



Friendship Heights



VILLAGE NEWS

MARCH 2010

301-656-2797

VOLUME 24, NO. 10



Odyssey

see page 3

Visit Boston, the Berkshires and the Borgata this summer

Join us on a wonderful late summer trip to New England to enjoy the Tanglewood Music Festival in the BSO's summer home, Lenox, Mass., three days of sightseeing in Boston, and an overnight at an elegant Atlantic City resort.



Our journey will begin **Saturday, Aug. 7** and will include two nights in the Berkshires with tickets to two Tanglewood concerts, three nights at the newly renovated Omni Parker House in Boston with visits to the Museum of Fine Arts and JFK Library, a tour of the city and Harvard, a day on the North Shore with a tour of the House of Seven Gables, a cruise on a schooner and a lobster bake, a night at The Water Club at Borgata, a luxurious spa that is part of Atlantic City's famous casino, and much, more.

Our trip begins Aug. 7 when we leave the Village Center at 7:30 a.m. and travel to Nyack, NY, for a three-course lunch at Lanterna Tuscan Bistro. (Please look at menus and make your selections for meals at sign-up.)

Following lunch we will head to the Crowne Plaza Hotel Pittsfield in the beautiful Berkshire mountains in western Massachusetts. That evening after

continued on page 5

The Marriage of Figaro at the Kennedy Center

Enjoy a night at the opera on **Tuesday, May 4**, when we attend a performance of the Washington National Opera's *Le Nozze di Figaro*, often considered Mozart's best opera.

The Marriage of Figaro is filled with a tangled web of love affairs and is a witty tale of love, betrayal, and forgiveness. The pageboy courts the Countess while the Count pursues the maidservant who is betrothed to the wily Figaro.

We will depart from the Village Center at 6:30 p.m. and return by 11:30 p.m. Our seats are in the first four rows of the center first tier. The cost for the trip is \$118, which includes a ticket, transportation, and driver gratuity. Residents and one guest may sign up immediately. Nonresidents may sign up March 15. There are 24 tickets available.

Award-winning journalist to speak at the Village Center

Steven Roberts will discuss his latest book, *From Every End of This Earth: 13 Families and the New Lives They Made in America* at the Village Center on **Thursday, April 8, at 7:30 p.m.**

America is a nation of immigrants. But what does it mean to be an immigrant in America today? *From Every End of This Earth* follows the stories of thirteen immigrant families.

Steve Roberts has been a journal-

ist for more than 40 years, covering some of the major events of our time for the New York Times and U.S. News. He and his wife, Cokie Roberts, write a nationally-syndicated newspaper column that was named one of the 10 most popular columns in America by Media Matters. He also writes a bi-monthly column, "Hometown," for Bethesda Magazine. A well-known commentator on many Washington-based TV shows,

Roberts also appears regularly as a political analyst on the ABC radio network and is a substitute host on NPR's Diane Rehm Show. Since 1997 he has been the Shapiro Professor of Media and Public Affairs at George Washington University, where he has taught for the last 18 years.

Copies of the book, provided by Politics and Prose, will be available for purchase. Sign up by calling 301-656-2797.

CHILDREN'S PROGRAMS

Summer Fun for Young Artists

Friendship Heights Village Center will once again host a week-long summer art camp for children **Monday, June 21 through Friday, June 25**. Children ages 5 to 10 will learn painting, print making, Chinese brush, collage, and sculpture. The camp takes place from 9:30 to 12:30 a.m. daily at the Village Center. The cost is \$200. Sign up immediately at the Village Center to ensure a space — this camp will fill up quickly. Children must have completed kindergarten to qualify.

Children's Art Class

In March, a four-week series on *Chinese Brush Painting* begins on **Thursday, March 4 and continues through Thursday, March 25**. The programs are designed for school age students, ages 6 to 10. Each class lasts 90 minutes, from 4 to 5:30 p.m. The cost is \$100 for each four-week session, and includes instruction and materials. Sign up at the Village Center. Class size is limited, so sign up as soon as possible. Please call the Village Center at 301-656-2797 for more information.

Galileo for Children

The children's program on Galileo, originally scheduled for Feb. 6, has been rescheduled for **Saturday, March 20, from 10:30 a.m. to noon**, at the Village Center.

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The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space for the April issue is March 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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ON the GO...

NSO rehearsal

Join us on **Thursday, March 25** for an open rehearsal of the National Symphony Orchestra at the Kennedy Center.

Prague Philharmonia's young Chief Conductor, Jakub Hruša, leads fellow rising star Daniel Müller-Schott in Dvorák's *Cello Concerto*. The program also includes Schubert's *Unfinished* and Janáček's *Taras Bulba*.

