

Friendship Heights Village Center



Calendar of Events 2017

N O V E M B E R

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

The Village Book Club will meet on **Tuesday, Nov. 21, at 11 a.m.** The book selection is "Swing Time" by Zadie Smith. Look for a copy in the Center Reading Room in the "Village Book Club Selections" bookcase.

1
9:30 a.m.: Tai Chi Ongoing
10:15 a.m.: Yiddish
11 a.m.: Chair Exercise
12 p.m.: Chess Group
1 p.m.: All in the Eyes
5:30 p.m.: Program Advisory Committee Meeting
7:30 p.m.: Concert: David Pedraza

2
8:15 a.m.: Walking Club
11 a.m. – 4 p.m.: Village Playtime
11 a.m.: Still Life and Beyond
6:45 p.m.: Acrylic or Oil
7 p.m.: Movie: Spiderman

3
9:15 a.m.: Drop-in Tai Chi
10:30 a.m.: Coffee and Current Events
10:30 a.m.: Balance, Movement and Memory
1 p.m.: Abstract Painting
5:30 – 8 p.m.: Artisan Fair Reception

4
8:15 a.m.: Walking Club
9 a.m. – 1 p.m.: Twin Springs
9:30 a.m.: Photography for Children
10 a.m. – 4 p.m.: Artisan Fair
10:30 a.m.: Basic Photography

5
9:10 a.m.: Yoga
9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers

6
9:30 a.m.: Tai Chi Intro.
10 a.m.: Great Books
12:30 p.m.: Bridge Club
1 p.m.: Strength Training
7 p.m.: Café Muse

7
8:15 a.m.: Walking Club
12 – 4 p.m.: Blood Pressure Screening
12:30 – 3:30 p.m.: County Mobile Commuter Store
1 p.m.: Balance and Fall Prevention
2 – 4 p.m.: Nurse Specialist
3 – 4 p.m.: Tea
6:30 p.m.: Pilates

8
9:30 a.m.: Tai Chi Ongoing
10:15 a.m.: Yiddish
11 a.m.: Chair Exercise
12 p.m.: Chess Group
1 p.m.: All in the Eyes
1 p.m.: Suburban Lecture: "Best Foot Forward"
5:30 p.m.: Community Advisory Committee
7:30 p.m.: Concert: Susan Jones Jazz

9
8:15 a.m.: Walking Club
11 a.m. – 4 p.m.: Village Playtime
11 a.m.: Still Life and Beyond
6:45 p.m.: Acrylic or Oil
7:30 p.m.: Book Signing with Peter Baker: "Obama: The Call of History"

10
Veterans Day Observed Center Open 9 a.m. to 2 p.m.
9:15 a.m.: Drop-in Tai Chi
10:30 a.m.: Coffee and Current Events
Shuttle bus runs on weekend schedule

11
8:15 a.m.: Walking Club
9 a.m. – 1 p.m.: Twin Springs
10:30 a.m.: Basic Photography

12
9:10 a.m.: Yoga
9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers

13
9:30 a.m.: Tai Chi Intro.
10 a.m.: Great Books
12:30 p.m.: Bridge Club
1 p.m.: Strength Training
3 p.m.: John Eaton Concert
7:30 p.m.: FRIENDSHIP HEIGHTS VILLAGE COUNCIL MEETING

14
8:15 a.m.: Walking Club
12 – 4 p.m.: Blood Pressure Screening
12:30 – 3:30 p.m.: County Mobile Commuter Store
1 p.m.: Balance and Fall Prevention
2 – 4 p.m.: Nurse Specialist
3 – 4 p.m.: Tea
6:30 p.m.: Pilates

15
10:15 a.m.: Yiddish
11 a.m.: Chair Exercise
12 p.m.: Chess Group
1 p.m.: All in the Eyes
2 p.m.: Jim Resnick on Fire Prevention
7:30 p.m.: Concert: Thomas Pandolfi

