



Friendship Heights



VILLAGE NEWS

OCTOBER 2014

301-656-2797

VOLUME 29, NO. 5



NSO Rehearsal
page 3

An evening of satire and fun

What better time to enjoy the skits and songs of the Capitol Steps than right after the midterm elections? Join us for a fun evening at the Ronald Reagan International Trade Center on **Friday, Nov. 14.**

The Capitol Steps began in 1981 as a group of Senate staffers who set out to satirize the very people who employed them. The performers have worked in a total of 18 Congressional offices and represent 62 years of collective House and Senate staff experience. Since they began, the Capitol Steps have recorded 30 albums, including their latest, *How to Succeed in Congress Without Really Lying*.

We will leave from the Village Center at 6:30 p.m. and return before 10:30 p.m. The cost of the trip, which includes transportation, an Orchestra seat, and driver gratuity, is \$57.

Note: the bus cannot accommodate a wheel chair and does not have a restroom. Sign-ups for residents and one guest begin immediately.

Nonresidents may sign up Oct. 16. There are 25 spaces available. **You will need a photo ID to enter the Ronald Reagan Building.**



Walter Isaacson to speak at the Center

Walter Isaacson, president and CEO of the Aspen Institute, will discuss his book, *The Innovators: How a Group of Inventors, Hackers, Geniuses, and Geeks Created the Digital Revolution*, at the



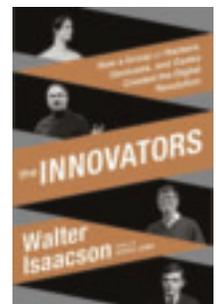
Village Center on **Monday, Oct. 27, at 7:30 p.m.**

Mr. Isaacson's new book, published just this month, is the story of the people who created the computer and the Internet. It is the story of how their minds worked and what made them so inventive. The book is sure to become the standard history of the digital revolution and an important guide to how innovation really happens.

Walter Isaacson is the former chairman and CEO of CNN and the editor of TIME magazine. In 2003, he

became president and CEO of the Aspen Institute, a nonpartisan educational and policy studies institute.

This will be Mr. Isaacson's fourth appearance at the Center. Copies of the book, provided by Barnes and Noble, will be available for purchase. Please sign up by calling 301-656-2797.



CHILDREN'S PROGRAMS

Pumpkin Trolley for Pre-Schoolers

Pre-schoolers and their parents are invited to join us on **Thursday, Oct. 23** for a special Halloween trip to the National Capital Trolley Museum in Colesville for its Pumpkin Trolley Fest. We'll visit the trolley museum, ride the cars, see a special movie featuring streetcars and stop at Pinson's Pumpkin Market, where children can pick out and decorate their own pumpkins. On the way home, we'll stop by a local park to picnic. Please bring your own brown bag picnic; we'll supply a drink and dessert.

The cost of the trip, which includes round-trip transportation, trolley museum admission, trolley ride and

pumpkin, is \$15 for adults and \$10 for children. Residents and guests may sign up immediately at the Village Center. All children must be accompanied by an adult.

We'll depart from the Village Center at 9:30 a.m. and should return by 1:30 p.m. There are only 13 spaces available so don't delay in signing up. For more information, call the Village Center at 301-656-2797.



Friendship Heights VILLAGE NEWS

www.friendshipheightsmd.gov

Email: info@friendshipheightsmd.gov

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space for the November issue is October 5th. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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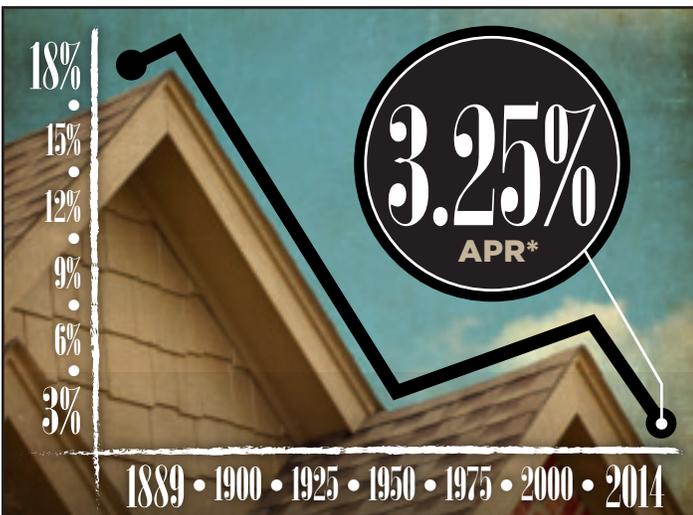
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ON the GO...

Violinist Midori and the NSO



Join us on **Thursday, Oct. 30** for an open rehearsal of the National Symphony Orchestra at the Kennedy Center.

Midori will play the very first NSO performances of Schumann's Violin Concerto, which essentially remained a secret for more than 80 years after it was composed. Technically daunting and intensely lyrical, Schumann's concerto is now considered one of his most romantic, heroic, and moving works. The program also includes Mendelssohn's "Reformation" Symphony and Mozart's "Jupiter" Symphony. Christoph Eschenbach will conduct.