The cost of the trip, which includes transportation and driver gratuity, is \$25. We will depart from the Village Center at 8:45 a.m. and return by 1 p.m. Residents and one guest may sign up immediately; nonresidents may sign up March 5. There are 45 spaces available.

Whoo-ee, whoo-ee baby! Won't you let us take you on a Potomac cruise?

Join us for a Cherry Blossom cruise on the beautiful Odyssey III on **Friday, April 9**. We'll enjoy a three-course lunch in the glass-enclosed dining room and then dance to live music or just sit back and relax as the scenery drifts past our table. The two-hour cruise will take us from the Gangplank Marina under the Memorial Bridge, past the Kennedy Center to Georgetown and back.

Lunch will include (choose at the table): antipasto plate, Caesar salad or lobster Bisque for the first course; Tuscan Chicken, braised beef, seafood ravioli gratinee, Asian grilled salmon, or Mediterranean vegetable purse for the main course; and, Odyssey's Signature Cherry Blossom Shortcake for dessert.

The cost of the trip is \$89, which includes the luncheon cruise, bus transportation, and all gratuities. We will leave the Village Center at 10 a.m. and return around 2 p.m. Residents and one guest may sign up immediately; non-residents may sign up March 5. There are 24 spaces available. Dress is business casual attire; jeans and athletic shoes are not allowed.

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The President's foreign policy: How's he doing?

William Bodde, Jr., will present a lecture entitled "President Obama's Foreign Policy" at the Village Center on **Monday, March 22, at 7:30 p.m.**

A year after the Inauguration, a discernable Obama foreign policy has begun to emerge. The President is committed to restoring America's image in the world and favors multilateral diplomacy and engagement with other nations, even adversaries.

Ambassador Bodde, a retired U.S. Foreign Service Officer, will discuss how the President organized his foreign policy team and will take a look at the key players including Sec. Hillary Clinton, Vice President Biden and National Security Adviser James Jones. He will examine how the Obama administration deals with such challenges as Afghanistan and Pakistan, Iraq, terrorism, the Arab-Israeli conflict, and an increasingly assertive China, Europe and Russia.

Please sign up for this Bamberger lecture by calling 301-656-2797.

Medicare expert to speak at Center

Robert D. Reischauer, president of the Urban Institute and former director of the Congressional Budget Office, will speak at the Village Center on **Thursday, March 11, at 7 p.m.** "A Conversation on the Future of Medicare and the Federal Budget with Robert D. Reischauer" is co-sponsored by the Norman and Florence Brody Public Policy Forum of the University of Maryland and the Friendship Heights Village Council and hosted by Doug Besharov.

Mr. Reischauer is a nationally known expert on the federal budget, Medicare, and Social Security. The Urban Institute collects data, conducts policy research, evaluates social programs, educates the public on key domestic issues, and provides advice and technical assistance to developing governments abroad.

Please be aware that this event will be taped for UMTV. Sign up for the forum by calling 301-656-2797.

Economics correspondent to speak at the Center

Chris Farrell, the personal finance correspondent for NPR's "Marketplace Money" will discuss his book, *New Frugality: How to Consume Less, Save More, and Live Better*, at the Village Center on **Thursday, March 25, at 7:30 p.m.**

In his new book, Mr. Farrell shows how the economic downturn can be an opportunity to reconsider what, why, and how much we consume. With an emphasis on changing the way we live to make the most of what we have, Mr. Farrell provides a new plan for a new economic reality—the philosophy and practice of living frugally.

In addition to being correspondent and editor for "Marketplace Money," a weekly one-hour personal finance show syndicated nationally on public radio, he is economics correspondent for the business program "Marketplace" and American Radio Works. He is also contributing economics editor at Business Week magazine.

Copies of the book, provided by Politics and Prose, will be available for purchase. Sign up by calling 301-656-2797.



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dinner (on your own) at the hotel, we'll attend the Tanglewood Music Festival, which is celebrating its 70th anniversary this year. The evening features Violinist Hilary Hahn and Shi-Yeon Sung, one of the most exciting young conductors on the international scene. Shi-Yeon will lead the orchestra in a program that includes Wagner's *Prelude to Lohengrin*, Copland's *Quiet City*, Sibelius's *Violin Concerto* and Stravinsky's *Suite from The Firebird*.

The next morning we will meet our guide for the week and visit the Norman Rockwell Museum for a tour of the museum and a talk by one of the artist's models, and then a driving tour of the Berkshire "cottages," the beautiful estates built during the turn of the 20th century.

