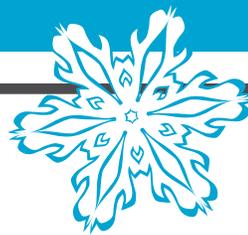




Friendship Heights



# VILLAGE NEWS

JANUARY 2009

301-656-2797

VOLUME 23, NO. 8



L'Auberge Chez Francois

see page 3



## A tour of the Capitol and the new Visitor Center

Join us for a trip to the Capitol for a tour and lunch in the brand new Visitor Center on **Wednesday, Jan. 28.**

Our tour will start in the office of Rep. Chris Van Hollen where a staff member will greet us and escort us around the Capitol, one of the world's most impressive and important buildings. As a special treat, we will visit the House Gallery, which is not part of the regular Capitol tour. Other highlights include the Rotunda, with its beautiful fresco painted by Constantino Brumidi, Statuary Hall, with statues of famous people from every state, and the old Supreme Court chamber.

Our visit will begin in the Visitor Center, which opened just last month. It is the largest project in the Capitol's 215-year history and is three-quarters the size of the

*Continued On Page 2*

## Gwen Ifill to speak at the Center

Gwen Ifill, moderator and managing editor of "Washington Week" and senior correspondent for "The NewsHour with Jim Lehrer," will discuss her book, *The Breakthrough: Politics and Race in the Age of Obama*, at the Village Center on **Saturday, Feb. 7, at 3 p.m.**

Now in its 40th year, "Washington Week" is the longest-running news and public affairs program on public television. Before coming to PBS, Ms. Ifill spent five years at NBC News as chief congressional and political correspondent, and still appears as an occasional panelist on "Meet the Press." She joined NBC News from *The New York Times* where she covered the White House and politics.

In her new book, Ms. Ifill takes a look at the American political landscape,

*Continued On Page 6*



## Glorious *Swan Lake* at the Kennedy Center

Few things in life are more beautiful than *Swan Lake*, the most revered of classical ballets. Join us **Sunday, Feb. 22**, when we attend a matinee performance of the beloved ballet danced by the American Ballet Theatre.

*Swan Lake* is the story of a princess changed into a swan by an evil sorcerer and the prince whose love has the power to set her free. Kevin McKenzie's full-length production has been called "spellbinding and spectacular."

We will leave the Village Center at 12:30 p.m., but come at noon for hot chocolate and cookies before getting on the bus. Children five and older are welcome if accompanied by an adult.

The cost of the trip, which includes a seat in the Premium Orchestra (at a ten percent discount), transportation, and driver gratuity, is \$115. **But sign up by Jan. 21 and pay only \$108.** Residents may sign up immediately; nonresidents may sign up Jan. 10. There are 24 spaces available.

# CHILDREN'S PROGRAMS

## A Saturday morning story

Local actress and singer Barbara Papendorp returns to the Village Center for another Saturday Storytime. This time she'll tell the seasonal story of Jan Brett's *The Trouble with Trolls* on **Saturday, Jan. 24, from 10:30 to 11:30 a.m.** Following the story, children will have the chance to create a charming winter craft. There is no charge for this event, but please call the Center at 301-656-2797 if you plan to attend.

### Capitol, Continued from Page 1

Capitol itself. Located underground, it contains a multitude of historic documents and artifacts, a movie theater, an interactive museum, and, of course, a gift shop. We will have lunch in the cafeteria-style restaurant (lunch is on your own).

Photo identification is not required. However, the following items are not allowed: any bag larger than 14" wide x 13" high x 4" deep; any battery-operated electronic device; any sharp or pointed object (pens and pencils are permitted); cameras; food or beverages of any kind; creams or lotions; any type of recording device; strollers. Medical devices and prescriptions for medical needs are permitted.

We will leave from the Village Center at 11 a.m. and return by 5 p.m. The cost for the transportation and driver gratuity is \$35. Residents and a guest may sign up immediately; nonresidents may sign up Jan. 10. *Please be aware that this visit will include extensive walking, both inside and outside.* Because it is a Congressional tour, there will only be 14 spaces available.

