



Friendship Heights



VILLAGE NEWS

FEBRUARY 2009

301-656-2797

VOLUME 23, NO. 9



Tour and Tea at Homewood

see page 3

It's Hexagon time again

Washington's only original political satirical musical comedy revue is gearing up to tackle D.C. with another hilarious but all-too-brief season. Join us when we attend "Hexagon 2009: What So Proudly we Bailed" on **Thursday, March 12**. This year's show will be in the intimate Burke Theatre in the Navy Memorial Building, across from the National Archives.

Drawing on the talents of its diverse group of volunteers, Hexagon has been tickling Washington, D.C.'s funny bone for more than 50 years. In November 1955, a group of young Washingtonians who had been active in college theatre got together to put on a show of their own. Charles Ilsley, who appeared in several all-male Princeton Triangle Productions, suggested a similar show devoted to "pure fun and nonsense." Modeled after the popular NBC Sunday night radio program "Monitor," the show premiered in the auditorium of Holton-Arms School in the spring of 1956 with 43 performers.



At the end of the five-performance run, the organizers contributed \$2,200 to the American Cancer Society. It was decided that

the show would be a social event for charity.

The organizers called the new group Hexagon since it was "twice as good as Triangle because we had girls." Hexagon has grown dramatically over the years. It now has almost 350 members and has raised more than \$3.3 million for more than 40 major nonprofits.

We'll depart from the Village Center at 6:45 p.m. and should return by 11 p.m.

The cost is \$48 and includes transportation, driver gratuity and ticket to the performance. Residents and one guest may sign up immediately; nonresidents may sign up after Feb. 10.

There are 24 spaces available.

Show me the money!

Join us for a tour of the Bureau of Engraving and Printing preceded by breakfast at the Mandarin Oriental's Café Mozu on **Monday, March 2**.

The BEP, which turns out \$38 million worth of currency in a day, was established in 1862 and has printed paper money at its current site since 1914. A world leader in printing technology, the Bureau also produces portions of U.S. passports, materials for Homeland Security, military identification cards, Immigration and Naturalization Certificates, and White House invitations. Our tour will feature the various steps of currency production, beginning

with large, blank sheets of paper, and ending with wallet-ready bills. You'll see millions of dollars being printed while we are there!

Our trip will begin with a lavish breakfast buffet at Café Mozu in the Mandarin Oriental Hotel. The critically acclaimed restaurant offers spectacular views of the Washington Channel and the Potomac Tidal Basin as well as elegant food.



We will leave the Center at 9:15 a.m. and return by 1:30 p.m. The cost of the trip, which includes breakfast, transportation, and all gratuities, is \$55. Residents and one guest may sign up immediately; nonresidents may sign up Feb. 10. **The tour of the Bureau is about 45 minutes long and you will be standing or walking the entire time.** There are 23 spaces available.

CHILDREN'S PROGRAMS

How to keep the little ones busy

At a loss about how to keep your younger guests busy? The Friendship Heights Village Center has put together packets of Discovery Toys and board games that Village residents can borrow to entertain their littlest visitors.

The "Grandparents Packs" contains toys appropriate for children ages 8 months to 8 years old. Residents may sign out the toys for a 72-hour period. No deposit is required, but anyone borrowing toys must provide credit card authorization for the Village Council to charge the replacement cost of the toy in the event it is not returned in good condition by the 72-hour deadline. A check for the replacement amount is also acceptable. Please stop by the Village Center and check out our new playthings.

Also drop by the Village Center on Thursdays from 11 a.m. to 4 p.m., when we offer "Village Playtime" in the auditorium. Children, accompanied by an adult, are welcome to play with games, toys and play equipment.

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Friendship Heights VILLAGE NEWS

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The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space for the March issue is February 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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ON the GO...

History and Hospitality at Homewood Museum

In 1800, Charles Carroll of Carrollton, a signer of the Declaration of Independence, offered his son a generous wedding gift — \$10,000 to build and furnish a place in the country. Charles Carroll Jr. spared no expense and overlooked no detail in the construction of Homewood, an expression of his family's tremendous political, social, and financial stature. The final price tag— \$40,000. Talk about going over budget!

