



## WHAT'S HAPPENING AT THE VILLAGE COMMUNITY CENTER?

Sponsored by the Friendship Heights Village Council

FOR FURTHER DETAILS ON PROGRAMS AND EVENTS,  
PLEASE CHECK YOUR NEWSLETTER  
(Copies delivered to your buildings by the first of each month)  
VISIT OUR WEBSITE: [www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov)  
OR CALL THE VILLAGE CENTER—301-656-2797



## ONGOING PROGRAMS

- Tea Time—Tuesdays, from 3 to 4 p.m.
- Suburban Blood Pressure Screenings—Tuesdays, from 12 to 4 p.m.
- Suburban Nurse Consultations—Tuesdays, 2 to 4 p.m.
- Concerts in Huntley Hall—Wednesdays, 7 to 8 p.m.
- Movies on the Big Screen—"Most Thursdays," at 7 p.m.
- Village Playtime for Children—Thursdays, 11 a.m. to 4 p.m.

## HIGHLIGHTS OF EVENTS IN SEPTEMBER

- Labor Day holiday: Center open 9 a.m. to 2 p.m.—Mon., Sept. 3  
Shuttle bus will run on a weekend schedule.
- Art Exhibit: Tribute to Jeanne Ryan—Exhibit runs through Oct. 6
- Art Reception—Sun., Sept. 9, from 11:30 a.m. to 1:30 p.m.
- Suburban Lecture: Emergency Preparedness—Tips for Seniors  
Wed., Sept. 12, at 1 p.m.
- Program Advisory Committee Meeting—Wed., Sept. 12, at 4 p.m.
- Community Advisory Committee Meeting—Wed., Sept. 12, at 5:30 p.m.
- Play reading and talk for caregivers by former resident Paula Stone:  
"Because She's My Mother"—Sat., Sept. 15., at 10 a.m.
- Village Council monthly meeting —Mon., Sept. 17, at 7:30 p.m.
- The Village Book Club—Tues., Sept. 18, at 11 a.m.  
The book selection is "The Vanity Diaries" by Tina Brown
- Vision Support Group: Tonya Walton will discuss Falls Prevention  
Thurs., Sept. 20, from 1 to 2 p.m.
- MVA Mobile Office—Mon., Sept. 24, from 10 a.m. to 2 p.m.  
(Bus parks on Friendship Blvd., near the Center)
- Children's Concert with Marsha Goodman-Wood  
Tues., Sept. 25, from 10 to 11 a.m.
- Village resident Cheryl Douglass shares her personal story about sepsis  
and why it's so important to learn the early signs:  
Mon., Sept. 24, at 3 p.m., and Thurs., Sept. 27, at 7 p.m.
- INOVA WELL will administer flu shots by appointment only.  
Wed., Sept. 26, from 1 to 4 p.m. (See more details in the Village News.)

## MARK YOUR CALENDAR FOR UPCOMING EVENTS IN OCTOBER/NOVEMBER

- Jazz, Blues and Broadway with the Legendary John Eaton—Mon., Oct. 1, at 3 p.m.
- Shredding Truck (parked on Friendship Blvd.)—Wed., Oct. 17, from 5 to 7 p.m.
- Annual "Holiday Affair"—Fri., Nov. 2, from 5:30 to 8 p.m. (Opening Reception),  
and Sat., Nov. 3, from 10 a.m. to 4 p.m.
- AARP DRIVER SAFETY PROGRAM (one-day course) for drivers age 50 and older  
Thurs., Nov. 15, from 10 a.m. to 3 p.m.