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## Friendship Heights VILLAGE NEWS

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Email: [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov)

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

### ADVERTISING

The deadline for reserving space for the February issue is January 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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Julian P. Mansfield

## Village Center Rental Information

Looking for space to hold your next business meeting or social event? The Village Center has limited classroom space available during open hours Monday-Thursday, 9 a.m. to 9 p.m., Friday 9 a.m. to 5 p.m., and on weekends 9 a.m. to 2 p.m. The main hall is only available after hours on Friday between 5 p.m. and 1 a.m.; Saturday or Sunday between 2 p.m. and 12:30 a.m. We only schedule rentals in the main hall 12 months in advance with a minimum of two months notice. For more information or to schedule an event, call Betty Ardizzone, Facilities Manager, 301-656-2797. You can also visit our website, [www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov).

## ON the GO...

### Don't miss this spectacular exhibition

A few spaces remain for our trip to the National Gallery of Art on **Tuesday, Jan. 13** to view *Pompeii and the Roman Villa: Art and Culture around the Bay of Naples*.

This extraordinary exhibit features more than 150 works of sculpture, painting, mosaic, and luxury arts from richly decorated villas along the Bay of Naples.

We'll enjoy an audio tour of the exhibit and then you can visit other collections in the East and West wings of the National Gallery. You'll also have time for lunch on your own.

The cost of the trip is \$34 and includes round-trip transportation, audio guide, and driver's gratuity.

We will depart from the Village Center at 9:30 a.m. and should return about 2:30 p.m. Sign up immediately at the Village Center.

### A Special Evening at L'Auberge Chez Francois

Escape the mid-winter blues with an elegant evening out at one of Washington's top culinary destinations. On **Wednesday, Feb. 11**, we'll take the short trip to beautiful Great Falls, Va., to the extraordinary L'Auberge Chez Francois. The dinner includes a choice of appetizer, salad, choice of three special entrees, choice of dessert, and coffee or tea.

The cost of the trip, which includes round-trip transportation, four-course dinner, coffee or tea, and all taxes and gratuities is \$89.

We will depart from the Village Center at 4:30 p.m. and return by 8:30 p.m. Sign-ups begin immediately for residents and one guest. Non-residents may sign up beginning Jan. 10. There are 23 spaces available.

# PUZZLED

## by Today's Real Estate Market?

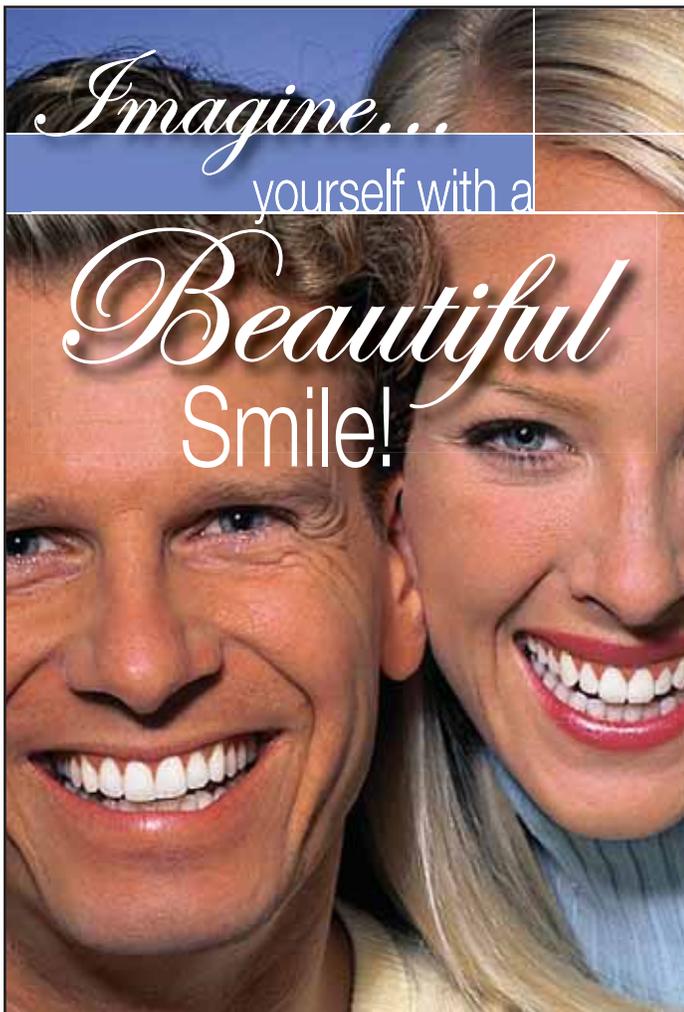
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## Tea and talk: A special Presidents Day treat