Join us when we experience the beauty and elegance of Homewood Museum — one of the nation's best examples of Federal Period architecture and a National Historic Landmark— during a guided tour and tea on **Tuesday, Feb. 24.**

Homewood is furnished as it would have been when the Carrolls resided there.

Following our tour, we'll enjoy a sumptuous tea at the house. We will leave the Village Center at 12:15 p.m., and should return by 5:30.

The cost of the trip, which includes transportation, guided tour, tea and driver gratuity, is \$50. There are 29 spaces available.

Please note that this is an historic home and does not have an elevator. There are three steps at the entrance of the house, three steps during the tour. Visitors must descend a flight of stairs to get to the area where tea is served.



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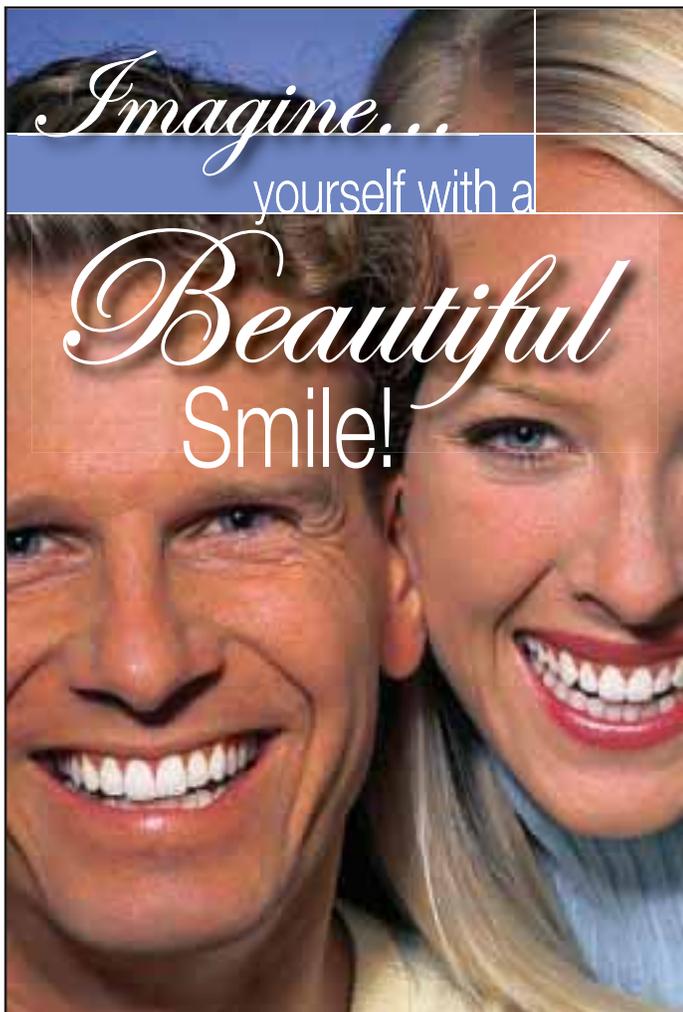
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Tea and talk: Music of the Civil War

Elizabeth Smith Brownstein will present a program entitled "Lincoln's Life in Music" at the Village Center on **Friday, Feb. 13, at 1:30 p.m.**

Abraham Lincoln was a lover of music of all kinds. Pianist Brownstein will play a selection of well-known songs of the period, and reveal the significance of each song in Lincoln's life and his presidency.

Ms. Brownstein is the former Director of Research for the Emmy Award-winning series *Smithsonian World* and a popular speaker at the Center. After the presentation, please stay for tea. Sign up for this free event by calling 301-656-2797.

Tea and talk: The assassination of Abraham Lincoln

Anthony Pitch will present a program on the many plots on President Lincoln's life, as well as the assassination and its complex aftermath, at the Village Center on **Friday, March 6, at 2 p.m.**

Mr. Pitch spent nine years researching and reading on the subject and even uncovered new documents. Among other things, he found new evidence that Lincoln was under genuine threat as early as the eve of his first inauguration. Copies of his book "*They Have Killed Papa Dead!*" will be for sale.

Mr. Pitch has appeared in the past at the Center to discuss his book, *The Burning of Washington*, and to lead a bus tour of presidents' residences in the area. After the presentation, please stay for tea. Sign up for this free event by calling 301-656-2797.

