



Friendship Heights

VILLAGE NEWS



Fred Moyer performs, see page 5.

MAY 2023 VOLUME 40, NO. 5 www.friendshipheightsmd.gov 301-656-2797

Murder, the Mafia and a little mozzarella

Solve a mysterious murder during our 1920s dinner party

Ladies, don your favorite flapper dresses and feather boas! Gents, pull those zoot suits, spats and fedoras out of storage! Get spiffed up to join us for a 1920s Murder Mystery dinner party! The Village Center is the place to be to figure out the "Death of a Gangster: A Mafia Marriage Murder Mystery!" On **Friday, June 23, at 6 p.m.**, scoot over for an aperitivo followed by an Italian dinner buffet (choice of vegetarian ziti or chicken parmesan, tossed salad, bread, and a delectable dessert).



Mingle with fellow "suspects" and "detectives" to help solve a deadly whodunnit, and enjoy some laughs

along the way. Suitable for ages 21+, dress up as much as you like. The Murder Mystery Company will make the night a raving success...for all but one shady character.

Residents, sign up now at the Village Center. The cost is \$45 per person until May 29. The price increases to \$55 on May 30. Nonresidents may sign up beginning May 31. The deadline to register is June 16. For more details, call the Village Center at 301-656-2797.

Village Council Election: May 8

The Friendship Heights Village Council election will be held on **Monday, May 8**. All seven seats on the Council are up for election. There are ten candidates for the Council. Residents may vote for no more than seven candidates. Here are the candidates:

- Paula Durbin
- Michael Mezey
- Alfred Muller
- Kenneth Niles
- Bobby Pestronk
- Bruce R. Pirnie
- Roy Schaeffer
- Martha Solt
- Cheryl L. Tyler
- Melanie Rose White

The election will be run once again by the League of Women Voters. Polls will be open from 7 a.m. to 8

p.m. on Monday, May 8, in the auditorium at the Village Center. A ballot drop box has been installed outside the Village Center. Residents may drop their completed ballot in the box at any time through election day.

Please note if you have requested a mail-in/absentee ballot, you will not be permitted to vote in person. The League and election judges will certify the vote count on the evening of May 8. Council members will be sworn in on Monday, May 15, at 7 p.m., just before the new Council holds its first public meeting that evening. The League has published a Voters' Guide with statements from the candidates. Copies were delivered to the buildings last month, and the guide is available on the Village website.

Village Center honors heritage and history of AAPI

From art lectures based on folk tales of the Marshall Islands to traditional Japanese tea ceremonies, to Chinese brush painting exhibits, to Asian meditation, the Village Center will host a wide variety of programs throughout May honoring the rich heritage of Asian-Americans and Pacific Islanders.

The celebration begins May 1, when the Sumi-e Society of Washington opens its May exhibit in Friendship Gallery.

On **Friday, May 19, at 1:30 p.m.**, join artist, poet and translator Nancy Arbuthnot for a program featuring folk tales and a collection of watercolor illustrations for her manuscript of re-told folk stories from the Marshall Islands.

continued on page 2, see Heritage

Storytime for our preschool pals, see page 4.

Heritage, continued from page 1

Arbuthnot's works also include co-translations of poems by Vietnamese American poet Le Pham Le.

Following the talk, Omotesenke will perform a traditional Japanese tea ceremony. Omotesenke Eastern Region USA is a nonprofit organization that promotes tea ceremony culture and conducts educational programs in the United States. Space is limited—the tea ceremony, which will be held in two back-to-back sessions. Tea times will be designated at sign-up for the Marshall Islands talk. Attendees in the second tea session may opt to visit with Arbuthnot, enjoy a meditation period or view an exhibit of tea implements while waiting to participate in the second tea session. Reservations are required. To reserve space, please call the Village Center at 301-656-2797.