Elizabeth Smith Brownstein will present a program entitled "Lincoln's Life in Music" at the Village Center on **Friday, Feb. 13, at 1:30 p.m.**

One scholar has called the Civil War a "musical war" and Abraham Lincoln heard – and sang – much of the music of his time. With little formal education, his musical tastes nevertheless were broad, ranging from sentimental ballads and nonsense songs to opera.

Pianist Brownstein will play a selection of well-known songs of the period, and reveal the significance of each song in Lincoln's life and his presidency. This is a unique program, offering insights into rarely considered aspects of Lincoln's temperament and leadership.

Ms. Brownstein is the former Director of Research for the Emmy Award-winning series *Smithsonian World* and a popular speaker at the Center. After the presentation, please stay for tea. Sign up for this free event by calling 301-656-2797.



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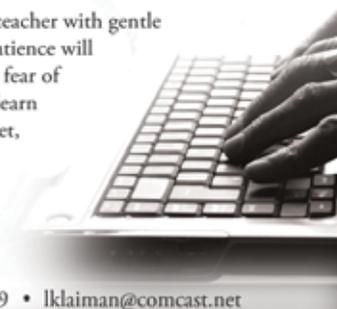
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# PLAYING on the BIG SCREEN

All movies now begin at 7 p.m.

## A Note from the Program Directors

As a courtesy to our speakers, authors and performers...

• Turn off cell phones • Do not take food or drink into the auditorium • Arrive on time for all events • Unless it is an emergency, please stay until the conclusion of the program. It is distracting to others in the audience and insulting to the presenters when people walk out. Plenty of time to catch the shuttle bus will always be allowed.

**Thursday, Jan. 1** — *New Year's Day Open House*  
2 to 4 p.m.

**Thursday, Jan. 8, 7 p.m.** — *Burn After Reading*— Academy Award winners Joel and Ethan Coen present this dark spy comedy about an ousted CIA official whose memoir accidentally falls into the hands of two unwise gym employees intent on exploiting their find. Stars John Malkovich, Tilda Swinton, George Clooney, Frances McDormand and Brad Pitt. Rated R. Running Time: 96 minutes.

**Thursday, Jan. 15, 7 p.m.** — *Rabbit-Proof Fence*—Director Phillip Noyce brings to the screen the heartbreak-

ing true story of three Aboriginal girls who, because of a state decree, are forcibly taken from their loving mothers and placed in a resettlement camp. The film follows three girls as they escape the camp and embark on a dangerous 1,500 mile journey to return home. Stars David Gulpilil, Deborah Mailman, Jason Clarke and Kenneth Branagh. Rated PG. Running Time: 94 minutes.

**Thursday, Jan. 22, 7 p.m.** — *Mamma Mia* — An independent, single mother who owns a small hotel on an idyllic Greek island, Donna is about to let go of Sophie, the spirited daughter she's raised alone. On a quest to find the identity of her father to walk her down the aisle, Sophie brings back three men from Donna's past. Stars Meryl Streep, Christine Baranski and Pierce Brosnan. Rated PG-13. Running Time: 108 minutes.

**Thursday, Jan. 29, 7 p.m.** — *Indiana Jones and the Kingdom of the Crystal Skull* — Everyone's favorite archeologist adventurer dusts off his hat and trusty whip for yet another globetrotting trek as Indiana Jones returns to the big screen. Stars Harrison Ford, Karen Allen, Ray Winstone, John Hurt, and Shia LaBeouf. Rated PG-13. Running Time 123 minutes.

