

VILLAGE NEWS

FEBRUARY 2024

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301-656-2797



Philadelphia Flower Show, see page 4.

Warm up at our WinterFest celebration

Gather with neighbors and friends for a morning of music and food designed to take the chill out of the cold winter months.

Chase away the winter cold on Saturday, Feb. 3, from 10:30 a.m. to 12 p.m., for a breakfast of freshly cooked pancakes and turkey bacon by the Omelette Man. Top it off with hot coffee, chai tea and hot chocolate. Enjoy performances by the Ballet Theatre of Maryland and harpist Kristen Jepperson.

Back to celebrate WinterFest, last year's audience favorite, costumed dancers from the Ballet Theatre of Maryland will grace us with true



esprit de corps during their 30-minute performance. Now in its 45th year, Ballet Theatre of Maryland infuses its goals of artistry and skill into the magic we will enjoy as we watch the classical dance.

Jepperson is the resident harpist for the historic Willard Intercontinental Hotel in Washington, D.C. She is a graduate of the California Institute of the Arts with a bachelor's of fine arts degree in harp performance. She has played with such musical greats as Ray Charles, Tony Bennett, Victor Borge and Shirley Jones.

The celebration will take place at the Village Center, with space to gather indoors as well as outdoors. Those who want to escape the cold can join the festivities in the auditorium. Heartier souls may want to embrace the cooler temps by gathering near heaters we'll set up under the portico. Hope to see you there!

Local artist examines the life of the iconic photographer Gordon Parks

Explore the life and works of ground-breaking photographer and filmmaker Gordon Parks with a special Black History Month presentation on **Thursday**, **Feb. 29**, **at 2 p.m.** at the Village Center. Parks was an American photographer, composer, author, poet, and film director, who became nationally recognized for his documentary photojournalism in the 1940s through 1970s focusing on



issues of civil rights, poverty and African Americans—and in glamour. This presentation by artist - photographer Akeel Ali will briefly highlight and touch on some of Gordon's life experiences, prominent works and his fight against racial inequality.

The event is free. To reserve a seat, go to www.friendshipheightsmd.gov., click on What's New and scroll down to Sign Up for Programs.

Let your heart sing at our Tuesday tea

Celebrate Valentine's Day with old friends and new acquaintances during a special tea featuring music and seasonal treats at the Village Center on Tuesday, Feb. 13, at 2 p.m.

Chanteuse Barbara Papendorp and pianist/vocalist Amy Conley present "My Funny Valentine," a cabaret-style program featuring music by Gershwin and other composers. Tea will follow the performance. The event is free, but please register via our website at www.friendshipheightsmd.gov., go to What's New and scroll down to activities and sign up through ActiveNet.

For more information, call the Village Center at 301-656-2797.

How to cope when winter brings the blues

The Winter Blues – making it through to spring

If dark skies and chilly temps are giving you the blues, join us on Thursday, Feb. 22, at 2 p.m, at the Village Center for an afternoon talk by Julie Potter, author of "Harnessing the Power of Grief."

Potter will talk about the low moods of winter, danger signs to watch for, and ways that you can gracefully make it through to spring. It has been two years since Julie last spoke on this subject. The world is now a different place. Facing the reality of a constantly changing world can cause worry and sadness. Managing our moods is important. Learn how the winter blues manifest in individuals and in the general population - sadness, depression, fear, anger, and grief – and what you can do to maximize your happiness, what we all can do.

The event is free, but reservations are required. To reserve a space, sign up by going to our website www. friendshipheightsmd.gov, click on Sign Up for Programs on the home page. Remember, if you are having trouble signing up on line, our friendly front desk staff is more than happy to guide you through the sign up process. Just call the Village Center at 301-656-2797. We cannot guarantee seats to walk-ins.



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Mid-winter meet-up gives millennials a chance to mingle

Village millennials are invited to the Village Center on Thursday, Feb. 8, from 7 to 8:30 p.m., for a chance to meet and mingle over a selection of drinks and snacks inspired by the Chinese New Year.

Whether you've just moved in or are a long-time resident, this is a



great opportunity to get to know other residents who are between 22 and 40 years old. The Village Center is eager to hear ideas for bringing together millennials for fun and engaging activities.