Lunch will be at the Cranwell, a luxury hotel in Le-

nox. Following lunch, we'll attend an afternoon concert. Christoph von Dohnányi, one of the world's pre-eminent orchestral and opera conductors, will lead the orchestra in a program that includes Beethoven's *Violin Concerto* and Dvorak's *Symphony No. 8*.

Dinner will be at the Mill on the Floss, a 17th Century farmhouse with a country, elegant atmosphere.

Monday morning, after breakfast, we'll tour Tanglewood's grounds and the famous Music Shed, the BSO's amphitheater. Then we'll visit Stockbridge for a tour of the "picture postcard" town and lunch at the Red Lion Inn. The inn was founded in 1773 as a stagecoach stop and is filled with antiques and a teapot collection that includes hundreds of pots from all over the world.

Following lunch, we'll head for Boston and check into our hotel. The Parker House, voted in 2008 the Best Historic Hotel in Massachusetts, is the oldest continuously operating hotel in America. The Boston landmark recently underwent a \$30 million face-lift, so you can have a flat screen TV and history too! The hotel invented Boston cream pie and Parker House rolls, was the site of JFK's proposal to Jackie, and was where Charles Dickens gave his first reading of *A Christmas Carol*. You'll have some free time before dinner on your own.

Tuesday will begin with a driving tour of Boston, which will include Beacon Hill, Boston Common and the Public Garden, the Old Statehouse, the USS Constitution, and the Old North Church. We'll cross the Charles River to Cambridge for a walk around Harvard Yard and then head to the Museum of Fine Arts for a tour and lunch (on your own).

We'll return to the hotel mid-afternoon for some free time and dinner at Clio, a fabulous French restaurant in the boutique Eliot Hotel in Boston's Back Bay. Clio's chef Ken Oringer continues to earn accolades for decadent and well-crafted dishes.

Wednesday we will travel to Salem and see the town forever linked to the witchcraft hysteria of the 1690s. The city also has a rich maritime history and some of the finest examples of 18th Century architecture built by wealthy sea captains. We will tour the House of Seven Gables, inspiration for Nathaniel Hawthorne's novel. We'll have lunch (on your own) and free time for shopping in Rockport, one of the most picturesque towns in America.

In the afternoon, we'll cruise the Gloucester Harbor and out to sea on the beautiful Schooner Lannon and then return for an old-fashioned lobster bake.

Thursday we will visit the John F. Kennedy Library and Museum, located on a ten-acre park, overlooking the sea. It tells the powerful story of our 35th president and the Kennedy years. Lunch will be on your own at the museum.

Then we bid Boston farewell and start our trip home.

continued on page 6



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A Note from the Program Directors

As a courtesy to our speakers, authors and performers...

- Turn off cell phones • Do not take food or drink into the auditorium • Arrive on time for all events • Unless it is an emergency, please stay until the conclusion of the program. It is distracting to others in the audience and insulting to the presenters when people walk out. Plenty of time to catch the shuttle bus will always be allowed.

Thursday, March 4, 7 p.m. — Movie — *Coco before Chanel* — Gabrielle “Coco” Chanel, who began her life as a headstrong orphan, and through an extraordinary journey, she became the legendary couturier who embodied the modern woman and became a timeless symbol of success, freedom and style. Stars Audrey Tautou. Rated PG-13. Running Time: 110 minutes.

Thursday, March 11, 7 p.m. — *Brody Forum: Reischauer* — see page 4 for details

Thursday, March 18, 7 p.m. — Movie — *Bright Star* — In London in 1818, a secret love affair begins between 23 year old English poet, John Keats, and the girl next door, Fanny Brawne, an outspoken student of fashion. It was the illness of Keats’s younger brother that drew them together. Keats was touched by Fanny’s efforts to help and agreed to teach her poetry. By the time Fanny’s alarmed mother and Keats’s best friend Brown realized their attachment, the relationship had an unstoppable momentum. Together they rode a wave of romantic obsession that deepened as their troubles mounted. Stars Ben Whishaw and Abbie Cornish. Rated PG. Running Time: 119 minutes.

Thursday, March 25, 7:30 p.m. — *Chris Farrell* — see page 4 for details.

Boston, continued from page 5

We will spend our final night at the brand new Water Club at Borgata. The luxurious and serene hotel is just the place to rest up after our week. The hotel includes a two-story spa, five indoor and outdoor pools and six boutique shopping experiences. It is part of the Borgata Casino, which has been incredibly popular since it opened in 2003. Choose among 12 restaurants with chefs like Bobby Flay and Wolfgang Puck for dinner (on your own), then take in a show or try your luck in the casino.

Friday you can enjoy the beach or boardwalk, the spa or casino (after all, it will be lucky Friday the 13th!) before we head home.