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Veteran journalist Gwen Ifill to speak at the Center

Gwen Ifill, moderator and managing editor of public television's "Washington Week" and senior correspondent for "The NewsHour with Jim Lehrer," will discuss her book, *The Breakthrough: Politics and Race in the Age of Obama*, at the Village Center on **Saturday, Feb. 7, at 3 p.m.**

Before coming to PBS, Ms. Ifill spent five years at NBC News as chief congressional and political correspondent, and still appears as an occasional panelist on "Meet The Press." She joined NBC News from The New York Times where she covered the White House and politics. She also covered national and local affairs for The Washington Post, Baltimore Evening Sun, and Boston Herald American.

Copies of the book, provided by Politics and Prose Bookstore, will be available for purchase. Please sign up in advance by calling the Village Center at 301-656-2797.

Warm up with lunch and a show

Come in out of the cold on **Friday, Feb. 27** and enjoy a warming lunch followed by red hot entertainment when Maureen Rubble of the National Theatre Community Vaudeville performs "Great Songs for the Greatest Generation" at **1 p.m.**

Maureen is a singer and actress with years of theater experience in the Washington area. You'll be tapping your toes and singing along to 1940s songs from Broadway, the Big Bands, Gershwin and Cole Porter. Maureen closes her performance with a rousing patriotic finale.

Before Maureen warms your hearts, come to lunch at **12 p.m.** Sandwiches will be provided by The Sandwich Lady for \$3 each. Choose chicken salad on multi grain bread, a small (5") Italian cold cut sub, or turkey and cheese on croissant. Add a cup of tomato soup for another \$2. Dessert and beverage are included. Please reserve your lunch by Feb. 22. There are 40 spaces available.

How about a cruise?

Would you like to travel to foreign countries, never board a plane and unpack only once? We are considering organizing one of a few cruises this year. We want to know which you might have an interest in taking.

One option is a 5-night cruise aboard the Royal Caribbean Grandeur from Baltimore to Bermuda departing on June 27, with a price starting at \$1190 per person, double occupancy, for an inside cabin. Oceanview cabin prices would start at \$1340 per person, double occupancy, and deluxe outside cabins would start at \$1396, per person based on double occupancy. Single prices would be almost double the cost of two sharing a cabin. The price includes tax and port charges. Transportation between the Center and the port in Baltimore would be extra.

Another option is also on the Royal Caribbean Grandeur from Baltimore to Bermuda, departing on July 11. Oceanview cabins would start at \$1190, per person, double occupancy. Single prices would begin at \$2164 for an oceanview cabin.

The third option is a 5-day Fourth of July Getaway from New York to Halifax, Nova Scotia aboard Cunard's elegant Queen Mary 2. The cruise, which departs from New York and includes a stop in Boston, begins on July 1 and returns to New York on July 6. The cost, which include taxes and port charges, begins at \$1497 per person, double occupancy for an inside cabin. Outside cabin prices begin at \$1677 per person, double occupancy. Transportation to and from New York would be additional.

Please stop by or call the Village Center and let us know if you are interested in any of these cruises. If we have enough interest, those on the list will be notified before we publish the trip in our newsletter.

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A Note from the Program Directors

As a courtesy to our speakers, authors and performers...

• Turn off cell phones • Do not take food or drink into the auditorium • Arrive on time for all events • Unless it is an emergency, please stay until the conclusion of the program. It is distracting to others in the audience and insulting to the presenters when people walk out. Plenty of time to catch the shuttle bus will always be allowed.

Thursday, Feb. 5, 7 p.m. — *The Dark Knight* — With the help of Lt. Jim Gordon and District Attorney Harvey Dent, Batman sets out to destroy organized crime in Gotham for good. The triumvirate proves effective. But soon the three find themselves prey to a rising criminal mastermind known as The Joker, who thrusts Gotham into anarchy and forces Batman closer to crossing the fine line between hero and vigilante. Stars Gary Oldman, Aaron Eckhart, Maggie Gyllenhaal, Morgan Freeman, Michael Caine, Christian Bale, Heath Ledger. Rated PG-13 Running Time: 152 minutes.

