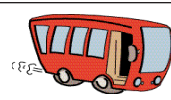




**A U G U S T**

SUNDAY      MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY      SATURDAY

|  |  |  |  |   |  |   |
|--|--|--|--|---|--|---|
|   |  |  | <p><b>1</b></p> <p>1 p.m.: Portraiture in Pencil and Pastel</p> <p><b>7 p.m.: Concert: Rick Whitehead Trio</b></p>   | <p><b>2</b></p> <p>8:15 a.m.: Walking Club<br/>9:30 a.m.: Tai Ji<br/>11 a.m. - 4 p.m.: Village Playtime<br/>6:15 p.m.: Scrabble<br/>6:45 p.m.: Acrylic or Oil Painting</p> <p><b>7 p.m.: Movie: The Lorax</b></p>                             | <p><b>3</b></p> <p>9:15 a.m.: Drop-in Tai Chi<br/>10:30 a.m.: Coffee and Current Events</p>  | <p><b>4</b></p> <p>8:15 a.m.: Walking Club<br/>9 a.m. - 1 p.m.: Twin Springs<br/>10:30 a.m.: Basic Photography</p>  |
| <p><b>5</b></p> <p>9 a.m.: Yoga<br/>9:30 a.m. - 1:30 p.m.: Coffee and Sunday Papers</p>  | <p><b>6</b></p> <p>10 a.m.: Great Books<br/>10:30 a.m.: Resistance Training For Seniors<br/>12:30 p.m.: Bridge Club<br/>2:30 p.m.: Acrylic or Oil Painting</p> <p><b>7 p.m.: Café Muse</b><br/>7 p.m.: Yoga</p>          | <p><b>7</b></p> <p>8:15 a.m.: Walking Club<br/>9:30 a.m.: Tai Ji<br/>12 - 4 p.m.: Blood Pressure Screening<br/>3 - 4 p.m.: Tea<br/>2 - 4 p.m.: Suburban Nurse Specialist</p>   | <p><b>8</b></p> <p><b>1 p.m.: Suburban Lecture: "Neuropathic Pain"</b></p> <p>1 p.m.: Portraiture in Pencil and Pastel<br/>1 p.m.: Health Insurance Counseling</p> <p><b>7 p.m.: Concert: Bill Wright's Salute to Bennie Goodman</b></p> | <p><b>9</b></p> <p>8:15 a.m.: Walking Club<br/>9:30 a.m.: Tai Ji<br/>11 a.m. - 4 p.m.: Village Playtime<br/>6:15 p.m.: Scrabble<br/>6:45 p.m.: Acrylic or Oil Painting</p> <p><b>7 p.m.: Movie: The Lucky One</b></p>                         | <p><b>10</b></p> <p>9:15 a.m.: Drop-in Tai Chi<br/>10:30 a.m.: Coffee and Current Events</p> | <p><b>11</b></p> <p>8:15 a.m.: Walking Club<br/>9 a.m. - 1 p.m.: Twin Springs<br/>10:30 a.m.: Basic Photography</p> |
| <p><b>12</b></p> <p>9 a.m.: Yoga<br/>9:30 a.m. - 1:30 p.m.: Coffee and Sunday Papers</p> <p><b>11:30 a.m. - 1:30 p.m.: Art Reception</b></p> | <p><b>13</b></p> <p>10 a.m.: Great Books<br/>10:30 a.m.: Resistance Training For Seniors<br/>12:30 p.m.: Bridge Club<br/>2:30 p.m.: Acrylic or Oil Painting</p> <p><b>8 P.M.: Friendship Heights Council Meeting</b></p> | <p><b>14</b></p> <p>8:15 a.m.: Walking Club<br/>9:30 a.m.: Tai Ji<br/>12 - 4 p.m.: Blood Pressure Screening<br/>2 p.m.: Speech Therapy and Support Group<br/>3 - 4 p.m.: Tea<br/>2 - 4 p.m.: Suburban Nurse Specialist</p> | <p><b>15</b></p> <p>1 p.m.: Portraiture in Pencil and