On **Saturday, May 20, from 10 a.m. to 1:30 p.m.**, join us for a special extended art reception featuring demonstrations by some of the artists participating in this month's Sumi-e exhibit in Friendship Gallery. Sumi-e, an ancient East Asian art form, was developed 2,000 years ago and incorporates both bold and delicate brushstrokes, and asymmetrical, yet balanced, compositions. Weather permitting, DC Tai Chi will be practicing Tai Chi and Qi Gong in Willoughby Park. Dinah Simpson will hold an outdoor demonstration, weather permitting, of sound bowl therapy at 11 a.m.

No reservations are needed for the artists' reception on Saturday, May 20.



Pianist Margaret Singer salutes mothers with Saturday concert

Pianist Margaret Singer will present a special afternoon performance in honor of mothers on **Saturday, May 13, at noon.**

Margaret Singer moved to Hanover, Germany, where she was engaged as Solorepetitorin at the Opera Company there. She has also served as Artistic Assistant in the Studio of Professor Ulf Hoelscher, the noted German violinist, at the Hochschule für Musik in Karlsruhe, and led the Opera Department at the Mozarteum in Salzburg, Austria, for two semesters.

Refreshments will be served. To reserve a seat, call the Village Center at 301-656-2797.



Friendship Heights

VILLAGE NEWS

www.friendshipheightsmd.gov

Email: info@friendshipheightsmd.gov

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space in the June issue is May 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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Village Council Update

Page Park construction update

As required by the County Department of Permitting Services, GreenSweep, the contractor hired by the Village to redevelop Page Park, submitted a building permit application for the pergola structure in the park. The County's Stop Work Order pertains only to the pergola and the park's accessibility features and will remain in effect until the permit is issued. GreenSweep was cleared by the County to resume work on the rest of the project. The latest work has involved installing stones along the north end of the park to highlight walkways and grass areas, clearing fencing, and prepping the north side of the park for the previously approved ADA-accessible access ramp into the children's play area. The Village Council's Parks and Grounds Committee met with the community on April 17 to consider equipment options for the children's play area. The committee's recommendations will be made to the full Council for a vote at its next meeting on May 15.

County creates new Urban District in Friendship Heights

Last month, the County Council unanimously passed legislation introduced by County Council member Andrew Friedson to create a Friendship Heights Urban District. The bill will (1) Create an urban district located in the Friendship Heights area of the County; (2) Expand the purposes of urban districts in the County; (3) Create a commercial district charge as an additional mechanism to fund an urban district; (4) Establish a Friendship Heights Urban District Advisory Committee; and (5) Generally amend the law concerning urban districts in the County. A separate proposal to create a Business Improvement District has been introduced on the D.C. side.

Select sites zoning study for FH

Planning Department staff members have begun working on a study of selected sites for development potential in our area. At the April 10 Village Council meeting, a staff representative gave a presentation on the scope and focus of the study. It is proposed to examine five sites, three of which are inside the Village: (1) The commercial properties on the west side of Wisconsin near Willard (Gap, Banana Republic, SunTrust bank); (2) The retail building on Willard that includes Chipotle and Potbelly; and (3) The 5550 Friendship Boulevard office building and lawn next to The Elizabeth. The other two sites are GEICO and Saks Fifth Avenue. Staff are scheduled to bring the results of the study to the Planning Board in the fall of 2023 and to the County Council in the spring of 2024. Please visit the County Planning website for more information.

Charter amendment passed by state

Per the Village Council's request and with the support of Maryland Delegate Marc Korman and the rest of the Montgomery County delegation, a bill was introduced at the House of Delegates in the most recent legislative session to expand the Village's procurement authority from its current \$5,000 bid threshold, as stated in its charter, to a maximum amount of \$20,000. The bill also includes a provision for spending in the event of an emergency, which was not authorized in the original charter. With increasing costs for repairs, materials and labor, the \$5,000 bid limit hampered the Village's ability to efficiently address needed and urgent issues.

We are very happy to announce the bill unanimously passed the House and Senate last month and was sent to the Governor's desk for signature. The charter amendment will take effect on October 1, 2023.