*fill, Continued from Page 1*

the impact of Barack Obama's presidential victory, and the emerging young African American politicians forging a new path to political power.

Copies of the book, provided by Politics and Prose Bookstore, will be available for purchase. Please sign up in advance by calling the Village Center at 301-656-2797.

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**J A N U A R Y**

SUNDAY

MONDAY

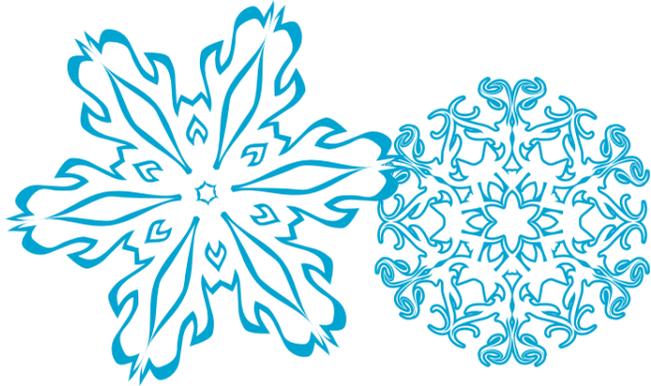
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



				<p><b>1</b> New Year's Open House 2 to 4 p.m.</p>	<p><b>2</b> 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group</p>	<p><b>3</b> 8:15 a.m.: Walking Club <b>12 p.m.: Landon Symphonette</b></p>
<p><b>4</b> 9 a.m.: Restorative Yoga Workshop 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p><b>5</b> 9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 1 p.m.: Strength Training with Tonya 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 6:30 p.m.: Spanish 2 <b>7 p.m.: Café Muse</b></p>	<p><b>6</b> 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: All About Balance 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>	<p><b>7</b> 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise with Tonya 1 p.m.: Portraiture in Pencil and Pastel 3 p.m.: Chair Yoga 6:30 p.m.: Beginning Spanish <b>7:30 p.m.: Concert: Richard Parnas</b></p>	<p><b>8</b> 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting <b>7 p.m.: Movie: Burn After Reading</b></p>	<p><b>9</b> 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group</p>	<p><b>10</b> 8:15 a.m.: Walking Club</p>
<p><b>11</b> 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers <b>11:30 a.m. – 1:30 p.m.: Art Reception</b></p>	<p><b>12</b> 9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 1 p.m.: Strength Training with Tonya 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 6:30 p.m.: Spanish 2 <b>8 P.M.: FRIENDSHIP HEIGHTS COUNCIL MEETING</b></p>	<p><b>13</b> 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi <b>9:30 a.m.: Depart for National Gallery</b> 1 p.m.: All About Balance 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Open Book Play Readers 7 p.m.: Mat Pilates</p>	<p><b>14</b> 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise <b>1 p.m.: Suburban Lecture: Improving Your Memory</b> 1 p.m.: Health Insurance Counseling 1 p.m.: Portraiture in Pencil and Pastel 3 p.m.: Chair Yoga 6:30 p.m.: Beginning Spanish <b>7:30 p.m.: Concert: Robert Statham</b></p>	<p><b>15</b> 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting <b>7 p.m.: Movie: Rabbit-Proof Fence</b></p>	<p><b>16</b> 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group</p>	<p><b>17</b> 8:15 a.m.: Walking Club</p>
<p><b>18</b> 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p><b>19</b> <b>Martin Luther King, Jr. Day Center Open 9 a.m. to 2 p.m.</b> 10 a.m.: Great Books 1 p.m.: Strength Training with Tonya</p>	<p><b>20</b> 8:15 a.m.: Walking Club 1 p.m.: All About Balance 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>	<p><b>21</b> 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise with Tonya 3 p.m.: Chair Yoga 6:30 p.m.: Beginning Spanish <b>7:30 p.m.: Concert: Pam Parker</b></p>	<p><b>22</b> 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting <b>7 p.m.: Movie: Mamma Mia</b></p>	<p><b>23</b> 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group</p>	<p><b>24</b> 8:15 a.m.: Walking Club <b>10:30 a.m.: Saturday Storytime</b></p>
<p><b>25</b> 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p><b>26</b> 9:15 a.m.: Fit 4-Ever <b>10 a.m. – 2 p.m.: MVA Bus</b> 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 6:30 p.m.: Spanish 2 7 p.m.: Yoga</p>	<p><b>27</b> 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: All About Balance 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>	<p><b>28</b> 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise with Tonya <b>11 a.m.: Depart for the Capitol</b> 1 p.m.: Health Insurance Counseling 1 p.m.: Portraiture in Pencil and Pastel 3 p.m.: Chair Yoga <b>7:30 p.m.: Concert: John Jenson</b></p>	<p><b>29</b> 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting <b>7 p.m.: Movie: Indiana Jones and the Kingdom of the Crystal Skull</b></p>	<p><b>30</b> 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group</p>	<p><b>31</b> 8:15 a.m.: Walking Club</p>