The event is free, but please register via our website at www.friendshipheightsmd.gov., go to What's New and scroll down Sign up for Programs.

For information, call the Village Center at 301-656-2797.



www.friendshipheightsmd.gov Email: info@friendshipheightsmd.gov

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space in the March issue is February 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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Village Council Update

Village Council vacancy

The Village Council unanimously agreed at its December 11 meeting to fill the vacant Council seat and announced it is seeking applications from residents. Once the deadline passed on January 8, the Council interviewed all five candidates who submitted applications. The Council will vote on the nominee to fill the seat at the February 12 Council meeting, then the nomination will be forwarded to the County Council for final approval. The new Council member will then need to be sworn in by the County Clerk of the Circuit Court and can be seated for the March 11 Council meeting.

Council exploring options for smaller shuttle bus

Per the Council's request, the Village Managers have been collecting ridership data for the Village shuttle bus over the last eight months. Based on the data collected, the Council discussed at its last meeting on January 8 the possibility of replacing the current buses with smaller buses before the contract with the current company, RMA, expires in June 2025. The Council authorized the Manager to draft a request for proposals for the Council's consideration and approval at its next meeting on February 12. It is anticipated that proposals will be presented for Council discussion and vote at the April 8 Council meeting.

Update on Friendship Heights Urban Design Study

At the January 8 Council meeting, Atara Margolies, Planner with the Montgomery County Planning Department, presented the county's preliminary results and findings for the Friendship Heights Urban Design Study. The presentation also included a summary of the study's engagement with the Friendship Heights community. A copy of the presentation can be found on the Village website under the What's New? page, Community Notices box (https://friendshipheightsmd.gov/wp-content/uploads/2024/01/FHUDS-PrelimFindings-01-08-24-community.pdf).

Public Safety Committee proposes plans for Village safety improvements

Following discussions and a recommendation from the Council Public Safety Committee, the Council instructed the Village Manager at its January 8 meeting to begin the process of issuing a request for proposals for the following safety improvements in the Village: (1) Installing three rubber speed humps (two on North Park Avenue between Shoemaker Farm Lane and Willard Avenue, and one on South Park Avenue between



Friendship Boulevard and The Hills Plaza); and (2) Painting a total of 16 white reflective stop bars at Village crosswalks. The Village Manager has received bids and they will be presented at the Council's next meeting on February 12. The rubber speed humps will be similar to the existing one at the intersection of The Hills Plaza and South Park Avenue (as shown in the photo above), but they will cross the full width of the street at the three new locations. Once a contract is awarded, the work is scheduled to take place this spring.

2024 schedule for Village shredding service

The next shredding event will be held on Saturday, May 18, 2024, from 10 a.m. to 12 p.m. The Village provides free shredding service to residents four times a year—rain or shine! The other scheduled dates in 2024 are on Saturday, August 24, and Saturday, November 23. These dates are also posted on our website. A truck from Shred-it parks on Friendship Boulevard adjacent to the Village Center. Village residents are invited to bring your materials for shredding.

New Giant grocery store opening at Westbard shopping center

As this goes to press, the new Giant grocery store is slated to open on January 26 at the Westbard Shopping Center, right next to the old Giant. The Village shuttle bus will stop at the new Giant on the same schedule as before (Wednesdays, Saturdays, Sundays).

Other actions taken at the Jan. 8 Council meeting:

- Approved extension of agreement with broker from Compass for Village-owned Red House property at 4608 North Park Avenue.
- Approved additional nominees for the Ad Hoc Committee on Climate Change and Environment; designated Council member Martha Solt as the Council liaison to the committee.
- Approved Public Information Act Policy.
- Approved draft request for proposals for parking enforcement/security services.
- Approved security camera policy.

The next scheduled Village Council meeting will be held on Monday, February 12, 2024, at 7 p.m., and will be open to the public at the Village Center and livestreamed. Please visit our website for additional details.

Be enchanted by this year's Philadelphia Flower Show

Escape the cold and enjoy the splendor of this year's Philadelphia Flower Show as we travel to the City of Brotherly Love for this spectacular event on Wednesday, March 6.

The award-winning Philadelphia Flower Show is a one-of-a-kind event known for its exquisite and immersive floral exhibits, world-class plant competitions, family-friendly activities, educational offerings, and shopping.

