



Friendship Heights

# VILLAGE NEWS

AUGUST 2022 VOLUME 39, NO. 8 www.friendshipheightsmd.gov 301-656-2797



**Dinosaur Splash Party  
for children  
See page 2**

## Spend a September day at the shore in Rehoboth

Are you ready to feel the warm sand between your toes, to breathe in the sea air, sample some fresh seafood or just stroll along the boardwalk? Take a break and enjoy a day by the sea when we take our annual trip to Rehoboth Beach on **Thursday, Sept. 1.**

You decide whether you linger by the shore then take advantage of tax-free shopping at the area outlets in the afternoon or just enjoy the entire day at the beach. We'll take you to the beach, then you're free to choose your itinerary.

We'll depart from the Village Center at 8 a.m., arriving in Rehoboth in time for lunch—there are numerous restaurants and cafés along the Boardwalk and Rehoboth Avenue. We'll return to the Village Center around 8 p.m.

Sign-ups for residents and one guest begin immediately at the Village Center.

The cost of the trip is \$79 if you sign up by Aug. 15. Nonresidents

may sign up beginning Aug. 7. After Aug. 14 the cost increases to \$89.

The deadline to sign up is Thursday, Aug. 25. There are 34 spaces available.



## Hillwood celebrates the aura and allure of Grace Kelly

Grace Kelly epitomized glamour and elegance in her life and roles as an actress and as Princess Grace of Monaco.

A special exhibition at Hillwood Estate, "Grace of Monaco: Princess in Dior" explores the longstanding collaboration between Grace Kelly and Marc Bohan, artistic director at Christian Dior.

Join us when we visit Hillwood to view this extraordinary exhibition on **Wednesday, Sept. 14.**

Continued on page 11, see **Grace Kelly**

## It's a night of laughs with comic Robert Mac



Join us as we welcome award-winning stand-up comedians Robert Mac, Gigi Modrich, and our own Phyllis Meltzer for an evening of fun and laughter on **Wednesday, Aug. 3, at 7 p.m.** in Hubert Humphrey Park at the Village Center.

Mac has brought his comedy routine to popular venues and television shows, such as Last Comic Standing, Comedy Central's Premium Blend, NBC's Late Night, and more. He was the grand prize winner of Comedy Central's "Laugh Riots," and a finalist in competitions, such as Billy Crystal's "Mr. Saturday Night Contest." Comic Gigi Modrich will emcee. Village resident and stand-up comic Phyllis Meltzer opens this evening designed to tickle your funny bone.

**Vaudeville tunes with Bernie Kellett, see page 5**

# Find a class to get and stay fit

## Fitness expo offers demos of autumn offerings

September means back to class and the Village Center is offering a host of classes designed to get you in shape or help you stay in shape after the summer months.



Interested in taking classes but not sure which one or two or three are right for you? Come to our Fitness Expo at the Village Center on **Saturday, Aug. 27, from noon to 3 p.m.**

Our teachers specialize in a variety of fitness classes and will be on hand to offer free short demonstrations of this Center's offerings.

We'll have demos for classes to help you with balance and strength training. Teachers will also demo classes such as gentle yoga, meditation, Pilates and Tai Chi.

Tai Chi students, led by Master Nick Gracenin of DC Tai Chi, will present a 30-minute program at 2:30 p.m.

Healthy refreshments will be served.

The event is free, but please stop by the Village Center or call 301-656-2797 if you plan to attend.

# Dinosaur Splash Party

Village children, ages 10 and younger, their families and friends, are invited to celebrate Dinosaurs Day during a free Summer Splash Party in Willoughby Park on

**Thursday, Aug. 25, from 10:30 a.m. to 12:30 p.m.**



The party will feature a sprinkler and other water toys designed to beat the heat. We'll also have dinosaur-themed games. Children must be accompanied by an adult or caregiver over the age of 16. Participants are welcome to bring their own picnic lunch. To sign up, stop by the Village Center or call 301-656-2797.