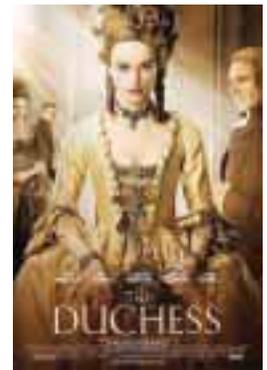
Thursday, Feb. 12, 7 p.m. — *Young @ Heart* — Over the last 25 years, there has existed a group of senior citizens living in Northampton, Massachusetts, who refuse to let age and ill health get them down. *Young@Heart* is a documentary based on the lives of the current singing group of 24 senior citizens, brought to the big screen by British filmmaker, Stephen Walker, who saw their performance in London. *Young@Heart* is not your ordinary singing chorus, because they sing rock, punk, disco, and the average age is 81 with the oldest being 92 year old Eileen Hall. The documentary follows the group over a six-week rigorous rehearsal schedule, plus practicing at home for an upcoming sold-out concert in their home town. Rated PG. Running Time: 108 minutes.



Thursday, Feb. 19, 7 p.m. — *Get Smart* — In *Get Smart* Maxwell Smart is on a mission to thwart the latest plot for world domination by the evil crime syndicate known as KAOS. When the headquarters of U.S. spy agency Control is attacked and the identities of its agents compromised, the Chief has no choice but to promote his ever-eager analyst Maxwell Smart, who has always dreamt of working in the field alongside stalwart superstar Agent 23. Smart is partnered instead with the only other agent whose identity has

not been compromised: the lovely-but-lethal veteran Agent 99. Together Smart and Agent 99 discover that key KAOS operative Siegfried and his sidekick Shtarker are scheming to cash in with their network of terror. Given little field experience and even less time, Smart — armed with nothing but a few spy-tech gadgets and his unbridled enthusiasm — must defeat KAOS if he is to save the day. Stars Steve Carrell, Anne Hathaway and Dwayne Johnson. Rated PG-13. Running Time: 110 minutes.

Thursday, Feb. 26, 7 p.m. — *The Duchess* — The movie explores the marriage, relationships, and passions of 18th century aristocrat Georgiana, Duchess of Devonshire. 17-year-old Georgiana is delighted to have excited the notice of the much older Duke of Devonshire, and marries him amid high personal and family expectations. Unfortunately for Georgiana, the Duke is an undemonstrative and tight-lipped man who is far more interested in his dogs than in getting to know his new wife. He makes it clear at the outset to both Georgiana and her mother, Lady Spencer, that it is Georgiana's duty to bear him a male heir. Stars Kiera Knightley and Ralph Fiennes. Rated PG-13. Running Time: 105 minutes.



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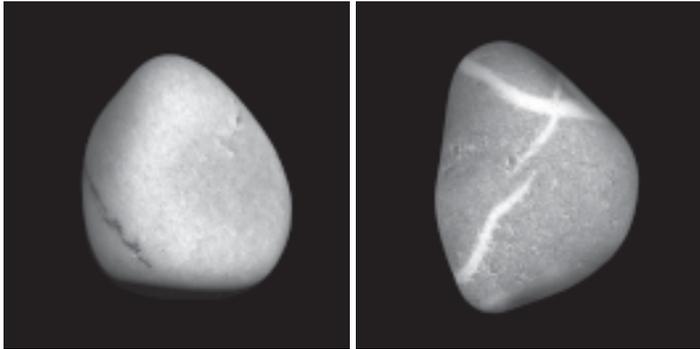
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ART and CULTURE

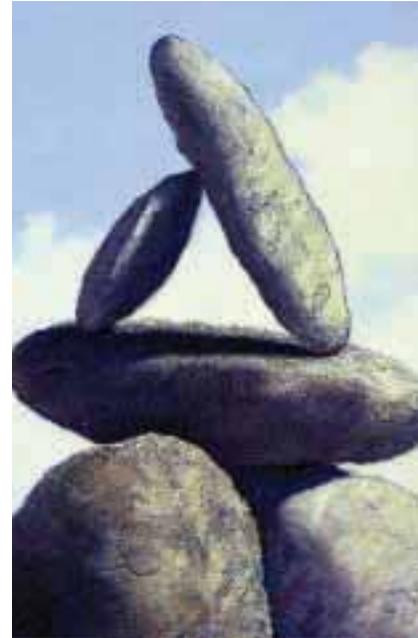
Four artists to exhibit in February

"Four Artists" is the title of the art show this month in the Friendship Gallery. Each artist works in a different medium and all have exhibited their works widely. Alice Hui creates stoneware and porcelain. Jane Brasher's "organic" art is made from handmade paper, natural dyes and found objects. Grace Taylor is a fine art photographer whose most recent work is portraits of stones she has collected on the Maine



seashore. She sees the stones not as inanimate objects, but as individual entities. Susan Makara paints with acrylics, oils, and, scratchboards. One of her more notable commissions include six stained glass windows for the Jordanian Palace of the late King Hussein.

