



Friendship Heights

# VILLAGE NEWS



Capitol Steps

see page 3

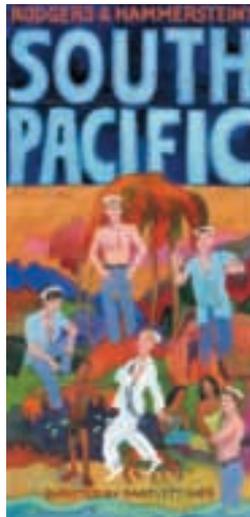
SEPTEMBER 2008

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VOLUME 23, NO. 4



The Frick Collection • New York



## 2nd annual Taste of Friendship Heights: September 20

Mark your calendars for the second annual Taste of Friendship Heights on **Saturday, Sept. 20, from noon to 5 p.m.** Once again the Village of Friendship Heights and the Friendship Heights Urban Network (FHUN) have partnered to present this food and drink extravaganza at the Village Center (rain or shine).

Participating restaurants returning from last year include Giffords, Indique Heights, Lia's, M Café/Famoso, Starbucks, plus this year we have added Potomac Pizza and Rock Creek. Our special thanks to our corporate sponsors: Geico, New England Development, and Sunrise Senior Living.

Attendees will purchase tickets that they can redeem for servings of food. Each ticket will cost \$1, and the typical serving will cost 3-4 tickets. A portion of the proceeds will be donated to area charities. Once again we will have entertainment for children. So stop by and sample some of the great gourmet offerings available.

## One enchanted evening

Join us for a wonderful overnight trip to New York City on **Tuesday, Nov. 18**, when we visit the Frick, dine in an elegant East Side restaurant, and enjoy one of this season's hottest Broadway shows, *South Pacific*.

We will leave the Village Center at 7:30 a.m. and arrive in New York in time for lunch at Centolire, Tuscan-born chef Pino Luongo's stylish restaurant. Our menu will include (please choose at sign-up) : Caesar salad or soup of the day for a first course; Fettucine alla Bolognese (meat sauce) or oven-roasted salmon for a main course; and, Tiramisu or sorbet with biscotti for dessert.

Afterwards, we will take an audio guide tour of the Frick Collection, one of New York City's most beloved cultural treasures. Considered one of the world's most distinguished small museums, it is housed in the former Fifth Avenue home of Henry Clay Frick and his family. A coke and steel industrialist, Frick collected art for forty years, sometimes traveling with his friend Andrew Mellon. He acquired paintings by the greatest 18<sup>th</sup> Century European artists, major works of sculpture (including one of the finest groups of small bronzes in the world), outstanding French furniture and porcelains, Limoges enamels, Oriental rugs, and other remarkable works.

We will check into our home for the night, the Novotel, before heading over to the theater. (You may want to grab a quick bite at the hotel before we leave at 6 p.m.) The breathtaking production of *South Pacific* is the first revival of Rodgers and Hammerstein's classic musical in 60 years. The love story

*Continued on page 7*

**Senator Chuck Hagel to speak at Center, page 17**

# CHILDREN'S PROGRAMS



## Summer Fun in the Park

Village children take a break from the heat during a summer splash party in Hubert Humphrey Park last month.

Look for more children's activities in this section every month.



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## Friendship Heights VILLAGE NEWS

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Email: [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov)

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

### ADVERTISING

The deadline for reserving space for the October issue is September 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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Volunteer Editor

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Staff Writer, Advertising

**Jennie Fogarty**  
Staff Writer

**Susan C. Zarriello**  
Page Design/Layout

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# ON the GO...

## A day in Gettysburg

Relive history on **Tuesday, Oct. 28**, when we visit Gettysburg, Pa., site of our country's bloodiest and most memorable battle. We will tour the battlefield as well as the Eisenhower Farm and enjoy lunch in a charming, historic home.

We will begin our day at the new Visitor Center, which opened in April and houses one of the most extensive Civil War collections in the world including 300,000 artifacts and 700,000 text documents, maps and photographs. From the Center we will take a short ride to the Eisenhower National Historic Site, home and farm of President Dwight D. Eisenhower. Located adjacent to the Gettysburg Battlefield, the farm served the President as a weekend retreat and a meeting place for world leaders, and ultimately his retirement home. After a short orientation tour, you will be on your own to explore the home where little has changed since Ike and Mamie's years here together. Exhibits trace Eisenhower's life from his boyhood in Abilene, through his 38 years in the military, to his presidency and retirement. For those up to a bit more walking, a self guided tour of the grounds includes the P.G.A. putting green, the rose gardens, the guest house, a show barn, skeet range and a garage which still houses the Eisenhowers' jeep, golf carts and station wagon.

*Continued on page 17*

## An evening of satire and fun

What better time to enjoy the skits and songs of the Capitol Steps than a month before Election Day? Join us for a fun evening at the Ronald Reagan International Trade Center on **Friday, Oct. 3**.

The Capitol Steps began in 1981 as a group of Senate staffers who set out to satirize the very people who employed them. The performers have worked in a total of 18 Congressional offices and represent 62 years of collective House and Senate staff experience. Since they began, the Capitol Steps have recorded 28 albums, including their latest, *Cam-*

*Continued on page 17*

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## Discover the beauty of Long Branch

Join us for an autumn escape to the picturesque Blue Ridge Mountains and Historic Long Branch, one of the most elegant manor homes



in Virginia hunt country on **Thursday, Sept. 25.**

Since the early 18<sup>th</sup> century, the rolling hills of Historic Long Branch estate have been owned by a series of famous men—Lord Culpeper, Lord Fairfax, and Robert “King” Carter. A young George Washington helped to survey the property.