**Shuttle bus hours**



Monday through Friday 6:40 a.m. to 9:40 p.m.  
Saturday and Sunday 8 a.m. to 7 p.m.

**Village Center Hours**

Monday through Thursday 9 a.m. to 9 p.m.  
Friday 9 a.m. to 5 p.m.  
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

**Landon Ensemble presents Saturday performance**

The Landon Symphonette Chamber Ensemble returns for another sensational season in Friendship Heights when the group appears at the Village Center on **Saturday, Jan. 3, from noon to 1:30 p.m.**

The program will be Symphonie Concertante by Mozart featuring soloists Robert Raymen and Brendan Shea. Symphonie No. 3 Eroica by Beethoven will also be performed.

Robert Raymen is in his senior year at the Eastman School of Music in Rochester, N.Y., where he studies violin and viola. He was the recipient of the Goldie Feder Memorial String Competition and has been a prizewinner in the Landon Symphonette Competition for Young String Performers.

Brendan Shea is a senior at Oberlin College, where he is studying performance violin. He recently won the Oberlin Concerto competition.

The performance is free, but please call the Village Center at 301-656-2797 if you plan to attend.

# CLASSES and CLUBS

**PREREGISTRATION IS REQUIRED FOR ALL CLASSES.  
PARTICIPANTS MUST PAY FOR THE FULL SERIES. NO REFUNDS AFTER CLASS BEGINS.**

All participants in fitness classes as well as Drop-in Tai Chi are required to sign a liability waiver when they register.

## ART

### **PORTRAITURE IN PENCIL AND PASTEL**

This 6-week class, taught by award-winning artist and photographer Marianne Winter, begins Jan. 28. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Please bring a pad and pencil or pastel to the first class. Some previous experience in drawing is necessary. The cost is \$70. (Maximum number of students is 8). Last class is March 4.

### **STILL LIFE PAINTING**

A 12-week course with noted artist Joan Samworth begins Jan. 8. Class emphasizes the elements of art: line, color, texture, shape and value and is designed to meet the needs of all levels of experience. Advance at your own pace with individual critiques and instruction. Suggested media are pastels, watercolor, acrylics, color pencil. Supply list will be handed out first day of class. Meets Thursdays from 11 a.m. to 2:30 p.m. (you may bring lunch – brown bag only). The cost is \$175 for residents; \$180 for nonresidents. Last class is March 26.

## EXERCISE AND FITNESS

### **ALL ABOUT BALANCE**

This 6-week class begins Jan. 6. Meets Tuesdays, from 1 to 1:45 p.m. The class, taught by Tonya Walton, will focus on simple exercises you can do to improve your overall bal-

ance. The cost is \$62. Session ends Feb. 10.

### **CHAIR EXERCISE WITH TONYA**

This 6-week class begins Jan. 7. Meets Wednesdays, from 11 to 11:50 a.m. The class, taught by Tonya Walton, is especially for people who want to tone upper and lower body muscles, as well as improve strength and energy, through chair exercises. The cost is \$62. Session ends Feb. 11.