Midori Goto — usually referred to as simply Midori— made her debut at the age of 11. When she was 21, she established her first not-for-profit organization "Midori and Friends" to bring music education and opportunities to children in New York City and Japan. In 2007, she was appointed as a UN Messenger of Peace.

We will leave the Village Center at 8:45 a.m. and return around 1 p.m. The cost of the trip is \$25 for transportation and driver gratuity. Residents and one guest may sign up immediately; nonresidents may sign up Oct. 8. There are 29 spaces available.

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Former White House press secretary to speak at Center



Veteran political strategist Mike McCurry will examine and analyze the mid-term election results at the Village Center on **Wednesday, Nov. 12, at 2:30 p.m.**

Mr. McCurry has nearly four decades of experience in Washington. He served in the White House as press secretary to President Bill Clinton from 1995 to 1998. He had previously been the spokesman for the U.S. Department of State. Today he is a partner at Public Strategies Washington, Inc., where he provides counsel on communications strategies and management to corporate and non-profit clients. He is also a Distinguished Professor of Public Theology at the Wesley Theological Seminary.

Please call 301-656-2797 to register for this interesting discussion.

Excavating in Israel

Archaeologist and ancient historian Eric Cline will discuss the ongoing excavations in Tel Kabri, Israel in a program titled "Of Canaanites and Kings" at the Village Center on **Thursday, Oct. 23, at 7:30 p.m.**

Dr. Cline, co-director of the excavations, will lecture on the Middle Bronze Age Canaanite palace at Tel Kabri, which is painted with what may be the earliest-known western art in the Eastern Mediterranean.

Dr. Cline is professor of classics, anthropology, and history and chair of Classical and Near Eastern Languages and Civilizations at George Washington University. He is the author of 16 books and more than 100 articles. He was nominated for a Pulitzer Prize for his most recent book, *1177 BC: The Year Civilization Collapsed*. He has presented more than 300 scholarly lectures, won many prizes for his teaching, and appeared in more than 20 television programs and documentaries. He has been an active field archaeologist for thirty years in Israel, Egypt, Jordan, Cyprus, Greece, Crete, and the United States. Please call 301-656-2797 to register.

Landon gets a little brassy

The Landon Symphonette ushers in its 2014/2015 season in Friendship Heights with a Symphonette Brass concert on **Saturday, Oct. 25, from noon to 1:30 p.m.** The program will include *Folk Song Suite* by Ralph Vaughn Williams, *The Incredibles* by Brad Bird, *Brandenburg Concerto No. 3* by J.S. Bach, *The Pink Panther* by Henry Mancini, and *Elsa's Procession to the Cathedral* by Richard Wagner. The performance is free, but seating is limited. For information, please call the Village Center at 301-656-2797.

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Post's John Kelly to speak at the Center

Washington Post columnist John Kelly will relate some little known stories of Friendship Heights at the Village Center on **Thursday, Nov. 6, at 7:30 p.m.**

Mr. Kelly has written "John Kelly's Washington" since 2004. It's a daily look at our city's less famous, less political side. He started at the paper in 1989 as the deputy editor of the Weekend section. He was the founding editor of KidsPost and a general assignment reporter for the Metro section. His "Answer Man" feature often researches historical mysteries in the Washington area. Who knows what he'll find from a hundred years ago in Friendship Heights!

Please call 301-656-2797 to register.



Take a class with a Washington legend

John Eaton, one of the foremost interpreters of American music, returns this month to the Village Center to teach his very popular class on American songwriters. Each class includes Mr. Eaton's inimitable commentary and piano versions of classics by the composers — and yes, he takes requests!

Beginning **Oct. 15**, Mr. Eaton will lead a 4-week series on **Wednesdays, from 1 to 2:30 p.m.** This is the same class he teaches at the Smithsonian; he's brought it to the suburbs! See page 12 for class details.

NEWS FROM THE READING ROOM

Donations of large print books are still needed - and much appreciated - in the Village Center reading room.

Autumn is in the Air!



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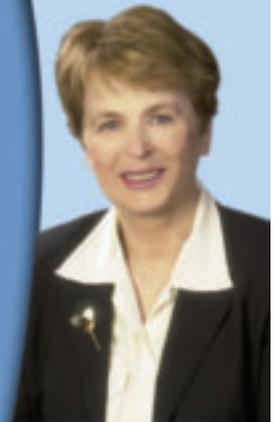
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PLAYING on the BIG SCREEN

All movies begin at 7 p.m. featuring new big screen projection

A Note from the Program Directors

As a courtesy to our speakers, authors and performers...

- Turn off cell phones • Do not take food or drink into the auditorium • Arrive on time for all events • Unless it is an emergency, please stay until the conclusion of the program. It is distracting to others in the audience and insulting to the presenters when people walk out. Plenty of time to catch the shuttle bus will always be allowed.

Thursday, Oct. 2, 7 p.m. — Movie — *Divergent* — Born into a civilization in the distant future, Beatrice is a teenager who learns that her unique cognitive skills make her useful to the authorities. Over time she discovers that she's a Divergent, and thus slated for elimination by the government. Stars Shailene Woodley, Kate Winslet, and Theo James. Rated PG-13 . Running Time.: 139 minutes.



