



**J U N E**

SUNDAY      MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY      SATURDAY

### Friendship Heights Neighbors Network (FHNN), June 2017 EVENTS

**Tuesday, June 13, 7 — 8:30 p.m.:** VIDEO AND DISCUSSION ON HEALTH CARE in the Elizabeth Party Room. There will be a video presentation of "FIX IT: Healthcare at the Tipping Point" preceded and followed by discussion about Medicare for All: single payer health care, by David L. Rabin, MD, MPH, Research Professor, Health Care Studies, Georgetown University School of Medicine. For future FHNN programs and membership information, including details on a bonus for joining before June 30, please go to the website, [www.fhneighbors.org](http://www.fhneighbors.org), or call 240-620-3285.

<p><b>4</b></p> <p>9:10 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers <b>11:30 a.m. – 1:30 p.m.: Art Reception</b></p>	<p><b>5</b></p> <p>9:15 a.m.: Tai Chi 10 a.m.: Great Books 12:30 p.m.: Bridge Club <b>7:30 p.m.: Book Signing with Joan Nathan: "King Solomon's Table"</b></p>	<p><b>6</b></p> <p>8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 – 4 p.m.: Nurse Specialist 3 – 4 p.m.: Tea 7 p.m.: Pilates</p>	<p><b>7</b></p> <p>10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group 1 p.m.: All in the Eyes <b>1 p.m.: Frauds and Scams Against Seniors</b> <b>5:30 p.m.: Community Advisory Committee — open to the public</b> <b>7 p.m.: Concert: Tommy Cecil and Robert Redd</b></p>	<p><b>8</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Dance for Health 11 a.m. – 4 p.m.: Village Playtime 11 a.m.: Still Life Painting 6:45 p.m.: Acrylic or Oil <b>7 p.m.: Movie: "The Founder"</b></p>	<p><b>9</b></p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance, Movement and Memory 1 p.m.: Abstract Painting</p>	<p><b>10</b></p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:30 a.m.: Photography for Children 10:30 a.m.: Basic Photography</p>
<p><b>11</b></p> <p>9:10 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p><b>12</b></p> <p>9:30 a.m.: Tai Chi (new start time) 10 a.m.: Great Books 12:30 p.m.: Bridge Club <b>7:30 p.m.: FRIENDSHIP HEIGHTS VILLAGE COUNCIL MEETING — open to the public</b></p>	<p><b>13</b></p> <p>8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 p.m.: Speech Therapy and Support Group 2 – 4 p.m.: Nurse Specialist 3 – 4 p.m.: Tea 7 p.m.: Pilates</p>	<p><b>14</b></p> <p>10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group <b>1 p.m.: Suburban Lecture: Tipping the Scale to Health</b> 1 p.m.: All in the Eyes <b>2:30 p.m.: Depart for Nationals Game</b> <b>7 p.m.: Concert: Machaya Klezmer</b></p>	<p><b>15</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Dance for Health 11 a.m. – 4 p.m.: Village Playtime 11 a.m.: Still Life Painting 6:45 p.m.: Acrylic or Oil <b>7:30 p.m.: Book signing with Deborah Tannen</b></p>	<p><b>16</b></p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance, Movement and Memory 1 p.m.: Abstract Painting</p>	<p><b>17</b></p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs <b>9:30 a.m. – 1 p.m.: AED/CPR class</b> 9:30 a.m.: Photography for Children 10:30 a.m.: Basic Photography</p>
<p><b>18</b></p> <p>9:10 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p><b>19</b></p> <p>9:30 a.m.: Tai Chi 10 a.m.: Great Books <b>10 a.m. – 2 p.m.: MVA Mobile Office</b> 12:30 p.m.: Bridge Club 3 p.m.: Coffee and Concert: John Eaton 7 p.m.: Café Muse</p>	<p><b>20</b></p> <p>8:15 a.m.: Walking Club 10 a.m.: Caregivers Support Group 11 a.m.: Village Book Club 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 – 4 p.m.: Nurse Specialist 3 – 4 p.m.: Tea 7 p.m.: Pilates</p>	<p><b>21</b></p> <p>10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group 1 p.m.: All in the Eyes <b>2 p.m.: Montgomery College Theater Showcase</b> <b>7 p.m.: Concert: Divas Divine</b></p>	<p><b>22</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Dance for Health 11 a.m. – 4 p.m.: Village Playtime 11 a.m.: Still Life and Beyond 6:45 p.m.: Acrylic or Oil <b>7 p.m.: Movie: "A Monster Calls"</b></p>	<p><b>23</b></p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance, Movement and Memory 1 p.m.: Abstract Painting</p>	<p><b>24</b></p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:30 a.m.: Photography for Children 10:30 a.m.: Basic Photography</p>
<p><b>25</b></p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p><b>26</b></p> <p><b>9:30 a.m. to 1 p.m.: Children's Art Camp</b></p>	<p><b>27</b></p> <p>8:15 a.m.: Walking Club <b>9:30 a.m. to 1 p.m.: Children's Art Camp</b></p>	<p><b>28</b></p> <p><b>9:30 a.m. to 1 p.m.: Children's Art Camp</b> 12 p.m.: Chess group <b>7 p.m.: Concert: IONA</b></p>	<p><b>29</b></p> <p>8:15 a.m.: Walking Club <b>9:30 a.m. to 1 p.m.: Children's Art Camp</b> <b>7 p.m.: Movie: "Moana"</b></p>	<p><b>30</b></p> <p><b>9:30 a.m. to 1 p.m.: Children's Art Camp</b></p>	

### Shuttle bus hours



Monday through Friday      6:40 a.m. to 9:40 p.m.  
Saturday and Sunday      8 a.m. to 7 p.m.

### Village Center Hours

Monday through Thursday      9 a.m. to 9 p.m.  
Friday      9 a.m. to 5 p.m.  
Saturday and Sunday      9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

### Last call for baseball!

A few tickets remain for the Washington Nationals game against the Atlanta Braves on **Wednesday, June 14**. We will leave the Village Center at 2:30 p.m. and return around 8 p.m. The cost of the trip, which includes a covered seat in Section 135 (field level), transportation and driver gratuity, is \$65. The trip involves minimal walking and just four steps down to the seats.

The Nationals won the NL East championship last September and are hoping for another winning season.

Let's go Nats!

