

## VILLAGE NEWS

MAY 2024 VOLUME 41, NO. 5 www.friendshipheightsmd.gov

301-656-2797



Celebrating AAPI Month with a Chinese Culture Talk, see page 4.

### Try your luck at our Casino Night

Want to try your hand at the roulette wheel or blackjack table without the flight to Monte Carlo?

Casino Night on Friday, June 21, from 6:30 to 9 p.m., offers a chance to learn some of the most common games as croupiers manning the tables guide you through the finer points of blackjack, Texas hold 'em Poker and roulette. Each player will be given

a certain number of chips for play. At the end of the night, chips will be cashed in for tickets that can be used for a variety of raffles of non-cash prizes.

Refreshments, including hors d'oeuvres and desserts, will be served. There will also be a cash bar for beer and wine.

This event is for adults only. The



cost is \$49 for residents; \$59 for nonresidents. Residents who sign up by May 30 pay \$39; nonresidents pay \$49.

To register, go to www.friendship heightsmd.gov. Space is limited.

### Drew Blue Shoes offers a magical Saturday morning for kids

Children and their parents should point their shoes toward the Village Center and join us for a Saturday matinee of magic performed by Drew Blue Shoes, on **Saturday**, **May 18**, at **11a.m.** 

Youthful and experienced, 28-yearold Drew provides a high-energy, funny, interactive magic show that is unique—Drew invents many of his own tricks! Drew has toured nationally and performed all over the Washington, D.C., area for more than a decade. He has been polishing his craft which began as a hobby since he was seven and growing up in Northern Virginia. This family-friendly show is perfect for ages 1 to 10 to 110!

Everyone will delight in watching Drew Blue Shoes' sleight-of-hand, magic tricks and joyful showmanship. Drew will even teach the kids how to do a couple of tricks! So no matter what shoes you wear, gather round for this very special, free event! Sign up at www.friendshipheightsmd.gov or call 301-656-2797.

### **Journey along the Amalfi Coast**

Of the countless geographic jewels Italy has to offer the adventurous traveler, the finest of all may be the scenic Amalfi Coast. Few other places in Italy offer such a variety of fascinating landscapes and stunning hillside towns such as Sorrento, Positano, Ravello and Amalfi. In addition, there are the remarkable historic sites of Capri, Paestum, Pompeii and Herculaneum.

Join us on **Friday, May 24, at 2 p.m.,** for a lovely afternoon as we journey through the Italian seascape



with Nick Glakas, lawyer and cruise ship lecturer. To sign up, go our website www.friendshipheightsmd.gov, click on Sign Up for Programs. If you need help with the online sign up process, please call the Village Center at 301-656-2797.

## Saturday concert celebrates moms

Jazz vocalist and pianist Sara Jones presents a special concert for mothers on **Saturday**, **May 11**, **at 12:15 p.m.** Jones was a first-place winner of the Billie Holiday Vocal Competition and semi-finalist in the American Traditions Competition. She has toured 49 states and performed in numerous concert halls across the country. She has also performed as a soloist with the National Symphony Orchestra, Cincinnati Pops Orchestra, Ravinia Festival

Continued on page 5, see Mother's Day



### Take an emotional trip with the reading of "Love Letters"

Join us for an afternoon reading of A.R. Gurney's twocharacter play "Love Letters" on Friday, May 17, from 2 to **3:30 p.m.,** at the Village Center.

This play, presented by Daphne Ostle and Vince Rossano, takes the audience on a emotional ride through the 50-year correspondence between Andrew Makepeace Ladd III and Melissa Gardner. In "Love Letters," the two are childhood friends whose lifelong correspondence begins with thank-you notes and postcards. They continue to exchange letters through the boarding school and college years, marriages, successes, failures and estrangements. However Andy's last letter makes it eloquently clear how much the letters really meant, and, gave to each other over the years.

Ostle and Rossano are Village residents who have presented "Love Letters" in theaters in Athens, Ga., and in Greensboro, Vt.

To sign up, go to www.friendshipheightsmd.gov., and click on Sign Up for Programs.

### **Explore the art of quilting** during an artist-led tour

Back by popular demand, the Fiber Friends bring their new, colorful collection of fiber wall art to the Friendship Gallery in May. A few of the artists will host an art tour of the exhibit on Thursday, May 16, at 2 p.m.

The artists are eager to answer questions about their sources of inspiration, materials and techniques used, and the meaning of design.

The deadline to register is Tuesday, May 14. Space is limited to 15.

To sign up, go to www.friendshipheightsmd.gov, click on Sign Up for Programs. If you need help with the online sign-up process, please call the Village Center at 301-656-2797.