New identity sign and bus design

Following up on two suggestions from the Community Advisory Committee, a new Village identity sign was installed at the corner of South Park Avenue and The Hills Plaza, replacing the old bulletin board near the police statue. In addition, both Village shuttle buses are now sporting a new wrap design that make the buses more eye-catching with the same blue used in the new sign.

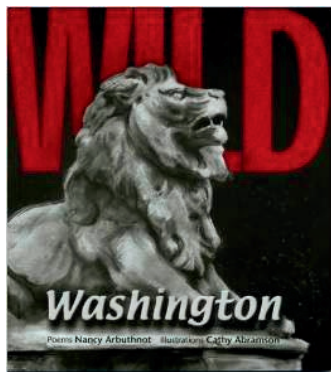


Other actions taken at the April 10 Council meeting:

- Appointed resident judges regarding the upcoming Village Council election.
- Supported the Town of Chevy Chase's resolution in response to the rise of antisemitic activities in Montgomery County.
- Approved the hiring of Active Network to provide the Village with an online registration and payment platform for classes and activities.
- Approved retaining David Brown to represent the Village for the 5500 Wisconsin Avenue development project as needed.
- Approved the Community Service Award recipients to be presented on Community Day.

The next scheduled Village Council meeting will be held on Monday, May 15, at 7:30 p.m., and will be open to the public at the Village Center and livestreamed. Please visit our website for additional details.

Can you find Washington's hidden animals?



Discover wild and wonderful Washington, D.C., when artists Nancy Arbuthnot and Cathy Abramson present a Saturday morning program for the young and young at heart on **June 3, at 10:30 a.m.**, at the Village Center. They will read from their book, "Wild Washington,"

then lead an animal-inspired craft.

The book "Wild Washington" features many of the extraordinary animal sculptures found throughout Washington, from the dragon perched above Georgetown University's Healy Hall to the unicorn in Rock Creek Park. Each sculpture is accompanied by a fun poem and a wonderful illustration by Cathy Abramson.

This book is the perfect companion when hosting guests or heading downtown.

To reserve a space, please call the Village Center at 301-656-2797. Children must be accompanied by a parent or caregiver.

Asian and Pacific Islanders inspire storytime selection

Looking for a fun and enriching experience for your preschoolers, their siblings and friends? Come to the Village Center for our children's storytime on **Tuesday, May 9, from 10 to 10:30 a.m.**

Retired teacher Marge London will read from a selection of books curated just in time for Asian-American Pacific Islander Heritage Month. "Punky Aloha" is about a young girl and her grandma in Hawaii and finding bravery.

"Have You Eaten?" focuses on Korean culture and showing others you care. "Take Me Out to the Yakyu" is a baseball story which compares one boy's family going to a baseball game in America with the same family going to a baseball game in Japan.

Following storytime, stay to make and take a special craft in honor of AAPI Heritage Month.

*Moms, feel free to socialize, set up play dates, and share parenting techniques until 11 a.m.

Please stop by the Village Center or call 301-656-2797 to sign up.



Singles invited to mingle during our May reception

Stop by the Village Center and chat with your neighbors during a special reception for Village singles, ages 21 and older, on **Thursday, May 18, from 6 to 8 p.m.**

The event is free, but please call the Village Center at 301-656-2797 or email info@friendshipheightsmd.gov to let us know you will be attending.



The Village Book Club will meet on **Tuesday, May 16, at 11:30 a.m., via Zoom**. The book selection is "Intimacies" by Katie Kitamura. The June book selection will be "Secrets of Happiness" by Joan Silber.

