



## M A R C H

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

### Show off your artistic talents this summer!

It's not too soon to start preparing for this year's community art show in July. This multi-media exhibit is open to all artists in the area. Suggestions for paintings, photographs or sculpture are July 4 celebrations, end of school, traveling, beach time—anything related to the summer. The theme is "The Good Ol' Summertime." Prizes will be awarded to the top winners. Applications will be available at the Village Center soon.

<p><b>3</b></p> <p>9:10 a.m.: Yoga 9:30 a.m.–1 p.m.: Coffee and Sunday Papers</p>	<p><b>4</b></p> <p>10 a.m.: Great Books 12:30 p.m.: Bridge Club <b>3 p.m.: Concert with John Eaton</b></p>	<p><b>5</b></p> <p>8:15 a.m.: Walking Club 10 a.m.–12 p.m.: Village Playtime 10:30 a.m.: Children's Storytime 12–4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Fall Prevention 1:30–3:30 p.m.: Painting for Everyone 2–4 p.m.: Nurse Specialist 3–4 p.m.: Tea 7 p.m.: Mat Pilates</p>	<p><b>6</b></p> <p>11 a.m.: Chair Exercise 12 p.m.: Chess 1 p.m.: All in the Eyes <b>5:30 p.m.: Community Advisory Committee Meeting (Open to the Public)</b></p>	<p><b>7</b></p> <p>8:15 a.m.: Walking Club 10:30 a.m.: Seated Yoga and Meditation <b>7 p.m.: Booksigning with Bob Levey</b></p>	<p><b>1</b></p> <p>9:15 a.m.: Drop-In Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance, Movement and Memory</p>	<p><b>2</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Children's Photography 10:30 a.m.: Basic Photography</p>
<p><b>10</b></p> <p>9:10 a.m.: Yoga 9:30 a.m.–1 p.m.: Coffee and Sunday Papers <b>11:30 a.m. – 1 p.m.: Art Reception</b></p>	<p><b>11</b></p> <p>9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books 12:30 Bridge Club <b>7:30 p.m.: FRIENDSHIP HEIGHTS VILLAGE COUNCIL MEETING (Open to the Public)</b></p>	<p><b>12</b></p> <p>8:15 a.m.: Walking Club <b>10 a.m. Village Playtime: Music with Marsha Goodman-Wood</b> 12–4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Fall Prevention 1:30–3:30 p.m.: Painting for Everyone 2–4 p.m.: Nurse Specialist 3 p.m.: Speech Therapy 3–4 p.m.: Tea 7 p.m.: Mat Pilates</p>	<p><b>13</b></p> <p>9:30 a.m.: Tai Chi Ongoing 11 a.m.: Chair Exercise 12 p.m.: Chess 1 p.m.: All in the Eyes <b>1 p.m.: Suburban Lecture: Communications Strategies for Alzheimers</b> <b>5:30 p.m. Program Advisory Committee Meeting (Open to the Public)</b> <b>7 p.m.: Concert: IONA</b></p>	<p><b>14</b></p> <p>8:15 a.m.: Walking Club 10 a.m.: AARP Older Drivers 10:30 a.m.: Seated Yoga and Meditation 11 a.m.: Still Life and Beyond <b>7 p.m.: Movie: A Star is Born</b></p>	<p><b>8</b></p> <p>9:15 a.m.: Drop-In Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance, Movement and Memory</p>	<p><b>9</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Children's Photography 10:30 a.m.: Basic Photography</p>
<p><b>17</b></p> <p>9:10 a.m.: Yoga 9:30 a.m.–1 p.m.: Coffee and Sunday Papers</p>	<p><b>18</b></p> <p>9:30 a.m.: Tai Chi Intro. 12:30 Bridge Club 10 a.m.: Great Books 1 p.m.: Strength Training</p>	<p><b>19</b></p> <p>8:15 a.m.: Walking Club 10 a.m.–12 p.m.: Village Playtime 10:30 a.m.: Children's Storytime 12–4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Fall Prevention 1:30–3:30 p.m.: Painting for Everyone 2–4 p.m.: Nurse Specialist 3–4 p.m.: Tea 7 p.m.: Mat Pilates</p>	<p><b>20</b></p> <p>9:30 a.m.: Tai Chi Ongoing 11 a.m.: Chair Exercise 12 p.m.: Chess 1 p.m.: All in the Eyes <b>1 p.m.: Irish Storytelling with Jane Dorfman</b></p>	<p><b>21</b></p> <p>8:15 a.m.: Walking Club 10 a.m.: AARP Older Drivers 10:30 a.m.: Seated Yoga and Meditation 11 a.m.: Still Life and Beyond <b>7 p.m.: Movie: BlackKlansman</b></p>	<p><b>22</b></p> <p>9:15 a.m.: Drop-In Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance, Movement and Memory 1 p.m.: Abstract Painting <b>2 p.m.: Caring for the Caregiver</b></p>	<p><b>23</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Children's Photography 10:30 a.m.: Basic Photography</p>
<p><b>24</b></p> <p>9:30 a.m.–1 p.m.: Coffee and Sunday Papers</p>	<p><b>25</b></p> <p>9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books <b>10 a.m. – 2 p.m.: MVA Mobile Office</b> 12:30 p.m.: Bridge Club 1 p.m.: Strength Training <b>6:30 p.m.: Mountain Music Monday Jam</b></p>	<p><b>26</b></p> <p>8:15 a.m.: Walking Club <b>10 a.m. Village Playtime: Music with Marsha Goodman-Wood</b> 12–4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Fall Prevention 1:30–3:30 p.m.: Painting for Everyone 2–4 p.m.: Nurse Specialist 3–4 p.m.: Tea 7 p.m.: Mat Pilates</p>	<p><b>27</b></p> <p>9:30 a.m.: Tai Chi Ongoing 11 a.m.: Chair Exercise 12 p.m.: Chess 1 p.m.: All in the Eyes <b>7 p.m.: Concert: Friday Morning Music Club</b></p>	<p><b>28</b></p> <p>8:15 a.m.: Walking Club 10 a.m.: AARP Older Drivers 10:30 a.m.: Seated Yoga and Meditation 11 a.m.: Still Life and Beyond <b>12 p.m.: Vision Resources Lunch and Learn</b> <b>7 p.m.: Movie: Bohemian Rhapsody</b></p>	<p><b>29</b></p> <p>9:15 a.m.: Drop-In Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance, Movement and Memory 1 p.m.: Abstract Painting</p>	<p><b>30</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Children's Photography 10:30 a.m.: Basic Photography</p>

**31**

9:30 a.m.–1 p.m.: Coffee and Sunday Papers

**Shuttle bus hours**

Monday through Friday 6:40 a.m. to 9:40 p.m.  
Saturday and Sunday 8 a.m. to 7 p.m.

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**Village Center Hours**

Monday through Thursday 9 a.m. to 9 p.m.  
Friday 9 a.m. to 5 p.m.  
Saturday and Sunday 9 a.m. to 2 p.m.

### Get art smart at our summer camp

Our summer art camp for children returns **Monday, June 24, through Friday, June 28**. Run by our curator Millie Shott, the camp offers a children ages 6 to 12 a fun way to tap into their individual creative genius. The annual camp is unique among art camps in that participants create fine arts projects that are tailored for little hands. Children will complete a variety of art projects, ranging from painting to pottery to jewelrymaking. Participants learn about various artists and art forms during art appreciation sessions each day. The camp takes place from 9:30 a.m. to 1 p.m. daily at the Village Center. Children must have completed kindergarten to qualify. The cost is \$250 per child. Sign up immediately at the Village Center to ensure a space.