This year's theme, "United by Flowers," celebrates the unique and colorful community born out of our shared love and appreciation of gardening. A trip with the Village Center offers a chance to relax aboard a comfortable motorcoach. No need to worry about driving, paying tolls or securing tickets to the show.

We'll depart from the Center at 7:30 a.m. and should arrive at the Pennsylvania Convention Center mid-morning. You'll have time to visit exhibits, attend demonstrations, purchase flowers and garden equipment and enjoy lunch, on your own, at one of the concessions in the convention center or at the Reading Terminal Market, across the street from the Philadelphia Convention Center. We should return to the Vil-



lage Center by 7:30 p.m.

The cost of the trip is \$149 for residents and \$155 for nonresidents. Sign up at the Village Center only. For more information, call the Village Center at 301-656-2797.

Witness a thrilling Tai Chi demonstration to celebrate the Chinese New Year

Tai Chi Master Nick Gracenin and DC Tai Chi will perform a fascinating martial arts program in celebration of the Chinese New Year on **Wednesday, Feb. 21, from 7 to 8** p.m., at the Village Center.

Tai Chi is familiar as a form of exercise and moving meditation, but Gracenin explores the depth of this tradition, with performances with solo and partner routines, sword and spear performances and a rousing group exhibition of the Taiji Gongfu Fan.

To reserve a seat, go to our website at wwww.friendshipheightsmd.gov., go to What's New, then scroll down to Sign Up for Programs.







Online signups made easy and convenient

Registration for programs is now online for your convenience. Sign up by going to our website at www. friendshipheightsmd.gov, click on Sign Up for Programs on the home page.

Those who need assistance with creating an online account may call the Village Center at 301-656-2797.

Get moving with Saturday Latin dance classes

Bachata classes begin in Febuary; and Salsa in March

Learn the basic moves of the Latin dance during three-week classes taught by LindaRose Piccolo, on Saturdays, from 11 a.m. to 12 p.m., this winter and spring at the Village Center. Students will develop foundations in musical timing, rhythm, body movement and lead-follow connections. No experience or partner needed.

The Bachata runs Saturdays, Feb. 10 to Feb. 24, and Salsa runs March 23 to April 6.

The cost per threeweek session is \$50 for residents and \$55 for nonresidents.

Registration is required. To reserve a space, sign up by going to our website www. friendshipheightsmd. gov, click on Sign Up for Programs on the home page.



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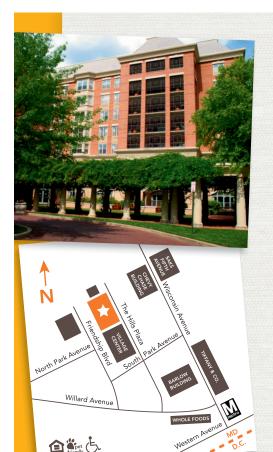
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COVID-19 UPDATE

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CLASSES AND CLUBS

To register, please go to our website www.friendshipheightsmd.gov and sign up through ActiveNet at least 48 hours before the start of the session. A class may be canceled if the minimum number of students is not met. Participants must pay for the full series. No refunds after the class begins. All participants in fitness classes, as well as Drop-in Tai Chi and sample classes, are required to sign a liability waiver with Covid protocol. In the event a class is canceled, a make-up class will be held following the last class of the session.

ART AND LANGUAGES

ALL IN THE EYES

A 6-week class, taught by Marianne Winter, Thursdays, 1 to 3 p.m., March 7 through April 11. Using photographs and beginning with the eyes, the class will hone the skills of those who want to draw faces. Bring a pad and pencil or pastel to the first class; some previous experience in drawing is necessary. \$95 for residents; \$105 for nonresidents.

ENGLISH CONVERSATION (Free)

Mallory Starr leads a conversational English roundtable for adults on Tuesdays, 5 to 6 p.m. This class is free to Village residents. Nonresidents pay \$5. A minimum of 2; maximum of 12.

BEGINNING SPANISH

Elena Marra Lopez, a Village resident and longtime Spanish teacher, conducts a beginning Spanish class, with an emphasis on grammar and vocabulary. Tuesdays, Feb. 6 to March 12, 4 to 5:30 p.m. \$225. Minimum of four participants; maximum of eight.