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Frederick Moyer and his MoyerCam return for a piano recital

Join us as we welcome pianist Frederick Moyer back to the Village Center for a spring recital featuring works by Mozart, Beethoven and Rachmaninoff and more on **Thursday, May 25, at 2 p.m.**

Moyer has established a vital musical career that has taken him to 44 countries and to such distant venues as Suntory Hall in Tokyo, Sydney Opera House, Windsor Castle, Carnegie Recital Hall, Tanglewood, and the Kennedy Center. He has appeared as piano soloist with world renowned orchestras including the Cleveland, Philadelphia and Minnesota Orchestras, the St. Louis, Dallas, Indianapolis, Milwaukee, Baltimore, Pittsburgh, Houston, Boston, Singapore, Netherlands Radio, Latvian, Iceland and London Symphony Orchestras, the Buffalo, Hong Kong and Japan Philharmonic Symphony Orchestras, the National Symphony Orchestra of Brazil, and the major orchestras of Australia.

His many recordings on the Biddulph, GM and JRI labels reflect an affinity for a wide variety of styles. In recital, his delightful commentary from the stage brings the audience into the heart of the musical experience. Moyer's wide-ranging interests have led him to undertake many unique and groundbreaking projects, often involving software that he writes himself. His recitals are creative, engaging and entertaining, and generally include time-

honored favorites as well as pieces that audiences may be hearing for the first time. Also featured is his MoyerCam, a projection system that allows the audience to see his hands as he plays.

Please call the Village Center at 301-656-2797 or email info@friendshipheightsmd.gov to reserve a seat.



Save the date

Sunday, July 16: Trip to the Contemporary American Theatre Festival in Shepherdstown

Trip will include round-trip transportation, two plays: "Redeemed" and "Fever," a three-course luncheon at the Bavarian Inn, and all taxes and gratuities.

Sign-ups will begin in June. See the June *Village News* for details.



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CLASSES AND CLUBS

PLEASE SIGN UP AT LEAST 48 HOURS BEFORE THE START OF A SESSION. A CLASS MAY BE CANCELED IF IT DOES NOT HAVE A MINIMUM NUMBER OF PARTICIPANTS REGISTERED. PARTICIPANTS MUST PAY FOR THE FULL SERIES — NO REFUNDS AFTER CLASS BEGINS.

All participants in fitness classes, as well as Drop-in Tai Chi and sample classes, are required to sign a liability waiver with Covid protocol when they register.

In the event a class is canceled, a make-up class will be held during the week following the last class of the session.

ART AND LANGUAGES

ALL IN THE EYES

A 6-week class, taught by Marianne Winter, Thursdays, 1 to 3 p.m., June 8 through July 13. Using photographs and beginning with the eyes, the class will hone the skills of those who want to draw faces. Bring a pad and pencil or pastel to the first class; some previous experience in drawing is necessary. \$80 for residents; \$85 for nonresidents.

ENGLISH CONVERSATION

Mallory Starr leads a 5-week conversational English roundtable for adults on Tuesdays, 5 to 6 p.m., May 30 to June 27. He has worked as a consulting psychologist and management consultant. Part of his experience has been with management development programs, which have focused on the adaptation of internationals to new cultures, new technology, and change. The cost is \$15. A minimum of 2 participants; maximum of 12.

SPANISH CONVERSATION

Elena Marra Lopez, a Village resident and longtime Spanish teacher, conducts a 6-week Spanish conversation group on Thursdays, 4 to 5:30 p.m., May 18 to June 22. English will NOT be spoken during the sessions. \$10. Minimum of five participants; maximum of eight.

EXERCISE

BALANCE AND STRENGTH

A 6-week class, Mondays, 11 to 11:50

a.m., through June 12. Class will not meet on May 15. Taught by Tonya Walton, this class will improve the communication between your muscles and your brain. It will consist of routines to strengthen your core and enhance your overall mobility, balance and coordination. All exercises are performed while standing and sitting. Designed to help seniors maintain their strength, flexibility and independence, by using body weight and resistance bands (no floor/mat work). This class will help ward off age-related muscle loss and keep your bones strong. \$90 for residents; \$99 for nonresidents. For details, contact Tonya at Tonya@Krucialfitness.com.