Friendship Heights

## VILLAGE NEWS

[www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov)

Email: [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov)

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

### ADVERTISING

The deadline for reserving space in the September issue is August 3. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

### FOUNDER

**Martin Kuhn**

### EDITORIAL STAFF

**Melanie Rose White**  
Volunteer Editor

**Anne Hughes O'Neil**  
Staff Writer, Layout

### FRIENDSHIP HEIGHTS VILLAGE COUNCIL

**Melanie Rose White**  
Mayor

**Paula Durbin**  
Treasurer

**Michael Mezey**  
Chairman

**Carolina Zumaran-Jones**  
Historian

**Bruce R. Pirnie**  
Vice Chairman

**Michael Dorsey**

**Alfred Muller, M.D.**  
Secretary

**VILLAGE MANAGER**  
**Julian P. Mansfield**

## GetWell Rehabilitation, LLC

orthopedic | neurological | aquatic

### Physical Therapy Office & Ideal Protein Weight Loss Clinic

Friendship Heights Village at the Elizabeth Arcade

- **ONLY PRIVATE 1:1 SESSIONS** with licensed PT
- **Ideal Protein Certified Weight Loss Clinic** with 1:1 coaching
- Expert manual therapy: myofascial release, cranial sacral therapy, dry needling, PT massage
- Orthopedic injuries, neurological disorders, chronic disease
- Focus on hands-on care

**Friendship Heights**  
4601 N Park Ave., #10C  
Chevy Chase, MD 20815

Free Garage Parking Elizabeth Arcade

### COVID-19 UPDATE

GetWell Rehabilitation is using proper PPE & disinfectants. All sessions are 1:1 with private treatment rooms. Please call for more info.

phone 301-654-9355 | [info@getwell-rehab.com](mailto:info@getwell-rehab.com)  
[www.getwell-rehab.com](http://www.getwell-rehab.com)  find us on facebook

# Village Council Update

## Council approves contract to purchase 4608 North Park Avenue property

Following thorough negotiations and discussions with its settlement attorney, the Council voted 3-2 to present a contract offer to purchase the 4608 North Park Avenue property (the red house next to 4620 North Park Avenue) for \$3 million. The Council has instructed the attorney to submit the offer to the current owner of the property. If the seller agrees with the offer, the Village will proceed with scheduling inspections of the house. The sale will be contingent upon the results of the inspections.



The Village has also pursued an attempt to designate the 4608 North Park Avenue property for historic preservation through an application with the Montgomery County Historic Preservation Commission and the Montgomery County Planning Board, with Council member Alfred Muller testifying in support of the application at two hearings. Unfortunately, both applications were denied due to the property not meeting the County's criteria for preservation, which include the architectural significance of the house itself, the historic context of the property and its surroundings, and the importance of the original owner. Therefore, the Council will continue the process of purchasing the 4608 property to preserve its historical significance to the Village.

## Council rescinds approval of settlement agreement with 5500 Wisconsin developer

By a 5-2 vote at the July 11 meeting, the Council voted to rescind its previous approval of the settlement agreement with Donohoe Development Company that would have withdrawn the Village's opposition to the Planning Board's approval of the 5500 Wisconsin sketch plan. The Council held such a vote due to the fact that Donohoe could not guarantee the acquisition of 4607 Willard Avenue (the pink house property) due to an ongoing legal dispute over the sale of the property from the previous owner. The acquisition of the pink house was part of the previously agreed settlement agreement that would have allowed the transfer of 38,000 square feet of density from the property to the 5500 Wisconsin Avenue building, thereby preserving the pink house property to limited development (i.e., town homes). This transferred density would have allowed for a larger 18-story building, more than 220 feet tall, which included a penthouse and mechanical equipment on the roof.

Based on these developments, the Council instructed

its attorney to file a brief continuing the Village's appeal of the sketch plan with the Montgomery County Circuit Court, which was filed on July 15.

## Montgomery County's plans to build dog park at 5320 Willard Avenue

The County is considering adding a dog park to Willard Avenue Park by converting the current standing home at 5320 Willard Avenue. This site has been identified by the County as a good location due to walkability, available space, high visibility, and community requests. As previously reported, the Village Council voted unanimously to support the dog park and the removal of the house. The County Parks Department hosted a community meeting on July 20, and confirmed current discussions involve a preliminary sketch plan for the proposed 13,500 square-foot dog park. The Parks Department is still seeking feedback from the community. The County also reported funding is available for immediate use to support the project, and if implemented, construction plans could be finalized within a year.

## Page Park redevelopment scheduled to begin August 1

GreenSweep, the contractor hired to perform the redevelopment of Page Park, has informed us that it will begin construction inside the park on August 1, weather permitting. The park will then be closed to the public, with the exception of possibly providing pedestrian access through the park along the east side to the path that goes behind 4615 North Park Apartments and leads to the Town of Somerset. GreenSweep further informed the Village that the construction schedule will entail two phases: Phase 1 will take approximately four-to-six months to clear out the area, protect the surrounding trees, and build out the new park. Phase 2, the shorter stage lasting approximately one month, will likely begin in early spring 2023 with the installation of landscaping, irrigation, lighting, and sod.