The cost of the trip, which includes all transportation, six nights accommodations, six breakfasts, three lunches, three dinners, admission and tours at all the museums and attractions, and, all taxes and gratuities, is \$1660 per person based on double occupancy. The single supplement is \$509 and due at sign-up. After March 21 the cost goes up to \$1699. A deposit of \$600 is due when signing up. This is fully refundable until April 20. A second payment of \$600 is due May 1. The balance is due June 15.

Sign-ups for residents and one guest begin immediately. Nonresidents may sign up beginning March 8.

We strongly encourage you to purchase trip insurance. Information can be obtained at the Center front desk.



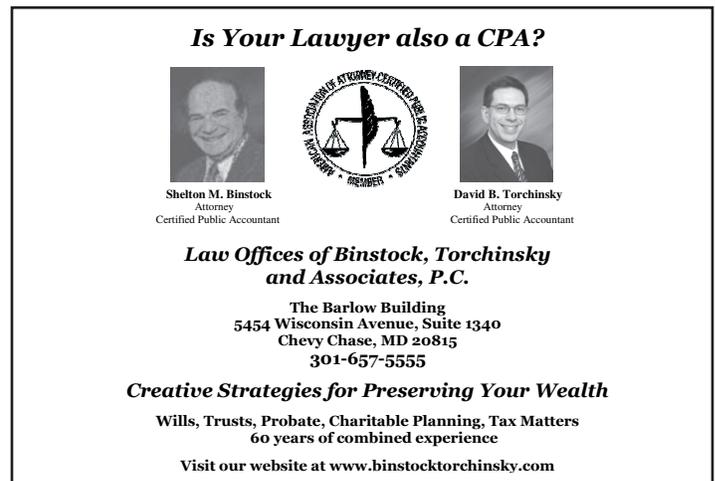
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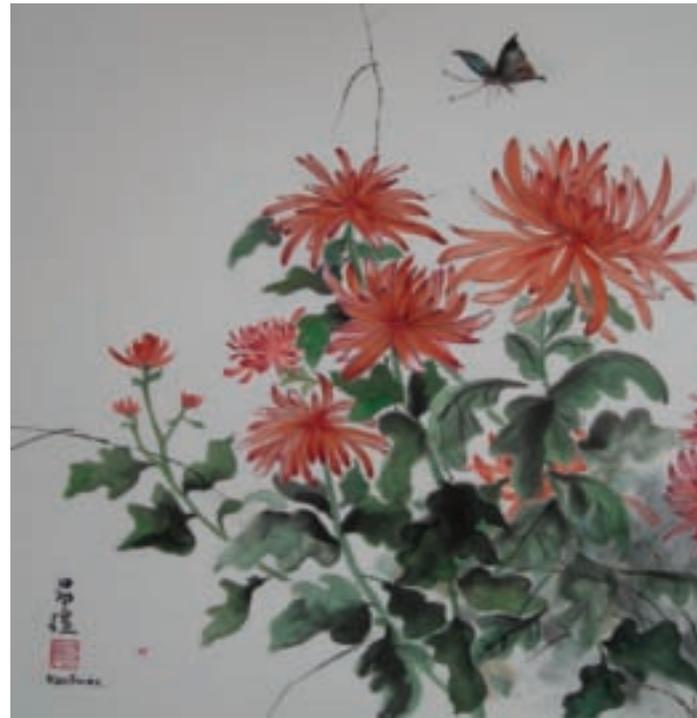
Sumi-e Society to exhibit in March

The National Capitol Area Chapter of the Sumi-e Society of America will exhibit at the Friendship Gallery this month with a show entitled "Colors of Sumi-e."

The chapter has more than 70 members including professional and aspiring artists. The Sumi-e Society is a non-profit organization founded in 1963 to encourage an appreciation of East Asian brush painting and calligraphy and to serve as a cultural bridge between East and West. The medium employs ink and watercolors, and rice papers or silk. The group's website is www.suminationalcapitolarea.org. All are invited to a reception on **Sunday, March 14, from 11:30 a.m. to 1:30 p.m.** to meet the artists.

The exhibit runs from March 1 to 31. Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m. and Saturday and Sunday, 9 a.m. to 2 p.m. Art in the auditorium is occasionally not available for viewing because of activities in that room; check with the front desk receptionist when you arrive. Please note that all sales of art are final.