### **CHAIR YOGA AND MORE**

This 5-week series taught by Louisa Klein begins Jan. 7. Meets Wednesdays from 3 to 4:15 p.m. Benefits body, mind and spirit using synchronized breathing and movement. Instills calm, steady, physical and emotional well-being. Includes weight bearing and centering poses, isometrics, toning and strengthening. Learn skills to improve all body systems that you can incorporate into your daily life. The cost is \$50. Ends Feb. 4.

### **MAT PILATES**

The next 6-week session begins Jan. 6. Meets Tuesdays from 7 to 8 p.m. The cost is \$80 for residents and \$90 for nonresidents. Movements to improve balance, strength and flexibility. Pilates balls are used to assist in some exercises. Not recommended for pregnant women or those with serious spinal conditions. Required equipment: Pilates/Yoga mat, large bath towel. Questions? E-mail – Gingerrusteach@yahoo.com. Session ends Feb. 10.

### **STRENGTH TRAINING WITH CHERYL**

This 6-week session begins Jan. 2. Meets Fridays, from 10:30 to 11:30 a.m. The class, taught by Cheryl Clark, will enhance range of motion and strengthen muscles and work on balance and posture. The cost is \$65. Session ends Feb. 6.

### **STRENGTH TRAINING WITH TONYA**

This 6-week session begins Feb. 2. Meets Mondays, from 1 to 1:50 p.m. The class, taught by Tonya Walton, focuses on increasing mobility, flexibility, balance, and overall strength. The cost is \$62. Session ends March 16 (class will not meet on Feb. 16).

### **TAI CHI (THURSDAY)**

This 6-week session begins Jan. 8. Meets Thursdays from 9:30 to 10:30 a.m. The cost is \$40. Session ends Feb. 12.

### **TAI CHI (TUESDAY)**

This 6-week session begins Jan. 6. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$40. Session ends Feb. 17 (no class on Jan. 20).

### **YOGA (SUNDAY)**

This 10-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins Jan. 25. Meets Sundays from 9 to 10:20 a.m. The session includes semi-strenuous postures, stretches, and coordinated breathing, as well as a quiet period for relaxation and meditation. Wear loose clothing, bring a blanket or large towel and mat (can be pur-

chased at class). Don't eat for 2 hours before class. The cost is \$120. Class will not meet Feb. 15. Students who must miss a class may make it up in the Monday class with the instructor's permission. Session ends April 5.

### **YOGA (MONDAY)**

This 10-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins Jan. 26. Meets Mondays from 7 to 8:20 p.m. See description above. The cost is \$120. Class will not meet Feb. 16. Students who must miss a class may make it up in the Sunday class. Session ends April 6.

## **LANGUAGE**

### **BEGINNING SPANISH (CONTINUED)**

This 8-week course begins Feb. 4. Instructor Elena Marra-Lopez has taught teenagers and adults at Sidwell Friends School, Washington International School, Montgomery College, and the USDA Graduate School. For former students or with permission from the instructor. Class meets Wednesdays, from 6:30 to 8:30 p.m. The cost is \$200. Session ends March 25.

### **SPANISH 2 (CONTINUED)**

This 8-week course begins Feb. 9. For former students or with permission from the instructor, Elena Marra-Lopez. Class meets Mondays, from 6:30 to 8:30 p.m. The cost is \$210. Session ends April 6 (class will not meet Feb. 16).

## **ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES**

### **BLOOD PRESSURE SCREENING/ SUBURBAN NURSE**

A Suburban Hospital nurse is on hand to offer free blood pressure

screenings Tuesdays from 1 to 2:45 p.m. only. The nurse is also available for consultations Tuesdays from 3 to 5 p.m.

### **COFFEE AND CURRENT EVENTS**

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led by group members.

### **CONCERTS**

Free live music is presented every Wednesday throughout the year at 7:30 p.m.