### Other actions taken at the July 11 Council meeting:

- Approved motion to continue to negotiate with FHNN regarding the creation of a partnership that would provide concierge services to Village residents.
- Instructed the Village Manager to seek a revised proposal from one of the submitted financial consultant bids to review the Village's investments.
- Approved proposal from Bradleigh Applications to repair the Village Center's exterior walls.
- Approved renewal of the Village's membership in the Maryland Municipal League.

*The next Council meeting, open to the public, will be Monday, September 12, at 7:30 p.m., at the Village Center and on Zoom.*



**M O R R I S O N**  
 COSMETIC & GENERAL  
 DENTISTRY

A smile above the rest



**Call today or schedule online!**

“Dr. Morrison and staff is top rated. The dental care and their professionalism in this field is second to none. No more taking chances with other dentists, I have found my dental home!”



Edson P.



**MOST INSURANCES ACCEPTED:**  
 METLIFE  
 DELTA DENTAL | GUARDIAN  
 AETNA PPOII | TRI CARE

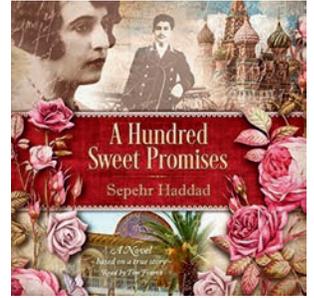
**Eric K. Morrison, D.D.S., M.A.G.D.**  
 Master of the Academy of General Dentistry

The Barlow Building  
 5454 Wisconsin Ave, Suite 620 | Chevy Chase, MD 20815

**(301) 321-8011 | DrEricMorrison.com**

## Award-winning author offers “A Hundred Sweet Promises”

Award-winning author Sepheh Haddad discusses “A Hundred Sweet Promises,” on **Thursday, Aug. 4, at 7 p.m.**, at the Village Center.



Inspired by a story his grandmother told him shortly before the 1979 Islamic Revolution in Iran, “A Hundred Sweet Promises” is the true tale of the author’s grandfather, Nasrosoltan Minbashian—a famed music composer living in Russia in 1913. On the eve of World War I, Nasrosoltan embarks on a journey from his homeland, Persia, to study at the renowned St. Petersburg Conservatory in pursuit of his musical legacy. Nasrosoltan suddenly finds himself in a battle between head and heart while being carried forward on a wave of destiny toward an uncertain future.

The talk is free but please RSVP. To reserve a seat, email [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov), call 301-656-2797 or stop by the Village Center. Copies of “A Hundred Sweet Promises” will be available for purchase. The book has won numerous awards for historical non-fiction.

### Save the date

**Wednesday, Oct. 19:** “Jacqueline Kennedy and H.F. du Pont—From Winterthur to the White House” exhibit at Winterthur

## The Tech Mensch

*Ari Fisher*



### HOME TECH SUPPORT

Mac • PC • iPhone  
 Printers • Tutoring

FREE virus scan with each visit.

**(202) 262-5378**

[ari@thetechmensch.com](mailto:ari@thetechmensch.com)



Computer Help  
 for All Ages



iPhone and  
 Tablet Support

**Contact Ari to schedule an appointment**

## An afternoon of Vaudeville with Bernie Kellett

Prepare for a set of old-time music straight from the Vaudeville stages. Bernie Kellett will be singing a selection of Vaudeville classics during a special afternoon concert on **Thursday, Aug. 18, at 2 p.m.** Songs like "By the light of the Silvery Moon," "Meet me in St Louis, Louis" and "Toot Toot Tootsie" in which the audience is most welcome and encouraged to join in.

Let him take you back with tunes beloved across generations. Come and enjoy this hour long concert of music to reminisce to, written by some of America's and Europe's best ever composers.

Please stop by the Village Center or call 301-656-2797 to reserve a seat.



## The Awesome Arctic

Experience the awesome power of the Aurora Borealis as filmmaker, composer and writer Sean Harris presents "Chasing the Northern Lights in a Land of Ice, Vikings and Volcanoes," on **Monday, Aug. 1, at 7 p.m.** at the Village Center.

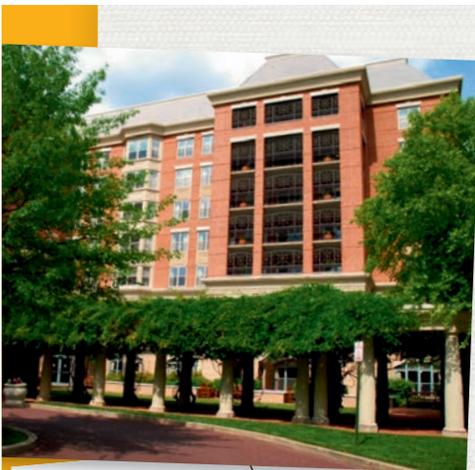


In this multi-media talk, Harris will recount how a love affair sent him to the Arctic searching for a cure for heartbreak. Sean first visited Iceland in 2002 and for the next 15 years he went back yearly for stays lasting up to three months. He often brought friends and photographers to Djupavik, a tiny hamlet of three people at the very wildest and northernmost part of the country.