Painting by Richard Kaufman



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M A R C H
SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



	1 9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Strength Training with Tonya 7 p.m.: Yoga 7 p.m.: Café Muse	2 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10:30 a.m.: Stretch with Tonya 1 p.m.: Balance and Fall Prevention 1 - 2:45 p.m.: Blood Pressure Screening 3 - 4 p.m.: Tea 3 - 5 p.m.: Suburban Nurse Specialist	3 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise with Tonya 1 p.m.: Portraiture in Pencil and Pastel 3 p.m.: Chair Yoga	4 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. - 4 p.m.: Village Playtime 4 p.m.: Children's Art Class 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: Coco Before Chanel	5 9:15 .m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl	6 8:15 a.m.: Walking Club 10 a.m.: Painting is for Everyone
7 9 a.m.: Yoga 9:30 a.m. - 1:30 p.m.: Coffee and Sunday Papers	8 9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting 7 p.m.: Yoga 8 P.M.: Friendship Heights Council Meeting	9 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10:30 a.m.: Stretch with Tonya 1 p.m.: Balance and Fall Prevention 1 - 2:45 p.m.: Blood Pressure Screening 3 - 4 p.m.: Tea 3 - 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	10 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise with Tonya 1 p.m.: Suburban Lecture: Knee and Hip Replacements 2 p.m.: Health Insurance Counseling 3 p.m.: Chair Yoga 7:30 p.m.: Concert: Sior-Og	11 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m. - 4 p.m.: Village Playtime 4 p.m.: Children's Art Class 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Robert D. Reischauer: The Future of Medicare and the Federal Budget	12 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl	13 8:15 a.m.: Walking Club 10 a.m.: Painting is for Everyone
14 9 a.m.: Yoga 9:30 a.m. - 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. - 1:30 p.m.: Art Reception	15 9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting 7 p.m.: Yoga 7:30: Book Signing with Sarah Pekkanen: The Opposite of Me	16 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10:30 a.m.: Stretch with Tonya 12:30 p.m.: Vision Support Group 1 p.m.: Balance and Fall Prevention 1 - 2:45 p.m.: Blood Pressure Screening 3 - 4 p.m.: Tea 3 - 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	17 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise with Tonya 1 p.m.: Portraiture in Pencil and Pastel 3 p.m.: Chair Yoga	18 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. - 4 p.m.: Village Playtime 4 p.m.: Children's Art Class 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Depart for Hexagon 7 p.m.: Movie: Bright Star	19 9:15 .m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl	20 8:15 a.m.: Walking Club 10 a.m.: Painting is for Everyone 10:30 a.m.: Galileo Children's Program
21 9 a.m.: Yoga 9:30 a.m. - 1:30 p.m.: Coffee and Sunday Papers	22 9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting 7 p.m.: Yoga 7:30 p.m.: William Bodde: "President Obama's Foreign Policy"	23 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 12:30 p.m.: Stretch with Tonya 1 p.m.: Balance and Fall Prevention 1 - 2:45 p.m.: Blood Pressure Screening 3 - 4 p.m.: Tea 3 - 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	24 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise with Tonya 1 p.m.: Portraiture in Pencil and Pastel 2 p.m.: Health Insurance Counseling 3 p.m.: Chair Yoga 7:30 p.m.: Concert: Barbara Martin	25 8:15 a.m.: Walking Club 8:45 a.m.: Depart for NSO Rehearsal 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. - 4 p.m.: Village Playtime 4 p.m.: Children's Art Class 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7:30 p.m.: Book Signing with Chris Farrell	26 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl	27 8:15 a.m.: Walking Club 10 a.m.: Painting is for Everyone
28 9:30 a.m. - 1:30 p.m.: Coffee and Sunday Papers	29 9:15 a.m.: Fit 4-Ever 10 a.m. - 2 p.m.: MVA Bus 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting	30 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 12:30 p.m.: Stretch with Tonya 1 p.m.: Balance and Fall Prevention 1 - 2:45 p.m.: Blood Pressure Screening 3 - 4 p.m.: Tea 3 - 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	31 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise with Tonya 1 p.m.: Portraiture in Pencil and Pastel 3 p.m.: Chair Yoga 7:30 p.m.: Concert: Ellen Tenenbaum			



Cafe Muse presents...

This month's Café Muse, on **Monday, March 1, at 7 p.m.**, presents a reading by poets Ned Balbo and Kristi Maxwell.

Ned Balbo is the author of *Lives of the Sleepers*, winner of the Ernest Sandeen Prize and a *ForeWord* Book of the Year Award; *Galileo's Banquet*, winner of the Towson University Prize; and, *Something Must Happen*. His work appears in *Antioch Review*, *Shenandoah*, *River Styx*, and numerous other publications.

Kristi Maxwell is the author of *Realm Sixty-four, Elsewhere & Wise*, and *Hush Sessions*. Her poems appear widely in *Denver Quarterly*, *Phoebe*, *Tarpaulin Sky*, and other journals.

