




A U G U S T

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

<p>Learn the importance of building balance, strength and flexibility with popular Village instructor, Tonya Walton, Certified Brain & Balance Specialist for People Over 60. Details in the September <i>Village News</i>.</p>			<p>1 9:30 a.m.: Tai Chi Ongoing 12 p.m.: Chess Group 7 p.m.: Concert: Trans Atlantic</p>	<p>2 8:15 a.m.: Walking Club 11 a.m.-4 p.m.: Village Playtime 7 p.m.: Movie: A Wrinkle in Time</p>	<p>3 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance, Movement and Memory</p>	<p>4 8:15 a.m.: Walking Club 9 a.m. - 1 p.m.: Twin Springs 10 a.m. to 2 p.m.: Women's Self-Defense Class 10:30 a.m.: Basic Photography</p>
<p>5 9:10 a.m.: Yoga 9:30 a.m. - 1:30 p.m.: Coffee and Sunday Papers</p>	<p>6 9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books 12:30 p.m.: Bridge Club</p>	<p>7 8:15 a.m.: Walking Club 9 a.m.: Depart for Philadelphia 12 - 4 p.m.: Blood Pressure Screening 2 - 4 p.m.: Nurse Specialist 3 - 4 p.m.: Tea</p>	<p>8 9:30 a.m.: Tai Chi Ongoing 12 p.m.: Chess Group 5:30 p.m.: Community Advisory Committee Meeting 7 p.m.: Concert: Timothy Roberts Quartet</p>	<p>9 8:15 a.m.: Walking Club 11 a.m.-4 p.m.: Village Playtime 11 a.m.: Still Life and Beyond 7 p.m.: Movie: Chappaquiddick</p>	<p>10 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance, Movement and Memory 1 p.m.: Abstract Painting</p>	<p>11 8:15 a.m.: Walking Club 9 a.m. - 1 p.m.: Twin Springs 10:30 a.m.: Basic Photography 9:30 a.m.: Photography for Children</p>
<p>12 9:10 a.m.: Yoga 9:30 a.m. - 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. - 1:30 p.m.: Art Reception</p>	<p>13 9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books 12:30 p.m.: Bridge Club</p>	<p>14 8:15 a.m.: Walking Club 12 - 4 p.m.: Blood Pressure Screening 2:30 p.m.: Speech Therapy and Support Group 2 - 4 p.m.: Nurse Specialist 3 - 4 p.m.: Tea</p>	<p>15 9:30 a.m.: Tai Chi Ongoing 12 p.m.: Chess Group 1 p.m.: All in the Eyes 1 p.m.: Suburban Lecture: Circulation 7 p.m.: Concert: Susan Jones Jazz</p>	<p>16 8:15 a.m.: Walking Club 11 a.m. - 4 p.m.: Village Playtime 7 p.m.: Movie: Man on Wire</p>	<p>17 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance, Movement and Memory</p>	<p>18 8:15 a.m.: Walking Club 9 a.m. - 1 p.m.: Twin Springs 10:30 a.m.: Basic Photography 9:30 a.m.: Photography for Children</p>
<p>19 9:10 a.m.: Yoga 9:30 a.m. - 1:30 p.m.: Coffee and Sunday Papers</p>	<p>9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books 10 a.m. - 2 p.m.: MVA Mobile Office 12:30 p.m.: Bridge Club 7 p.m.: Café Muse</p>	<p>21 8:15 a.m.: Walking Club 11 a.m.: Village Book Club 12 - 4 p.m.: Blood Pressure Screening 2 - 4 p.m.: Nurse Specialist 3 - 4 p.m.: Tea</p>	<p>22 9:30 a.m.: Tai Chi Ongoing 12 p.m.: Chess Group 1 p.m.: All in the Eyes 7 p.m.: Concert: Pam Parker Trio</p>	<p>23 8 a.m.: Depart for Rehoboth 8:15 a.m.: Walking Club 11 a.m. - 4 p.m.: Village Playtime 7 p.m.: Movie: I Can Only Imagine</p>	<p>24 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events</p>	<p>25 8:15 a.m.: Walking Club 9 a.m. - 1 p.m.: Twin Springs 10:30 a.m.: Basic Photography 9:30 a.m.: Photography for Children</p>
<p>26 9:30 a.m. - 1:30 p.m.: Coffee and Sunday Papers</p>	<p>27 9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books 12:30 p.m.: Bridge Club</p>	<p>28 8:15 a.m.: Walking Club 10 a.m.: Children's concert with Marsha Goodman-Wood 12 - 4 p.m.: Blood Pressure Screening 2 - 4 p.m.: Nurse Specialist 3 - 4 p.m.: Tea</p>	<p>29 9:30 a.m.: Tai Chi Ongoing 12 p.m.: Chess Group 1 p.m.: All in the Eyes 7 p.m.: Concert: Mariachis de Los Compadres</p>	<p>30 8:15 a.m.: Walking Club 11 a.m. - 4 p.m.: Village Playtime 7 p.m.: Movie: Jumanji: Welcome to the Jungle</p>	<p>31 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events</p>	

Shuttle bus hours 

Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

Tea volunteers needed!

The very popular Tuesday Tea program at the Village Center needs additional volunteers to assist other dedicated volunteers with the preparation and serving of fruits, pastries, and tea and coffee to our center guests. The time commitment would be about 2.5 hours between 1:30 and 4 p.m. on Tuesdays. Please drop by the center and fill out a volunteer form. Our Facilities Manager Betty Ardizzone will call you to set up an appointment, and would be happy to answer any questions.