Thursday, Oct. 9, 7 p.m. — Movie — *The Railway Man* — Decades after his brutal captivity under the Japanese during World War II, Eric Lomax still has nightmares about the ordeal. But when he unexpectedly meets and falls for Patti, a bizarre coincidence brings his past back into focus. Stars Nicole Kidman, Stellan Skarsgard and Colin Firth. Rated R. Running Time: 118 minutes.



Thursday, Oct. 16, 7:30 p.m. — Centennial Lecture with Amy Rispin and Diane Tamayo — see page 9 for details.

Thursday, Oct. 23, 7:30 p.m. — Eric Cline Lecture— see page 4 for details.

Thursday, Oct. 30, 7 p.m. — Movie — *Chef* — When chef Carl Casper's plans for opening a restaurant in Los Angeles fail to pan out, he returns home to Miami and debuts a food truck instead. While trying to regain his zest for cookery, Carl also tries to mend his fractured family ties. Stars Jon Favreau and Sofia Vergara. Rated R. Running Time: 155 minutes.



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ART and CULTURE

October art show

Exhibiting in the Friendship Gallery this month is artist Lieta Gerson, whose works feature abstract visions and bold, bright colors. The show will run through the entire month of October. All are invited to meet the artist at a reception on **Sunday, Oct. 5, from 11:30 a.m. to 1:30 p.m.**

Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m. and Saturday and Sunday, 9 a.m. to 2 p.m. Art in the auditorium is occasionally not available for viewing because of activities in that room; check with the front desk receptionist when you arrive. Please note that all sales of art are final.



"Shadows on the Wall,"
"Twiggy" and
"Spiral Motion"
by Lieta Gerson

No ordinary affair — Artisan Fair returns to Friendship Heights

Some of the area's finest artisans return to the Friendship Heights Village Center Friday, **Nov. 7** and **Saturday, Nov. 8**, for our 12th annual Holiday Affair. This seasonal event will feature the works of local artists and artisans. No ordinary craft show, "A Holiday Affair" will offer something for everyone, for every budget. You'll find pottery, fused glass, textiles, jewelry, paintings, origami ornaments, notecards, and more. Admission is free.



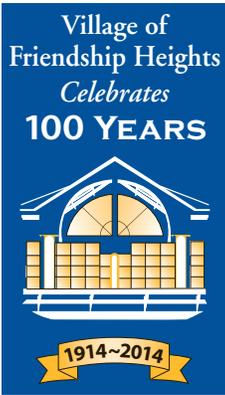
Necklace by Caroline O'Neil
Photo by Lew Berry

The festivities begin Friday, Nov. 7, with a reception from 5:30 to 8 p.m. Attendees can enjoy light snacks while shopping. Glasses of wine, for those 21 and over, will be available for a nominal fee. The fair continues Saturday from 10 a.m. to 4 p.m.

There is no admission fee.

Unique gifts abound, so mark your calendars for a great shopping opportunity right here in Friendship Heights!

Looking back, planning ahead



The final Centennial Saturday will take place at the Village Center on **Saturday, Nov. 15, from 9:15 a.m. to 12:30 p.m.** The theme will be future land use development and past and future governance of the Special Taxing District of the Village of Friendship Heights.

The first half of the program will be devoted to a presentation on County-approved plans for the development of the entire GEICO property by long-time GEICO attorney Robert Harris. Al Muller will discuss Village negotiations with GEICO and Cleo Tavani will moderate the discussion. She will take the lead on an overview of the status of "Parcel 6," land within the Village bounded by Willard Ave., Shoemaker Farm Lane, North Park Ave. and 4620 North Park Ave.

The program will resume after a short break with an historical view of governance in Friendship Heights with a focus on the 15-year effort starting in 1976 to expand the powers and territory of the Special Tax District by having it become a municipality. Dr. Alfred Muller, who

led the effort of the Village Council and Cleonice Tavani, a leader of citizen opposition will recall this interesting historical time. The program will conclude with a panel of community members giving their thoughts on the future of land use and governing in the Village.

Look for more details in the November newsletter. Sign up to attend this interesting event by calling 301-656-2797.

Tea and Talk: The life of a dancer

Enjoy an entertaining afternoon at the Village Center on **Friday, Oct. 17, at 2 p.m.,** when Nan Tree presents "Tales of a Dime-a-Dance Girl," the story of a dancer who came to New York in 1930 in hopes of dancing with Mr. Rodgers and Mr. Hart. Instead of becoming a star on The Great White Way, our heroine ends up dancing at "The Palace Ballroom" for ten cents a dance!

In this unique program, dancer and actress Nan Tree combines dances to music from the late 1920s and the '30s with comic and romantic monologues recounting the ups and downs of life as a dancer during the Great Depression Era.

After the program, please stay for tea. Call 301-656-2797 to register.

