonderful accomplishments. **Rated PG-13.** **Running Time: 1 hour, 38 minutes.**

## Sell, shop or just enjoy the music at our Village Yard Sale



Our popular Village Yard Sale returns to Hubert Humphrey Park in front of the Village Center on **Saturday, July 13, from 10 a.m. to 1 p.m.**

As an added attraction, from 11:30 a.m. to 12:30 p.m., the band Collide will offer cool tunes to shop or sell by.

Participants must rent a 6-ft. table from the Village Center for \$12, cash or check only.

One table per household. Two chairs per table will also be provided. There are a limited number of tables available to rent.

To reserve a table, stop by the Village Center. Village residents can reserve a table starting June 1. Nonresidents may reserve a table beginning June 25. No refunds after June 25.

Tables will be set up no earlier than 9:30 a.m. on Saturday, July 14. Items for sale must be confined to your immediate table space. All unsold items must be removed from the table and the park by 2 p.m.

Twin Springs Farmers Market will be located on the parking pad adjacent to the Village Center.

Whether you are selling or searching for a treasure, our yard sale promises to be a fun, community event.

Enjoy our fountain,  
but please  
resist the urge to jump,  
wade or swim in its waters.



# ART AND CULTURE

## Gaze through the looking glass during the NCAGG exhibit

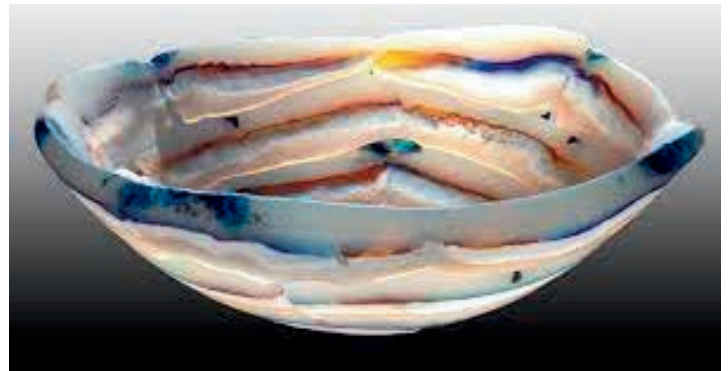
Enter the enchanting world of artistic glass as Friendship Gallery hosts the mesmerizing works of the National Capitol Art Glass Guild (NCAGG) in June. "Through the Looking Glass" presents dozens of art glass works by the NCAGG.

Glass can be cut, crushed, heated, and molded. It is at the same time fragile and incredibly strong. As an artistic vehicle, glass allows artists the freedom and flexibility to explore a vast range of colors; transparency and opacity; fluidity and movement; painterly and sculptural expressions in landscapes, portraits, and abstract designs in both 2- and 3-dimensional artwork.

Artists play with color and light, strive to show strength or fragility in their work, reflecting the transition from classical to contemporary art glass movements. There is the quest for light and innovation, always with an element of surprise. Come and look through the glass pieces in this show to discover how some of these elements are combined or contrasted.

The NCAGG was founded in 1978 as a community of artisans interested in stained glass. As the glass arts have expanded, the Guild and the interests of its members have grown to include any and all forms of glass art, including, but not limited to, blown, kiln-formed, and lamp-worked glass.

NCAGG members—both emerging and accomplished artists—reflect the incredible diversity of talent and style in the Studio Glass Movement, and include in particular



glassblowers, sculptors, fused and stained glass artisans, and mosaic and jewelry makers. Through meetings, workshops, presentations, and exhibitions, the NCAGG provides a forum for the exchange of ideas and experiences and promotes in the community at large all aspects of glass as an art and craft.

Come and see this color- and light-filled show that the Guild is happy to share with the Friendship Heights community. The exhibit runs May 6 through June 1.

**Meet the artists during a reception on Thursday, June 13, from 6:30 to 8:30 p.m.**

The Village Center is open Monday through Thursday, 9 a.m. to 9 p.m., Friday 9 a.m. to 5 p.m., and Saturday and Sunday, 9 a.m. to 2 p.m.

Art in the auditorium is occasionally not available for viewing because of activities in that room. Please check with the front desk staff upon arrival. All sales are final.