The show runs from Feb. 2 to 28. All are invited to meet the artists at a reception on **Sunday, Feb. 8, from 11:30 a.m. to 1:30 p.m.** Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m. and Saturday and Sunday, 9 a.m. to 2 p.m. Art in the auditorium is occasionally not available for viewing because of certain activities in that room; check with the front desk receptionist when you arrive. Please note that all sales of art are final.



Photography by Grace Taylor

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Guest Speaker: Mitchell G. Berlin, CFP®, Field Vice President

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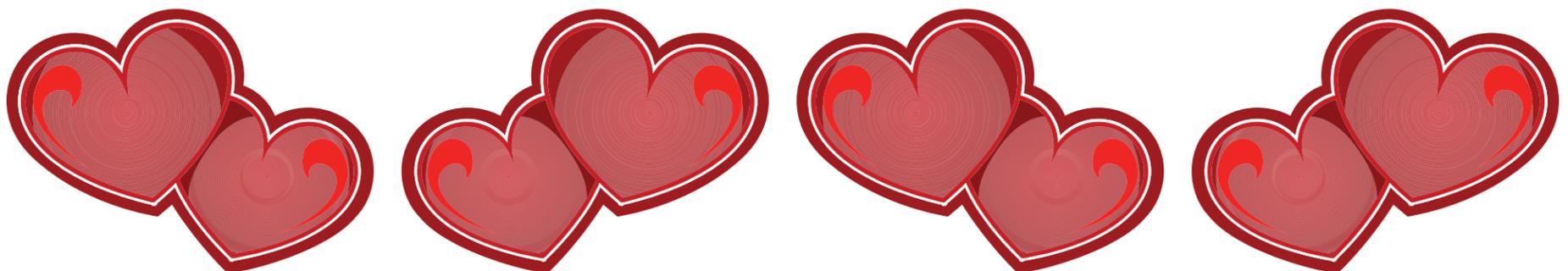
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Friendship Heights Village Center



Calendar of Events 2009

F E B R U A R Y						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	2 9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 1 p.m.: Strength Training with Tonya 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 7 p.m.: Yoga 7 p.m.: Café Muse	3 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Fall Prevention 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	4 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise with Tonya 1 p.m.: Portraiture in Pencil and Pastel 6:30 p.m.: Beginning Spanish 7:30 p.m.: Concert: Ellyn Crawford	5 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: The Dark Knight	6 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group	7 8:15 a.m.: Walking Club 3 p.m.: Book Signing with Gwen Ifill
8 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception	9 9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 1 p.m.: Strength Training with Tonya 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 6:30 p.m.: Spanish 2 7 p.m.: Yoga 8 P.M.: FRIENDSHIP HEIGHTS COUNCIL MEETING	10 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Fall Prevention 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Open Book Play Readers 7 p.m.: Mat Pilates	11 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 1 p.m.: Suburban Lecture: Depression 1 p.m.: Health Insurance Counseling 1 p.m.: Portraiture 3 p.m.: Chair Yoga 4:30 p.m.: Depart for L'Auberge 6:30 p.m.: Beginning Spanish 7:30 p.m.: Concert: Vocal Express	12 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: Young@Heart	13 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group 1:30 p.m.: Tea and Talk: "Lincoln's Life in Music"	14 8:15 a.m.: Walking Club
15 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	16 Presidents Day Center Open 9 a.m. to 2 p.m. 10 a.m.: Great Books	17 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Fall Prevention 12:30 p.m.: Vision Support Group 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	18 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 1 p.m.: Portraiture in Pencil and Pastel 3 p.m.: Chair Yoga 6:30 p.m.: Beginning Spanish 7:30 p.m.: Concert: Sandy Lederman	19 8:15 a.m.: Walking Club 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: Get Smart	20 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group	21 8:15 a.m.: Walking Club
22 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	23 9:15 a.m.: Fit 4-Ever 10 a.m. – 2 p.m.: MVA Bus 10 a.m.: Great Books 1 p.m.: Strength Training with Tonya 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 6:30 p.m.: Spanish 2 7 p.m.: Yoga	24 8:15 a.m.: Walking Club 1 p.m.: Fall Prevention 12:15 p.m.: Depart for Homewood Museum 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist	25 10:15 a.m.: Yiddish 11:30 a.m.: African-American History Month Program 1 p.m.: Health Insurance Counseling 1 p.m.: Portraiture in Pencil and Pastel 3 p.m.: Chair Yoga 6:30 p.m.: Beginning Spanish 7:30 p.m.: Concert: Susan Jones and Caliente	26 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 7 p.m.: Movie: The Duchess	27 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 12 p.m.: Lunch 1 p.m.: "Songs for the Greatest Generation" 1 p.m.: Bridge Group	28 8:15 a.m.: Walking Club