The Fiber Friends exhibit opens May 6, so you can get a preview before the tour. If you have an interest in color and design, quilting and embroidery, you will not want to miss this special tour.

### **Get acquainted with your** Iphone with some help from Ari

On Wednesday, June 5, at 10 a.m., Tech Mensch Ari Fisher will present the second in a series of tech talks, especially for seniors. This 45-minute talk will be an in-depth exploration of advanced features and functionality on your iPhone. Bring your iPhone along to actively participate and learn practical skills such as text shortcuts, QR code scanning, and



text message editing from Ari. It's a session designed to enhance your iPhone experience!

At the end of the talk, participants will have the opportunity to get one-on-one help with devices.

Sign up for this event at www.friendshipheightsmd. gov, and click on Sign Up for Programs. Those who need additional assistance signing up may call the Village Center at 301-656-2797.



#### www.friendshipheightsmd.gov Email: info@friendshipheightsmd.gov

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

#### **ADVERTISING**

The deadline for reserving space in the June issue is May 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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### **Village Council Update**

### Public comment period remains open for Fiscal Year 2025 Village budget

At its April 8 meeting, the Village Council held a public hearing on the FY25 proposed Village budget. The Finance Committee presented the budget, and discussions were held between Council members and residents. The Council informed residents that they could continue to submit their comments by email at info@friendshipheightsmd.gov up until the next Council meeting on May 20. The Council also voted to approve maintaining the Village's current tax rate of 4¢/\$100 of assessed property value, and to transfer \$1 million from the General Fund to the Capital Improvements Fund. Visit https://friendshipheightsmd.gov/village-government/budget/ to view the draft budget. The Council is scheduled to vote on the budget at the May 20 meeting.

### Council creates shuttle bus ad hoc committee

The Village Manager put out a request for proposals in February for a shuttle bus contract that would provide a smaller bus, and we received seven proposals. At the April 8 meeting, the Council agreed with staff's recommendation to establish an ad hoc Shuttle Bus Committee composed of three Council members and five residents who would look at the proposed buses offered by vendors (to the extent the buses are available). The Village managers have followed up with vendors to coordinate possible demos of proposed buses for the committee to review. The working group will report back to the Council at the May 20 meeting.

### Installation of speed humps and stop bars completed

We are happy to announce that three speed humps have



been installed, and the stop bars at crosswalks throughout the Village have been refurbished with thermoplastic. Two speed humps are on North Park Avenue (one by the Red House and one near the bottom of the hill by Willard Avenue). The other hump is on South Park Avenue (near the main entrance to The Highlands West building). Also, following Montgomery County standards, the

Village has installed warning signs for the speed humps on existing light poles at all three locations.

### Shredding service returns on May 18

The next shredding event will be held on Saturday, May 18, 2024, from 10 a.m. to 12 p.m. The Village provides free shredding service to residents four times a year—rain or shine! A truck from Shred-it parks on Friendship Boulevard adjacent to the Village Center. Village residents are invited to bring their materials for shredding.



### Maryland Primary Election Day: Tuesday, May 14

Maryland Primary Election Day is Tuesday, May 14, 2024. The Village Center is the polling place for all registered voters living in the Village. Polls will be open from 7 a.m. to 8 p.m. Voters who received a mail-in ballot from the Maryland State Board of Elections can drop it off at the drop box placed outside the Village Center's main entrance. *Please note that the Village Council meeting has been rescheduled for Monday, May 20, due to the election setup required on the evening of May 13.* 

### Village Center seeks an on-call backup front-desk receptionist

The Village is looking for an on-call front-desk receptionist as a backup to provide support to Village Center front desk staff. Interested candidates must have availability for flexible hours, including nights and weekends. Please visit the "Staff/Volunteer Opportunities" section of the "What's New?" page on our website for additional details.

Other actions taken at the April 8 Council meeting:

- Report from the Council working group on the status of a possible tenant for the Red House on North Park Avenue.
- Approved proposal from Multiservices General Contractor to replace HVAC unit in the Village Center for a total cost of \$26,676.

The next scheduled Village Council meeting will be held on Monday, May 20, 2024, at 7 p.m., and will be open to the public at the Village Center and livestreamed (note schedule change due to Primary Election). Please visit our website for additional details.



## Start your morning off with a song in your heart

#### Join our Senior Sing-Along in May

Our Senior Sing-Along is gaining steam and we're welcoming more and more singers each month. Start your Tuesday morning off on a high note with song leader and pianist Deborah Brouse on **Tuesday**, **May 21**, **from 9:30 to 10:30 a.m.**, at the Village Center. Singing has physical, emotional, and social benefits, and is just plain fun!