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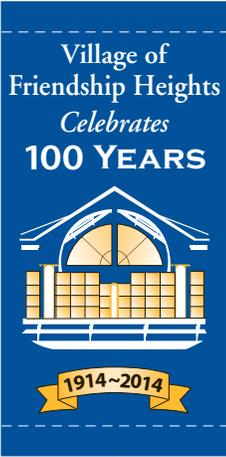


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The early farm families of Friendship Heights

Join us for another interesting Centennial lecture at the Village Center on **Thursday, October 16, 7:30 p.m.**

Diane Tamayo, an eighth generation descendant of the Shoemakers, one of the first settler families, and Amy Rispin, author of *History Of Brookdale*, will

describe the evolution of the farmland purchased in the early nineteenth century by Samuel Shoemaker, a Quaker farmer from Pennsylvania. Friendship Heights was one of the first streetcar suburbs developed from local farmland after trolley lines reached the District line at the turn of the last century.

Ms. Tamayo has been researching her family's genealogy for over 25 years. She is president and primary caretaker of the cemetery in nearby Tenleytown where some of the Shoemaker descendants of this area are

buried. Amy Rispin lives in Brookdale in the last house built on a Shoemaker farm by a Shoemaker family member. Brookdale straddles River Road and includes all the houses between Western and Willard Avenues. It is part of the 1713 land grant called "Friendship."

Please call 301-656-2797 to register.

Luncheon featuring 100 years of fashion

Discover the style that has defined the last 100 years as we present a special informal Fashion Show and Luncheon in celebration of Friendship Heights Centennial on **Sunday, Nov. 23, from 12:30 to 2 p.m.**

Join us for a luncheon featuring lasagna, house salad, and bread from Alfio's. The menu will also include dessert and non-alcoholic beverage.

Following lunch, models, many of whom have connections to Friendship Heights, will don clothing from each of the last 10 decades. The clothing is on loan from a number of Friendship Heights residents. Many of the items will be available for purchase. The cost of the luncheon and fashion show is \$14. There are a limited number of seats available, so sign up immediately at the Village Center.

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Friendship Heights Village Center



Calendar of Events 2014

O C T O B E R

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>1</p> <p>10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Proactive Aging 7:30 p.m.: Concert: John Jensen Duo</p>	<p>2</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil 7 p.m.: Movie: Divergent</p>	<p>3</p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl</p>	<p>4</p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 10:30 a.m.: Basic Photography</p>
<p>5</p> <p>9 a.m.: Yoga with Robin 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception</p>	<p>6</p> <p>10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting 7 p.m.: Café Muse</p>	<p>7</p> <p>7:30 a.m.: Depart for Hudson Valley 8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 p.m.: Managing Digital Photos 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea 7 p.m.: Pilates</p>	<p>8</p> <p>10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Suburban Lecture: "Saving Your Skin" 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Susan Jones and Caliente</p>	<p>9</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil 7 p.m.: Movie: The Railway Man</p>	<p>10</p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl</p>	<p>11</p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:30 a.m.: Photography for Children</p>
<p>12</p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>13</p> <p>Columbus Day Center Open 9 a.m. to 2 p.m. 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Strength Training with Tonya</p>	<p>14</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 p.m.: Speech Therapy and Support Group 2 p.m.: Social Media 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea 7:30 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING</p>	<p>15</p> <p>10 a.m. – 1 p.m.: Flu Shots 11 a.m.: Chair Exercise 12 p.m.: Chess group 1 p.m.: American Songwriters 4:30 p.m.: Intermediate Bridge 7:30 p.m.: Tales in the Village with Anne Sheldon and Cricket Parmalee</p>	<p>16</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 12:30 p.m.: Vision Support Group 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil 7:30 p.m.: Early History of Friendship Heights</p>	<p>17</p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 2 p.m.: Tea and Talk: "Tales of a Dime-a-Dance Girl"</p>	<p>18</p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:30 a.m.: Photography for Children 10:30 a.m.: Basic Photography</p>
<p>19</p> <p>9 a.m.: Yoga with Robin 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>20</p> <p>10 a.m.: Great Books 10 a.m. – 2 p.m.: MVA Mobile Office 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 2 p.m.: Mah Jongg 2:30 p.m.: Acrylic or Oil Painting 7 p.m.: WMCCAB-ANC Meeting</p>	<p>21</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Village Book Club 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea 7 p.m.: Pilates</p>	<p>22</p> <p>10:15 a.m.: Yiddish 12 p.m.: Chess group 1 p.m.: American Songwriters 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Health Insurance Counseling 4:30 p.m.: Intermediate Bridge 7:30 p.m.: Concert: Ann Joseph and Natalie Ross</p>	<p>23</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 9:30 a.m.: Depart for Children's Trolley trip 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil 7:30 p.m.: Dr. Eric Cline: Excavations in Israel</p>	<p>24</p> <p>9:15 a.m.: Drop-in Tai Chi 10 a.m. to 3 p.m.: AARP Driver Safety 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Painting with Ink</p>	<p>25</p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:30 a.m.: Photography for Children 10:30 a.m.: Basic Photography 12 p.m. Landon Symphonette Brass</p>
<p>26</p> <p>9 a.m.: Yoga with Robin 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>27</p> <p>10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2 p.m.: Mah Jongg 2:30 p.m.: Acrylic or Oil Painting 7:30 p.m.: Book Signing with Walter Isaacson: The Innovators</p>	<p>28</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea 7 p.m.: Pilates</p>	<p>29</p> <p>10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group 1 p.m.: American Songwriters 1 p.m.: Portraiture in Pencil and Pastel 4:30 p.m.: Intermediate Bridge 6 p.m.: Yoga with Kathryn 7:30 p.m.: Concert: Leslie Bennett and Roseanne Conway</p>	<p>30</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil 7 p.m.: Movie: Chef</p>	<p>31</p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Painting with Ink</p>	

Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

CLASSES and CLUBS

PLEASE SIGN UP AT LEAST 48 HOURS BEFORE THE START OF A SESSION — A CLASS MAY BE CANCELED IF IT DOES NOT HAVE A MINIMUM NUMBER OF PARTICIPANTS REGISTERED. PARTICIPANTS MUST PAY FOR THE FULL SERIES — NO REFUNDS AFTER CLASS BEGINS.

All participants in fitness classes as well as Drop-in Tai Chi and sample classes are required to sign a liability waiver when they register.

ART AND MUSIC

AMERICAN SONGWRITERS

This 4-week course begins Oct. 15. Meets Wednesdays from 1 to 2:30 p.m. Composers will include Jerome Kern, Cole Porter, and, Harold Arlen. The final class on composition and improvisation will give a glimpse of Mr. Eaton's life and career and will include a performance of what he considers the best in American music. Cost is \$80 for residents; \$85 for nonresidents. Class ends Nov. 5. A short concert by Mr. Eaton highlights each session. See page 5.

PAINTING WITH INK

A 4-week course, taught by artist and Village art curator Millie Shott, begins Oct. 24. For beginning as well as returning students. Meets Fridays from 1 to 3 p.m. Students will work and experiment with colored inks. Cost is \$60, which includes all supplies. Session ends Nov. 14. Minimum number of students is 4; maximum number is 10.

BASIC PHOTOGRAPHY FOR CHILDREN

This 6-week course in black and white and color photography, taught by Lew Berry, begins Nov. 8. Meets Saturdays from 9:30 to 10:30 a.m. The cost is \$50. The class is open to youngsters 10 years old and older. Students will become skilled at using their cameras, understand how to see and use available light, and, learn about composition and subject selection. Students must have a digital camera and a flash drive. Session ends Dec. 20 (class will not meet Nov. 29).

PORTRAITURE IN PENCIL AND PASTEL

This 6-week class, taught by

Marianne Winter, begins Oct. 22. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Please bring a pad and pencil or pastel to the first class. Some previous experience in drawing is necessary. The cost is \$75 for residents; \$80 for nonresidents. Maximum number is 8. Last class is Dec. 3 (class will not meet Nov. 26).

CARD GAMES

INTERMEDIATE BRIDGE

This 7-week series taught by Frank Shull, a life master at bridge, begins Oct. 15. Meets Wednesdays from 4:30 to 6:30 p.m. Students will review the meaning of overcalls and doubles after the player's right hand opponent has made the first bid. Bids that should be made by you and your partner will be explained. The maximum number of students is 17. This class is for people who have played bridge for at least a few years and continue to play on a regular basis. Call Frank with questions at 301-520-9968. The cost is \$123 for residents, \$129 for nonresidents. Session ends Dec. 3 (class will not meet Nov. 26).

INTRODUCTION TO AMERICAN MAH JONGG

This 6-week class will introduce players to the basics of Mah Jongg. Meets Mondays from 2 to 4 p.m. and begins Oct. 20. The instructor, Robin Dinerman, will provide games and cards for class. Call Robin at 301-942-0546 with questions. A minimum of 4 students is required; maximum is 8. The cost is \$93 for residents; \$98 for nonresidents (cost includes \$9 for materials). Session ends Nov. 24.

COMPUTER EDUCATION

SOCIAL MEDIA

This one-day session meets on Tuesday, Oct. 14, from 2 to 3 p.m. Even if you never "Tweet," wouldn't it be nice to understand what all the fuss is about? Have you been hearing about Twitter, Pinterest, LinkedIn, Instagram, Facebook, and Vine? The class will give a tour and explanation of the latest social media apps and how they are being used by teens, business and even government. No computer skills are needed to enjoy this class. Instructor is Pam Holland, president of TechMoxie. Cost is \$15.

EXERCISE AND FITNESS

BALANCE AND COORDINATION

This 7-week class begins Oct. 14. Meets Tuesdays, from 1 to 1:50 p.m. The class will focus on simple exercises that improve overall balance. The cost is \$75 for residents; \$80 for nonresidents. Session ends Dec. 16 (class will not meet Oct. 21, Nov. 4 and 25). Questions? Email instructor Tonya Walton at staraka4u@gmail.com.

CHAIR EXERCISE

This 7-week class begins Oct. 29. Meets Wednesdays, from 11 to 11:50 a.m. The class, taught by Tonya Walton, is especially for people who want to tone upper and lower body muscles, as well as improve strength and energy, through chair exercises. The cost is \$75 for residents; \$80 for nonresidents. Session ends Dec. 17 (class will not meet Nov. 26).