Wandering the astonishing landscapes of Iceland and living with its people, he finds answers about creativity and imagination not only in the sky but in the ice and volcanoes under his feet.

Please call 301-656-2797, stop by the Village Center or email [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov) to reserve a seat.

The Village Book Club will meet on **Tuesday, Aug. 16, at 11:30 a.m., via Zoom.** The book selection is *Cloud Cuckooland* by Anthony Doerr. The September book selection will be *The Midnight Library* by Matt Haig.



## SENIORS ARE PROUD TO Call Us Home

At Brighton Gardens of Friendship Heights, you can always expect:

- Exceptional, relationship-based care
- Dedicated Designated Care Managers for each resident
- Beautifully appointed living spaces and delicious home-cooked meals
- Vibrant social activities designed to engage mind, body and spirit
- Safe, secure and comfortable neighborhoods for seniors experiencing memory loss
- Peace of mind in knowing that we can meet your changing needs

### Brighton Gardens of Friendship Heights

5555 Friendship Boulevard  
Chevy Chase, MD 20815  
301-656-1900

[BGFriendshipHeights.com](http://BGFriendshipHeights.com)

Call today to schedule a complimentary lunch and tour:  
**301-656-1900**





# CLASSES AND CLUBS

PLEASE SIGN UP AT LEAST 48 HOURS BEFORE THE START OF A SESSION. A CLASS MAY BE CANCELED IF IT DOES NOT HAVE A MINIMUM NUMBER OF PARTICIPANTS REGISTERED. PARTICIPANTS MUST PAY FOR THE FULL SERIES — NO REFUNDS AFTER CLASS BEGINS.

**All participants in fitness classes, as well as Drop-in Tai Chi and sample classes, are required to sign a liability waiver with Covid protocol when they register.**

***In the event a class is canceled, a make-up class will be held during the week following the last class of the session.***

## ART, WRITING AND LANGUAGES

### ALL IN THE EYES

A 6-week class, taught by Marianne Winter, Wednesdays, 1 to 3 p.m., Aug. 3 to Sept. 7. Using photographs and beginning with the eyes, the class will hone the skills of those who want to draw faces. Bring a pad and pencil or pastel to the first class; some previous experience in drawing is necessary. \$75 for residents; \$80 for nonresidents.

### SPANISH CONVERSATION

Elena Marra Lopez, a Village resident and longtime Spanish teacher, conducts a 4-week Spanish conversation group on Thursdays, 4 to 5:30 p.m. This class is on pause for the summer and will resume in September. English will NOT be spoken during the sessions. **\$10.** Minimum of five participants; maximum of eight.

### SPANISH WITH ELENA

Elena Marra Lopez, a Village resident and longtime Spanish teacher, conducts a Spanish class, with an emphasis on grammar and vocabulary, on Mondays, 5:30 to 7 p.m. This class is on pause and will resume in September. **\$100.** Minimum of five participants; maximum of eight.

### WRITING SEMINAR VIA ZOOM

A 2-week class, taught by Barbara Rosenblatt, Mondays, 1 to 2 p.m., Sept. 19 and Oct. 3, via Zoom. Students will prepare writing samples to be critiqued by instructor. \$35.

## EXERCISE

### BALANCE AND STRENGTH

A 6-week class, Mondays, 11 to 11:50 a.m., taught by Tonya Walton, will begin in September. Designed to improve your balance and coordination. This class will improve the communication between your muscles and your brain. It will consist of routines to strengthen your core and improve your overall mobility. All exercises are performed while standing and sitting (no floor/mat work). Designed to help seniors maintain their strength, flexibility and independence, with both standing and seated exercises using body weight and resistance bands (no floor/mat work). This class will help ward off age-related muscle loss, keep your bones strong, and promote mobility. \$75 for residents; \$85 for nonresidents. For details, contact Tonya at [Tonya@Krucialfitness.com](mailto:Tonya@Krucialfitness.com).

### BALANCE BASICS

A 4-week class, Wednesdays, 11 to 11:45 a.m., Aug. 10 through Aug. 31, taught by Cheryl Clark. This class teaches strategies for basic balance and aid in developing fall prevention techniques to improve your ability to perform daily activities safely. Will help to build your confidence while maintaining your balance and strengthening key muscle groups. The class is a prerequisite for the more complex Balance in Movement class. Clark is a licensed Physical Therapist Assistant who has been working on

the aging body for more than 15 years. \$47 for residents; \$52 nonresidents. Please call the Village Center for start dates.