In 1788, Robert Carter Burwell inherited the land sitting along the stream known as Long Branch. Twenty years later, he began to construct a mansion following the classical principals suggested by Benjamin Henry Latrobe, an architect of the U.S. Capitol. In 1986, Harry Z. Isaacs, a Baltimore textile executive, purchased the

*Continued on page 18*

## Legendary speechwriter Ted Sorenson at the Center

Theodore “Ted” Sorenson, special counsel and adviser to President John F. Kennedy, will speak at the Center **Sunday, Sept. 7, at 5 p.m.**



“A Conversation with Theodore Sorenson” is co-sponsored by the Norman and Florence Brody Public Policy Forum of the University of Maryland and the Friendship Heights Village Council. Ted Sorenson was one of the president’s most prominent and prolific speechwriters and the adviser whom Kennedy once called his “intellectual blood bank.”

He helped Kennedy craft the now-famous 1961 Inaugural address in which the new president proclaimed, “Ask not what your country can do for you, but what you can do for your country.” He is also the author of several books, including *Kennedy*, *The Kennedy Legacy*, and *Why I Am a Democrat*. His most recent work is *Counselor: A Life at the Edge of History*, which provides a unique insight into his time in the Kennedy White House.

Please be aware that this event will be taped for UMTV. Sign up for the forum by calling 301-656-2797.



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# PLAYING on the BIG SCREEN

All movies now begin at 7 p.m.

## A Note from the Program Directors

As a courtesy to our speakers, authors and performers...

• Turn off cell phones • Do not take food or drink into the auditorium • Arrive on time for all events • Unless it is an emergency, please stay until the conclusion of the program. It is distracting to others in the audience and insulting to the presenters when people walk out. Plenty of time to catch the shuttle bus will always be allowed.

### Thursday, Sept. 4, 7 p.m. — *The Holiday* — Cameron

Diaz and Kate Winslet star as two women who exchange houses in order to get a new lease on life in this romantic comedy. After each suffers her fair share of romantic disappointments, English-woman Iris and L.A. woman Amanda meet online at a website devoted to helping people exchange houses for vacations. Each agrees to spend the Christmas holiday at the other's home.



While each suffers from a minor case of culture shock, both women also end up becoming involved with a man. Iris makes the acquaintance of an upbeat everyman, while Amanda spends time with a handsome Brit. Both women must decide what to do with these new relationships as their pre-arranged house switch is scheduled to last less than two weeks. Also stars Jack Black and Jude Law. Rated PG-13. Running Time: 138 minutes.

### Thursday, Sept. 11, 7 p.m. — *The*

**Bucket List** — Two terminally ill cancer patients decide to break out of the hospital and live their last days to the fullest. Edward Cole is a corporate billionaire who is currently sharing a hospital room with blue-collar mechanic Carter Chambers. Though initially the pair seems to have nothing in common, conversation gradually reveals that both men have a long list of goals they wish to accomplish before they "kick the bucket." With a checklist that includes playing the poker tables in Monte Carlo, consuming copious amounts of caviar and racing the fastest machines on four wheels, these two terminally ill men will do their best to fit a lifetime of experience into their last remaining days while forging an unlikely, but truly remarkable, friendship. Stars Jack Nicholson and Morgan Freeman. Rated PG-13. Running Time: 97 minutes.



**Thursday, Sept. 18, 7 p.m. — *August Rush*** — A charismatic young Irish guitarist and a sheltered young cellist have a chance encounter one night above New York's Washington

Square, but are soon torn apart, leaving in their wake an infant, orphaned by circumstance. Years later, performing on the streets of New York and cared for by a mysterious stranger who give him the name August Rush, the child uses his remarkable talent to seek the parents from whom he was separated at birth. Stars Freddie Highmore, Keri Russell, Jonathan Rhys-Meyers, and Robin Williams. Rated PG. Running Time: 113 minutes.



### Thursday, Sept. 25, 7 p.m. — *Leath-*

**erheads** — Oscar winners George Clooney and Renee Zellweger match wits in this rapid-fire romantic comedy set against the backdrop of America's pro-football league in 1925. Clooney plays Dodge Connelly, a swaggering, aging football hero who is determined to guide his team from bar brawls to packed stadia. But after the players lose their sponsor and the entire league faces certain collapse, Dodge convinces a college football star and decorated war veteran, Carter Rutherford, to join his ragtag ranks. To cub reporter Lexie Littleton, Rutherford seems simply too good to be true, and she's determined to prove that her theory is correct. As Littleton digs deep into Rutherford's past, the two teammates enter into a fierce competition for her erratic affections. Rated PG-13. Running Time: 113 minutes.



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# FRIENDSHIP GALLERY

## An exhibit of collages at the September art show

“Cut and Paste” is the title and theme of Friendship Gallery’s exhibit this month. Artists participating in the gallery’s first collage show are Kyi May Kaung, Amy Kinkaid, and, Patricia Zannie. All are invited to meet the artists at a reception on **Sunday, Sept. 14, from 11:30 a.m. to 1:30 p.m.**

An article in *Wild River Review*, an online magazine that showcases works of prose, poetry and contemporary visual artists, describes Kyi May Kaung as an activist, artist and poet in exile. The reporter writes, “Born in Burma (Myanmar), Kyi came to the U.S. in the 1980s on a Fulbright scholarship. Now living in exile here she devotes her energies to calling attention to the oppressive military junta that rules her country. A multi-talented artist, Kyi pours her political outrage and her longing for her homeland into numerous creative outlets. She writes fiction and plays, is a prize-winning poet, and she paints. From 1997-2001 she wrote and produced a well-regarded weekly international radio show on dissident poetry.” She is a former member of the Foundry Gallery and has exhibited in many galleries locally and around the world.

Patricia Zannie is a collage artist and art instructor. One of her former students is Amy Kinkaid, a nonprofit management consultant, fundraising advisor, and, artist.

The exhibit begins Sept. 3 and runs through Sept. 30. Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m. and Saturday and Sunday, 9 a.m. to 2 p.m. Artwork in the auditorium is occasionally not available for viewing because of certain

activities in that room. Please check with the front desk receptionist when you arrive.



Commuter + Copy, Amy Kinkaid

Nefertiri, Kyi May Kaung



Bunch of Trees, Patricia Zannie



### **South Pacific, continued from page 1**

of Navy nurse Nellie and French émigré Emile will leave you “high as a flag on the Fourth of July.”

