

# Friendship Heights Village Center

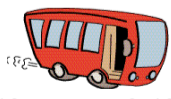


# 2016

## S E P T E M B E R

SUNDAY      MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY      SATURDAY

				1 8:15 a.m.: Walking Club	2 9:15 a.m.: Drop-in Tai Chi (at 4701 Willard) 10:30 a.m.: Current Events (at the Willoughby)	3 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
4	5 <b>Labor Day</b> 10 a.m.: Great Books (at Brighton Gardens)  Shuttle bus runs on weekend schedule	6 8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening (at Brighton Gardens) 2 – 4 p.m.: Suburban Nurse Specialist (at Brighton Gardens)	7	8 8:15 a.m.: Walking Club	9 9:15 a.m.: Drop-in Tai Chi (at 4701 Willard) 10:30 a.m.: Current Events (at the Willoughby)	10 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
11	12 10 a.m.: Great Books (at Brighton Gardens)  7:30 p.m.: <b>FRIENDSHIP HEIGHTS COUNCIL MEETING (at The Willoughby)</b>	13 8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening (at Brighton Gardens) 2 – 4 p.m.: Suburban Nurse Specialist (at Brighton Gardens)	14 5:30 p.m.: <b>Community Advisory Committee meeting (at 4620 North Park Avenue)</b>	15 8:15 a.m.: Walking Club	16 9:15 a.m.: Drop-in Tai Chi (at 4701 Willard) 10:30 a.m.: Current Events (at the Willoughby)	17 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs <b>10 a.m. – 2 p.m.: GEICO E-cycling, Donation Drive and Shredding (GEICO parking lot)</b>
18	19 10 a.m.: Great Books (at Brighton Gardens) 7 p.m.: Cafe Muse (at The Writer's Center)	20 8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening (at Brighton Gardens) 2 – 4 p.m.: Suburban Nurse Specialist (at Brighton Gardens)	21	22 8:15 a.m.: Walking Club 1 p.m.: <b>Suburban Lecture: "Jump for Joint Replacement" (at the Courtyard by Marriott, 2nd floor)</b>	23 9:15 a.m.: Drop-in Tai Chi (at 4701 Willard) 10:30 a.m.: Current Events (at the Willoughby)	24 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
25	26 10 a.m. – 2 p.m.: <b>MVA Mobile Office</b> 10 a.m.: Great Books (at Brighton Gardens) 6:30 p.m.: Caregivers Support Group (at Brighton Gardens)	27 8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening (at Brighton Gardens) 2 – 4 p.m.: Suburban Nurse Specialist (at Brighton Gardens)	28 1- 4 p.m.: <b>Flu Shots (at Brighton Gardens)</b>	29 8:15 a.m.: Walking Club 11:30 a.m.-5 p.m. <b>Blood Drive on South Park Ave.</b>	30 9:15 a.m.: Drop-in Tai Chi (at 4701 Willard) 10:30 a.m.: Current Events (at the Willoughby)	

**Shuttle bus hours** 

Monday through Friday      6:40 a.m. to 9:40 p.m.  
Saturday and Sunday      8 a.m. to 7 p.m.

**Village Center Hours**

Monday through Thursday      9 a.m. to 9 p.m.  
Friday      9 a.m. to 5 p.m.  
Saturday and Sunday      9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

Save the date:

Friday, Nov. 4 and Saturday, Nov. 5:

‘A Holiday Affair’  
Our annual show featuring  
hand-crafted items from local artisans