SPANISH CONVERSATION

Elena Marra Lopez, a Village resident and longtime Spanish teacher, conducts a Spanish conversation group on Thursdays, Feb. 8 to March 14, 4 to 5:30 p.m. \$15. Minimum of four participants; maximum of eight.

EXERCISE AND DANCE

BALANCE AND STRENGTH

A 6-week class taught by Tonya Walton, Mondays, March 11 to April 15, 11 to 11:50 a.m. This class will improve the communication between your brain and your muscles. It will consist of routines to strengthen your core, enhance overall mobility, balance and coordination. All exercises are performed while standing or sitting. The cost is \$94 for residents; \$99 for nonresidents.

BALANCE BASICS

A 4-week class, Wednesdays, 11 to 11:45 a.m., Feb. 14 through March 6, taught by Cheryl Clark. This class teaches strategies for basic balance and aid in developing fall prevention techniques and improving your ability to perform daily activities safely. The class will help to build confidence while maintaining balance and strengthening key muscle groups. The cost is \$54 for residents; \$58 for nonresidents.

GENTLE YOGA WITH ROBIN (SUNDAYS)

A 6-week Hatha Yoga class for beginning and continuing students,



taught by Robin Dinerman, host of TV's "Cherryblossom Yoga." Sundays, Feb. 25 through March 31, 9:10 to 10:30 a.m. This class is especially good for seniors, with particular attention to countering the effects of aging. The cost is \$99 for residents; \$109 for nonresidents.

CHAIR YOGA WITH LOUISA

Louisa Klein teaches a 6-week session, Thursdays, 10:30 a.m. to noon, Feb 22 through March 28. Class will not meet Feb. 8. Students are seated in chairs or use chairs for support. Learn how to incorporate chair yoga practices into your life for enhanced mind/body awareness. This class includes techniques to safely stretch, strengthen and balance your body and mind. Chair Yoga is non-competitive, accessible and fun. Klein, a member of the International Yoga Teachers Association, has taught for more than 40 years. \$83 for residents; \$90 for nonresidents.

BACHATA NEW!

A 3-week class, Saturdays, Feb. 10 to Feb. 24, 11 a.m. to 12 p.m., taught by LindaRose Piccolo. Learn basic steps of this Latin dance. No experience necessary; no partner necessary. The cost is \$50 for residents; \$55 for nonresidents.

BEGINNING PILATES (FRIDAYS)

A 6-week class, Fridays, 12 to 1 p.m., Feb. 9 to March 15, taught by Dawn Maynard. Beginner Pilates is for anyone who needs strength and flexibility in the spine and joints, especially shoulders, hips, knees and ankles. Movement modifications will be provided for those who can't put weight on knees or hands. Learn how posture affects the way we sit, stand and walk. No equipment needed except a towel and water. The cost is \$150 for residents; \$160 for nonresidents. Students may bring mat and Pilates props.

PILATES FOR EVERYONE (TUESDAYS)

A 6-week class, Tuesdays, 6 to 7 p.m., Feb. 6 to March 12, taught by Dawn Maynard. The cost is \$150 for residents; \$160 for nonresidents.



Students may bring a towel, mat and any Pilates props.

PILATES FOR EVERYONE (SATURDAY MORNINGS)

A 6-week class, Saturdays, 9 to 10 a.m., Feb. 10 to March 16, taught by Dawn Maynard. The cost is \$150 for residents; \$160 for nonresidents. Students may bring a towel, mat and Pilates props.

STRENGTH AND CORE (EVENINGS)

A 6-week class, taught by Chad Ashley, Tuesdays, 5:30 to 6 p.m., Feb 6 to March 12. The cost is \$59 for residents; \$69 for nonresidents.

STRENGTH AND CORE (FRIDAYS)

A 6-week class, taught by Chad Ashley, Fridays, 11:30 a.m. to noon, Feb. 9 to March 15. The cost is \$59 for residents; \$69 for nonresidents.

QIGONG AND TAI CHI (MONDAYS)

A 6-week session, Mondays, 9:30 to 10:15 a.m., Feb. 5 through March 11. Taught by Master Nick



Gracenin. Study the essentials of traditional Tai Chi and Qigong, and improve balance, circulation, strength and relaxation. Beginners welcome; \$90 for residents; \$95 for nonresidents.