### SEATED YOGA & MEDITATION

Louisa Klein, a yoga instructor with more than 40 years experience, teaches a 4-week session, Thursdays, 10:30 a.m. to noon, Sept. 8 to Sept. 29. Students are seated in chairs or use chairs for support. The class includes stretching, gentle breathing, and guided meditation proven beneficial to the immune system. The class is designed to improve posture, balance, strength and flexibility. Emphasis on breathing techniques. \$47 for residents; \$55 for nonresidents.

### DC TAI CHI (INTRODUCTION)

A 7-week session, Mondays, 9:30 to 10:30 a.m., through Aug. 22. Taught by internationally recognized Master Nick Gracenin. Study the essentials of traditional Tai Chi and Qigong, and improve balance, circulation, strength and relaxation. Beginners welcome; \$86 for residents; \$91 for nonresidents.

### DC TAI CHI (TUESDAY NIGHT)

A 9-week session, Tuesday, 7:15 to 8 p.m., through Aug 23. Taught by internationally recognized Master Nick Gracenin. Study the essentials of traditional Tai Chi and Qigong, and improve balance, circulation, strength and relaxation. Beginners welcome; \$112 for residents; \$120 for nonresidents.

## Improve your writing with this two-part seminar

Writer and instructor Barbara Rosenblatt offers the chance to share work with other writers under the leadership of an instructor. The goal in this two-part seminar is to help each other transform a work in progress to a finished piece. This two-part seminar will meet via Zoom on **Mondays, Sept. 19 and Oct. 3 at 1 p.m.**

The cost is \$35. A minimum of four students is required. Sign ups begin immediately at the Village Center.

For information, stop by the Village Center or call 301-656-2797. You may also email the Village Center at [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov).

### DC TAI CHI (ONGOING)

A 7-week session, Wednesdays, 9:30 to 10:30 a.m., July 13 to Aug. 24. Taught by internationally recognized Master Nick Gracenin. Study the forms and routines of traditional Tai Chi. Fundamental training is required; maximum number is 20. \$86 for residents; \$91 for nonresidents.

### GENTLE YOGA WITH ROBIN

A 6-week Hatha Yoga, for beginning and continuing students, taught by Robin Dinerman, host of TV's "Cherryblossom Yoga," on consecutive Sundays, through Aug. 21, 9:10 to 10:30 a.m. This class is especially good for seniors, with particular attention to countering the effects of aging. The cost is \$90 for residents; \$99 for nonresidents..

### PILATES FOR EVERYONE (TUESDAY EVENINGS)

A 12-week class, Tuesdays, 6 to 7 p.m., taught by Dawn Maynard is on pause. The cost is \$300. Check the September newsletter for details.

### PILATES FOR EVERYONE (SATURDAY MORNINGS)

A 6-week class, Saturdays, 9 to 10 a.m., taught by Dawn Maynard, is on pause for the summer. Check our August newsletter for September start dates.

## Fish facts and fun for all ages

**Learn about fish and make and take a fabulous fish bowl**

Have you seen our new aquarium in the Village Center lobby?

The creator of this beautiful feature, Jim Karanikas of Aquatic Inspirations will offer a talk and special workshop on aquariums on **Monday, Aug. 8, at 1:30 p.m.**

Karanikas will explain the biology and basics of keeping fish and plants in an aquarium. Participants will then setup their own bowl with a fish and plant/decorations.

The cost is \$45 per person and limited to 12 participants. Sign up at the Village Center by Aug. 2.

For information, call the Village Center at 301-656-2797.

## ONGOING GROUPS

### BLOOD PRESSURE SCREENING/ SUBURBAN NURSE

A Suburban Hospital nurse offers free blood pressure screenings, Tuesdays, 12 to 4 p.m. Nurse consultations, Tuesdays, 2 to 4 p.m.

### CANASTA

An informal group plays canasta on Wednesdays, 2 to 4 p.m. Call 301-656-2797 to register. A free two-part canasta class for residents will be held on Sept. 21 and 28, from 1:15 to 2 p.m. A minimum of 6 is required. Registration for the class is required. Sign up no later than Sept. 19.

### CHESS

An informal group plays chess on Wednesdays, 12:30 to 3 p.m., at the Village Center.

### COFFEE AND CURRENT EVENTS

This long-running discussion group meets Fridays, 10:30 a.m. to noon, and currently meets at the Village Center.