Lyrics will be provided and no talent or musical experience is required, only a desire to sing. The goal is for everyone to have the joy of singing and to leave smiling and humming. To sign up, go to our website, www.friendshipheightsmd.gov. and click on Sign Up for Programs.

#### **Save the Date**

Thursday, June 20, 7 p.m.:
Ambassador Stuart Eizenstat discusses
and signs his book, "The Art of Diplomacy."

See June Village News for details.



## Enjoy an evening talk on the art of Chinese porcelain



Michael Lu

Learn about the ancient art of making the Chinese porcelain known as Yue ware on Monday, May 6, from 6:30 to 8 p.m. This special discussion of Chinese porcelain, art, and culture celebrates Asian-American Pacific Islander Month and introduces a special exhibition of Yue ware by acclaimed ceramicist Chen Pengfei.

Dr. Michael Lu will discuss

the past and present of Yue ware. Lu has been practicing law in the greater Washington, D.C., area for almost 30 years. He has a keen interest in classic and traditional arts and crafts, both Oriental and Western, including antique chinaware porcelain. Xiaoming Zhao and Mallory Starr of the U.S. Asian Cultural Academy will open the program.

To register, go www.frienshipheightsmd.gov, and click on Sign Up for Programs.

### Mah jongg meets on Monday

Village residents are invited to play mah jongg on each Monday, from **12:30 to 2:30 p.m**. Space is limited. To sign up, go to www.friendshipheightsmd.gov and click on Sign Up for Programs. For assistance in signing up, call the Village Center at 301-656-2797.



Lakshmi Halper's Tour to Cuba 8 Days/ 7 Nights Oct. 18- 25, 2024 Call for Itinerary 301-656-7441 or 301-717-1374

### Want to learn how to play mah jongg?

Learn to play American mah jongg using the National Mah Jongg League rules. You will learn how to read the card, the names of the tiles and the many rules of the game. This class is for beginners only!

Nancy Kay, who has been teaching at senior centers and religious institutions for many years, will offer a 5-week class on Tuesdays, 10 a.m. to 12 p.m., June 4 through July 2, at the Village Center, June 4 through July 2.

The cost of the 5-week class is \$120 for residents; \$135 for nonresidents. The cost of a new regular-sized card is \$14 and may be ordered when registering.

Sign up by May 20 and get a \$10 discount. The minimum number of students is 8; maximum 12.

The deadline to sign up is May 27, no exceptions. To sign up, go to www. friendshipheightsmd.gov, click Sign Up for Programs.

The Village Book Club will meet on Tuesday, May 21, at 11:30 a.m., via Zoom.

The book selection is "Hello Beautiful" by Ann Napolitano. The June book will be "Demon Copperhead" by Barbara Kingsolver.

Mother's Day, continued from page 1

Festival Orchestra. She also had a solo performance on the Esplanade with Keith Lockhart and the Boston Pops Orchestra. Jones was a featured vocalist with the Jazz Ambassadors and has graced the stages of the Hippodrome Theatre,

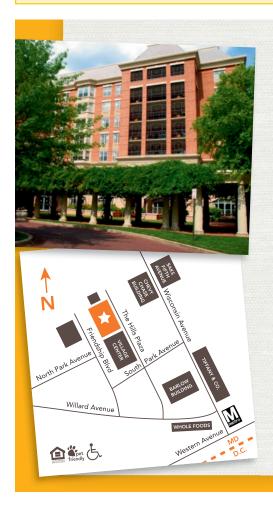


Meyerhoff Symphony Hall, Strathmore Mansion, and the Kennedy Center.

Refreshments will be served following the performance. To reserve a seat, go to www.friendshipheightsmd.gov.

### **New Women's Group to meet** at the Village Center

Women of Friendship Heights (age 50+) are invited to join a new discussion group to share life experiences and transitions with the goal of living a happy, productive life as we age. The group will meet twice per month at the Village Center. The first meeting will be Thursday, May 16, at 3 p.m. For more information, contact the group's co-leaders, Martha Solt, msolt@friendshipheightsmd.gov, and Patricia Canessa, pcanessam@yahoo.com.



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### **CLASSES AND CLUBS**

To register, please go to our website www.friendshipheightsmd.gov and sign up through ActiveNet at least 48 hours before the start of the session. A class may be canceled if the minimum number of students is not met. Participants must pay for the full series. No refunds after the class begins. All participants in fitness classes, as well as Drop-in Tai Chi and sample classes, are required to sign a liability waiver with Covid protocol. In the event a class is canceled, a make-up class will be held following the last class of the session.