Wednesday morning we’ll enjoy the breakfast buffet at the hotel before leaving for several hours of shopping or sightseeing. The bus will drop us off in midtown Manhattan, near Fifth Avenue shops and all the sights. We will depart for

home around 2 p.m. **Please note that this trip requires a great deal of walking.**

We will depart from the Village Center at 7:30 a.m. on Tuesday and return around 6:30 p.m. Wednesday. The cost of the trip, which includes an Orchestra seat ticket to *South Pacific*, a three-course lunch at Centolire, admission to the Frick, hotel accommodations and breakfast,

transportation and tips and taxes is \$575 per person based on double occupancy. The single supplement is \$170. A deposit of \$200 is due when signing up; the deposit is refundable until Oct. 1. The balance is due Oct. 6. Residents may sign up immediately; nonresidents may sign up Sept. 15. **Sign up by Sept. 22 and the price is only \$560.** There are 25 spaces available.

# CLASSES and CLUBS

**PREREGISTRATION IS REQUIRED FOR ALL CLASSES.  
PARTICIPANTS MUST PAY FOR THE FULL SERIES. NO REFUNDS AFTER CLASS BEGINS.**

Beginning immediately, all participants in fitness classes and Drop-in Tai Chi at the Center will be asked to sign a liability waiver when they register.

## ART

### ACRYLIC OR OIL PAINTING

A 10-week course for all skill levels, taught by Doris Haskell, begins Sept. 11. Meets Thursdays from 6:45 to 8:45 p.m. Cost is \$50 for residents; \$70 for nonresidents. Class ends Nov. 13. Maximum number of students is 16.

### CHINESE BRUSH PAINTING

A 10-week class for all skill levels taught by Helene Sze McCarthy begins October 2. Meets Thursdays from 1 to 3 p.m. Cost is \$100. Session ends Dec. 11. A minimum of 6 students is required; the maximum is 10.

### DRAWING AND PAINTING

A 10-week course for all skill levels, taught by Doris Haskell, begins Sept. 8. Meets Mondays from 2:30 to 4:30 p.m. Cost is \$50 for residents; \$70 for nonresidents. Residents may sign up immediately; nonresidents may sign up Aug. 5. Session ends Nov. 17 (no class Oct. 13). Maximum number of students is 18.

### PORTRAITURE IN PENCIL AND PASTEL

This 6-week class, taught by award-winning artist and photographer Marianne Winter, begins Oct. 1. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Please bring a pad and pencil or pastel to the first class. Some previous experience in drawing is necessary. The cost is \$70. (Maximum number of students is 8). Session ends Nov. 5.

### STILL LIFE PAINTING

A 12-week course with noted artist Joan Samworth begins Sept. 18. Class

emphasizes the elements of art: line, color, texture, shape and value and is designed to meet the needs of all levels of experience. Advance at your own pace with individual critiques and instruction. Suggested media are pastels, watercolor, acrylics, color pencil. Supply list will be handed out first day of class. Meets Thursdays from 11 a.m. to 2:30 p.m. (you may bring lunch – brown bag only). The cost is \$175 for residents; \$180 for nonresidents. Last class is Dec. 18 (no class Oct. 9).

## BRIDGE

### ADVANCED BRIDGE

A 5-week course for players well-versed in all the fundamentals who seek to fine-tune opening leads, slam bidding, balancing and sacrifice bidding, signalling, reading opponents' cards, and getting opponent help in the play. Begins Sept. 18. Meets Thursdays from 3 to 4:45 p.m. Cost is \$100. Session ends Oct. 16. Instructor Steve Hogleund has taught for 26 years at the Chevy Chase Club, the Irene, and the Sulgrave. This class is for previous students or with permission from the instructor. Email Mr. Hogleund at Hogleundst@aol.com or call the Center for his phone number.

### REFRESHER BRIDGE

A 5-week course for people who want help with the fundamentals: responding to partner, when to stop bidding, lead trumps, finessing. Begins Sept. 18. Meets Thursdays from 1 to 2:45 p.m. Cost is \$100. Session ends Oct. 16. Instructor is Steve Hogleund (see above). For previous students or with permission from the instructor.

## EXERCISE AND FITNESS

### ALL ABOUT BALANCE

This 6-week class begins Sept. 9. Meets Tuesdays, from 1 to 1:45 p.m. The class, taught by Tonya Walton, will focus on simple exercises you can do to improve your overall balance. The cost is \$62. Session ends Oct. 14.

### CHAIR EXERCISE WITH TONYA

This 6-week class begins Sept. 10. Meets Wednesdays, from 11 to 11:50 a.m. The class, taught by Tonya Walton, is especially for people who want to tone upper and lower body muscles, as well as improve strength and energy, through chair exercises. The cost is \$62. Session ends Oct. 15.

### MAT PILATES

A 6-week session begins Sept. 9. Meets Tuesdays from 7 to 8 p.m. The cost is \$80 for residents and \$90 for nonresidents. Movements to improve balance, strength and flexibility. Pilates balls are used to assist in some of the exercises.

Not recommended for pregnant women or those with serious spinal conditions. Required equipment: Pilates/Yoga mat, large bath towel.

Questions? E-mail Ginger-rusteach@yahoo.com. Session ends Oct. 14.

### STRENGTH TRAINING WITH CHERYL

This 6-week session begins Sept. 5. Meets Fridays, from 10:30 to 11:30 a.m. The class, taught by Cheryl Clark, will enhance range of motion and strengthen muscles and work on balance and posture. The cost is \$65. Session ends Oct. 10.

## **STRENGTH TRAINING WITH TONYA**

This 6-week session begins Sept. 8. Meets Mondays, from 1 to 1:50 p.m. The class, taught by Tonya Walton, focuses on increasing mobility, flexibility, balance, and overall strength. The cost is \$62. Session ends Oct. 13.

## **TAI CHI (THURSDAY)**

This 6-week session begins Sept. 11. Meets Thursdays from 9:30 to 10:30 a.m. The cost is \$40. Feel free to email instructor Thomas Johnson at [Taijitaj@comcast.net](mailto:Taijitaj@comcast.net) if you have any questions about this class. Session ends Oct. 16.