QIGONG AND TAI CHI (EVENINGS)

A 6-week session, Tuesdays, 7:15 to 8 p.m., Feb. 20 through March 26. Taught by Master Nick Gracenin. Study the essentials of traditional Tai Chi and Qigong, and improve balance, circulation, strength and relaxation. Beginners welcome; \$90 for residents; \$95 for nonresidents.

TAI CHI FORMS AND TRADITIONAL ROUTINES (MONDAYS)

A 6-week session, Mondays, 10:15 to 10:45 a.m., Feb. 5 through March 11. Taught by Nick Gracenin, this class presents taolu (formal patterns) of traditional Taijiquan. Students can try the more complex combined 42 Forms Tai Chi Fan. \$70 for residents; \$80 for nonresidents.

ONGOING GROUPS

BLOOD PRESSURE SCREENING/ SUBURBAN NURSE

A Suburban Hospital nurse offers free blood pressure screenings, Tuesdays, 12 to 4 p.m. Nurse consultations, Tuesdays, 2 to 4 p.m.

CANASTA

An informal group plays canasta on Wednesdays, 2 to 4 p.m. Call 301-656-2797 to register.

CHESS

An informal group plays chess on Wednesdays, 12:30 to 3 p.m.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets Fridays, 10:30 a.m. to 12 p.m.

DROP-IN BUILDING BETTER BONES

Taught by Gita Pancholy, Thursdays, 11 a.m. to 12 p.m. The cost is \$4. Participants who attend regularly may store small weights at the Village Center.

DROP-IN OPEN ART STUDIO

Artists and aspiring artists are invited to bring their art and art supplies and join and support other artists at our open arts studio at the Village Center on Fridays, from 1 to 4 p.m. No storage space is available, the room is filled with light.

DROP-IN TAI CHI

Student-led sessions meet Fridays, 9:15 to 10:15 a.m., includes stretching, Tai Chi warm-up exercises, Tai Chi (24 Yang-style), self-massage, and ends with Qigong exercises. The cost is \$5.

FRIDAY FIBER FRIENDS

Knitters, crocheters, weavers, and other fiber enthusiasts meet on Fridays, from 1 to 2:30 p.m. Call Joan Lewis at 301-452-4466 for details.

GREAT BOOKS GROUP

Meets Mondays at 10 a.m. Call Judith Abrahams at 301-215-6950 or Jean McNelis at 301-656-6695 for details.

TEA

Village residents and guests may enjoy refreshments and conversation, Tuesdays, 3 to 4 p.m.

VILLAGE BOOK CLUB

The book club meets one Tuesday a month via Zoom. Contact Sheila Manes at manessheila@gmail.com.

VILLAGE STORYTIME

Village toddlers and preschoolers, their family and friends are invited to listen to stories and do an activity on the second Tuesday of the month from 10 to 11 a.m.

WALKING CLUB

The club takes a two-mile walk in Chevy Chase Village, every day, at 8:15 a.m. Meets in front of the Village Center. Call Eniko Basa at 301-657-4759.

Village Storytime celebrates the Chinese New Year

Parents, bring your toddlers to the Village Center on Tuesday, Feb. 20, at 10 a.m., for a special storytime dedicated the Chinese New Year. Our storytime volunteer will read the books, "Peppa's Chinese New Year" by Cala Spinner and Mandy Archer, "Bringing in the New Year" by Grace Lin, and "Lunar New Year" by Hannah Eliot and Alina Chau. Children can also participate in a related activity. To reserve a space, go to our website at www. friendshipheightsmd.gov, go to What's New, scroll to Activities, and sign up through ActiveNet. Children must be accompanied by a parent or caregiver.

The Village Book Club will meet on **Tuesday**, **Feb. 20**, **at 11:30** a.m., via **Zoom**.

The book selection is "Trust" by Hernan Diaz. The March book will be "Small Things Like These" by Claire Keegan.

Free concerts are held every second, fourth and, if applicable, the fifth Wednesday of the month during January, February and March, from 7 to 8 p.m, in Huntley Hall in the Village Center. Please silence all electronic devices and put away reading materials prior to entering the auditorium. If you are arriving late, please wait for a pause in the performance before entering.