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Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

Thank you to our generous neighbors

A big thank you to all the Village residents who donated 345 pounds of canned and boxed food to needy families in Montgomery County. The food was delivered to Manna Food Center in Rockville and donated toys were taken to a "Toys for Tots" collection site just before the holidays.

The U.S. Parole Commission will host its 16th annual African-American History program and lunch at the Village Center on **Wednesday, Feb. 25 at 11:30 a.m.** The theme of this year's program is "Quest for Black Citizenship in the Americas." All are invited to attend; registration is not necessary.

CLASSES and CLUBS

PLEASE SIGN UP AT LEAST 48 HOURS BEFORE THE START OF A SESSION – A CLASS MAY BE CANCELED IF IT DOES NOT HAVE A MINIMUM NUMBER OF PARTICIPANTS REGISTERED. PARTICIPANTS MUST PAY FOR THE FULL SERIES - NO REFUNDS AFTER CLASS BEGINS.

All participants in fitness classes as well as Drop-in Tai Chi are required to sign a liability waiver when they register.

ART

ACRYLIC OR OIL PAINTING

A 10-week course for all skill levels, taught by Doris Haskell, begins March 5. Meets Thursdays from 6:45 to 8:45 p.m. Cost is \$50 for residents; \$70 for nonresidents. Residents may sign up immediately; nonresidents may sign up Feb. 12. Class ends May 14 (no class April 9). Maximum number of students is 16.

DRAWING AND PAINTING

A 10-week course for all skill levels, taught by Doris Haskell, begins March 9. Meets Mondays from 2:30 to 4:30 p.m. Cost is \$50 for residents; \$70 for nonresidents. Residents may sign up immediately; nonresidents may sign up Feb. 9. Session ends May 18 (no class April 13). Maximum number of students is 18.

EXERCISE AND FITNESS

CHAIR EXERCISE WITH TONYA

This 6-week class begins March 4. Meets Wednesdays, from 11 to 11:50 a.m. The class, taught by Tonya Walton, is especially for people who want to tone upper and lower body muscles, as well as improve strength and energy, through chair exercises. The cost is \$62. Session ends April 8.

CHAIR YOGA AND MORE

This 7-week series taught by Louisa Klein begins Feb. 18. Meets Wednesdays from 3 to 4:15 p.m.

Benefits body, mind and spirit using synchronized breathing and movement. Instills calm, steady, physical and emotional well-being. Includes weight bearing and centering poses, isometrics, toning and strengthening. Learn skills to improve all body systems that you can incorporate into your daily life. The cost is \$70. Ends April 1.

FALL PREVENTION (PREVIOUSLY ALL ABOUT BALANCE)

This 6-week class begins Feb. 24. Meets Tuesdays, from 1 to 1:45 p.m. The class, taught by Tonya Walton, will focus on simple exercises you can do to improve your overall balance. The cost is \$62. Session ends March 31.