## **TAI CHI (TUESDAY)**

This 6-week session begins Sept. 23. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$40. Feel free to email instructor Thomas Johnson at [Taijitaj@comcast.net](mailto:Taijitaj@comcast.net) if you have any questions about this class. Session ends Oct. 28.

## **YOGA (SUNDAY)**

This 10-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins Sept. 7. Meets Sundays from 9 to 10:20 a.m. The session includes semi-strenuous postures, stretches, and coordinated breathing, as well as a quiet period for relaxation and meditation. Wear loose clothing, bring a blanket or large towel and mat (can be purchased at class). Don't eat for 2 hours before class. The cost is \$120. Class will not meet Oct. 12 or Nov. 9. Students who must miss a class may make it up in the Monday class with the instructor's permission. Session ends Nov. 23.

## **YOGA (MONDAY)**

This 10-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins Sept. 8. Meets Mondays from 7 to 8:20 p.m. See description above. The cost is \$120. Class will not meet Sept 29 or Oct. 13. Students who must miss a class may make it up in the Sunday class. Session ends Nov. 24.

## **LANGUAGE**

### **BEGINNING SPANISH**

This 8-week course begins Sept. 17. In-

structor Elena Marra-Lopez has taught teenagers and adults at Sidwell Friends School, Washington International School, Montgomery College, and the USDA Graduate School. The class meets Wednesdays, from 6:30 to 8:30 p.m. The cost is \$200. Session ends Nov. 5.

### **SPANISH 2**

This 8-week course begins Sept. 15. This class is for students who have completed Level 1 or who have some knowledge of Spanish and permission from the instructor, Elena Marra-Lopez. The class meets Mondays, from 6:30 to 8:30 p.m. The cost is \$210. Session ends Nov. 10 (class will not meet Oct. 13).

## **ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES**

### **BLOOD PRESSURE SCREENING/SUBURBAN NURSE**

A Suburban Hospital nurse is on hand to offer free blood pressure screenings Tuesdays from 1 to 2:45 p.m. only. The nurse is also available for consultations Tuesdays from 3 to 5 p.m.

### **COFFEE AND CURRENT EVENTS**

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led by group members.

### **CONCERTS**

Free live music is presented every Wednesday throughout the year at 7:30 p.m. Check the calendar and concert page for each week's performance information. No registration is required. All are welcome.

### **FHUN**

The Friendship Heights Urban Network (FHUN) is a group dedicated to bringing together young professionals, young parents, and college students. The group is currently organizing events such as monthly Happy Hours, barbecues, and special evenings at local restaurants. For more information, check FHUN's website at [www.fhun.net](http://www.fhun.net). This group is not affiliated with the Friendship Heights

Village Council.

### **GREAT BOOKS DISCUSSION GROUP**

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members. Meets Mondays from 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

### **HEALTH INSURANCE COUNSELING**

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Meets on the second and fourth Wednesdays of each month. Call 301-590-2819 for an appointment; walk-ins are welcome.

### **SCRABBLE**

This group of Scrabble players meets at the Center Thursdays at 6 p.m. All are welcome.

### **TEA TIME**

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m. Hot beverages, cookies and fruit are served by Village volunteers. There is no cost.

### **VILLAGE PLAY TIME**

Children of all ages are welcome to be together at the Village Center most Thursdays from 11 a.m. to 4 p.m. Games, toys and play equipment will be set out in the auditorium for their enjoyment. Children must be accompanied by a caregiver, friend or family member over age 13.

### **WALKING CLUB**

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis, 301-718-6340, or Marjorie Yahraes, 240-497-0050 for more information.

### **YIDDISH**

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for details.

# Friendship Heights Village Center



# Calendar of Events 2008

## S E P T E M B E R

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



<p><b>1</b></p> <p><b>Labor Day Center Open</b> 9 a.m. to 2 p.m. <i>(shuttle bus runs on weekend schedule)</i></p> <p>10 a.m.: Great Books</p>	<p><b>2</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist</p>	<p><b>3</b></p> <p>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 1 p.m.: Portraiture in Pencil and Pastel <b>7:30 p.m.: Concert: Dixie Power Trio</b></p>	<p><b>4</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi <b>9:30 a.m.: Depart for NGA</b> 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble <b>7 p.m.: Movie: The Holiday</b></p>	<p><b>5</b></p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group</p>	<p><b>6</b></p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs</p>
<p><b>7</b></p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers <b>5 p.m.: Brody Forum: A Conversation with Theodore Sorensen</b></p>	<p><b>8</b></p> <p>9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 1 p.m.: Strength Training with Tonya 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 7 p.m.: Yoga <b>8 P.M.: FRIENDSHIP HEIGHTS COUNCIL MEETING</b></p>	<p><b>9</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: All About Balance 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Living Room Theatre 7 p.m.: Mat Pilates</p>	<p><b>10</b></p> <p>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise <b>1 p.m.: Suburban Lecture: Oh, My Aching Head!</b> 1 p.m.: Health Insurance Counseling 1 p.m.: Portraiture in Pencil and Pastel <b>7:30 p.m.: Concert: Doug Wilson</b></p>	<p><b>11</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting <b>7 p.m.: Movie: The Bucket List</b></p>	<p><b>12</b></p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group <b>1:30 p.m.: Tea and Talk: History of Comics</b></p>
<p><b>14</b></p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers <b>11:30 a.m. – 1:30 p.m.: Art Reception</b></p>	<p><b>15</b></p> <p>9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 11:30 a.m.: Flexible Stretch And Strength 1 p.m.: Strength Training with Tonya 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 6:30 p.m.: Spanish 2 7 p.m.: Yoga <b>7 p.m.: Café Muse</b></p>	<p><b>16</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 12:30 p.m.: Vision Support Group 1 p.m.: All About Balance 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>	<p><b>17</b></p> <p>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 1 p.m.: Portraiture in Pencil and Pastel <b>2:30 p.m.: Dental Implants</b> 6:30 p.m.: Beginning Spanish <b>7:30 p.m.: Concert: Ericka Ovette</b></p>	<p><b>18</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 1 p.m.: Refresher Bridge 3 p.m.: Advanced Bridge 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble <b>6:30 p.m.: Depart for Kennedy Center</b> 6:45 p.m.: Acrylic or Oil Painting <b>7 p.m.: Movie: August Rush</b></p>	<p><b>19</b></p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group</p>
<p><b>21</b></p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p><b>22</b></p> <p>9:15 a.m.: Fit 4-Ever <b>10 a.m. – 2 p.m.: MVA Bus</b> 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 11:30 a.m.: Flexible Stretch And Strength 1 p.m.: Strength Training with Tonya 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 6:30 p.m.: Spanish 2 7 p.m.: Yoga <b>7:30 p.m.: Book Signing with Charles Lane: The Day Freedom Died</b></p>	<p><b>23</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: All About Balance 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>	<p><b>24</b></p> <p>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 1 p.m.: Health Insurance Counseling 1 p.m.: Portraiture <b>1:30 p.m.: The Politics of Aging</b> 6:30 p.m.: Beginning Spanish <b>7:30 p.m.: Concert: William Wright</b></p>	<p><b>25</b></p> <p>8:15 a.m.: Walking Club <b>8:30 a.m.: Depart for Long Branch</b> 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 1 p.m.: Refresher Bridge 3 p.m.: Advanced Bridge 11 – 4: Village Playtime 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting <b>7 p.m.: Movie: Leatherheads</b></p>	<p><b>26</b></p> <p>9:15 a.m.: Drop-in Tai Chi 10 a.m. – 3 p.m.: AARP Safe Driving 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group</p>
<p><b>28</b></p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p><b>29</b></p> <p>9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 11:30 a.m.: Flexible Stretch And Strength 1 p.m.: Strength Training with Tonya 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 6:30 p.m.: Spanish 2</p>	<p><b>30</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: All About Balance 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>			

### Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.  
Saturday and Sunday 8 a.m. to 7 p.m.

### Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.  
Friday 9 a.m. to 5 p.m.  
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

## Landon Ensemble presents world-renowned violinist

The Landon Symphonette Chamber Ensemble returns to the Village Center for a noontime concert on **Saturday, Sept. 27**, featuring violinist Hidetaro Suzuki.

Mr. Suzuki was concertmaster of the Quebec Symphony for 15 years and the Indianapolis Symphony Orchestra for 27 years. During his leadership tenure in Indianapolis, he performed each season as a soloist, presenting 181 performances of 51 works for solo violin and orchestra.

He has received top honors in the most prestigious international violin competitions, and has performed around the U.S., Canada, Europe, Russia, Central America, India, Hong Kong, and Japan. During the program, he will present *Violin Concerto No. 5 in A-Major, KV 219* by Mozart. The program will also include *Adagio for Strings* by Barber, and *Divertimento No. 11* by Mozart.

The Landon Symphonette Chamber Ensemble is composed of student and professional musicians who serve as mentors.

The performance is free, but please call the Village Center at 301-656-2797 if you plan to attend. Seating is limited.

# CONCERTS

Concerts are performed Wednesdays, from 7:30 to 8:30 p.m. in Huntley Hall in the Village Center.

**Wednesday, Sept. 3 — Dixie Power Trio** — This four-man “trio” hails from Fredericksburg, Va., and offers an exciting combination of New Orleans jazz, Dixieland and zydeco. Led by Zack Smith, the band features Andy Kochenour, Wayne Wilkinson, and Byron McWilliams.

**Wednesday, Sept. 10 — Doug Wilson** — Doug Wilson has a long career as a symphony musician and trumpet soloist. He is the former principal trumpet of the Tulsa Philharmonic. Additionally, he has appeared with the New Haven Symphony, Solisti New York at the Oklahoma Mozart Festival, and the Oklahoma City Philharmonic. In pop shows, he has worked with a variety of performers such as Mel Torme, Henry Mancini, and others. His program includes both classical pieces and some lighter music.

**Wednesday, Sept. 17 — Ericka Ovette and Friends** — Vocalist Ericka Ovette has toured the world from Chile to Chittagong and Iceland to Istanbul, often under the auspices of various U.S. embassies. A native New Yorker, her professional career actually began with popular local bands in Harare, Zimbabwe, and New Delhi, India. Back home in the U.S., she settled on the East Coast where she has appeared at the Chautauqua Jazz Festival in New York, Meadville, Pennsylvania’s Gardner Theatre, and Washington’s Blues Alley. The Washington Post wrote, “Perhaps it’s simply that Ovette is a born storyteller with innate good taste...she always sounds fully engaged with the lyric at hand, and, as for the tunes, a collection of

familiar and no so familiar pieces composed by the likes of Cole Porter, Billy Strayhorn, and Rogers and Hammerstein, they’re nearly always worthy of the attention she gives them. She is particularly expressive when interpreting romantic ballads.”

**Wednesday, Sept. 24 — William Wright** — William Wright recently retired from 30 years with the National Symphony, and immediately started touring the U.S. with a 1940s style big band as a reed doubler (clarinet and saxophone). During his years with the National Symphony, he toured throughout the U.S., Europe and South America, and he still performs frequently with the symphony. His program may include Brahms, Weber and Gershwin.

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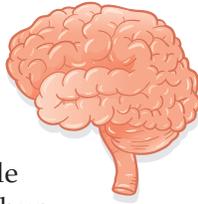
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# TO YOUR HEALTH

## Oh, my aching head!

Do migraine headaches limit your activity or make life less enjoyable? Neurologist Elizabeth Latimer will discuss what causes migraines and the different treatment options available on the market today at this month's Suburban Health Lecture at the Village Center on **Wednesday, September 10, at 1 p.m.**



There is no cost for the talk, but **please** call 301-656-2797 to let us know if you plan to attend.

## Making your eye doctor appointment more effective and efficient

Join the Vision Support Group in lively conversation with Clete Clark, Operations Manager, Washington Eye Physicians and Surgeons, on **Tuesday, Sept. 16, from 12:30 to 1:30 p.m.**

Mr. Clark will discuss strategies for increased satisfaction with the office experience. Bring a bag lunch; dessert and beverages will be provided.