Wednesday, Feb. 14—Kenny Rittenhouse Trio—

Fill your heart with the joyful sound of jazz, bop and swing during this special Valentine's Day performance by extraordinary trumpeter Kenny Rittenhouse. He'll be accompanied by guitarist Jackson Dunkin and bassist John Wood. Former member of the Army's premier band, Pershing's Own, trumpeter Kenny Rittenhouse brings decades of experience playing in some of the nation's top clubs with some of the nation's top performers. As a member of the Army Blues, he performed alongside Ernie Andrews, Lou Rawls, Doc Severinsen and Arturo Sandoval. As a member of the Smithsonian Jazz Masterworks Orchestra, he has toured nationally and internationally with jazz flutist Hubert Laws and vocalist Kurt Elling. He has also shared the stage with jazz legends Jimmy Heath, Ahmad Jamal, and Freddy Cole.

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Wednesday, Feb. 28—"Joyful Song, A Tribute to Rosemary Clooney"—Jazz/Pop vocalist Janet Paulsen is joined by Anthony Pocetti on keys and Shawn Simon on upright bass for "Joyful Song, A Tribute To Rosemary Clooney." The program celebrates Rosemary's glorious voice and her love of the Great American Songbook. The set list features songs that reflect Clooney's life and love of music, including "Tenderly," the opening number on Clooney's 1950's television show, "Mambo Italiano" and sultry love ballads. A highlight is a medley of songs from her classic film, "White Christmas." After hearing her sing, Irving Berlin wrote the song "Love: You Didn't Do Right By Me,"specifically for Clooney. This song is a favorite of Paulsen's, who will be wearing a stunning copy of the iconic dress Clooney wore in the film. Paulsen lives in the Baltimore area and headlines all over the East Coast, either leading her own ensembles or performing with The Hotel Paradise Orchestra.

The light that shines through the darkness

Program commemorates Black History Month

Enjoy jazz and art song favorites during a special afternoon performance on Monday, Feb. 26, at 2 p.m., at the Village Center. Singer Kathy Hankins joins pianist Tony Nalker to bring you an engaging program of joy and sorrow. This powerful program includes music from several genres with an emphasis on Gospel music to celebrate Black History Month. Be ready to wiggle in your seat, hum along, and feel the passion and joy expressed by African Americans who survived the darkest of times through soulful expression.

Hankins' repertoire ranges from classical to jazz with cabaret and theater music included along with Gospel. She has performed with Opera Theatre of Northern Virginia, Adventure Theatre, and several Kennedy Center productions. Nalker was the pianist for the Army Band's premiere Jazz ensemble, the Army Blues. He now performs with the Smithsonian Jazz Masterworks Orchestra and is a regular with the National Symphony for their pops and holiday concerts, including the widely televised Memorial Day and July 4 celebrations. Pre-registration is required. Sign up through ActiveNet on our website, www.friendshipheightsmd.gov.

All movies begin at 7 p.m. Movies that run longer than 130 minutes will begin at 6:45 p.m. as noted. Please note that PG-13 and R-rated movies may contain sexual situations, violence and/or offensive language. Enjoy fresh popcorn during the movies.

Thursday, Feb. 1, 7 p.m.—Code 8—In this alternate 1990s reality crime thriller, some humans possess various super powers. Once cherished, they are now spurned. A construction worker with electrical capabilities needs money to help secure an operation for his ailing mother, and the only way he sees to get any is by joining a criminal element, against his better judgment. This gritty Canadian independent sci-fi movie was produced by and starring cousins Robbie Amell ("Upload") and Stephen Amell ("Arrow").Unrated, for mature audiences. Running Time: 1 hour, 38 minutes.

Thursday, Feb. 8, 7 p.m. — Living—Oscar-nominated for his role in this movie, Bill Nighy stars as a mundane 1950s London bureaucrat named Rodney Williams who learns he has a terminal illness and becomes determined to do something that makes a positive difference in the world. Co-starring Aimee Lou



Wood and Alex Sharp. Rated R. Running Time: 1 hour, 42 minutes.