### ART, LANGUAGES AND GAMES

#### ALL IN THE EYES

A 6-week class, taught by Marianne Winter, Thursdays, 1 to 3 p.m., through May 30. Using photographs and beginning with the eyes, the class will hone the skills of those who want to draw faces. Bring a pad and pencil or pastel to the first class; some previous experience in drawing is necessary. \$95 for residents; \$105 for nonresidents.

### ENGLISH CONVERSATION (Free)

Mallory Starr leads a conversational English roundtable for adults on Tuesdays, 5 to 6 p.m. This class is free to Village residents. Nonresidents pay \$5. A minimum of 2; maximum of 12.

#### **LEARN MAH JONGG**

A 5-week class , taught by Nancy Kay, Tuesdays, 10 to 12 p.m., June 4 to July 2. \$110 for residents; \$125 for nonresidents. See page 5 for details.



#### **EXERCISE**

### **BALANCE BASICS**

A 6-week class, Wednesdays, 11 to 11:45 a.m., May 8 to June 12 taught by Cheryl Clark. This class teaches strategies for basic balance and aid in developing fall prevention techniques and improving your ability to perform daily activities safely. The class will help to build confidence while maintaining balance and strengthening key muscle groups. The cost is \$81 for residents; \$87 for

nonresidents.

### STRATEGIES FOR IMPROVING BALANCE

A 6-week class, Thursdays, 10 to 10:45 a.m., May 9 to June 13, taught by Cheryl Clark. This class teaches strategies for basic balance and aid in developing fall prevention techniques and improving your ability to perform daily activities safely. The class will help to build confidence while maintaining balance and strengthening key muscle groups. The cost is \$81 for residents; \$87 for nonresidents.

### BALANCE BASICS/BALANCE BUNDLE

Sign up for both Balance Basics and Strategies for Improving Balance and pay \$152 for residents; \$169 for nonresidents for the two 6-week sessions.

### GENTLE YOGA WITH ROBIN (SUNDAYS)

A 6-week Hatha Yoga class for beginning and continuing students, taught by Robin Dinerman, host of TV's "Cherryblossom Yoga." Sundays, May 5 to June 2, 9:10 to 10:30 a.m. This class is especially good for seniors, with particular attention to countering the effects of aging. The cost is \$99 for residents; \$109 for nonresidents.

#### **CHAIR YOGA WITH LOUISA**

Louisa Klein teaches a 5-week session, Thursdays, 10:30 a.m. to noon, May 23 to June 20. Students are seated in chairs or use chairs for support. Learn how to incorporate chair yoga practices into your life for enhanced mind/body awareness. This class includes techniques to safely stretch, strengthen and balance your body and mind. Chair yoga is non-competitive, accessible and fun. Klein, a member of the International Yoga Teachers Association, has taught for more than 40 years. \$70 for residents; \$75 for nonresidents.

#### **BEGINNER PILATES (FRIDAYS)**

A 6-week class, Fridays, 12 to 1 p.m., May 17 to June 21, taught by Dawn Maynard. Class will not meet on April 13. Beginner Pilates



is for anyone who needs strength and flexibility in the spine and joints, especially shoulders, hips, knees and ankles. Movement modifications will be provided for those who cannot put weight on knees or hands. Learn how posture affects the way we sit, stand and walk. No equipment needed except a towel and water. The cost is \$150 for residents; \$160 for nonresidents. Students may bring mat and Pilates props.

### PILATES FOR EVERYONE (TUESDAYS)

A 6-week class, Tuesdays, 6 to 7 p.m., May 21 to June 25, taught by Dawn Maynard. The cost is \$150 for residents; \$160 for nonresidents. Students may bring a towel, mat and any Pilates props.

### PILATES FOR EVERYONE (SATURDAYS)

A 6-week class, Saturdays, 9 to 10 a.m., May 18 to June 29, taught by Dawn

Maynard. Class will not meet April 13. The cost is \$150 for residents; \$160 for nonresidents. Students may bring a towel, mat and Pilates props. Class will not meet May 25.

### STRENGTH AND CORE (EVENINGS)

A 6-week class, taught by Chad Ashley, Tuesdays, 5:30 to 6 p.m., May 21 to June 25. The cost is \$59 for residents; \$69 for nonresidents.

#### **STRENGTH AND CORE (FRIDAYS)**

A 6-week class, taught by Chad Ashley, Fridays, 11:30 a.m. to noon, May 17 to June 21. The cost is \$59 for residents; \$69 for nonresidents.