MAT PILATES

The next 6-week session begins March 10. Meets Tuesdays from 7 to 8 p.m. The cost is \$80 for residents and \$90 for nonresidents. Movements to improve balance, strength and flexibility. Pilates balls are used to assist in some exercises. Not recommended for pregnant women or those with serious spinal conditions. Required equipment: Pilates/Yoga mat, large bath towel. Questions? E-mail – Gingerrusteach@yahoo.com. Session ends April 14.

STRENGTH TRAINING WITH CHERYL

This 6-week session begins Feb. 20. Meets Fridays, from 10:30 to 11:30 a.m. The class, taught by Cheryl Clark, will enhance range of motion and strengthen muscles and work on balance and posture. The cost is \$65. Session ends April 3

(class will not meet Feb. 27).

STRENGTH TRAINING WITH TONYA

This 6-week session begins Feb. 2. Meets Mondays, from 1 to 1:50 p.m. The class, taught by Tonya Walton, focuses on increasing mobility, flexibility, balance, and overall strength. The cost is \$62. Session ends March 16 (class will not meet on Feb. 16).

TAI CHI (THURSDAY)

This 6-week session begins Feb. 26. Meets Thursdays from 9:30 to 10:30 a.m. The cost is \$40. Session ends April 2.

TAI CHI (TUESDAY)

This 6-week session begins March 3. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$40. Session ends April 7.

LANGUAGE

BEGINNING SPANISH (CONTINUED)

This 8-week course begins Feb. 4. Instructor Elena Marra-Lopez has taught teenagers and adults at Sidwell Friends School, Washington International School, Montgomery College, and the USDA Graduate School. For former students or with permission from the instructor. Class meets Wednesdays, from 6:30 to 8:30 p.m. The cost is \$200. Session ends March 25.

SPANISH 2 (CONTINUED)

This 8-week course begins Feb. 9. For former students or with per-

mission from the instructor, Elena Marra-Lopez. Class meets Mondays, from 6:30 to 8:30 p.m. The cost is \$210. Session ends April 6 (class will not meet Feb. 16).

ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES

BLOOD PRESSURE SCREENING/ SUBURBAN NURSE

A Suburban Hospital nurse is on hand to offer free blood pressure screenings Tuesdays from 1 to 2:45 p.m. only. The nurse is also available for consultations Tuesdays from 3 to 5 p.m.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led by group members.

CONCERTS

Free live music is presented every Wednesday throughout the year at 7:30 p.m. Check the calendar and concert page for each week's performance information. No registration is required. All are welcome.

FHUN

The Friendship Heights Urban Network (FHUN) is a group dedicated to bringing together young professionals, young parents, and college students. The group is currently organizing events such as monthly Happy Hours, barbecues,

and special evenings at local restaurants. For more information, check FHUN's website at www.fhun.net. This group is not affiliated with the Friendship Heights Village Council.

GREAT BOOKS DISCUSSION GROUP

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members. Meets Mondays from 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

HEALTH INSURANCE COUNSELING

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Meets on the second and fourth Wednesdays of each month. Call 301-590-2819 for an appointment; walk-ins are welcome.

OPEN BOOK PLAY READERS

Meets the second Tuesday of each month. The group reads traditional and contemporary works. Participants are expected to act and direct both short sketches and one-act plays. Led by Marlene Harte and Lisa Kassoff.

SCRABBLE

This group of Scrabble players meets at the Center Thursdays at 6 p.m. All are welcome.

TEA TIME

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m. Hot beverages, cookies and

fruit are served by Village volunteers. There is no cost.

VILLAGE PLAY TIME

Children are welcome at the Village Center most Thursdays from 11 a.m. to 4 p.m. Games, toys and play equipment will be set out in the auditorium for their enjoyment. Children must be accompanied by a caregiver, friend or family member over age 13.

WALKING CLUB

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis, 301-718-6340, or Marjorie Yahraes, 240-497-0050 for more information.

YIDDISH

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for details.

Interested in getting involved in community events or local volunteer opportunities? Come out and learn more about FHUN (Friendship Heights Urban Network) and our upcoming calendar for 2009. Planning for 2009 is just beginning. We are meeting at Panera Bread on February 9th at 7:00pm. RSVP to info@fhun.net.

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CONCERTS

Concerts are performed Wednesdays, from 7:30 to 8:30 p.m. in Huntley Hall in the Village Center. As a courtesy to our performers, before entering the auditorium, please turn off any cell phones or electronic devices. Please do not take reading materials in the auditorium. If you arrive late, please wait for a break in the performance before entering the concert hall.