This forum is a partnership of the Prevention of Blindness Society of Metropolitan Washington and the Village of Friendship Heights. Please call 301-656-2797 to register.

## Dental care and dental implants for older patients

Chevy Chase dentist Jason Cohen will discuss all aspects of dental implants at the Village Center on **Wednesday, Sept. 17, at 2:30 p.m.**

Bring your questions and learn if implants are right for you. Through discussion, pictures and other materials, you'll be able to better understand the dental implant.

Dr. Cohen's practice is in Friendship Heights and he provides general, cosmetic and implant dentistry. Please join us for this informative talk; let us know if you plan to attend by calling 301-656-2797.

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## Cafe Muse presents...

This month's Café Muse, on **Monday, Sept. 15, at 7 p.m.**, presents a reading by poets Sandra Beasley and Jon Pineda.

Sandra Beasley won the 2007 New Issues Poetry Prize for her book *Theories of Falling*, selected by Marie Howe. Her poems have appeared in *Slate*, *32 Poems*, *Blackbird*, *Best New Poets*, *Online Writing: The Best of the First Ten Years*, and, *Bedside Guide to No Tell Motel* (Second Story). She is an editor for *The American Scholar* in Washington, D.C.

Jon Pineda is the author of *The Translator's Diary*, winner of the 2007 Green Rose Prize, and *Birthmark*, winner of the 2003 Crab Orchard Award Series in Poetry. He teaches in the low-residency MFA program in Creative Writing at Queens University of Charlotte.

Café Muse opens at 7 p.m. with refreshments and classical guitar by Michael Davis; readings begin at 7:30. Attending poets are invited to participate in an open reading that concludes the program. A sign-up sheet will be available at 7 p.m. Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has sponsored public programs for over 30 years.



## Driver safety program offered this month

The AARP Driver Safety Program helps drivers refine skills and develop techniques. Upon successfully completing the course, graduates may be eligible to receive a state-mandated discount on their auto insurance premiums.

The course will be offered **Friday, Sept. 26 and Friday, Oct. 3, from 10 a.m. to 3 p.m.** at the Village Center (students must attend both classes). The cost is \$10 and checks should be made out to AARP. Students must bring to class with them their driver's license and a ballpoint pen. Register at the Village Center.

### ESCORTED TOURS

**SOUTH AMERICA: Argentina & Chile  
Feb. 20 to March 6, 2009**

**MOROCCO: "The Road to Morocco"  
Oct. 2 to Oct. 14, 2009**

**Contact: USA International Travel  
Lakshmi Halper 301-718-8700  
Andy Ramani 301-656-5010**

# Lunch & Learn: Downsizing for Senior Living

*Free Event for Seniors at  
Brighton Gardens at  
Friendship Heights*

Leaving a home where you have lived for years can be an emotional and difficult process. But casting off belongings that you no longer need can be tremendously liberating. These belongings might have more than just sentimental value! Join Kap Cohen of TM Estate Sales for an open discussion on how to make the most of an estate sale. Beckyanne Theriot of A First Class Move will discuss the move management process and how to stage your home for sale.

Afterwards, meet our team, talk to our residents and guests, and take a tour of our beautiful community. See why so many seniors are proud to call Brighton Gardens at Friendship Heights home.

**Bring a small item for a chance to win an on-the-spot appraisal!**



## EVENT DETAILS

**Lunch & Learn:  
Downsizing for Senior Living**  
*With Kap Cohen, TM Estate Sales &  
Beckyanne Theriot, A First Class Move*

**Saturday, September 13th  
12:00pm - 2:00pm**

**RSVP by September 8th to  
Stephanie or Sue at 301-656-1900  
or Friendshipheights.dcr@  
Sunriseseniorliving.com**

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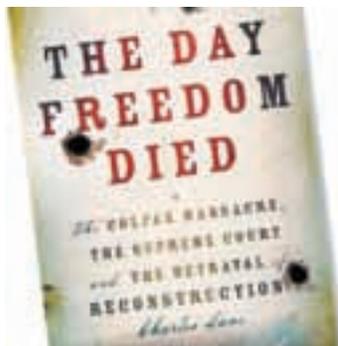
## Speaker of the House Nancy Pelosi Visited the Center on August 2



Members of the Friendship Heights Village Council pose with Speaker of the U.S. House of Representatives Nancy Pelosi during her visit to the Village. Pictured are front, left to right, Maurice Trebach, Speaker Pelosi, Mayor Melanie Rose White. Back row, left to right, Alvan Morris, Leonard Grant, Leonard Mudd. (Council members Robert Schwarzbart and Elizabeth Harris were not able to attend.)

## The tragic story of the Colfax Massacre

Washington Post reporter Charles Lane will discuss his book, *The Day Freedom Died: The Colfax Massacre, the Supreme Court, and the Betrayal of Reconstruction*, at the Village Center **Monday, Sept. 22, at 7:30 p.m.**



Mr. Lane discovered the story while covering the Supreme Court for *The Post*. The Colfax Massacre, a buried episode in American history, took place on an Easter Sunday afternoon in 1873 when eighty black American men were brutally murdered by white vigilantes in Colfax, La.

A former editor of *The New Republic*, Mr. Lane has written for *Foreign Affairs*, *The New York Review of Books*, and *The Atlantic*.

Copies of the book, provided by Politics and Prose Bookstore, will be available for purchase. Please sign up in advance by calling the Village Center at 301-656-2797.

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## Senator Chuck Hagel to speak at the Village Center

Sen. Chuck Hagel will discuss his book, *America: Our Next Chapter: Tough Questions, Straight Answers*, at the Center on **Thursday, Oct. 2, at 7:30 p.m.**

Chuck Hagel, Nebraska's senior U.S. Senator, is serving his second term in the Senate. His duties include membership on four Senate committees: Foreign Relations; Banking; Housing and Urban Affairs; Intelligence and Rules. A staunch Republican popular in his home state, Sen. Hagel has faced attacks from fellow Republicans for his outspoken objection to the Iraq War and the Bush administration's foreign policy. His book is an assessment of current U.S. policy and diplomatic relations, as well as domestic issues and global climate change.