### STRENGTH AND BALANCE WITH TONYA

A 5-week class, taught by Tonya Walton, Mondays, 11:30 a.m. to 12:30 p.m., May 6 to June 17. Class will not meet on May 27 nor June 3. The cost is \$83 for residents; \$90 for nonresidents.

### QIGONG AND TAI CHI (MONDAYS)

A 6-week session, Mondays, 9:30 to 10:15 a.m., May 20 to July 1. Taught by Master Nick Gracenin. Study the essentials of traditional tai chi and qigong, and improve balance, circulation, strength and relaxation. Beginners welcome. \$90 for residents; \$95 for nonresidents.

### QIGONG AND TAI CHI (EVENINGS)

A 6-week session, Tuesdays, 7:15 to 8 p.m., June 4 to July 9. Class will not meet May 14. Taught by Master Nick Gracenin. Study the essentials of traditional tai chi and qigong, and improve balance, circulation, strength and relaxation. Beginners welcome. \$90 for residents; \$95 for nonresidents.

#### TAI CHI FORMS AND TRADITIONAL ROUTINES (MONDAYS)

A 6-week session, Mondays, 10:15 to 10:45 a.m., May 20 to July 1. Taught by Master Nick Gracenin, this class presents taolu (formal patterns) of

traditional taijiquan. Students can try the more complex combined 42 forms tai chi fan. \$70 for residents; \$80 for nonresidents.

#### **WORKSHOPS**

#### **CYANOTYPE WITH ALICIA**

Learn how to use the power of the sun to creat beautiful artwork. Taught by Alicia Hierro, Saturday, June 22, 10 a.m. to 12:30 p.m. The cost is \$30, which includes all materials. Minimum number of students is 3; maximum is 8. Suitable for those ages 13 and up. See page 9 for details.

### QUILTING DESIGN WITH FUSED FABRIC

Fiber Friends artists Donna Radner and Sandra Smith lead a workshop giving student the chance to create one or two 11" x14" quilt compositions using fabrics adhered with Wonder Under. The cost is \$55 for residents; \$60 for nonresidents. See page 10 for details.

#### **ONGOING GROUPS**

#### BLOOD PRESSURE SCREENING/ SUBURBAN NURSE

A Suburban Hospital nurse offers free blood pressure screenings, Tuesdays, 12 to 4 p.m. Nurse consultations, Tuesdays, 2 to 4 p.m.

#### **CANASTA**

An informal group plays canasta on Wednesdays, 2 to 4 p.m. Call 301-656-2797 to register.

#### **CHESS**

An informal group plays chess on Wednesdays, 12:30 to 3 p.m.

#### **COFFEE AND CURRENT EVENTS**

This long-running discussion group meets Fridays, 10:30 a.m. to 12 p.m.

#### DROP-IN BUILDING BETTER BONES

Taught by Gita Pancholy, Thursdays, 11 a.m. to 12 p.m. The cost is \$4. Regular attendants may store small weights at the Village Center. The class will not meet on May 9.

#### **DROP-IN OPEN ART STUDIO**

Artists and aspiring artists are invited to bring their art and art supplies and join other artists at our open arts studio on Fridays, 1 to 4 p.m. No storage space is available, the

room is filled with light.

#### **DROP-IN TAI CHI**

Student-led sessions meet Fridays, 9:15 to 10:15 a.m. Includes stretching, tai chi warm-up exercises, tai chi (24 Yang-style), self-massage, and ends with qigong exercises. Cost is \$5.

#### FRIDAY FIBER FRIENDS

Knitters, crocheters, and other fiber enthusiasts meet on Fridays, from 1 to 2:30 p.m. Call Joan Lewis at 301-452-4466 for details.

#### **GREAT BOOKS GROUP**

Meets Mondays at 10 a.m. Call Judith Abrahams at 301-215-6950 or Jean McNelis at 301-656-6695 for details.

#### **MONDAY MAH JONGG**

Village residents are invited to play Mah Jongg on Mondays, from 12:30 to 2:30 p.m. Space is limited. To sign up, go to www.friendshipheightsmd.gov, and click on Sign Up for Programs.

#### **TEA**

Village residents and guests enjoy refreshments and conversation, Tuesdays, 3 to 4 p.m.

#### VILLAGE BOOK CLUB

The book club meets one Tuesday a month via Zoom. Contact Sheila Manes at manessheila@gmail.com.

#### WALKING CLUB

The club takes a two-mile walk in Chevy Chase Village, every day, at 8:15 a.m. Meets Village Center entrance. Call Eniko Basa at 301-657-4759.