BALANCE BASICS

A 4-week class, Wednesdays, 11 to 11:45 a.m., May 10 through May 31, taught by Cheryl Clark. This class teaches strategies for basic balance and aid in developing fall prevention techniques and improving your ability to perform daily activities safely. The class will help to build your confidence while maintaining your balance and strengthening key muscle groups. The class is a prerequisite for the more complex Balance in Movement class. Clark is a licensed Physical Therapist Assistant who has been working on the aging body for more than 15 years. \$52 for residents; \$58 for nonresidents.

GENTLE YOGA WITH ROBIN

A 6-week Hatha Yoga class for beginning and continuing students, taught by Robin Dinerman, host of TV's

"Cherryblossom Yoga." Sundays, May 7 to June 18, 9:10 to 10:30 a.m. Class will not meet May 21. This class is especially good for seniors, with particular attention to countering the effects of aging. The cost is \$99 for residents; \$109 for nonresidents.

BEGINNING PILATES (FRIDAYS)

A 10-week class, Fridays, 12 to 1 p.m., through May 26, taught by Dawn Maynard. The cost is \$250 for residents; \$275 for nonresidents. Beginner Pilates is for anyone who needs strength and flexibility in the spine and joints, especially shoulders, hips, knees and ankles. Movement modifications will be provided for those who cannot put weight on knees or hands. Learn how posture affects the way we sit, stand and walk. No equipment needed except a towel and water. Students may bring mats and any Pilates props.

PILATES FOR EVERYONE (TUESDAY EVENINGS)

A 10-week class, Tuesdays, 6 to 7 p.m., through May 23, taught by Dawn Maynard. The cost is \$250 for residents; \$275 for nonresidents. Students are welcome to bring a towel, mat and any Pilates props.

PILATES FOR EVERYONE (SATURDAY MORNINGS)

A 10-week class, Saturdays, 9 to 10 a.m., through May 27, taught by Dawn Maynard. The cost is \$250 for residents; \$275 for nonresidents. Students are welcome to bring a towel, mat and any Pilates props.

CHAIR YOGA WITH LOUISA

Louisa Klein teaches a 6-week session, Thursdays, 10:30 a.m. to noon, May 25 to June 29. Students are seated in chairs or use chairs for support. Learn how to incorporate 'chair yoga' practices into your life for enhanced mind/body awareness. This class includes techniques to safely stretch, strengthen and balance your body and mind. The practice takes us on a journey guiding us toward wholistic change and betterment. Chair Yoga is non-competitive, accessible and fun. Klein, a member of the International Yoga Teachers Association, has taught for more than 40 years. \$83 for residents; \$90 for nonresidents.

QIGONG AND TAI CHI (MONDAYS)

A 6-week session, Mondays, 9:15 to 10 a.m., through May 22. Taught by Master Nick Gracenin. Study the essentials of traditional Tai Chi and Qigong, and improve balance, circulation, strength and relaxation. Beginners welcome; \$90 for residents; \$95 for nonresidents.

QIGONG AND TAI CHI (TUESDAY NIGHTS)

A 6-week session, Tuesdays, 7:15 to 8 p.m., through May 16. Taught by Master Nick Gracenin. Study the essentials of traditional Tai Chi and Qigong, and improve balance, circulation, strength and relaxation. Beginners welcome; \$90 for residents; \$95 for nonresidents.

TAI CHI FORMS AND TRADITIONAL ROUTINES (MONDAYS)

A 6-week session, Mondays, 10 to 10:30 a.m., through May 22. Taught by internationally recognized Master Nick Gracenin, this class presents taolu (formal patterns) of traditional Taijiquan. Students will have the chance to try the more complex combined 42 Forms and

the Tai Chi Fan. \$70 for residents; \$80 for nonresidents.

ONGOING GROUPS

BLOOD PRESSURE SCREENING/ SUBURBAN NURSE

A Suburban Hospital nurse offers free blood pressure screenings, Tuesdays, 12 to 4 p.m. Nurse consultations, Tuesdays, 2 to 4 p.m.