## Delight in the glories of glass during these Saturday demos at the Village Center

Discover the vast world of working glass techniques when members of the National Capital Art Glass Guild offer five different demonstrations on **Saturday, June 8, from 11 a.m. to 1 p.m.**, at the Village Center. Bring your family, friends, kids and lots of questions. The members of the guild are enthusiastic about glass and eager to share their art and expertise.



# TO YOUR HEALTH

## Find a happy balance

### Suburban Lecture gives practical information to help prevent falls

Fall prevention is an important topic to consider as you get older. Physical changes and health conditions—and sometimes the medications used to treat those conditions—make falls more likely as you age. In fact, falls are a leading cause of injury among older adults. Still, fear of falling doesn't need to rule your life. Every year, one out of three adults, ages 65 and older, experience an unexpected fall. In most cases, falls can be prevented.

Get practical information when this month's Suburban Lecture addresses fall risks and fall prevention on **Wednesday, June 12, from 1 to 2 p.m.**, at the Village Center.

A Suburban Hospital physical therapist will share useful changes that can be made at home and while on the



move to prevent the incidence of falls. This talk is offered by Suburban Hospital in partnership with the Friendship Heights Village Center.

Registration is required to reserve a seat. Please see sign-up instructions on page 2.



Sunglasses need to provide 99-100% UV protection.



A broad-brimmed hat can add extra protection.



Sunblock is a must, including the skin around the eyes.



Sunglasses should wrap around to shield the skin around eyes.

## Low Vision Resources Group takes a summer break

The Washington Chapter of the Society for the Prevention of Blindness Low Vision Resources Meeting will take a break from its monthly meetings at the Village Center. There will be no meetings in June, July or August. The group will resume meeting in September.

In the meantime, protect your eyes this summer by slipping on a pair of UV filter sunglasses and slapping on a broad brimmed hat to reduce bright glare as you are slopping on sunscreen lotion.

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orthopedic | neurological | aquatic

### Physical Therapy Office & Ideal Protein Weight Loss Clinic

Friendship Heights Village at the Elizabeth Arcade

- **ONLY PRIVATE 1:1 SESSIONS** with licensed PT
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#### Friendship Heights

4601 N Park Ave., #10C  
Chevy Chase, MD 20815

Free Garage Parking Elizabeth Arcade

#### COVID-19 UPDATE

GetWell Rehabilitation is using proper PPE & disinfectants. All sessions are 1:1 with private treatment rooms. Please call for more info.

phone 301-654-9355 | [info@getwell-rehab.com](mailto:info@getwell-rehab.com)

[www.getwell-rehab.com](http://www.getwell-rehab.com)

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# Sam's Neighborhood Listings

UNDER CONTRACT



**The Willoughby, Apt 1506S**  
Large 1BR (Nearly 900 Sq Ft)  
Nicely Updated w/ Open Kitchen  
Southern Exposure / Assigned Parking  
Listed at \$275,000

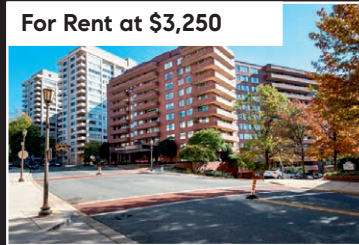
COMPASS

For Sale at \$189,000



**Investor Special!**  
**The Willoughby, Apt 2321N**  
Efficiency (456 Sq Ft)  
Unobstructed Western View  
Tenant Occupied until Sept 2024

For Rent at \$3,250



**The Carleton, Apt 504**  
2BR / 2BA (Over 1400 Sq Ft)  
Nicely Renovated Throughout  
Balcony / Assigned Parking



Sam Solovey §

Vice President, Compass  
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Friendship Heights

VILLAGE NEWS

Friendship Heights Village Center  
4433 South Park Avenue  
Chevy Chase, Maryland 20815



**Visit our website:**

[www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov)

**Email:** [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov)

**Phone:** 301-656-2797

**Follow us on social media:**

[www.facebook.com/VillageOfFriendshipHeights](https://www.facebook.com/VillageOfFriendshipHeights)

[www.instagram.com/Village\\_of\\_friendship\\_heights](https://www.instagram.com/Village_of_friendship_heights)

X (Twitter): @fhv1914

YouTube: @villageoffriendshipheights

June 2024 events calendar