

Friendship Heights Village Center



Calendar of Events 2019

J U N E

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Twin Springs offers fresh fruit, vegetables and more

Twin Springs Fruit Farm will set up its market on the portico of the Friendship Heights Village Center **every Saturday from 9 a.m. to 1 p.m.**, until mid-December. The farmers expect to have their own greenhouse tomatoes, arugula, cucumbers, basil, sweet peppers and spring mixed greens, spring onions, lettuce and other veggies. Also available will be strawberries, red raspberries, cherries, baked goods, jams and jellies, apples, cheese and eggs. See you at market!

1
8:15 a.m.: Walking Club
9 a.m.–1 p.m.: Twin Springs Farm Market

2
9:10 a.m.: Yoga
9:30 a.m.–1 p.m.: Coffee and Sunday Papers

3
9:30 a.m.: Tai Chi Intro.
10 a.m.: Great Books
12:30 p.m.: Bridge Club
1 p.m.: Strength Training
1:30 p.m.: Writing Your Life Stories
3 p.m.: Broadway, Blues and Jazz II with John Eaton

4
8:15 a.m.: Walking Club
10 a.m.–12 p.m.: Village Playtime
12–4 p.m.: Blood Pressure Screening
1 p.m.: Balance and Fall Prevention
2–4 p.m.: Nurse Specialist
3–4 p.m.: Tea
7 p.m.: Mat Pilates

5
9:30 a.m.: Tai Chi Ongoing
10:15 a.m.–1 p.m.: County Mobile Commuter Store
10:15 a.m.: Yiddish
12 p.m.: Chess
5:30 p.m.: Community Advisory Committee (open to all residents)
7 p.m.: Concert: Mo-Soundz Revue Band

6
8:15 a.m.: Walking Club
10:30 a.m.: Chair Yoga and Meditation
4–5:30 p.m.: Spanish Conversation
6 p.m.: Depart for Hello Dolly
7 p.m.: Movie: Vice

7
9:15 a.m.: Drop-In Tai Chi
10:30 a.m.: Coffee and Current Events
10:30 a.m.: Balance, Movement and Memory
11:15 a.m.: Depart for Glenstone Museum
1 p.m.: Abstract Painting

8
8:15 a.m.: Walking Club
9 a.m.–1 p.m.: Twin Springs Farm Market

9
9:10 a.m.: Yoga
9:30 a.m.–1 p.m.: Coffee and Sunday Papers
11:30 a.m.–1 p.m.: Art Reception

10
9:30 a.m.: Tai Chi Intro.
10 a.m.: Great Books
12:30 p.m.: Bridge Club
1 p.m.: Strength Training
1:30 p.m.: Writing Your Life Stories
7:30 p.m.: FRIENDSHIP HEIGHTS VILLAGE COUNCIL MEETING

11
8:15 a.m.: Walking Club
10 a.m.: Village Playtime: Music with Marsha Goodman-Wood
12–4 p.m.: Blood Pressure Screening
1 p.m.: Balance and Fall Prevention
2–4 p.m.: Nurse Specialist

12
9:30 a.m.: Tai Chi Ongoing
10:15 a.m.–1 p.m.: County Mobile Commuter Store
10:15 a.m.: Yiddish
11 a.m.: Chair Exercise
12 p.m.: Chess
1 p.m.: All in the Eyes
1 p.m.: Suburban Lecture: A Better Body

13
8:15 a.m.: Walking Club
10 a.m.–3 p.m.: AARP Driver Safety Class
10:30 a.m.: Chair Yoga & Meditation
4–5:30 p.m.: Spanish Conversation
7 p.m.: Movie: Us

14
9:15 a.m.: Drop-In Tai Chi
10:30 a.m.: Coffee and Current Events
10:30 a.m.: Balance, Movement and Memory

15
8:15 a.m.: Walking Club
9 a.m.–1 p.m.: Twin Springs Farm Market
9:30 a.m.: Children's Photography
10:30 a.m.: Basic Photography

16

9:30 a.m.–1 p.m.: Coffee and Sunday Papers

17

9:30 a.m.: Tai Chi Intro.
10 a.m.–2 p.m.: MVA Mobile Office
10 a.m.: Great Books
1 p.m.: Strength Training
1:30 p.m.: Writing Your Life Stories
3 p.m.: MC Summer Dinner Theater Sampler

18

8:15 a.m.: Walking Club
10 a.m.–12 p.m.: Village Playtime
11 a.m.: Village Book Club
12–4 p.m.: Blood Pressure Screening
1 p.m.: Balance and Fall Prevention
2–4 p.m.: Nurse Specialist
3–4 p.m.: Tea
7 p.m.: Mat Pilates

19

9:30 a.m.: Tai Chi Ongoing
10:15 a.m.–1 p.m.: County Mobile Commuter Store
10:15 a.m.: Yiddish
11 a.m.: Chair Exercise
12 p.m.: Chess
1 p.m.: All in the Eyes
7 p.m.: Concert: Bele Bele Drum Collective

20

8:15 a.m.: Walking Club
10:30 a.m.: Chair Yoga and Meditation
11 a.m.: Still Life and Beyond
4–5:30 p.m.: Spanish Conversation
7 p.m.: Movie: Crazy Rich Asians (Audio Described Version)

21

9:15 a.m.: Drop-In Tai Chi
10:30 a.m.: Coffee and Current Events
10:30 a.m.: Balance, Movement and Memory
1 p.m.: Abstract Painting

22

8:15 a.m.: Walking Club
9 a.m.–1 p.m.: Twin Springs Farm Market
9:30 a.m.: Children's Photography
10:30 a.m.: Basic Photography

23

9:10 a.m.: Yoga
9:30 a.m.–1 p.m.: Coffee and Sunday Papers

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Children's Art Camp
6:30–8:30 p.m.: Monday Mountain Music Jam

25

Children's Art Camp
7 p.m.: Mat Pilates

26

10:15 a.m.–1 p.m.: County Mobile Commuter Store
Children's Art Camp
7 p.m.: Concert: KIVA

27

Children's Art Camp
7 p.m.: Movie: The Upside

28

Children's Art Camp

29

8:15 a.m.: Walking Club
9 a.m.–1 p.m.: Twin Springs Farm Market
9:30 a.m.: Children's Photography
10:30 a.m.: Basic Photography

30

9:10 a.m.: Yoga
9:30 a.m.–1 p.m.: Coffee and Sunday Papers

Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

Tap your inner artist for our community show in July

Our annual community art show in July in the Friendship Gallery is open to all artists in the area, in all media. This year's theme is "It's a wonderful world." Prizes will be awarded to the top winners. Applications are available at the Village Center.