CANASTA

An informal group plays canasta on Wednesdays, 2 to 4 p.m. Call 301-656-2797 to register.

CHESS

An informal group plays chess on Wednesdays, 12:30 to 3 p.m.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets Fridays, 10:30 a.m. to noon.

DROP-IN BUILDING BETTER BONES

Taught by Gita Pancholy, Thursdays, 11 a.m. to noon. The cost is \$8. Participants who attend regularly may store small weights at the Center.

DROP-IN OPEN ART STUDIO

Artists and aspiring artists are invited to bring their art and art supplies and join other artists at our open arts studio at the Village Center on Fridays, from 1 to 4 p.m. While no storage space is available, the space is filled with light and offers a welcoming environment and a chance for artists to support each other and critique each other's work.

DROP-IN TAI CHI

Student-led sessions meet Fridays, 9:15 to 10:15 a.m., at the Village Center. Includes stretching, Tai Chi warm-up exercises, Tai Chi (24 Yang-style), self-massage, and ends with Qigong exercises. The cost is \$5.

EXPRESS YOURSELF

Susan Wranik leads an aphasia support group, by the NIH Suburban Hospital Stroke Program. Meets via Zoom on the second Tuesday of the month at 3 p.m.

Call Susan Wranik at 301-520-2332 or email susan@speakskill.com.

FRIDAY FIBER FRIENDS

Knitters, crocheters, weavers, and other fiber enthusiasts meet on Fridays, from 1 to 2:30 p.m. Call Joan Lewis at 301-452-4466 for details.

GREAT BOOKS GROUP

Meets Mondays at 10 a.m. Call Judith Abrahams at 301-215-6950 or Jean McNelis at 301-656-6695 for details.

TEA

Village residents and guests may enjoy refreshments and conversation, Tuesdays, 3 to 4 p.m.

VILLAGE BOOK CLUB

The book club meets one Tuesday a month via Zoom. Contact Sheila Manes at manessheila@gmail.com.

WALKING CLUB

The club takes an hour-long, two-mile walk in Chevy Chase Village every day, at 8:15 a.m. Meets in front of the Village Center. Call Eniko Basa at 301-657-5759.



Animal poses make yoga fun for kids

Louisa Klein, a member of the International Yoga Teachers Association with more than 40 years teaching experience will offer a yoga demonstration designed specifically for children on **Saturday, June 10, at 11 a.m.**, at the Village Center.

Animal yoga for kids is fun, while also being a safe and calming activity for kids.

The event is free, but please call the Village Center at 301-656-2797 to reserve a spot. Children must be accompanied by an adult or caregiver.

CONCERTS



Free concerts are held every Wednesday from 7 to 8 p.m. in Huntley Hall in the Village Center. If you are arriving after the start of the performance, please wait until a break to enter. Please turn off phones prior to entering the auditorium. If you must leave early, please wait for a break in the performance.

Wednesday, May 3 —Beau Soir Ensemble— The Beau Soir Ensemble is a flute, viola, and harp trio dedicated to the performance of a standard and contemporary repertoire spanning a variety of genres. The group is composed of musicians Michelle Lundy, Carole Bean, and Tsuna Sakamoto.

Wednesday, May 10 —Mini-Musicals on the Move present selections from “Oklahoma!”—Join Mini-Musicals on the Move as it presents an American classic and pioneer of musical theater, “Oklahoma!” During this hour-long interactive performance, you will be invited to sing along to wonderful songs such as “People Will Say We’re In Love”, “Surrey With a Fringe On Top,” “Oh What a Beautiful Morning,” and, of course, the signature song “Oklahoma.”

Wednesday, May 17 —Washington Revels Maritime Voices—Washington Revels Maritime Voices celebrates the sea and the inland waterways of America—the men who worked the great sailing ships, the women who sustained the shore-side communities, and the men and women who lived and worked on the canals, lakes and rivers.