Café Muse opens at 7 p.m. with refreshments and classical guitar by Michael Davis; readings begin at 7:30. Attending poets are invited to participate in an open reading that concludes the program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has sponsored public programs for over 30 years. For more information visit www.wordworksdc.com.

Shuttle bus hours 
Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours
Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

Last chance for Hexagon

A few tickets remain for our trip to see Hexagon on **Thursday, March 18**, at the Takoma Park/Silver Spring Performing Arts Center.

This year's "Dancing with the Czars" promises all the hilarity and highjinks for which Hexagon is known. All proceeds go to charity.

We'll depart from the Village Center at 7 p.m. and should return by 11 p.m.

The cost is \$40 and includes transportation, driver gratuity and ticket to the performance.

Transportation will be in a 24-passenger motorcoach.

CLASSES and CLUBS

PLEASE SIGN UP AT LEAST 48 HOURS BEFORE THE START OF A SESSION – A CLASS MAY BE CANCELED IF IT DOES NOT HAVE A MINIMUM NUMBER OF PARTICIPANTS REGISTERED. PARTICIPANTS MUST PAY FOR THE FULL SERIES - NO REFUNDS AFTER CLASS BEGINS.

All participants in fitness classes as well as Drop-in Tai Chi are required to sign a liability waiver when they register.

ART

ACRYLIC OR OIL PAINTING (DAY)

A 10-week course for all skill levels, taught by Doris Haskell, begins March 8. Meets Mondays from 2:30 to 4:30 p.m. Cost is \$50 for residents; \$70 for nonresidents. Session ends May 10. Maximum number of students is 18.

ACRYLIC OR OIL PAINTING (EVENING)

A 10-week course for all skill levels, taught by Doris Haskell, begins March 4. Meets Thursdays from 6:45 to 8:45 p.m. Cost is \$50 for residents; \$70 for nonresidents. Class ends May 6. Maximum number is 16.

CHILDREN'S CHINESE BRUSH

This 4-week class, taught by Richard Kaufman, for children 6 to 10 years old begins March 4. Meets Thursdays from 4 to 5:30 p.m. Students learn Sumi-e techniques. The cost is \$100 and includes materials. Last class is March 25.

PORTRAITURE IN PENCIL AND PASTEL

This 6-week class, taught by Marianne Winter, begins March 17. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Please bring a pad and pencil or pastel to the first class. Some previous experience in drawing is necessary. The cost is \$70 for residents; \$75 for nonresidents. Maximum number is 8. Last class is April 21.

STILL LIFE PAINTING

A 10-week course taught by Joan

Samworth begins March 18. Class emphasizes the elements of art: line, color, texture, shape and value and is designed to meet the needs of all levels of experience. Advance at your own pace with individual critiques and instruction. Suggested media are pastels, watercolor, acrylics, color pencil. Supply list will be handed out first day of class. Meets Thursdays from 11 a.m. to 2:30 p.m. (you may bring lunch – brown bag only). The cost is \$145 for residents; \$150 for nonresidents. Last class is May 20.

EXERCISE AND FITNESS

STRENGTH TRAINING WITH CHERYL

This 6-week class begins March 5. Meets Fridays, from 10:30 to 11:30 a.m. The class, taught by Cheryl Clark, will enhance range of motion and strengthen muscles and work on balance and posture. The cost is \$65 for residents; \$70 for nonresidents. Session ends April 9.

BALANCE AND FALL PREVENTION

This 6-week class begins March 23. Meets Tuesdays, from 1 to 1:45 p.m. The class, taught by Tonya Walton, will focus on simple exercises you can do to improve overall balance. The cost is \$62 for residents; \$67 for nonresidents. Session ends May 4 (class will not meet April 13). Questions? Email staraka4u@gmail.com.

CHAIR EXERCISE WITH TONYA

This 6-week class begins March 17. Meets Wednesdays, from 11 to 11:50 a.m. The class, taught by Tonya Walton, is especially for people who want to tone upper and lower body

muscles, as well as improve strength and energy, through chair exercises. The cost is \$62 for residents; \$67 for nonresidents. Session ends April 21.

STRENGTH TRAINING WITH TONYA

This 6-week class begins April 5. Meets Mondays, from 1 to 1:50 p.m. The class, taught by Tonya Walton, focuses on increasing mobility, flexibility, balance, and overall strength. The cost is \$62 for residents; \$67 for nonresidents. Session ends May 10.