#### **Save the Date**

Sunday, July 21: Trip to the
Contemporary American
Theater Festival in
Shepherdstown, W Va.
Plays include "Enough to Let
the Light In" and
"The Happiest Man on Earth"
Look for details in the June
Village News

### **CONCERTS**

Free concerts are held every Wednesday from 7 to 8 p.m, in Huntley Hall in the Village Center. Please silence all electronic devices and put away reading material prior to entering the auditorium. If you are arriving late or leaving early, please wait for a pause in the performance.



Wednesday, May 1—Hui O Ka Pua 'Ilima—Under the direction of Carol Takafuji, the Hawai'i State Society"Ukulele Hui with the Hui O Ka Pua 'Ilima" dancers have been collaboratively performing for the last 20 years in the greater D.C. area, at many multicultural events, schools, libraries, museums, and retirement homes. They spread the aloha spirit to all their audiences in presenting traditional and contemporary song and dance of Hawai'i.

Wednesday, May 8—Kharazian Duo—Violinist Christine Kharazian and pianist Andrew Kraus present and evening of classical, traditional and jazz music. Kharazian, a concert violinist from Armenia, has been performing in the D.C. area since arriving here in 1999. Diversity of the music scene led her to go beyond classical training to become a versatile performer of many styles from Gypsy Jazz to Brazilian Choro. Kharazian performs often with various ensembles, including Orchester Praževica, and is the featured violinist of Swansong. She teaches at the Duke Ellington School of the Arts and Sidwell Friends and is a teaching artist with Washington Performing Arts. Kraus has performed as a soloist and collaborator across the United States, Europe, and Asia to glowing reviews.

Wednesday, May 15—Li-Ly Chang—Chang is a pianist, composer, teacher, and chamber musician. She has received many grants and awards including MD State Arts Council, Jordan Kitts Music Teacher's Enrichment grant, MD State Music Teachers Association and Montgomery County Music Teachers Association grants. Her performances include the Dame Myra Hess Series, Carnegie Hall, The Kennedy Center, Roosevelt Hall, Shriver Hall, Strathmore, Savannah on Stage Festival, Levine School, and New England Conservatory.

Wednesday, May 22—Tango Reo—This D.C. area- based Tango group that has been delighting audiences throughout the region for the past several years. Claudia Gargiulo provides mesmerizing vocals. Susan Jones adds emotional intensity on the violin. Charles Kelly gives the flavor of Tango music with his bandoneon. Victor Medina, our maestro, holds it together on piano, and Rita Eisenberg provides the backbone of the music with her bass.

Wednesday, May 29—Zachary Smith and the Mardi Gras Kings—Zachary Smith has been performing on the East Coast for more than 30 years. His group, Zachary Smith & the Mardi Gras Kings (formerly known as the "Dixie Power Trio") brings a unique blend of zydeco, Cajun, New Orleans jazz and funk to every show.







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### **MOVIES**

All movies begin at 7 p.m. Movies that run longer than 130 minutes will begin at 6:45 p.m. as indicated. Please note that PG-13 and R-rated movies may contain sexual situations, violence and/or offensive language. Enjoy fresh popcorn during the movies.

Thursday, May 2, 7 p.m. *May*—*December*—Several decades after their scandalous affair and subsequent marriage, a couple's life is upended when an actress arrives to research their story for a new film. Oscar-nominated and loosely based on true events, the drama stars Natalie Portman, Julianne Moore and Charles Melton. **Rated R. Running time: 1 hour, 57 minutes.** 

Thursday, May 9—NO MOVIE—Art Reception from 6:30 to 8 p.m.

Thursday, May 16, 7 p.m. — Minari— The multiple award-winning Minari tells the story of a Korean—American family, in search of the American Dream, literally putting down roots in a small Arkansas farm. Told from the perspective of the young son, and inspired by director Lee Isaac Chung's own life, the drama is heartwarming, spare and moving. Starring Steven Yeun and Youn Yuh-jung. Rated PG-13. Running Time: 1 hour, 55 minutes.

## Unique Chinese porcelain on display at the Center

In celebration of Asian-American/Pacific Islander Month, the Village Center is featuring the work of Chinese ceramacist Chen Pengfei.

Fired in dragon kilns at high temperatures, Yue Ware achieved its celadon hues through an ash glaze composed of wood ash, clay, and possibly limestone. Its influence extended far beyond China, reaching regions as distant as the Middle East and East Africa, with shards even discovered in Iraq.

Today, Yue ware stands as a testament to ancient pottery techniques, serving as a bridge connecting cultures through its exquisite beauty and historical significance.