### **FHUN**

The Friendship Heights Urban Network (FHUN) is a group dedicated to bringing together young professionals, young parents, and college students. The group is currently organizing events such as monthly Happy Hours, barbecues, and special evenings at local restaurants. For more information, check FHUN's website at [www.fhun.net](http://www.fhun.net). This group is not affiliated with the Village Council.

### **GREAT BOOKS DISCUSSION GROUP**

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members. Meets Mondays from 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

### **HEALTH INSURANCE COUNSELING**

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Meets on the second and fourth Wednesdays of each month. Call 301-590-2819 for an appointment; walk-ins are welcome.

### **OPEN BOOK PLAY READERS**

Meets the second Tuesday of each month. The group reads traditional

and contemporary works. Participants are expected to act and direct both short sketches and one-act plays. Led by Marlene Harte and Lisa Kassoff.

### **SCRABBLE**

This group of Scrabble players meets at the Center Thursdays at 6 p.m. All are welcome.

### **TEA TIME**

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m. Hot beverages, cookies and fruit are served by Village volunteers. There is no cost.

### **VILLAGE PLAY TIME**

Children of all ages are welcome to be together at the Village Center most Thursdays from 11 a.m. to 4 p.m. Games, toys and play equipment will be set out in the auditorium for their enjoyment. Children must be accompanied by a caregiver, friend or family member over age 13.

### **WALKING CLUB**

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis, 301-718-6340, or Marjorie Yahraes, 240-497-0050 for more information.

### **YIDDISH**

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for details.

**Put your talent  
to good use**

**A number of volunteer  
opportunities are available at  
the Village Center for weekly  
and occasional activities. Stop  
by the Center to complete a  
volunteer application.**

# CONCERTS

Concerts are performed Wednesdays from 7:30 to 8:30 p.m. in Huntley Hall in the Village Center. As a courtesy to our performers, before entering the auditorium, please turn off any cell phones or electronic devices. Please do not take reading materials in the auditorium. If you arrive late, please wait for a break in the performance before entering the concert hall.

**Wednesday, Jan. 7 — Richard Parnas** — Currently principal violist with the Alexandria Symphony, Richard Parnas trained at the famed Curtis Institute of Music in Philadelphia. He has been principal violist with the National Gallery Orchestra, the National Chamber Orchestra, and for 35 years was principal of the National Symphony Orchestra, performing in the Symphony's string ensembles, and touring with the Orchestra to Europe, Asia, and South America. His program will include works by Mozart and Beethoven.

**Wednesday, Jan. 14 — Robert Statham** — Award-winning pianist Robert Statham presents "The Black Composers." This program, celebrating Black History Month, features the music of African-American composers from Nathaniel Dett's *Juba Dance* to Duke Ellington's *Sophisticated Lady*. Statham's virtuosity was lauded by *The Washington Post* after a performance of the Rachmaninoff Piano Concerto No. 3: "His controlled yet stirring key work created a thrill of expectation with each new swell of crescendo-decrescendo pairings."

**Wednesday, Jan. 21 — Pam Parker** — Jazz vocalist Pam Parker is a frequent performer at Blues Alley. Her song

list is long and varied, from jazz tunes including *Ain't Misbehaving*, *Body and Soul*, *Come Rain or Come Shine*; *Blues* such as *Brother, Can you Spare a Dime?*; Berlin and Gershwin show tunes, some R&B and spirituals.

**Wednesday, Jan. 28 — Trombonist John Jenson** — John Jenson performs with the Smithsonian Jazz Masterworks Orchestra and recently made an historic tour to Egypt, which included performances at the Giza Pyramids and at both the Cairo and Alexandria Opera Houses. He has been a featured performer at the White House.

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# TO YOUR HEALTH

## Memory is the subject of Suburban Lecture

"Improving your Memory: What Works and What to Forget About" is the title of this month's Suburban Health Lecture at the Village Center on **Wednesday, Jan. 14, at 1 p.m.**

Just as you have to exercise your body, you need to exercise your brain. Join Dr. Roy Fried, Director of Geriatrics Premier Physician Group to learn ways to keep your mind sharp and improve your memory for the new year!