Formed in 2008, this group performs lively songs, instrumental music, dances, folk dramas, and other traditions of the 19th century. The group performs in period dress and

with period props, and explains the origin and historical context of the music it performs.

Wednesday, May 24 —Tony Nalker and Holly Shockey— Pianist Tony Nalker currently serves as jazz pianist with the Smithsonian Jazz Masterworks Orchestra and the National Symphony Orchestra Pops. From 1989 to 2016, he was pianist of the Army Blues. He has performed on hundreds of recordings in styles ranging from jazz to folk to children’s music to Broadway and country. Vocalist Holly Shockey is a 20-year veteran of the U.S. Army Band. She holds a bachelor’s degree in Musical Theater from Syracuse University. She has also sung backup for Kenny Rogers, Tom Jones, Martina McBride, Don McLean, and Dolly Parton, among others.

Wednesday, May 31—IONA—The music of IONA is a unique, acoustic blend of the traditional music of Scotland, Ireland, Wales, Brittany (France), the Isle of Man, Galicia (Spain), and America. The band blends songs, dance tunes, and instrumentation into a rich and stunning tapestry. IONA was founded by lead singer, bouzouki, guitar, and bodhrán player Barbara Ryan and wind player Bernard Argent in 1986.

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MOVIES



All movies begin at 7 p.m. Movies that run in excess of 130 minutes will begin at 6:45 p.m. as noted. Please note that PG-13 and R-rated movies may contain sexual situations, violence and/or offensive language. Enjoy fresh popcorn during these presentations.

Thursday, May 4, 7:00 p.m.—Movie—A Man Called Otto—Tom Hanks stars as a grumpy widow who has given up on life and tries hard to end it.. but keeps getting interrupted by a young family who moves into his neighborhood. Also stars Mariana Treviño. **Rated PG-13. Running Time: 126 minutes.**



Thursday, May 11, 7 p.m.—Movie—Nomadland—After losing everything, a 60-something woman packs up her belongings, leaves her small mining town,

and sets off across the American West, learning to survive as a van-dwelling nomad. Based on a true story. Winner of three Academy Awards. Stars Frances McDormand and David Strathairn. **Rated R. Running Time: 108 minutes.**

Thursday, May 18, 7 p.m.—Movie—The Old Way —A retired outlaw gunman tries to avenge his wife's death, joined by his young daughter, while also confronting consequences stemming from his past. Stars Nicholas Cage and Ryan Kiera Armstrong. **Rated R. Running Time: 95 minutes.**

Thursday, May 25, 6:45 p.m.—Movie—Everything Everywhere All at Once—Whirling multiverses take the movie's unwitting protagonists and movie audience on a wild adventure to save the world in this action-comedy. Stars Michelle Yeoh, Ke Huy Quan and Jamie Lee Curtis. **Rated R. Running Time: 139 minutes.**

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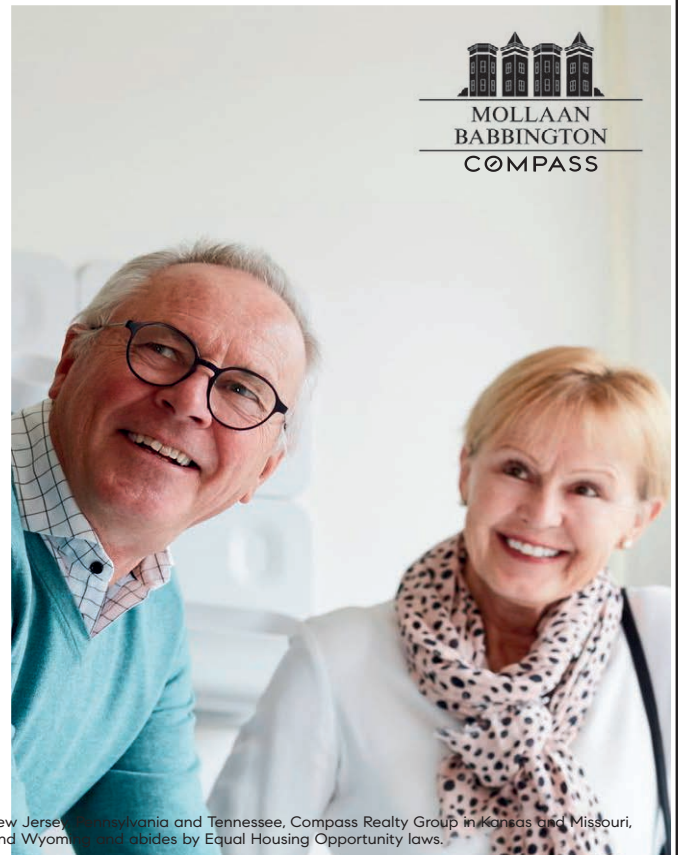
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ART AND CULTURE