Copies of the book, provided by Politics and Prose Bookstore, will be available for purchase. Please sign up in advance by calling the Village Center at 301-656-2797.

### **Gettysburg, continued from page 3**

Following the tour, we will have lunch at the Dobbin House, a home built in 1776 and now a colonial restaurant, listed on the National Register of Historic Places. Our menu will include soup of the day, a sandwich (please choose at sign-up: turkey and Swiss, hot ham and cheese, or Reuben), and cherry crumb pie for dessert.

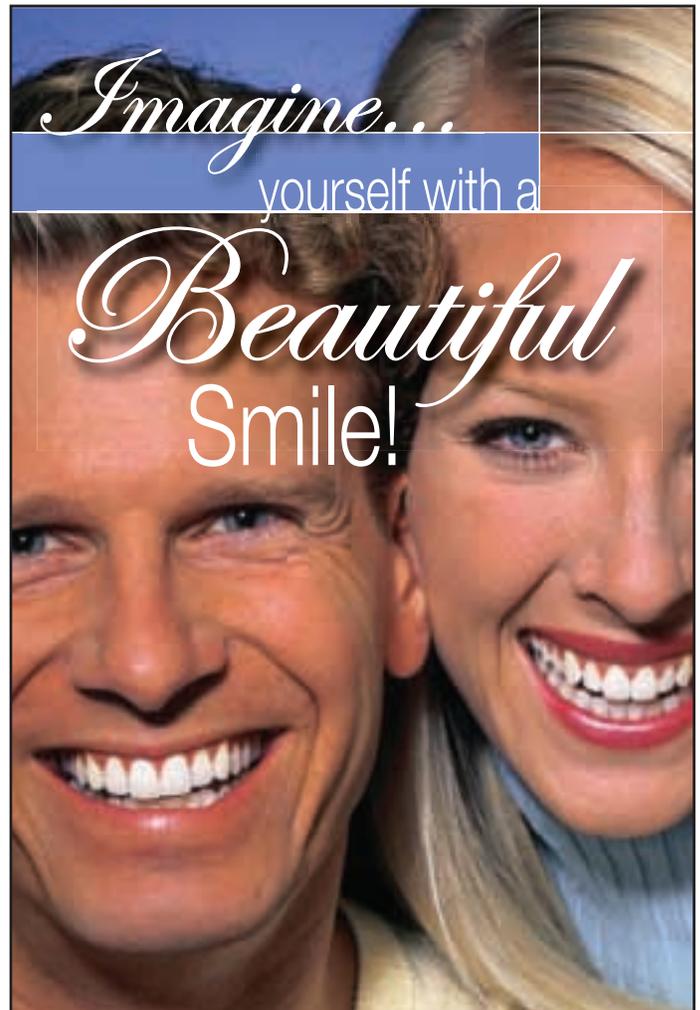
After lunch, a licensed battlefield guide will board our bus for a tour of the Gettysburg National Military Park. The 3,500-acre park was created by Congress in 1895 and today holds 1,300 monuments, many erected by the states involved in the fighting. The Battle of Gettysburg, which lasted three days, had the largest number of casualties in the American Civil War and is frequently cited as the war's turning point.

We will depart from the Village Center at 8:15 a.m. and return by 6:15 p.m. The cost of the trip, which includes both tours, admission fees, lunch, transportation, and all gratuities, is \$98 until Sept. 28. After that date the price will be \$105. Residents may sign up immediately; nonresidents may sign up Sept. 14. There are 30 spaces available.

### **Satire and fun, continued from page 3**

*paign and Suffering*. Some of their newest songs include "Barack Around the Clock," "Who'll Stop McCain," and, "I'm So Indicted."

We will leave from the Village Center at 6:30 p.m. and return before 10:30 p.m. The cost of the trip, which includes transportation, Orchestra seat and driver gratuity, is \$59. Sign-ups for residents and one guest begin immediately. Nonresidents may sign up Sept. 12. There are 24 spaces available. **You will need a photo ID to enter the Ronald Reagan Building.**



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**Long Branch, continued from page 4**

estate at public auction. His good taste, remarkable energy, and sizable fortune revitalized the manor house in less than three years.

The exquisite rooms at Historic Long Branch boast a superb collection of 18<sup>th</sup>- and 19<sup>th</sup>-century furnishings. Mr. Isaacs traveled throughout Europe and the United States to find antiques of great distinction—dining room chairs identical to those in the White House and several major pieces attributed to the workshop of Duncan Phyfe. Hand-painted wallpapers and celebrated fabrics adorn room after room.

The grounds of Historic Long Branch are also graced by beautiful gardens.

Following our guided tour, we will enjoy a three-course luncheon at the Battletown Inn in nearby Ber-ryville.

The first course will be organic spring greens with smoked bacon, baby radishes and red wine vinaigrette. For the second course, choose between a pan-seared chicken breast with white wine pan gravy and rosemary roasted potatoes, ginger poached salmon with a dijon vinaigrette and lime-infused short grain rice, or Moroccan cous-cous with a ratatouille of baby spring vegetables. A vanilla bean creme custard with Georgia Peach Mojito compote completes the meal. A soft drink or iced tea is included.

We'll depart from the Village Center at 8:30 a.m. and should return by 4 p.m.

The cost of the trip, which includes transportation, admission to Historic Long Branch, lunch, and all taxes and gratuities, is \$65.

Residents and one guest may sign up immediately. Nonresidents may sign up beginning Sept. 9. There are 35 spaces available.

## Play reading starts this month

Living Room Theatre, the oldest play reading group in Montgomery County, will hold its first meeting at the Village Center on **Sept. 9, from 7 to 8:45 p.m.**

Leaders of the group are Marlene Harte, a well known thespian in Montgomery County, and Lisa Kassoff, one of the founders of Bethesda Community Theatre.

The group will study traditional as well as contemporary works. Participants are expected to act and direct both short sketches and one-acts.