### DROP-IN TAI CHI

Student-led sessions meet Fridays, 9:15 to 10:15 a.m. at the Village Center. Includes stretching, Tai Chi warm-up exercises, Tai Chi (24 Yang-style), self-massage, and ends with Qi Gong exercises.

## EXPRESS YOURSELF

Susan Wranik leads an aphasia support group, sponsored by the NIH Suburban Hospital Stroke Program. Meets via Zoom on the second Tuesday of the month at 3 p.m. Call Susan Wranik at 301-520-2332 or email [susan@speakskill.com](mailto:susan@speakskill.com).

## FRIDAY FIBER FRIENDS

Knitters, crocheters, weavers, and other fiber enthusiasts meet on Fridays, from 1 to 2:30 p.m., at the Village Center. Call Joan Lewis at 301-452-4466 for details.

## GREAT BOOKS GROUP

Meets Mondays at 10 a.m. Call Judith Abrahams at 301-215-6950 or Jean McNelis at 301-656-6695 for details.

## TEA

Village residents and guests are invited to enjoy refreshments and conversation, Tuesdays, 3 to 4 p.m.

## VILLAGE BOOK CLUB

The book club meets one Tuesday a month via Zoom. Email Sheila Manes at [manessheila@gmail.com](mailto:manessheila@gmail.com).

## WALKING CLUB

The club takes two-mile, hour-long walks on Tuesdays, Thursdays, and Saturdays, starting at 8:15 a.m. at the Village Center. Call Eniko Basa at 301-657-4759.

# CONCERTS



Summer concerts are held every Wednesday from 7 to 8 p.m. in Humphrey Park in front of the Village Center. In the event of inclement weather, the performance will be moved indoors.



**Wednesday, Aug. 3—Robert Mac**— Mac has brought his comedy routine to popular venues and television shows, such as Last Comic Standing, Comedy Central's Premium Blend, NBC's Late Night, and more. He was the grand prize winner of Comedy Central's "Laugh Riots," and a finalist in competitions, such as Billy Crystal's "Mr. Saturday Night Contest" and the San Francisco International Comedy Competition. Comic Gigi Modrich will emcee. The laughs begin with our own Phyllis Meltzer who will open the show.

**Wednesday, Aug. 10 —The Jenny Wilson Trio**— The Jenny Wilson Trio is the classic piano, bass and drums combo, including vocals from Jenny. Their repertoire will include music from Nat King Cole, songs from the Great American Songbook, tunes from West Side Story and some compositions by Jenny Wilson. She is also an award-winning artist and a member of the Montgomery County Art Association.

**Wednesday, Aug. 17—Seth Kibel and The Kleztet**— Seth Kibel is one of the Mid-Atlantic's premier woodwind specialists, working with some of the best bands in klezmer, jazz, swing, and more. Wowing audiences on clarinet, saxophone, and flute, Seth has made a name for himself in the Washington/Baltimore region, and beyond. He is the featured performer with The Kleztet, Bay Jazz Project, Music Pilgrim Trio, The Natty Beaux, and more.

**Wednesday, Aug. 24**  
**—Caliente**—Violinist Susan Jones returns to the Village Center with her jazz quartet Caliente. She has performed at One Step Down, the Corcoran Jazz Series and Blues Alley, among other venues in the Washington, D.C., area. She has worked as a full-time musician for more than 40 years and is a perennial favorite of Friendship Heights audiences.



**Wednesday, Aug. 31—One Night Samba**— One Night Samba features upbeat tunes in the swing and dixieland styles, as well as some Latin tunes, and ballads from the Great American songbook. You will hear classics such as "Over the Rainbow" and "When You're Smiling," as well as the dixieland classic "Farewell Blues" and Jobim's hit "Girl from Ipanema." The musicians include: Steve Kaufman, trumpet; Jim Welsh, trombone; Marc Schlosberg, saxophone/clarinet; Robert Bunning, piano; Tommy Cecil, bass; Dominic Smith, drums; and Nell Rumbaugh and Joan Saloschin, vocals.

Dr. Michael Gittleson  
Podiatrist  
The Barlow Building

5454 Wisconsin Ave. Suite 1250  
Chevy Chase, MD 20815  
301-986-4900

Medicine/Foot Surgery

Early Morning Hours

# MOVIES



All movies begin at 7 p.m. Please note that PG-13 and R-rated movies may contain sexual situations, violence and/or offensive language.

