




J U L Y

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

<p>1</p> <p>9:10 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>2</p> <p>9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books 12:30 p.m.: Bridge Club 5:30 p.m.: Community Advisory Committee</p>	<p>3</p> <p>8:15 a.m.: Walking Club 10:30 – 11:30 a.m.: MC Students “West Side Story” 12 – 4 p.m.: Blood Pressure Screening 2 – 4 p.m.: Nurse Specialist 6:30 p.m.: Pilates</p>	<p>4</p> <p>2-4 p.m.: July 4th Celebration Shuttle runs on a weekend schedule</p>	<p>5</p> <p>8:15 a.m.: Walking Club 11 a.m. – 4 p.m.: Village Playtime 7 p.m.: Movie: La La Land</p>	<p>6</p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance, Movement and Memory</p>	<p>7</p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:30 a.m.: Photography for Children 10:30 a.m.: Basic Photography</p>
<p>8</p> <p>9:10 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception</p>	<p>9</p> <p>9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books 12:30 p.m.: Bridge Club 7:30 p.m.: Friendship Heights Village Council Meeting</p>	<p>10</p> <p>8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening 2 p.m.: Speech Therapy and Support Group 2 – 4 p.m.: Nurse Specialist 3 – 4 p.m.: Tea 6 p.m.: Depart for Monuments Tour 6:30 p.m.: Pilates</p>	<p>11</p> <p>9:30 a.m.: Tai Chi Ongoing 10:15 a.m.: Yiddish 12 p.m.: Chess Group 1 p.m.: All in the Eyes 1 p.m.: Suburban Lecture: Hospice Options 7 p.m.: Concert: IONA</p>	<p>12</p> <p>8:15 a.m.: Walking Club 11 a.m. – 4 p.m.: Village Playtime 11 a.m.: Still Life and Beyond 7 p.m.: Movie: Mamma Mia</p>	<p>13</p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance, Movement and Memory 1 p.m.: Abstract Painting</p>	<p>14</p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:30 a.m.: Photography for Children 10:30 a.m.: Basic Photography</p>
<p>15</p> <p>9:10 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>16</p> <p>9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books 12:30 p.m.: Bridge Club 7 p.m.: Café Muse</p>	<p>17</p> <p>8:15 a.m.: Walking Club 11 a.m.: Village Book Club 12 – 4 p.m.: Blood Pressure Screening 2 – 4 p.m.: Nurse Specialist 3 – 4 p.m.: Tea 6:30 p.m.: Pilates</p>	<p>18</p> <p>9:30 a.m.: Tai Chi Ongoing 10:15 a.m.: Yiddish 12 p.m.: Chess Group 1 p.m.: All in the Eyes 7 p.m.: Concert: Tommy Cecil Trio</p>	<p>19</p> <p>8:15 a.m.: Walking Club 11 a.m. – 4 p.m.: Village Playtime 11 a.m.: Still Life and Beyond 7 p.m.: Movie: On the Town</p>	<p>20</p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance, Movement and Memory 1 p.m.: Abstract Painting</p>	<p>21</p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 10:30 a.m.: Basic Photography 9:30 a.m.: Photography for Children</p>
<p>22</p> <p>9:10 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>23</p> <p>10 a.m.: Great Books 12:30 p.m.: Bridge Club</p>	<p>24</p> <p>8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening 2 – 4 p.m.: Nurse Specialist 3 – 4 p.m.: Tea</p>	<p>25</p> <p>10:15 a.m.: Yiddish 12 p.m.: Chess Group 1 p.m.: All in the Eyes 7 p.m.: Concert: Richard Miller</p>	<p>26</p> <p>8:15 a.m.: Walking Club 11 a.m. – 4 p.m.: Village Playtime 7 p.m.: Movie: West Side Story</p>	<p>27</p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance, Movement and Memory</p>	<p>28</p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:15 a.m.: Depart for Shepherdstown 9:30 a.m.: Photography for Children 10:30 a.m.: Basic Photography</p>
<p>29</p> <p>9:10 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>30</p> <p>9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books 10 a.m. – 2 p.m.: MVA Mobile Office 12:30 p.m.: Bridge Club 2- 3:30 p.m.: AARP Smart Driver TEK</p>	<p>31</p> <p>8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening 2 – 4 p.m.: Nurse Specialist 3 – 4 p.m.: Tea</p>	<p>The Village Book Club will meet on Tuesday, July 17, at 11 a.m. The book selection is “Pachinko” by Min Jin Lee. Look for a copy in the Center Reading Room in the “Village Book Club Selections” bookcase.</p>			

Shuttle bus hours 

Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

Fresh produce practically at your doorstep

Twin Springs Fruit Farm will set up its market on the portico of the Friendship Heights Village Center every **Saturday from 9 a.m. to 1 p.m.**, until mid-December.

The farmers expect to have their own tomatoes, arugula, cucumbers, basil, sweet peppers and spring mixed greens. In addition, they will feature fresh asparagus, radishes, spring onions, lettuce and other veggies. Also available in July are red raspberries, cherries, blackberries, blueberries, peaches, plums, baked goods, jams and jellies, apples, cheese and eggs. See you at market!

