



## WHAT'S HAPPENING

### AT THE VILLAGE COMMUNITY CENTER?

Sponsored by the Friendship Heights Village Council

FOR FURTHER DETAILS ON PROGRAMS AND EVENTS,  
PLEASE CHECK YOUR NEWSLETTER

(Copies delivered to your buildings by the first of each month)

VISIT OUR WEBSITE: [www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov)

OR CALL THE VILLAGE CENTER—301-656-2797



## ONGOING PROGRAMS

August exhibit features eclectic mix from a variety of artists.

Curated by Llewellyn Berry—Exhibit runs from Aug. 12 to 29

Art Reception—Sunday, Aug. 12, from 11:30 a.m. to 1:30 p.m.

Tea Time—Tuesdays, from 3 to 4 p.m.

Suburban Blood Pressure Screenings—Tuesdays, from 12 to 4 p.m.

Suburban Nurse Consultations—Tuesdays, 2 to 4 p.m.

Outdoor Concerts—Check newsletter for dates, 7 to 8 p.m.

Movies on the Big Screen—"Most Thursdays," at 7 p.m.

## HIGHLIGHTS OF OTHER EVENTS IN AUGUST

Women' self-defense course: "Fight Like A Girl," presented by Annapolis Security and Defense, to bring safety and awareness to all women.

Sat, Aug. 4, from 10 a.m. to 2 p.m.

PLEASE NOTE: There will be no Council monthly meeting in August!

Community Advisory Committee meeting—Wed., Aug. 8, at 5:30 p.m.

"Express Yourself", aphasia support Group (note new times)

Tues., Aug. 14, from 2:30 to 3:30 p.m.

Suburban Health Lecture: Dr. Greg Kumkumian will review the circulatory system and explain potential problems when the system is compromised.

Wed., Aug. 15, from 1 to 2 p.m.

MVA Mobile Office—Mon., Aug. 20, from 10 a.m. to 2 p.m.

(Bus parks on Friendship Blvd., near the Center)

Cafe Muse will present the anthology "Words for War: New Poems from the Ukraine," read by Alexander Cigale, Mary Kalyna, and Olga Livshin, with classical guitar by Michael Davis—Mon., Aug. 20, at 7 p.m.

The Village Book Club—Tues., Aug. 21, at 11 a.m.

The book selection is "An Officer and a Spy" by Robert Harris.

Children's Concert with Marsha Goodman-Wood—Tues., Aug. 28, from 10 to 11 a.m.

## MARK YOUR CALENDAR FOR UPCOMING EVENTS IN SEPTEMBER

Play reading presented by Paula Stone: "Because She's My Mother."

Sat., Sept. 15, at 10 a.m.

"Inter-generational Sampling" of Winds/Brass Instruments, presented by Tiffani Perry, Levine wind chair—Mon., Sept. 17, from 4 to 5 p.m.

Inova Well Nurses will administer flu shots

Wed., Sept. 26, from 1 to 4 p.m., to anyone 9 years and older.

(See more details in the Village News.)