Thursday, Feb. 15, 7 p.m. —Uncorked—A young man's dream to become a master sommelier conflicts with his father's expectations that he join the family barbecue business. Starring Mamoudou Athie, Courtney B. Vance and Niecy Nash. Unrated, for mature audiences. Running Time: 1 hour, 44 minutes.

Thursday, Feb. 22, 7 p.m. —Bank of Dave—Based upon real-life anecdotes of British car salesman Dave Fishwick, this charming comedy-drama tells the story of a self-made millionaire who devises a plan to create a hyper-local bank that would support its townspeople. First he must convince London's financial big-wigs that he can pull this off. Starring Joel Fry, Rory Kinnear, and Phoebe Dynevor. Rated PG-13. Running Time: 1 hour, 47 minutes.

Thursday, Feb. 29, 6:45 p.m. —Anatomy of a Fall—This multiple, award-winning drama tells the story of a blind son who is the sole witness to his father's murder; his mother is the prime suspect. Starring Sandra Hüller, Swann Arlaud, Milo Machado Graner. In French with English subtitles. English is also spoken during the movie. Rated: R. Running Time: 2 hours, 32 minutes.

Celebrate International Women's Month with a community project designed to aid and empower local women

Friendship Heights residents are invited to join a community service project at the Village Center on **Saturday, March 9, from 11 a.m. to 1:30 p.m.**, for a campaign to collect and assemble tote bags filled with personal care items for women residing in the Interfaith Works Women's Shelter and Helping Hands Shelter. The project is a colloboration between the Village of Friendship Heights and Wings for Joy, Inc.

Wings for Joy, Inc. (Wings) is a 502 (c) 3 nonprofit organization founded in 2001 with a mission to empower woman and children for success by providing resources for health, education, and wellness.

To date, Wings has assisted more than 21,000 women and children residing in underserved communities in Montgomery and Prince George's counties in Maryland and in the District of Columbia.

"Personal care items are a necessity, not a luxury," said Wings for Joy, Inc. Executive Director Tracy Du-

Pree Davis. "We look forward to working with the Village of Friendship Heights. Everyone has 'wings', but not everyone believes they can or should 'fly.' Together, we can help women soar to new heights."

To kick off this campaign, the Village Center will collect new, unopened washcloths, toothbrushes, tooth paste, non-aerosol deodorant, hand and body lotion, shower caps, shower gel, bandanas, and individual packets of tissues. Look for the specially marked box in the Village Center lobby starting Wednesday, Feb. 14 and continuing through Wednesday, March 6.

The Village Center is also hosting an after-school service project for students on **Thursday**, **Feb. 22**, **from 4 p.m. to 6 p.m.**, to decorate pillowcases to be included in the tote bags. The Center is an authorized site for Montgomery County Public School Student Service Learning.

Sign up for either event at www.friendshipheightsmd.gov and register on our home page.

Celebrating African American Artists in February



"A Dahomey Warrior" by Antoinette Simmons Hodges

Curated by Llewellyn Berry, African American Art Exhibit presents artworks by African American artists from communities in and around Washington, D.C. area.

The African American Art Exhibit," The Com mon Bond" was initiated by Millie

Shott in 1996 at Strathmore Mansion and has continuned as annual event at Friendship Gallery.

These 22 exhibiting artists draw on the Diaspora for in-

spiration and the foundation of their own family traditions to provide the background for their creative expressions infused with imaginative and political perspectives. Steeped in technique, tradition and cultural pride, this exhibit welcomes all who value the study of diverse cultural heritage in both contemporary and ancestral contexts. Presented by The Kindalew Collective and Friendship Gallery, the exhibit runs Monday, Feb. 5 through Saturday, March 2.

Meet the artists during a reception on Sunday, Feb. 11, from 11:30 a.m. to 1 p.m.

The Village Center is open Monday through Thursday, 9 a.m. to 9 p.m.; Friday, 9 a.m. to 5 p.m.; and Saturday and Sunday, 9 a.m. to 2 p.m.

Art in the auditorium is occasionally not available for viewing because of activities in that room. Please check with the front desk upon arrival. All sales are final.

Center seeks art enthusiasts for installation team

With the hiring of Judy Benderson and Jan Rowland, the Friendship Gallery has a new team of curators. Now we're looking for those who are enthusiastic or just intrigued by art to help us develop a local installation team.