The artist, Chen Pengfei, was born in 1963 in Zhejiang, China. He holds a university degree and has been engaged in ceramic research and production for more than 40 years. He currently serves as a Chinese master of ceramic arts and crafts, a representative inheritor of the intangible cultural heritage "Yue Kiln Celadon Firing Techniques" in Zhejiang Province, a National First-Class Senior Technician, Deputy Director of the China Ancient Ceramics Professional Committee, and Visiting Scholar and Distinguished Researcher at the Art Center of the Asian Cultural Institute in the United States.

**Thursday, May 23, 7 p.m.** —*The Dig*—Based on a true story, this period drama takes place a year before World War II. A British woman hires a self-made archaeologist to uncover a mystery buried on her estate. Starring Carey Mulligan, Ralph Fiennes and Lily James. **Rated PG-13. Running Time: 1 hour, 52 minutes.** 

Thursday, May 30, 7 p.m. —The Old Guard—This multiple award—winning superhero movie hosts "brilliantly choreographed" scenes and a rich storyline. Starring Charlize Theron as one of four immortal mercenaries who have protected humanity for all time, but are now threatened by a newcomer. Rated R. Running Time: 2 hours, 5 minutes.





## Workshop uses the power of the sun to create amazing artwork

Join a fascinating workshop on cyanotype, taught by Alicia Hierra, on Saturday, June 22, from 10 a.m. to 12:30 p.m., at the Village Center.

Cyanotype, discovered in 1842 by Sir John Herschel and made famous by artist Robert Rauschenberg, is a fun and easy creative process using a minimum of materials and sunlight.

The cost of the workshop is \$30, and includes all materials. Minimum of 3; maximum of 8 students. It is suitable for those ages 13 and up. Wear old clothes. Rain date is Sunday, June 23.

Residents may sign up immediately; nonresidents may sign up beginning May 13.

To sign up, go to www.friendshipheightsmd.gov, and click on Sign Up for Programs.

Note from the reading room:
We appreciate donations,
but please do not bring textbooks or books that are older
than 10 years. Books should be popular fiction.

### Friendship Gallery features fiber art quilts and embroideries



This month, the Friendship Gallery will host colorful fiber art quilts and embroideries for the wall and constructions by the Fiber Friends, seven local professional artists.

The members are Elizabeth Davison, Barbara Eisenstein, Melinda Lowy, Donna Radner, Sandra Smith, Linda Syverson-Guild, and Dianne Miller Wolman. This group is not connected with the Friday Fiber Friends which meets at the Village Center.)

### Sunday Art Workshop: Quilting Design with Fused Fabric

Donna Radner and Sandra Smith, two artists from the May Fiber Friends Show, will lead a workshop on Sunday, May 19 from 11 a.m. to 1:30 p.m.

Students will create one or two quilt compositions, about 11 inches x14 inches, using fabrics adhered with Wonder Under, a fusible material that sticks when ironed.. Each student will receive canvasses of batting and backing fabric along with a selection of fused fabrics. They will cut the fabrics as desired for their compositions, arrange them on the batting, and then iron the fabrics in place. Everyone will get a handout that summarizes topics from the session and includes resources for finishing techniques.

The goal for the workshop is to have fun with fabric. A minimum of six students is required. The class is limited to eight adult students. The cost is \$55 for residents; \$60 for nonresidents. The deadline to register is May 13 at 5 p.m. No quilting/sewing skills or machines required. Students may want to bring tablets or paper and pens to take notes and Sharpies to mark shapes on the fabrics before cutting them. Instructors will provide all other supplies. To register for the class, go to www.friefriendshipheightsmd.gov, click on Sign Up for Programs on the home page.

The artwork incorporates representational, traditional, abstract, and imaginative designs using hand and machine sewing techniques and including various fabrics, unusual objects, surface design methods, photography, and digital effects.

The exhibit runs May 6 through June 1. **Meet the artists at a reception on Thursday May 9, from 6:30 to 8 p.m.** There will also be an artist-led tour on Thursday, May 16 from 2 to 3 p.m.

The Village Center is open Monday through Thursday, 9 a.m. to 9 p.m., Friday 9 a.m. to 5 p.m., and Saturday and Sunday, 9 a.m. to 2 p.m.

Art in the auditorium is occasionally not available for viewing because of activities in that room. Please check with the front desk upon arrival. All sales are final.

