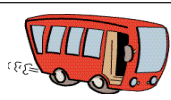




## D E C E M B E R

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<b>1</b> 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	<b>2</b> 9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya <b>7 p.m.: Café Muse</b>	<b>3</b> 8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 2 p.m.: Photos in the Digital Age 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea <b>6:30 p.m.: Depart for National Theatre</b>	<b>4</b> 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group 1 p.m.: Portraiture in Pencil and Pastel <b>2 p.m.: Tea and Talk with Rob Bamberger</b> 6 p.m.: Yoga with Kathryn <b>7:30 p.m.: Concert: Vocal Express</b>	<b>5</b> 8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 10 a.m.: Basic Photography 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble <b>7 p.m.: Movie:Side Effects</b>	<b>6</b> 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl	<b>7</b> 8:15 a.m.: Walking Club 9 a.m.-1 p.m.: Twin Springs Fruit Farm 10:30 a.m.: Basic Photography		
<b>8</b> 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	<b>9</b> 9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club	<b>10</b> 8:15 a.m.: Walking Club <b>8:45 a.m.: Depart for Longwood</b> 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 2 p.m.: Speech Therapy and Support Group 2 p.m.: Genealogy Online 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea	<b>11</b> 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group <b>1 p.m.: Suburban Lecture: "Eat, Drink and Stay Healthy"</b> 1 p.m.: Health Insurance Counseling 6 p.m.: Yoga with Kathryn <b>7:30 p.m.: Concert:Friday Morning Music Club</b>	<b>12</b> 8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 10 a.m.: Basic Photography 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble <b>7 p.m.: "Making Sense of Obamacare"</b>	<b>13</b> 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl	<b>14</b> 8:15 a.m.: Walking Club 9 a.m.-1 p.m.: Twin Springs Fruit Farm 10:30 a.m.: Basic Photography		
<b>15</b> 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	<b>16</b> 9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 12:30 p.m.: Bridge Club <b>7:30 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING</b>	<b>17</b> 8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Village Book Club 12 – 4 p.m.: Blood Pressure Screening 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea	<b>18</b> 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group <b>12 p.m.: Special Lunch</b> <b>1 p.m.: Holiday Show</b> 6 p.m.: Yoga with Kathryn <b>7:30 p.m.: Concert: Tales in the Village</b>	<b>19</b> 8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 10 a.m.: Basic Photography 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 12:30 p.m.: Vision Support Group 6:15 p.m.: Scrabble <b>7 p.m.: Movie:Before Sunrise</b>	<b>20</b> 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl	<b>21</b> 8:15 a.m.: Walking Club 9 a.m.-1 p.m.: Twin Springs Fruit Farm 10:30 a.m.: Basic Photography		
<b>22</b> 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	<b>23</b> <b>10 a.m. – 2 p.m.: MVA Bus</b> 10 a.m.: Great Books 12:30 p.m.: Bridge Club	<b>24</b> <b>Center Open</b> <b>9 a.m. to 2 p.m.</b> <b>Shuttle Bus runs on weekend schedule</b>  8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji	<b>25</b> Merry Christmas! <b>Center Closed</b> <b>No Shuttle Bus service</b>  	<b>26</b> 8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 10 a.m.: Basic Photography 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble <b>7 p.m.: Movie: Monsters University</b>	<b>27</b> 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events	<b>28</b> 8:15 a.m.: Walking Club		
<b>29</b> 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	<b>30</b> 10 a.m.: Great Books 12:30 p.m.: Bridge Club	<b>31</b> <b>Center Open</b> <b>9 a.m. to 2 p.m.</b> <b>Shuttle Bus runs on weekend schedule</b>  8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji	The Village Book Club will meet this month on <b>Tuesday, Dec. 17, at 11 a.m.</b> The book selection is <i>Dear Life</i> by Alice Munro. Look for a copy of the book in the Center Reading Room on the shelf marked "Village Book Club Selections."					

**Shuttle bus hours** 

Monday through Friday    6:40 a.m. to 9:40 p.m.  
 Saturday and Sunday        8 a.m. to 7 p.m.

**Village Center Hours**

Monday through Thursday    9 a.m. to 9 p.m.  
 Friday                                9 a.m. to 5 p.m.  
 Saturday and Sunday        9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

**Center closings due to weather**

In case of a weather emergency, please call the Village Center at 301-656-2797 to hear information about class and activity cancellations. Usually, the Center is closed if the Federal Government is shut down. A message will be on the Center phone by 8 a.m.

**Market dates extended**

Twin Springs Fruit Farm will continue to set up its market on the Village Center portico every Saturday from 9 a.m. to 1 p.m. until Dec. 21.