



A P R I L

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Drop off your prescription drugs at the Center on April 26

The Village Center will once again host National Prescription Drug Take-Back Day on **Saturday, April 26, from 10 a.m. to 2 p.m.** A Montgomery County Police officer will be in the Center lobby to collect your unwanted prescription drugs.

<p>6</p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception</p>	<p>7</p> <p>9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting 7 p.m.: Café Muse</p>	<p>1</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea 7 p.m.: Pilates</p>	<p>2</p> <p>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group 1 p.m.: Portraiture in Pencil and Pastel 4:30 p.m.: Beginning Bridge 6 p.m.: Yoga with Kathryn 7:30 p.m.: Concert: Ellen Tenenbaum</p>	<p>3</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 10 a.m.: Basic Photography 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil 7 p.m.: Movie: Inside Llewyn Davis</p>	<p>4</p> <p>9:15 a.m.: Drop-in Tai Chi 10 a.m. to 3 p.m.: AARP Safe Driving 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl</p>	<p>5</p> <p>8:15 a.m.: Walking Club 9 a.m.: Photography for Children 10:30 a.m.: Basic Photography</p>
<p>13</p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 3 to 5 p.m.: Community Day</p>	<p>14</p> <p>9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting</p>	<p>8</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Village Book Club 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 p.m.: Speech Therapy and Support Group 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea</p>	<p>9</p> <p>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Suburban Lecture: "Diabetes Management" 1 p.m.: Health Insurance Counseling 4:30 p.m.: Beginning Bridge 5 to 7 p.m.: Shred-It Truck 6 p.m.: Yoga with Kathryn 7:30 p.m.: Concert: Thomas Pandolfi</p>	<p>10</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 10 a.m.: Basic Photography 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil 7 p.m.: Book Signing with Dr. Sanjay Jain</p>	<p>11</p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl</p>	<p>12</p> <p>8:15 a.m.: Walking Club 9 a.m.: Photography for Children 10:30 a.m.: Basic Photography</p>
<p>20</p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p> 	<p>21</p> <p>9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting 3 p.m.: Mah Jongg</p>	<p>15</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea</p>	<p>16</p> <p>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group 1 p.m.: Portraiture in Pencil and Pastel 6 p.m.: Yoga with Kathryn 7:30 p.m.: Concert: Tales in the Village</p>	<p>17</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 10 a.m.: Basic Photography 11 a.m. – 4 p.m.: Village Playtime 12:30 p.m.: Vision Support Group 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil 7 p.m.: Movie: Gravity</p>	<p>18</p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl</p>	<p>19</p> <p>8:15 a.m.: Walking Club 9 a.m.: Photography for Children 10:30 a.m.: Basic Photography</p>
<p>27</p> <p>9 a.m.: Yoga with Robin 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>28</p> <p>9:15 a.m.: Fit 4-Ever 10 a.m. – 2 p.m.: MVA Mobile Office 10 a.m.: Great Books 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting 3 p.m.: Mah Jongg 7 p.m.: Yoga with Robin</p>	<p>22</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea 7 p.m.: Pilates 7:30 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING</p>	<p>23</p> <p>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Health Insurance 4:30 p.m.: Beginning Bridge 6 p.m.: Yoga with Kathryn 7:30 p.m.: Concert: Charles Mokotoff and Jeongseon Choi</p>	<p>24</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 10 a.m.: Basic Photography 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil 7 p.m.: Movie: The Book Thief</p>	<p>25</p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl</p>	<p>26</p> <p>8:15 a.m.: Walking Club 9 a.m.: Photography for Children 10 a.m. – 2 p.m.: National Prescription Drug Take-Back Day 10:30 a.m.: Basic Photography</p>
<p>29</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea 7 p.m.: Pilates</p>	<p>30</p> <p>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 12 p.m.: Special Lunch 1 p.m.: Special Concert 12 p.m.: Chess group 1 p.m.: Portraiture in Pencil and Pastel 4:30 p.m.: Beginning Bridge 6 p.m.: Yoga with Kathryn 7:30 p.m.: Concert: Mark Hanak</p>					

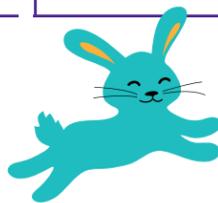
Special lunch and concert

Join us for a delicious lunch and toe-tapping concert at the Center on **Wednesday, April 30.**

Our luncheon will begin at **12 p.m.** and will be prepared by Chef Laté Lawson of Sunrise Brighton Gardens. The menu will be Italian wedding soup, Caesar salad, leg of lamb with gravy, garlic mashed potatoes, steamed asparagus, and rice pudding.

After lunch, please stay for a concert of Ragtime and Tin Pan Alley hits performed by Eric Abrahamson, the music director for Knott's Berry Farm and Cedar Fair Parks in California and frequent entertainer on Main Street in Disneyland. The concert begins at **1 p.m.**

The cost for lunch is \$13; please sign up at the Center by April 23. There is no cost for the concert — all are welcome.



Magical and magnificent: 'The Magic Flute'

There are still some spaces available on the trip to enjoy the Washington National Opera's performance of Mozart's *The Magic Flute* at the Kennedy Center on **Monday, May 5.**

The Magic Flute was Mozart's final opera and follows the heroic adventures of the love-struck Prince Tamino as he tries to rescue the beautiful Pamina from the hands of an evil sorcerer. With the aid of a magic flute and his

bumbling friend Papageno, Tamino sets out on a fantastic adventure filled with danger and temptation. It is sung in English and features colorful sets and costumes by Japanese American artist Jun Kaneko.

We will leave the Village Center at 5:45 p.m. and return before 11 p.m. The cost for the discounted (20%) ticket in the first tier center, transportation, and, driver gratuity, is \$164.

Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.