A sincere commitment to the group is absolutely necessary in order for it to succeed. This is recreational theatre at its best!

If you have any questions about Living Room Theatre, please call Lisa Kassoff between 7 and 9 p.m. at 301-907-2631. The program is free and open to the public. To sign up, please call the Center at 301-656-2797.

## The Politics of Aging

Is Social Security in crisis? Can it go broke? What are private accounts all about? Can we afford Medicare? Who benefits from the prescription drug benefit? What are the politics behind and in front of the Social Security and Medicare? What's spin and what's spam?

Laura Feldman, Grassroots Manager for the National Committee to Preserve Social Security and Medicare will take a bipartisan look at the politics of aging and present her perspective from "inside the Beltway" with humor, insight and straight talk on the issues facing seniors today and tomorrow at the Village Center on **Wednesday, Sept. 24, at 1:30 p.m.**

The program is free and open to the public. Call the Center at 301-656-2797 to reserve a seat.



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## Tea and Talk: 1945: The year that changed everything

William Bodde, Jr., United States Ambassador (Ret.), popular OASIS speaker and Village resident, will speak at the Center on **Friday, Oct. 10, at 1:30 p.m.**

Nineteen Forty-Five was a momentous year that changed the course of human events. In February, Franklin Roosevelt met with Winston Churchill and Josef Stalin at Yalta to settle the future shape of the post-war world. Within months both Roosevelt and Nazi dictator Adolf Hitler were dead.

In May, Germany surrendered. Roosevelt's successor, Harry Truman met with Stalin, Churchill and Clement Atlee in Potsdam, Germany and the wartime alliance began to fall apart.

In August, the US dropped atomic bombs on Hiroshima and Nagasaki and the Soviet Union invaded Manchuria. Within days Japan surrendered ending the bloodiest war in human history.

The United Nations was formed but peace was short lived as former colonies took up arms to gain independence.

Ambassador Bodde was a U.S. Foreign Service Officer from 1962 to 1994. He served as an Ambassador to Fiji and the Marshall Islands under Presidents Carter, George H. W. Bush, and Clinton, and as Deputy Assistant Secretary of State for European and Canadian Affairs under Pres. Reagan.

After the presentation, please stay for tea. Sign up for this free event by calling 301-656-2797.

**The MVA Bus will be in the Village on September 22, October 27, November 24, and December 22, from 10 a.m. to 2 p.m.**

## Rosa Weinstein to speak on the history of comics

Did you know that comics began with the cave man? Rosa Weinstein, coordinator of the Himmelfarb Mobile University, will present a lecture on comics at the Village Center on **Friday, Sept. 12, at 1:30 p.m.**

Comics are defined as a series of pictures that tell a story. Some examples are prehistoric cave paintings, the Bayeaux Tapestry of 1066, Mayan and Aztec books, stained glass window, and our modern comic strip series. Ms. Weinstein will discuss the history, culture, and significance of comics, past and present.

Ms. Weinstein, a popular Village Center speaker, has been honored as a "Washingtonian of the Year" and a "WETA Hometown Hero" for her work with Himmelfarb, a program that takes college-level classes ranging from musicology to economics and taught by volunteers to thousands of people in the community.

After the presentation, please stay for tea. Sign up for this free event by calling 301-656-2797.

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# Village Council Corner

## Taxis Move to Wisconsin Circle

We are happy to report that the “temporary” taxi stand in front of Lia’s on Willard Avenue has finally been moved back to Wisconsin Circle.

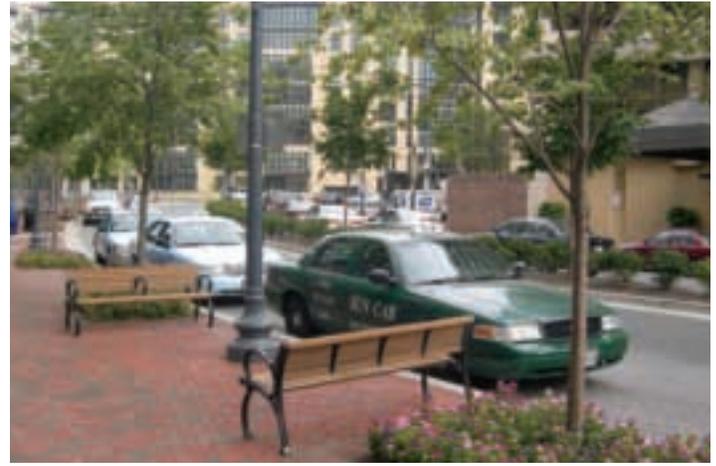
Special thanks again to Village Council members Bob Schwarzbart and Len Grant for pursuing this matter with the Friendship Heights Transportation Management District (TMD) Advisory Committee, as well as to the TMD staff for their assistance.

For people who would rather call a taxi, there are four taxicab companies serving Friendship Heights:

- **Action Taxi** 301-840-1222
- **Barwood Taxicabs** 301-984-1900
- **Regency Cab** 301-990-9000
- **Sun Cab** 301-252-0575

All will pick up in Friendship Heights but may need an advance reservation. Companies are required to take you where you want to go. Complaints should be directed to the County “hot line” at 240-777-2625.

**There was no Village Council meeting in August. The next meeting will be Monday, September 8.**



*The new taxi stand is in operation on Wisconsin Circle. It is located near Potomac Pizza and Eagle Bank.*

## Road Repaving Project Coming Soon

The Village Council will consider proposals at the September 8 meeting for repaving of all Village streets. Our roads have not been repaved for many years. The project will include replacing curb and gutter and numerous sections of sidewalk throughout the community.

We will be in contact with the buildings to coordinate the project in order to minimize the inconvenience to residents.

More details to follow in next month’s newsletter.



*Friendship Heights*

# VILLAGE NEWS

Friendship Heights Village Center  
4433 South Park Avenue  
Chevy Chase, Maryland 20815

### Check out our website:

[www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov)

**e-mail:** [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov)

**phone:** 301-656-2797

**September 2008 events calendar**