**Thursday, Aug. 4, 7 p.m.—Booksigning—“A Hundred Sweet Promises” by Sepeher Hadid, see page 4 for details.**

**Thursday, Aug. 11, 7 p.m.—Movie—Everything Everywhere All at Once**—When an interdimensional rupture propels Michelle Yeoh into an unlikely hero needed to save the universe, mayhem and comedy ensue in this crazy fantasy adventure directed by Dan Kwan and Daniel Scheinert. Yeoh must use her newfound powers to battle bewildering dangers from the multiverse as the fate of our world hangs in the balance. The break from reality results in many humorous moments and is nonsensical, but somehow the center holds. To quote one critic, the movie uses science-fiction to ponder philosophical problems. The movie is characterized by stunning visuals, incredible acting, and a powerful story. Rotten tomatoes awarded the film a score of 95%. Rated R. Running Time: 132 minutes.

**Thursday, Aug. 18, 7 p.m.—Movie—Father Stu**—When an injury ends his amateur boxing career, Stuart Long moves to Los Angeles to find money and fame. While scraping by as a supermarket clerk, he meets Carmen, a Sunday school



teacher who seems immune to his bad-boy charm. Determined to win her over, the longtime agnostic starts going to church to impress her. However, a motorcycle accident

leaves him wondering if he can use his second chance to help others, leading to the surprising realization that he's meant to be a Catholic priest. Rated R. Running Time: 124 minutes.

**Thursday, Aug. 25, 7 p.m. —The Forgiven**—Jessica Chastain and Ralph Fiennes star in this movie about a wealthy British

couple speeding through the Moroccan desert to attend a lavish party. Fiennes is distracted as the couple argues and his car hits and kills a teenage Arab boy. They continue onto the party, where they try to cover up the facts in collusion with the local police. When the boy's father shows up, the couple must face a reckoning—the shattering consequences of their fateful act. The clash of white privilege with familial customs and desert culture, is the backdrop of the movie. Rotten Tomatoes awarded the film a score of 65 percent. Rated R. Running Time: 117 minutes.



## Lunchtime lessons in better communication

Bring a bag lunch and learn the secrets of better communication as we present “How Conversation Works: Six Lesson for Better Communication,” in The Great Courses DVD Series on **Saturdays, Aug. 6, Aug. 13 and Aug. 20 from 12 to 1 p.m.** at the Village Center.

The six lectures cover how to become conversationally aware, how and when to be direct, how to negotiate professional relationships and how to maintain relationships with talk.

The event is free, but please call the Village Center at 301-656-2797 to reserve a seat.

As a courtesy to our speakers, authors and performers, and during movies—

- Turn off cell phones.
- Arrive on time for all events. If you arrive late or must leave early, please wait for a break in the performance to enter or exit.
- Please do not bring computers or reading materials to the concerts, lectures or movies.



# ART AND CULTURE

## Open Art Studio at the Center *Art mini-lectures by CityLine Studio*

Village residents and their guests are invited to enjoy an open studio at the Village Center Friday afternoons throughout the summer. We'll set up tables in Classroom 1 from 1 to 4 p.m. each Friday.

Budding and experienced artists alike are welcome to bring their art supplies for an afternoon of art. (Please note we are unable to store any projects or materials).

Space is limited to 12 artists each week.

As an added feature, one of our artist friends at City-Line Studios will periodically offer a 10-15 minute mini art lecture at the start of the session.

CityLine Studios is located at 4602 N. Park Ave. (opposite The Elizabeth).

While no instruction will be offered, participants are invited to give feedback to the lecturing artist.

## Music-inspired art to grace the Friendship Gallery

Artists from the Women's Caucus of Greater Washington present art from "Songs that Make Us Move," in the Friendship Gallery from Monday, Aug. 1 through Saturday, Aug. 27. The exhibit will feature a mix of paintings and mixed media from about 20 artists who are interpreting their favorite songs or genres of music.

Meet the artists during a reception on **Sunday, Aug. 7, from 11:30 a.m to 1 p.m.** The reception will feature a small trio, which will feature music that accompanies the theme.

The Village Center is open Monday through Thursday 9 a.m. to 9 pm, Friday 9 a.m to 5 p.m., and Saturday and Sunday, 9 a.m. to 2 p.m. Art in the auditorium is occasionally not available for viewing because of activities in that room. Please check with the front desk upon arrival. All sales are final.