EVENING YOGA WITH KATHRYN

This 7-week class begins Oct. 29 and meets Wednesdays from 6-7 p.m. The class will focus on strengthening

and stretching body and mind with attention given to balancing ease and effort. Please bring a yoga mat and a towel or blanket. Be prepared to work hard and relax easy. Questions? Call Kathryn Chiariello at 240-743-4294. The cost is \$75 for residents; \$80 for nonresidents. Session ends Dec. 17 (class will not meet Nov. 26).

MAT PILATES

The 6-week session begins Oct. 21. Meets Tuesdays from 7 to 8 p.m. Pilates movements tone the body from 'the inside out' bringing about core-strength, muscle balance and proper spinal alignment. This class is for both beginners and intermediate students. Please check with your physician before signing up; not recommended for pregnant women. Instructor Ginger Russell is certified in Pilates by both *PhysicalMind Institute* and *Powerhouse Pilates*. The cost is \$85 for residents and \$90 for nonresidents. Please bring a Pilates/Yoga mat and bath towel. Session ends Dec. 2.

STRENGTH TRAINING WITH CHERYL

This 6-week class begins Oct. 17. Meets Fridays, from 10:30 to 11:30 a.m. The class, taught by Cheryl Clark, will enhance range of motion and strengthen muscles and work on balance and posture. The cost is \$65 for residents; \$70 for nonresidents. Session ends Nov. 21.

STRENGTH TRAINING WITH TONYA

This 7-week class begins Oct. 27. Meets Mondays, from 1 to 1:50 p.m. The class, taught by Tonya Walton, focuses on increasing mobility, flexibility, balance, and overall strength. The cost is \$75 for residents; \$80 for nonresidents. Session ends Dec. 15 (class will not meet Dec. 8)

SKY VALLEY TAI JI (THURSDAY)

This 6-week class, taught by Taj Johnson, begins Oct. 23. Meets Thursdays from 9:30 to 10:30 a.m. and is especially for beginners. The cost is \$60 for residents; \$70 for nonresidents. Minimum number is eight. Session ends Dec. 4. For more information go to [www. http://skyvalleytaiji.com](http://skyvalleytaiji.com).

SKY VALLEY TAI JI (TUESDAY)

This 6-week class begins Oct. 14. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$60 for residents; \$70 for nonresidents. Minimum number is eight. Session ends Dec. 9 (class will not meet Nov. 4 and 25 and Dec. 2)

ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES

BLOOD PRESSURE SCREENING/ SUBURBAN NURSE

A Suburban Hospital nurse offers free blood pressure screenings Tuesdays from 12 to 4 p.m. The nurse is also available for consultations Tuesdays from 2 to 4 p.m.

CHESS

An informal group plays chess on Wednesdays from 12 to 2:30 p.m. at the Village Center. All levels are welcome. Call Norm Schiff at 206-713-6079 for details.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led by group members.

CONCERTS

Free live music is presented on Wednesday evenings. Check the calendar and concert page for each week's performance information. No registration is required. All are welcome.

DROP-IN TAI CHI

Student-led sessions every Friday from 9:15 to 10:15 a.m. Cost is \$3 per class.

GREAT BOOKS DISCUSSION GROUP

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members. Meets Mondays from 10 to 11:45 a.m. Contact Jean McNelis at 301-656-6695.

HEALTH INSURANCE COUNSELING

Free assistance offered by the Maryland Cooperative Extension's Senior Health

Insurance Assistance Program. Usually meets on the second and fourth Wednesdays of each month from 1 to 3 p.m. Please call 301-590-2819 for an appointment.

MOVIES

Enjoy fresh popcorn and the latest movies on our new state-of-the-art screen most Thursday evenings, beginning at 7 at the Village Center. See page 6 for details.

SCRABBLE

This group of Scrabble players meets at the Center Thursdays at 6:15 p.m. All are welcome.

SPEECH SUPPORT

An aphasia support group facilitated by Susan Wranik, MS, MA, CCC-SLP, board certified speech-language pathologist, and sponsored by the NIH Suburban Hospital Stroke Program. Open to adults with speech impairment due to stroke, Parkinson's or dementia who need help with communication. Meets the second Tuesday of every month from 2 to 3 p.m.

TEA

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m. Hot beverages, cookies and fruit are served by Village volunteers.

VILLAGE BOOK CLUB

The book club meets one Tuesday morning a month to discuss books chosen by the group. Members take turns suggesting books and leading the meetings. Dates and book titles are announced in the newsletter. New members are welcome at any time.

VILLAGE BRIDGE CLUB

The bridge club meets every Monday from 12:30 to 3:30 p.m. All are welcome for bridge or duplicate bridge; cards will be supplied.

VILLAGE PLAY TIME

Games, toys and play equipment will be set out in the auditorium most Thursdays from 11 a.m. to 4 p.m. at the Village Center Children must be accompanied by a caregiver, friend, or family member over age 13.

Continued on page 14

October 2014 The Village News **13**

Don't forget to get a flu shot!