STRETCH CLASS WITH TONYA

This 6-week class begins March 23. Meets Tuesdays, at 12:30 p.m. PLEASE NOTE NEW TIME. This 30-minute class will provide stretches for the entire body and will improve overall circulation, flexibility, strengthen and tone muscles, and improve posture and balance. The cost is \$30 for residents; \$35 for nonresidents. Last class is May 4 (class will not meet April 13). Questions? Email staraka4u@gmail.com.

TAI CHI (THURSDAY)

This 6-week session begins April 8. Meets Thursdays from 9:30 to 10:30 a.m. The cost is \$40 for residents; \$45 for nonresidents. Feel free to email instructor Thomas Johnson at tajitaj7@gmail.com if you have any questions about this class. Session ends May 13.

TAI CHI (TUESDAY)

This 6-week class begins March 2. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$40 for residents; \$45 for nonresidents. Session ends April 6.

ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES

BLOOD PRESSURE SCREENING/ SUBURBAN NURSE

A Suburban Hospital nurse is on hand to offer free blood pressure screenings Tuesdays from 1 to 2:45 p.m. The nurse is also available for consultations Tuesdays from 3 to 5 p.m.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets every Friday from 10:30 a.m. to noon. Led by group members.

FHUN

The Friendship Heights Urban Network (FHUN) organizes events for young professionals, young parents, and college students. Check FHUN's website at www.fhun.net. This group is not affiliated with the Friendship Heights Village Council.

GREAT BOOKS DISCUSSION GROUP

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Meets Mondays from 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

HEALTH INSURANCE COUNSELING

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Usually meets on the second and fourth Wednesdays of each month from 2 to 4 p.m. Call 301-590-2819 for an appointment; walk-ins are welcome.

SCRABBLE

This group of Scrabble players meets at the Center Thursdays at 6:15 p.m.

TEA TIME

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m. Hot beverages, cookies and fruit are served by Village volunteers.

VILLAGE PLAY TIME

Games, toys and play equipment will be in the auditorium at the Village Center most Thursdays from 11 a.m. to 4 p.m. Children must be accompanied by a caregiver, friend or family member.

VISION SUPPORT LUNCH AND LEARN

The Prevention of Blindness Society of Metropolitan Washington meets the third Tuesday of the month at 12:30 p.m. for a brown bag lunch and discussion with an invited speaker. Contact Janet Morrison at 301-538-9358 for more information.

WALKING CLUB

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis at 301-718-6340 for more information.

YIDDISH

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for more information.

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CONCERTS

NOTE FROM THE PROGRAM DIRECTORS — *Concerts are performed Wednesdays, from 7:30 - 8:30 p.m. Due to the budget constraints, we will be reducing the number of concerts offered during the winter months. Concerts in March will be held on the second, fourth and fifth Wednesdays of the month.*

Wednesday, March 10 — Sior-Og — Sior-Og, “Forever Young” in Irish Gaelic, has been performing traditional Irish music since 2002. Using uilleann pipes, fiddle, bodhran, guitar and a variety of Irish whistles, Sior-Og performs classic dance tunes such as jigs, reels, slip jigs and hornpipes.

Wednesday, March 24 — Barbara Martin and Mac Walter — The music of vocalist and songwriter, Barbara Martin, solidly reflects the greats of traditional jazz, never forgets the blues, but relates to the world today. Based in the peaceful Shenandoah Valley, her skillful song crafting and solid guitar chops set her apart. Over a 35 year career Mac has studied with guitar greats Roy Buchanan, John Knowles and Woody Mann. He has performed with Danny Gatton and Deanna Bogart, touring the United States and Europe.

Wednesday, March 31 — Ellen Tenenbaum — Local pianist Ellen Tenenbaum will perform Scarlatti’s *Sonatas in C minor and A major*; Chopin’s *L’Adieu Waltz in A flat major* and the *Minute waltz in D flat major*, *Waltz in C sharp minor* and *Waltz in A flat major*; Scott Joplin’s *Solace*,

Peacherine Rag, *The Entertainer* and *The Maple Leaf Rag*; and Claude Debussy’s *The Golliwogg’s Cakewalk*.



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301-326-2488

or 301-366-7538

References available

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TO YOUR HEALTH

Knee and Hip replacement 101

Dr. Sridhar Durbhakula, Suburban Hospital orthopedic joint surgeon, will explain knee and hip replacement treatment options on **Wednesday, March 10, at 1 p.m.** The talk will include advice about the right time for surgery and how to select the best treatment.

There is no cost for the talk, but please call 301-656-2797 to let us know if you plan to attend.