Pastel</p> <p><b>7 p.m.: Concert: IONA</b></p>   | <p><b>16</b></p> <p>8:15 a.m.: Walking Club<br/>9:30 a.m.: Tai Ji<br/>11 a.m. - 4 p.m.: Village Playtime<br/>6:15 p.m.: Scrabble<br/>6:45 p.m.: Acrylic or Oil Painting</p> <p><b>7 p.m.: Movie: Moneyball</b></p>                            | <p><b>17</b></p> <p>9:15 a.m.: Drop-in Tai Chi<br/>10:30 a.m.: Coffee and Current Events</p> | <p><b>18</b></p> <p>8:15 a.m.: Walking Club<br/>9 a.m. - 1 p.m.: Twin Springs</p>                                   |
| <p><b>19</b></p> <p>9:30 a.m. - 1:30 p.m.: Coffee and Sunday Papers</p>  | <p><b>20</b></p> <p>10 a.m.: Great Books<br/>10 a.m. - 2 p.m.: MVA Bus<br/>10:30 a.m.: Resistance Training For Seniors<br/>12:30 p.m.: Bridge Club</p>   | <p><b>21</b></p> <p>8:15 a.m.: Walking Club<br/>11 a.m.: Village Book Club<br/>12 - 4 p.m.: Blood Pressure Screening<br/>3 - 4 p.m.: Tea<br/>2 - 4 p.m.: Suburban Nurse Specialist</p>                                     | <p><b>22</b></p> <p>1 p.m.: Portraiture in Pencil and Pastel<br/>1 p.m.: Health Insurance Counseling</p> <p><b>7 p.m.: Concert: Robert Glenn Jazz Ensemble</b></p>   | <p><b>23</b></p> <p><b>8 a.m.: Depart for Rehoboth</b></p> <p>8:15 a.m.: Walking Club<br/>11 a.m. - 4 p.m.: Village Playtime<br/>6:15 p.m.: Scrabble<br/>6:45 p.m.: Acrylic or Oil Painting</p> <p><b>7 p.m.: Movie: The Hunger Games</b></p> | <p><b>24</b></p> <p>9:15 a.m.: Drop-in Tai Chi<br/>10:30 a.m.: Coffee and Current Events</p> | <p><b>25</b></p> <p>8:15 a.m.: Walking Club<br/>9 a.m. - 1 p.m.: Twin Springs</p>                                   |
| <p><b>26</b></p> <p>9:30 a.m. - 1:30 p.m.: Coffee and Sunday Papers</p>  | <p><b>27</b></p> <p>10 a.m.: Great Books<br/>12:30 p.m.: Bridge Club</p>   | <p><b>28</b></p> <p>8:15 a.m.: Walking Club<br/>12 - 4 p.m.: Blood Pressure Screening<br/>3 - 4 p.m.: Tea<br/>2 - 4 p.m.: Suburban Nurse Specialist</p>  | <p><b>29</b></p> <p>1 p.m.: Portraiture in Pencil and Pastel</p> <p><b>7 p.m.: Concert: Barbara Martin</b></p>   | <p><b>30</b></p> <p>8:15 a.m.: Walking Club<br/>11 a.m. - 4 p.m.: Village Playtime<br/>6:15 p.m.: Scrabble<br/>6:45 p.m.: Acrylic or Oil Painting</p> <p><b>7 p.m.: Movie: The Artist</b></p>   | <p><b>31</b></p> <p>9:15 a.m.: Drop-in Tai Chi<br/>10:30 a.m.: Coffee and Current Events</p> |   |

**Shuttle bus hours** 

Monday through Friday      6:40 a.m. to 9:40 p.m.  
Saturday and Sunday      8 a.m. to 7 p.m.

**Village Center Hours**

Monday through Thursday      9 a.m. to 9 p.m.  
Friday      9 a.m. to 5 p.m.  
Saturday and Sunday      9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