## Calling all artists for a plein air event in the Village

The Village of Friendship Heights has numerous beautiful vistas to inspire artists. Local artists are invited to take part in a plein air (open air) event, sponsored by the Village Center, on Saturday, June 22, from 9 a.m. to 1:30



p.m. There will be artists with their easels and palettes painting all the great aspects of the neighborhood. In the parks, outside the restaurants, at the Farmers Market and maybe even outside the red house on North Park Ave, you will find an artist. Do not disturb. They only have five hours to get everything complete. At two o'clock they have to return to the visitors center to hand in their paintings. The paintings will be part of the Open Studio exhibition and art sale in July / August at the Village Center. Prizes will be awarded to the top three paintings.

To sign up, go to www.friendshipheightsmd.gov and click Sign Up for Programs.

There is no application fee, but registration is required and artists must check in at the Village Center by 9 a.m.

# TO YOUR HEALTH

### Peripheral artery disease: Assessing your risk

Suburban Hospital will offer an online lecture on peripheral artery disease (PAD) on Wednesday, May 8, at 1 p.m., via Zoom. (PAD) is a narrowing of the arteries outside of the heart and the brain.



Joseph White, M.D., a vascular and endovascular surgeon at Suburban Hospital, will discuss the risk factors associated with peripheral vascular disease along with the treatment options.

This talk is offered by Suburban Hospital in partnership with the Friendship Heights Village Center. To sign up, go to www.friendshipheightsmd.gov, click on Sign Up The Low Vision Support Group

at least 48 hours prior to the lecture.

for Programs. Those who need assistance with the online

sign-up process may call the Village Center at 301-656-2797

## offers info on audio description

Boost what you see through audio description. Audio description of the action, actors and scenery does not override the dialogue, yet it enhances the audience's understanding of what is happening when it is hard to see.

Join the Prevention of Blindness Society Low Vision Support Group on Thursday, May 23, at noon, at the Village **Center.** Learn about the many movies, TV shows, and live theater, that have audio description that you can listen to during the show.

To sign up, go to www.friendshipheightsmd.gov, click on Sign Up for Programs on the home page. If you need help with the online sign-up process, please call the Village Center at 301-656-2797.

To access a recording of the monthly programs, call the Village Center at 301-656-2797. If calling after hours, dial 301-656-2797 and press 11.

### GetWell Rehabilitation, LLC

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### Physical Therapy Office & Ideal Protein Weight Loss Clinic

Friendship Heights Village at the Elizabeth Arcade

- ONLY PRIVATE 1:1 SESSIONS with licensed PT
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- Orthopedic injuries, neurological disorders, chronic disease
- Focus on hands-on care

### **Friendship Heights** 4601 N Park Ave., #10C Chevy Chase, MD 20815

Free Garage Parking Elizabeth Arcade

#### **COVID-19 UPDATE**

GetWell Rehabilitation is using proper PPE & disinfectants. All sessions are 1:1 with private treatment rooms. Please call for more info.

phone 301-654-9355 | info@getwell-rehab.com www.getwell-rehab.com **f** find us on facebook

### Sample some fitness classes during free demos on May 4

Come to our Free Class Demo on Saturday, May 4, from 10:30 a.m. to 1:30 p.m., to check out some of our upcoming exercise and wellness offerings.

Our teachers specialize in a variety of fitness and wellness classes and will be on hand for free 30-minute demonstrations. The schedule is:

> 10:30 a.m. Dawn Maynard (Pilates) 11:15 a.m. Chad Ashley (Balance) 1 p.m. Nick Gracenin (Tai Chi)

The event is free. To sign up, go to www.friendshipheightsmd.gov, click on Sign Up for Programs. If you need help with the online sign-up process, please call the Village Center at 301-656-2797.

### Sam's Neighborhood Listings



The Willoughby, Apt 1506S Large 1BR (Nearly 900 Sq Ft) Nicely Updated w/ Open Kitchen Southern Exposure / Assigned Parking

**COMPASS** 



Investor Special!
The Willoughby, Apt 2321N
Efficiency (456 Sq Ft)
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The Kenwood, Apt 709 Large 1BR (Over 1000 Sq Ft) Nicely Renovated Kitchen & Bath Balcony / Assigned Parking



Sam Solovey



Vice President, Compass Sam Solovey Group of Compass

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Friendship Heights Village Center 4433 South Park Avenue Chevy Chase, Maryland 20815



#### Visit our website:

www.friendshipheightsmd.gov

**Email:** info@friendshipheightsmd.gov

Phone: 301-656-2797

Follow us on social media:

www.facebook.com/VillageOfFriendshipHeights www.instagram.com/Village\_of\_friendship\_heights

X (Twitter): @fhv1914

YouTube: @villageoffriendshipheights

May 2024 events calendar