



D E C E M B E R						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting 7 p.m.: Café Muse	2 8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea 7 p.m.: Pilates	3 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: "Simplify Your Life" 4:30 p.m.: Intermediate Bridge 7:30 p.m.: Concert: IONA	4 8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble 7 p.m.: Movie: The Other Son	5 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 12 p.m.: Special Lunch 1 p.m.: Special Concert	6 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:30 a.m.: Photography for Children 10:30 a.m.: Basic Photography
7 9 a.m.: Yoga with Robin 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	8 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 2:30 p.m.: Acrylic or Oil Painting 7:30 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING	9 8:15 a.m.: Walking Club 9 a.m.: Depart for Mt. Vernon 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 p.m.: Speech Therapy and Support Group 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea	10 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group 1 p.m.: Suburban Lecture: "How to Avoid a Broken Heart" 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Friday Morning Music Club	11 8:15 a.m.: Walking Club 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble 7 p.m.: Movie: Maleficent	12 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events	13 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:30 a.m.: Photography for Children 10:30 a.m.: Basic Photography
14 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception	15 10 a.m.: Great Books 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya	16 8:15 a.m.: Walking Club 11 a.m.: Village Book Club 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea	17  <i>Happy Hanukkah!</i> 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group 7:30 p.m.: Concert: Tales in the Village: Telling Lillian Shoemaker's Story	18 8:15 a.m.: Walking Club 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 12:30 p.m.: Vision Support Group 1:30 – 4:30 p.m.: Glaucoma Screenings 6:15 p.m.: Scrabble 7 p.m.: Movie: The Giver	19 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events	20 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:30 a.m.: Photography for Children 10:30 a.m.: Basic Photography
21 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	22 10 a.m. – 2 p.m.: MVA Mobile Office 10 a.m.: Great Books 12:30 p.m.: Bridge Club	23 8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea	24 Center Open 9 a.m. to 2 p.m. Shuttle Bus runs on week-end schedule 10:15 a.m.: Yiddish	25 <i>Merry Christmas!</i> Center Closed 	26 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events	27 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 10:30 a.m.: Basic Photography
28 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	29 10 a.m.: Great Books 12:30 p.m.: Bridge Club	30 8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea	31 Center Open 9 a.m. to 2 p.m. Shuttle Bus runs on week-end schedule 10:15 a.m.: Yiddish			

Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.
 Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
 Friday 9 a.m. to 5 p.m.
 Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

Celebrate the new year with us

Welcome 2015 with your neighbors, family and friends when the Mayor and Village Council hosts its annual New Year's Day Open House on **Thursday, Jan. 1, from 2 to 3:30 p.m.** at the Village Center. The celebration features music, fun and light fare from Ridgewell's Caterers.

This is a wonderful opportunity to mingle with your neighbors in a relaxed and cordial atmosphere. There is no charge for this event. Hope to see you there!