Dr. Fried and his partner Dr. Gary Wilks limit their practice to house calls.

There is no cost for the talk, but **please call 301-656-2797 to let us know if you plan to attend.**

**The Vision Support Group will not meet in January. Please join us at our next meeting on Tuesday, Feb. 17, at 12:30 p.m.**



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## Cafe Muse presents...

This month's Café Muse, on **Monday, Jan. 5, at 7 p.m.**, presents a reading by poets Kathi Wolfe and Brian Brodeur.

Kathi Wolfe is the author of the chapbook, *Helen Takes the Stage: The Helen Keller Poems*. Her poems have appeared in *Gargoyle*, *Potomac Review*, *Innisfree Poetry Journal*, *Beltway Poetry Quarterly*, and other publications. She is a columnist for Scene4 ([www.scene4.com](http://www.scene4.com).)

Brian Brodeur is the author of *Other Latitudes*, winner of the University of Akron Press's 2007 Akron Poetry Prize, and *So the Night Cannot Go on without Us*, winner of the White Eagle Coffee Store Press Poetry Chapbook Award. His work has recently appeared in *Gettysburg Review*, *The Missouri Review*, and *River Styx*.

Café Muse opens at 7 p.m. with refreshments and classical guitar by Michael Davis; readings begin at 7:30. Attending poets are invited to participate in an open reading that concludes the program. Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization.

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**"Getting Through a Volatile Market: Steps You Can Take"**

Wednesday, January 7th, 1-2 p.m. at the Village Center

Light refreshments will be served. Space is limited.  
Please RSVP by Monday, January 5th by calling (240) 314-4361.

This is an educational seminar. There's no cost or obligation.  
Guest Speaker: Mitchell G. Berlin, CFP®, Field Vice President

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The moment you walk through our door, you'll feel at home. From our warm, inviting fireplace to our cozy, family-like atmosphere, Brighton Gardens at Friendship Heights is a step above the typical senior residence. For the past 10 years, our caring and experienced staff has been helping seniors live life to the fullest.

Brighton Gardens at Friendship Heights is built around a resident-centered approach to senior living, giving our residents options to meet their individual needs and wishes. We offer a variety of living arrangements, spacious apartments, personalized assistance and care, premium amenities and services, and excellent dining options.

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- Medication management services available to all residents
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## WINTER BLUES??

Stop by and join us for hot winter specialty drinks and great entertainment on Thursday, January 29, 2009 from 4:30pm – 7:00pm.  
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# Village Council Corner

## Repaving Project Nearly Complete

The Village's roads have now been completely repaved. There is a small section at the bottom of Shoemaker Farm Lane (intersecting with Willard Avenue) that will be repaired by WSSC once they are finished repairing a manhole and sewer line.

At the contractor's request (approved by the Village), the last remaining phase of the project—installation of brick paved crosswalks—will be delayed until the spring due to the weather. The new brick crosswalks will have a durable concrete base and a concrete border on either side. They are expected to be installed by May 1, 2009. Temporary pavement markings will be in place throughout the winter.

In addition, our contractor did a substantial amount of concrete work throughout the village, replacing



*The Village's roads have been fully repaved for the first time in more than 30 years. Thanks for your patience throughout this project!*

sidewalk, curb and gutter. Once the repaving project is completed in the spring, the Village will have finished all the Capital Improvement projects identified by our engineer in a 2002 study.

Council actions at the December 8 meeting:

- Approved distribution of cable television grant from Montgomery County to Montgomery Municipal Cable TV station;
- Update on Village contractor's potential purchase of new shuttle bus.

**Coming in late January:**

## **The Council Report**

**2008 Annual Report & Proposed Budget  
for Fiscal Year 2010**



*Friendship Heights*

# VILLAGE NEWS

Friendship Heights Village Center  
4433 South Park Avenue  
Chevy Chase, Maryland 20815

**Check out our website:**

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**e-mail:** [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov)

**phone:** 301-656-2797

**January 2009 events calendar**