The MedStar Health Visiting Nurses Association will administer flu shots at the Village Center on **Wednesday, Oct. 15, from 10 a.m. to 1 p.m.** The flu vaccine will protect against three different flu viruses: an H3N2 virus, a B virus and the H1N1 virus. The high-dose version for people 65 and older (Fluzone HD) will be offered again and is covered by Medicare. This dosage is double that of the regular flu shot to give more protection and build greater immunity. Standard flu shots, of course, are available for people under 65. Pneumonia shots will also be available- check with your doctor to see if you need one. Please specify at sign-up if you want the Fluzone HD or standard (ask your doctor if you have questions about the high dose vaccine before you sign up).

* No charge for individuals with Medicare Part B (not PPO or HMO) - but you must bring your card.

*The self-pay cost is \$25 for the standard shots (cash or check payable to MedStar VNA Healthcare). Fluzone HD is \$55 for individuals

without Medicare Part B.

Pneumonia vaccine is \$100 for individuals without Medicare Part B.

*VNA does not accept Medicaid.

Registration is a must. Call 301-656-2797 to sign up.

Classes and Clubs, continued from page 13

VISION SUPPORT LUNCH AND LEARN

A partnership of the Prevention of Blindness Society of Metropolitan Washington and the Village of Friendship Heights. Meets one Thursday a month at 12:30 p.m. for lunch and discussion with an invited speaker. Contact Janet Morrison at 301-538-9358 for information. See page 17.

WALKING CLUB

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis at 301-718-6340 for more information.

YIDDISH

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for more information.

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Program reminder! Driver Safety program



Dr. Majid Fotuhi, founder of the NeurExpand Brain Center, will speak at the Village Center on **Wednesday, Oct. 1, at 1 p.m.**

In a presentation titled *Proactive Aging: Food and Lifestyle Choices*, Dr. Fotuhi will discuss how certain foods can help to reshape the brain and strengthen cognitive reserve. Please call 301-656-2797 to register.

The AARP Driver Safety Program will be offered **Friday, Oct. 24, from 10 a.m. to 3 p.m.**, at the Village Center. Sandra Whitaker will be the instructor. The one-day course costs \$15 for AARP members (you must bring your membership card when you register and also to the class) and \$20 for nonmembers. Checks should be made out to AARP. All students must bring to class with them their driver's license and a ballpoint pen. Please register at the Village Center.



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free garage parking!)

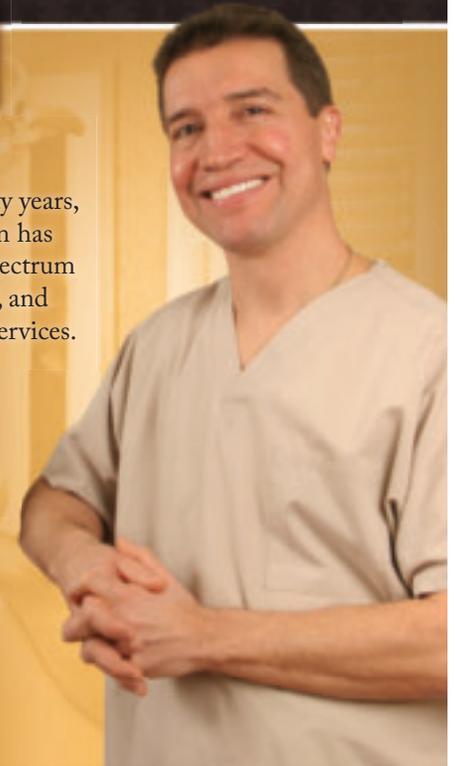
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CONCERTS

Concerts will be held from 7:30 – 8:30 p.m. in Huntley Hall in the Friendship Heights Village Center.

Wednesday, Oct. 1 — John Jensen Duo — John Jensen is a member of the Smithsonian Jazz Masterworks Orchestra and performed with that esteemed organization at the Pyramids at Giza. He is part of the popular band Chaise Lounge, a group that defies category. John has performed with many “greats” of the jazz world including Joe Williams, Milt Hinton and Dizzy Gillespie. He was featured soloist for many years with the US Navy Band’s Commodores.

Wednesday, Oct. 8 — Susan Jones Jazz — The Susan Jones Jazz Quartet is composed of violin, guitar, bass and drums. Their repertoire includes Latin and swing jazz standards stylistically inspired by Stephane Grappelli. The group has performed in the jazz series at the Corcoran and Kentland Mansion, along with many other venues such as the John F. Kennedy Center for the Performing Arts.

Wednesday, Oct. 15 — Tales in the Village featuring Cricket Parmalee and Anne Sheldon — Our monthly storytelling highlighting local and nationally acclaimed artists will feature Cricket Parmalee and Anne Sheldon. The program will focus on the oldest stories ever told.

Wednesday, Oct. 22 — Ann Joseph and Natalie Ross — Ann Joseph and Natalie Ross began their musical collaborations of four-hand piano performance in 1972. They have been featured performers on leading University and Museum concert series including those at the National Gallery of Art, Renwick Gallery of the Smithsonian Institution, the American University, Friday Morning Music Club, Arts Club, Philips Collection, WETA and WGMS. Their program features favorite four-hand compositions by Bizet, Brahms, Debussy, Dvorak, Faure, Rachmaninoff & Ravel.