Vision Support Lunch and Learn: 'Your Eye Exam and You'

Clete Clark, Operations Manager of Washington Eye Physicians and Surgeons, will explain a variety of testing techniques that take place in the ophthalmology office and offer sight-saving suggestions to safeguard your vision on **Tuesday, March 16, at 12:30 pm.**

Bring a bag lunch; dessert and beverages will be provided. The Vision Support Group is a partnership of the Prevention of Blindness Society of Metropolitan Washington and the Village of Friendship Heights. Please call 301-656-2797 to register.

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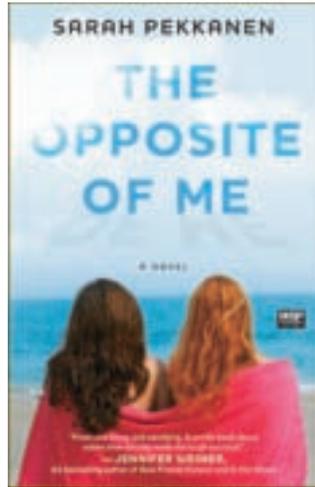
Email dentist@hosakadental.com for questions or comments.

Columnist to speak at Center

Novelist Sarah Pekkanen will discuss her book, *The Opposite Of Me*, at the Village Center on **Monday, March 15, at 7:30 p.m.**

Ms. Pekkanen writes a monthly column called "Domestic Disturbances," for *Bethesda Magazine* and has been published in *People*, *The Washington Post*, *USA Today*, *The New Republic*, *The Baltimore Sun*, *Reader's Digest*, and *Washingtonian* and heard on NPR's "All Things Considered." She is a former feature writer for the *Baltimore Sun*, covered Capitol Hill for Gannett New Service/USAToday, and has been an on-air correspondent for e! Entertainment Network. Rights to her book have been sold in Canada, Italy, Spain, Germany, Australia, and Holland.

Copies of the book, provided by Politics and Prose, will be available for purchase. Sign up by calling 301-656-2797.



Driver Safety Program at the Center

The AARP Driver Safety Program helps drivers refine skills and develop techniques. Upon successfully completing the course, graduates may be eligible to receive a discount on their auto insurance premiums.

The one-day course will be offered **Friday, April 30, from 10 a.m. to 3 p.m.** at the Village Center. The cost is \$12 for AARP members (please bring your membership card) and \$14 for nonmembers. Checks should be made out to AARP. A minimum of 12 students is required or the class will be cancelled. Students must bring their driver's license and a ballpoint pen. Barbara Newland will be the instructor. Please register at the Village Center.

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Irish Celebration

at Brighton Gardens at Friendship Heights

Sunday, March 14th • 3:00pm-4:30pm

Join in the festivities as Brighton Gardens at Friendship Heights hosts an Irish Celebration – featuring favorite Irish songs performed by an Irish tenor. At this exciting event you can mingle with neighbors, residents and guests. You can also enjoy Irish beer, cheese tastings and a special Irish Kahlua dessert!

While you're here, meet our team, tour our community and find out what we do to make our community a place seniors are proud to call home. Since 1981, Sunrise Senior Living has been committed to providing seniors, families and caregivers with innovative senior living and care options.

RSVP to 301-656-1900 by March 10th



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Village Council Corner

Village Digs Out of Record Blizzards

In spite of record-setting snowfall this winter, our snow removal contractor has done a great job keeping the Village's streets, sidewalks and parks clear and accessible as quickly as possible (the photo at right was taken Sunday, Feb. 7, the day after the blizzard). Our thanks to the buildings as well for diligently clearing their sidewalks and driveways. Let's look forward to Spring!

Help Design a Friendship Heights Flag

The Village Council invites residents to submit designs for an official flag. For guidelines, stop by the Center or go to www.friendshipheightsmd.gov ("What's New").



A view of North Park Avenue as seen from The Carleton.

Photo by Alvan Morris

The Council took the following actions at the February 8 public meeting:

- Held initial public hearing on FY11 budget;
- Approved continuation of agreement with shuttle bus contractor to provide bus service.

FORM 502 MARYLAND TAX RETURN 2009
RESIDENT
YOUR FISCAL YEAR BEGINNING 1999, ENDING
Please Print
Name or Mark, Not Only
Your first name Last name
Spouse's first name Last name
Present address (No. and street) City or town State Zip code
Name of county and incorporated city, town or special taxing area in which you were a resident on the last day of the taxable period. (See Instruction 6)
YOUR FILING STATUS—See Instruction 1 to determine if you are required to file.
1. Single



Friendship Heights VILLAGE NEWS

Friendship Heights Village Center
4433 South Park Avenue
Chevy Chase, Maryland 20815

Check out our website:

www.friendshipheightsmd.gov

e-mail: info@friendshipheightsmd.gov

phone: 301-656-2797

March 2010 events calendar