# Your Award Winning Montgomery County, MD, DC, & VA Realtors



- Senior Real Estate Specialist
- At Home Working With Diversity
- Certified International Property Specialist

- Excel in Downsizing
- Attention to Details
- Multigenerational Expertise



**RLAH**  
REAL ESTATE  
@properties

**KATHLEEN RYAN**  
c: 240.418.3127  
kathleen.ryan@rlahre.com  
www.kathleenryanhomes.com

**STACY BERMAN**  
c: 301.466.4056  
stacy.berman@rlahre.com  
www.rlahre.com

**INGRID RAPAVY**  
Senior Loan Officer  
NMLS #448531  
c: 703.597.9925  
irapavy@firsthome.com

301.652.0643  
4600 N Park Ave #100  
Chevy Chase, MD 20815

# TO YOUR HEALTH

## Flu shots to be offered this fall

Giant Supermarket Pharmacy will administer high dose and regular flu, and by request pneumonia, shots to Village residents on **Wednesday, Oct. 12, from 1 to 4 p.m.** at the Center.

Appointments are required. Signups will begin in early September through SignUpGenius and by phone. See the September newsletter for details.

  
**KEEP  
CALM  
AND  
GET YOUR  
FLU SHOT**

**Grace Kelly, continued from page 1**

We'll also enjoy a three-course luncheon at Hillwood. The menu features a choice of entree—coronation chicken salad, vegetable quiche or Greek salad with marinated chicken. Dessert will be chocolate chip cookies and lemon lavender sugar cookies. Cool off with some freshly brewed iced tea. Then take a tour of Marjorie Merriweather Post's beautiful mansion at Hillwood. You'll also have time to explore the grounds and visit the gift shop on the estate.

Like Kelly, Marjorie Merriweather Post was a tastemaker who carefully cultivated her image choosing smart elegant pieces. As Hillwood interprets 20th century fashion through Post's own collection, it's fitting to expand to showcase Kelly's place in the world of haute couture.

About one third of Kelly's wardrobe was Dior, not only because the house was so prestigious but also because she was such good friends with Bohan. Bohan viewed Kelly as the embodiment of a style that was understated, sophisticated, in vogue and tasteful, while she saw him as Monaco's most up-to-the-minute fashion designer.

Through clothing, accessories, photos and more, on special loan from the Palace of Monaco, the exhibition offers insights into the life of an icon. "Grace of Monaco" is a tribute to Bohan's muse in the 1960s and 1970s.

We'll depart from the Village Center at 10 a.m. and should return by 4 p.m.

The cost of the trip, which includes round-trip transportation, admission to Hillwood and the Grace Kelly exhibit, three-course lunch, house tour and all taxes and gratuities, is \$95 for residents; \$105 for non-residents.

Residents may sign up beginning immediately. Nonresidents may sign up beginning Aug. 14.

Space is limited.



## Independence Plus Friendship Heights

Assistance when you need it. Independence when you don't

The Independence Plus program from SmithLife Homecare provides flexible assistance you need with two hour minimum, no long-term commitment, no hidden charges, and at very reasonable rates. We accept long-term care insurance.

Whether you are recovering from a minor setback or you just need a little extra help, Independence Plus can offer a variety of supportive services. 24 hours advance notice is requested for new service.

Rate for Independence Plus

\$28.95 / hour

Our Friendship Heights pilot program is available for the residents in the community from **7am to 9pm, 7 days a week.**

In addition to providing short hours, SmithLife Homecare can provide longer hours, overnight care and 24/7 support.

Some of the services we offer are assistance with dressing, escort to events & activities, doctor's appointments, showering, personal hygiene, light housekeeping, meals, walks, medication reminders and a free home safety assessment.

Call us today to customize your unique caregiver services!

\* FHNN members receive the first hour free

**SmithLife**  
HOMECARE

Call us today for more information or to schedule your service

**(301) 816-5020**

4600 N. Park Ave. #111, Chevy Chase, Md 20815

**SMITHLIFEHOMECARE.COM**

# mellon.properties

• Full service boutique real estate brokerage in Maryland •



— Servicing all of Montgomery County & DC

## Your Village **Experts.**

**Are you tired of the stress and expense of managing your rental properties?**

From finding qualified tenants to handling monthly invoicing, maintenance coordination and legal compliance, we are here to help. Let us show you how our team can maximize your profits while reducing your headaches. Call us for a free consultation.

**301.951.0668**

[www.mellondmv.com](http://www.mellondmv.com)

4500 North Park Avenue, Suite 804N  
Chevy Chase, MD 20815

On-site at The Willoughby (North Park St. level entrance)



*Friendship Heights*

## VILLAGE NEWS

Friendship Heights Village Center  
4433 South Park Avenue  
Chevy Chase, Maryland 20815

**Like us on Facebook:**

[www.facebook.com/VillageOfFriendshipHeights](http://www.facebook.com/VillageOfFriendshipHeights)

**Visit our website:**

[www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov)

**Email:** [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov)

**Phone:** 301-656-2797

**August 2022 events calendar**