Friendship Gallery honors the ancient art of Chinese Brush



"Define Line" by Bok Kim

Twenty artists from the National Capital Area Chapter of the Sumi-e Society will exhibit in Friendship Gallery in May as part of Asian-American Pacific Islander Heritage Month. The exhibit, which runs through May 27, features more than 50 works of this unique art form.

Meet the local artists at a reception on Saturday, May 20, from 10 a.m. to 1:30 p.m. at the Village Center. During this special extended reception, artists will demonstrate their painting techniques.

NCAC artists paint with ink and watercolor on silk, rice paper, gold or silver shikishi boards, and scrolls. Specialized brushes are made of natural hair, just as they were when first developed 2,000 years ago. The beautiful paintings on exhibit bear testament to the wide range of subjects and personal styles of the artists.

Dr. Michael Gittleson
Podiatrist
The Barlow Building

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NCAC artists see themselves as bridges between East Asian and Western art. The aesthetics of Sumi-e include energetic, beautiful brush strokes, compositions that are asymmetrical, yet balanced, interesting negative spaces, and clusters of objects in large, medium and small groupings.

NCAC was established in 1972 to serve a group of artists who were avid in their appreciation of the centuries-old East Asian art forms of Sumi-e and calligraphy.

The Village Center is open Monday through Thursday, 9 a.m. to 9 p.m.; Friday 9 a.m. to 5 p.m.; and Saturday and Sunday, 9 a.m. to 2 p.m.

Art in the auditorium is occasionally not available for viewing because of activities in that room. Please check with the front desk upon arrival. All sales are final.



"Cherry Blossom Visitor" by Lilya Greyson

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TO YOUR HEALTH

Low Vision Support Group

Join the Prevention of Blindness Society's Low Vision Resource and Support Group meeting on **Thursday, May 25, at 12 p.m.**, at the Village Center to learn about the POB and its services. This month's topic is "Reading Options for Books and News—Large Print, Audio, and Podcasts." Large print requires you to read with your vision. Maybe it's time to LISTEN to books, newspapers and short items read aloud to you. Learn about services, devices, and phone apps that can read to you, when you want to listen.

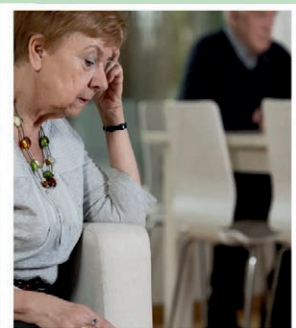
Drop in, meet your neighbors who are finding ways to enjoy a safe and independent life, and suggest topics you want to explore. Feel free to bring your lunch.

To register, please call 301-656-2797.

For more information, email Sean Curry at scurry@youreyes.org or Sandy Neuzil at sneuzil@youreyes.org.

Dementia Caregivers Support Group

Wednesdays 6:30 PM - 7:30 PM



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www.mystatusquo.org
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Friendship Heights

VILLAGE NEWS

Friendship Heights Village Center
4433 South Park Avenue
Chevy Chase, Maryland 20815



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May 2023 events calendar