Over the years, Friendship Gallery has had a talented group of artists and art enthusiasts who have assisted in installing various shows.

If you would like to learn the skill of presentation of artwork, while getting more involved with the Village Center, here is your chance. Friendship Gallery is looking to create its own installation team within the Village to hang select shows. The goal of an installation team is to install art carefully so that it speaks a visual language and allows the viewers to connect to the art, be enriched and be entertained.

Volunteers will be expected to assist with hanging a monthly exhibition, which will take two to three hours. Since this would be volunteer work, you would not be expected to assist every month. Instruction will be given.

If you are interested in being part of this team, call 301-656-2797.

Make one-of-a-kind valentines during our collage workshop

Join us on Sunday, Feb. 4, from 11 a.m. to 1 p.m., as Heather Paul, City Line Studio artist, conducts a Sunday collage workshop you're bound to love!

Collage has fun and interesting practical applications. In this session we will decorate wrapping paper, create bookmarks or refashion notecards. With paint and paper, we



will be exploring themes—including upcoming Valentine's Day!

All art supplies and materials will be provided, including plain wrapping paper, blank bookmarks and sample notecards. Participants are welcome to bring their own notecards that can be personalized or "retrofitted" through collage.

The cost is \$55 for residents; \$65 for nonresidents. Sign up at our website at www.friendshpheightsmd.gov, click on Sign Up for Programs on the home page.

TO YOUR HEALTH



Be kind to your heart

We often associate the month of February with hearts because of Valentine's Day. However, there's another reason we should think about hearts in February. February is designated as American Heart Month to advocate cardiovascular health and raise awareness about heart disease.

American Heart Month is a chance to focus our attention on ways to promote and maintain heart health. Dr. Greg Kumkumian, medical director in the cardiac catheterization laboratory at Suburban Hospital, will discuss the signs and symptoms of a heart attack and how you can prevent a heart attack during the Suburban Lecture on **Wednesday**, **Feb. 14**, at 1 p.m., via **Zoom**.

This talk is offered by Suburban Hospital in partnership with the Friendship Heights Village Center. To sign up, go to our website www.friendshipheightsmd.gov, click on Sign Up for Programs on the home page.

Join our Senior Sing-Along

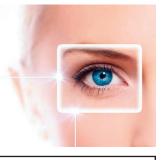
Discover the physical, emotional, and social benefits of singing as veteran musical director, pianist and song leader Deborah Brouse guides a singalong, especially designed



for seniors, on **Tuesday, Feb. 27, from 10 to 11 a.m.**, at the Village Center.

Lyrics will be provided and no talent or musical experience is required, only a desire to sing. The goal is for everyone to have the joy of singing and to leave smiling and humming. Sign up by going to our website, www. friendshipheightsmd.gov.

Low Vision Support Group Thursday, Feb. 22, from noon to 1 p.m. at the Village Center



Hello Neighbor! Thinking about selling your long-time home can be overwhelming. The actual process shouldn't be.

Our team can help you each step of the way, at your own pace—from deciding to sell, to prepping the home, and all the way through closing and moving.

Call today for a free home equity review!





Janis Wilson & Margaret Babbington
240.460.4007

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2023 Year in Review for Village of Friendship Heights:

The Carleton, 4620 North Park, The Elizabeth and The Willoughby

2023 One, Two & Three Bedroom Units:

Closed Transactions: 49 Average Sold Price: \$496,544 Average List Price: \$501,975 Average Days On Market: 32

VS.

2022 One, Two & Three Bedroom Units:

Closed Sales: 64 Average Sold Price: \$491,635 Average List Price: \$499,008 Average Days On Market: 57

Conclusion: Stable market supported by persistent low inventory. Higher rates likely kept market from appreciating further. Call Sam for a personalized valuation of your home.



Sam Solovey

Vice President, Compass Sam Solovey Group of Compass

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Email: info@friendshipheightsmd.gov

Phone: 301-656-2797

Follow us on social media:

www.facebook.com/VillageOfFriendshipHeights www.instagram.com/Village_of_friendship_heights

X (Twitter): @fhv1914

YouTube: @villageoffriendshipheights

February 2024 events calendar