16
8:15 a.m.: Walking Club
10:30 a.m.: Vision Support
11 a.m. – 4 p.m.: Village Playtime
11 a.m.: Still Life and Beyond
6:45 p.m.: Acrylic or Oil
7:30 p.m.: Book Signing with Kurt Newman: "Healing Children"

17
9:15 a.m.: Drop-in Tai Chi
10 a.m. – 2 p.m.: AARP Driver Safety
10:30 a.m.: Coffee and Current Events
10:30 a.m.: Balance, Movement and Memory
1 p.m.: Abstract Painting

18
8:15 a.m.: Walking Club
9 a.m. – 1 p.m.: Twin Springs
9:30 a.m.: Photography for Children
10:30 a.m.: Basic Photography

19
9:10 a.m.: Yoga
9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers

20
9:30 a.m.: Tai Chi Intro.
10 a.m. – 2 p.m.: MVA Mobile Office
10 a.m.: Great Books
12:30 p.m.: Bridge Club

21
8:15 a.m.: Walking Club
11 a.m.: Village Book Club
12 – 4 p.m.: Blood Pressure Screening
12:30 – 3:30 p.m.: County Mobile Commuter Store
2 – 4 p.m.: Nurse Specialist
3 – 4 p.m.: Tea
6:30 p.m.: Pilates

22
Center Open 9 a.m. to 5 p.m.
9:30 a.m.: Tai Chi Ongoing
10:15 a.m.: Yiddish
12 p.m.: Chess Group

23
Happy Thanksgiving! Center Closed No Shuttle Bus

24
Center Open 9 a.m. to 2 p.m.
9:15 a.m.: Drop-in Tai Chi
10:30 a.m.: Coffee and Current Events

25
8:15 a.m.: Walking Club
9 a.m. – 1 p.m.: Twin Springs

26
9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers

27
9:30 a.m.: Tai Chi Intro.
10 a.m.: Great Books
12:30 p.m.: Bridge Club
1 p.m.: Strength Training
7:30 p.m.: Jim Resnick on Fire Prevention

28
8:15 a.m.: Walking Club
12 – 4 p.m.: Blood Pressure Screening
1 p.m.: Balance and Fall Prevention
12:30 – 3:30 p.m.: County Mobile Commuter Store
2 – 4 p.m.: Nurse Specialist
3 – 4 p.m.: Tea
6:30 p.m.: Pilates

29
9:30 a.m.: Tai Chi Ongoing
10:15 a.m.: Yiddish
11 a.m.: Chair Exercise
12 p.m.: Chess group
1 p.m.: All in the Eyes
7:30 p.m.: Concert: Antonio Guiliano

30
8:15 a.m.: Walking Club
11 a.m. – 4 p.m.: Village Playtime
6:45 p.m.: Acrylic or Oil
7:30 p.m.: Book Signing with Jim Fitzgerald: "A Journey to the Center of the Mind"

Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

'Tis the season to share: Collecting for Manna

Once again the Village Center will collect food items for Manna Food Center in Gaithersburg. Manna is the main food bank in Montgomery County and feeds almost 40,000 people every year.

Please bring donations to the Village Center during November and December; they will be delivered to Manna before the holidays. The food most needed include low-sugar cereal, rice, canned meats and tuna, beans, canned fruit and vegetables, pasta and spaghetti sauce, baby formula and baby food, peanut butter, and shelf-stable milk. In addition, items are needed for Manna's Smart Sacks, a program to fight childhood hunger. Each week, more than 2,800 children in 59 elementary schools receive a backpack with nutritious foods for the weekend: small fruit cans or cups, juice boxes that are 100% juice, cans of low-sodium vegetables and lean proteins, individual cereal boxes, oatmeal packets, cereal bars, and small boxes of raisins. Last year Village residents donated 458 pounds of canned and boxed food.

Important: Please check expiration dates before bringing donations and do not bring anything in a glass jar. Baked goods and fresh produce cannot be accepted.