Wednesday, Oct. 29 — Leslie Bennett and Roseanne Conway present “Night and Day” — Leslie Bennett, soprano and Roseanne Conway, piano, will present a concert celebrating the songs of night and day. Classical composers Richard Strauss and Ottorino Respighi wrote of the changing of day into night while Cole Porter entrances with his beautiful night songs. Included are such Broadway hits as “Got the Sun in the Morning” and Bing Crosby’s “Swinging on a Star.”

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The Vision Support Group is a partnership of the Village of Friendship Heights and Prevention of Blindness Society of Metropolitan Washington. You don't have to have poor sight to participate, but you do need to register in order to reserve a light lunch by calling 301-656-2797.

Saving Your Skin

Dr. Roberta Palestine and Dr. Meghan Thomas, dermatologists from The Dermatology Center and Rockledge Med Spa, will discuss common skin conditions, what to look for between your appointments, and steps that can be taken to protect your skin at this month's Suburban Lecture at the Village Center on **Wednesday, Oct. 8, at 1 p.m.**

There is no cost for the talk, but **please** call 301-656-2797 to let us know if you plan to attend.



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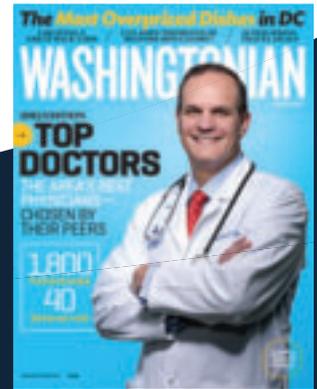
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Cafe Muse presents...

This month's Café Muse, on **Monday, Oct. 6, at 7 p.m.**, will feature poets Hope Maxwell Snyder and Stanley Plumly.

Hope Maxwell Snyder's books include a book of poetry, *The Houdini Chronicles*, and a novel, *Orange Wine*. Her poetry has appeared or is forthcoming in *Blackbird*, *The Kenyon Review*, *the Comstock Review*, *Alehouse Press*, *The Gettysburg Review*, and other journals. She founded and directed the Sotto Voce Poetry Festival in Shepherdstown, W.Va. Currently, she coordinates The Gettysburg Review's Conference For Writers and is also on the staff for Bread Loaf in Sicily. Next spring she'll be Writer in Residence at Hood College in Frederick, Maryland.

Stanley Plumly's books of poetry include *Orphan Hours: Poems*; *Old Heart*, winner of the Los Angeles Times Book Award and nominated for the national Book Award; *The Marriage in the Trees*; *Boy on the Step*; *Summer Celestial*; *Out-of-the-Body Travel*, which won the William Carlos Williams Award and was nominated for the National Book Critics Circle Award; *Giraffe*; and *In the Outer Dark*, which won the Delmore Schwartz Memorial Award. He is the author of the nonfiction books *Posthumous Keats: A Personal Biography*; *Argument & Song*;

The Village Book Club will meet this month on **Tuesday, Oct. 21, at 11 a.m.** The book selection is *Gone Girl* by Gillian Flynn. Look for a copy of the book in the Center Reading Room on the shelf marked "Village Book Club Selections."

Sources & Silences in Poetry, and *The Immortal Evening*, due out in October. His honors include a Guggenheim Fellowship, an Ingram-Merrill Foundation Fellowship, and three National Endowment for the Arts grants. He is a Distinguished University Professor at Maryland.

Café Muse opens at 7 p.m. in the Village Center with classical guitar by Michael Davis; readings begin at 7:30. Attending poets are invited to participate in an open reading that concludes the program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has sponsored public programs for over 35 years. For more information visit www.wordworksdc.com.



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Village Council Corner

The Centennial History Book

At its September 8 meeting, the Council approved a proposal from MasterPrint to print the Village Centennial history book. The book will be titled ***Village of Friendship Heights—The First Hundred Years***. It is an updated and greatly expanded story of our history (1994 was the most recent one).

The book will be 72 pages long, full color, with lots of photos, tracing our history from the early part of



Looking south on Wootton Avenue (now The Hills Plaza) in the 1950s.



A streetcar on Wisconsin Avenue in front of the old Howard Johnson's.

the 20th century to the present day. Mayor Melanie White has edited the book, with contributions from staff and residents past and present. Look for further announcements soon.

Update on Page Park playground

In September, the Council also voted to have A. Morton Thomas (the Village's engineering firm) complete the playground drawings prepared by Grace Fielder. They also voted to have an arborist evaluate all the trees in Page Park and to obtain an assessment of the potential impact of the playground on the forest conservation easement area behind the park.

The next Council meeting will be Tuesday, Oct. 14.



Friendship Heights

VILLAGE NEWS

Friendship Heights Village Center
4433 South Park Avenue
Chevy Chase, Maryland 20815



Check out our website:

www.friendshipheightsmd.gov

e-mail: info@friendshipheightsmd.gov

phone: 301-656-2797

October 2014 events calendar