Wednesday, Feb. 4 — Ellyn Crawford — Soprano Ellyn Crawford is a multi-talented singer whose programs range from opera to jazz. She has performed with the Spoleto Festival's production of "Porgy and Bess," with Opera Southwest, and is the founder and director of Opera Plus, a company based on casting African American singers in standard operatic roles, in concert and in fully staged performances. Her "Tribute to Marion Anderson" program is faithful to the great African American contralto's concert appearances. The program includes arias from operas and oratorios as well as the beloved spirituals for which Anderson is well known.

Wednesday, Feb 11 — Vocal Express — This versatile group specializes in popular music and show tunes from the mid and late 20th century with an occasional journey back to the Great American Songbook. Its repertoire includes "God Bless the USA," "Bring Him Home" from the musical "Les Miserables," "Think of Me" from "Phantom of the Opera," and the Beach Boys' Summer Fun.

Wednesday, Feb. 18 — Sandy Lederman — Join local musician Sandy Lederman for a program of popular tunes from the theater, hit parade, and silver screen. Sandy, who sings and accompanies herself on piano, welcomes requests and audience participation. Sandy Lederman has been singing and playing piano since she was a child. Following a 15-year detour into the corporate world, Sandy left her day job and picked up her musical pursuits where she'd left off. She performs for various groups around the area – solo and as a member of the folk group Calliope. Now a resident of Bethesda, she is a native of Westchester County, New York, where she grew up harmonizing with her family and developing a love of the showtunes and standards.

Wednesday, Feb. 25 — Susan Jones and Caliente — Multi-talented violinist Susan Jones explores her saucier side with Caliente. Jones, also a member of Machaya Klezmer and Mariachis de los Compadres, offers an evening of Latin and Salsa-inspired jazz.



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TO YOUR HEALTH

Depression is the subject of Suburban Lecture

“Diving out of Depression” is the title of this month’s Suburban Health Lecture at the Village Center on **Wednesday, Feb. 11, at 1 p.m.**

Depression can go untreated, especially among seniors. Social Worker Cheryl Moore, from Suburban Hospital’s Department on Behavior Health, will discuss symptoms of depression and how to distinguish clinical depression from just having a “bad” day. She will also talk about specific medications and effectiveness in depression management.

There is no cost for the talk, but **please** call 301-656-2797 to let us know if you plan to attend.



Vision Support Group: Taking an active role in your eye health care

Good communication with your doctor is essential in developing a partnership to achieve the best level of care. Join the Low Vision Support Group on **Feb. 17, at 12:30 pm**, to discuss a publication from the National Eye Institute called “Talking With Your Doctor.”



Bring a bag lunch; dessert and beverages will be provided. The Vision Support Group is a partnership of the Prevention of Blindness Society of Metropolitan Washington and the Village of Friendship Heights. Please call 301-656-2797 to register.

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Cafe Muse presents...

This month's Café Muse, on **Monday, Feb. 2, at 7 p.m.**, presents a reading by poets Brendel De Bravo and Wendell Hawken.

Brandel France De Bravo's book, *Provenance*, won the 2008 Washington Writers' Publishing House prize for poetry. She is also co-author of *Trees Make the Best Mobiles: Simple Ways to Raise your Child in a Complex World*. Her work has appeared in *The Kenyon Review*, *Black Warrior Review* and *The American Voice*, as well as numerous anthologies. She works at the National Research Center for Women and Families in Washington, D.C.

Wendell Hawken is the author of *The Luck of Being* and a chapbook, *Mother Tongue*. She lives on a cattle farm in the northern Shenandoah Valley.

Café Muse opens at 7 p.m. with refreshments and classical guitar by Michael Davis; readings begin at 7:30. Attending poets are invited to participate in an open reading that concludes the program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has sponsored public programs for over 30 years. The evening is free, but please call the Village Center at 301-656-2797 to let us know you are coming.

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- Minimizing the costs you incur as your loved one ages
- Medicare & Medicaid coverage

A question and answer session will follow the presentation. Light refreshments will be served.

EVENT DETAILS

What You Should Know

**Monday, February 23, 2009
6:00pm - 8:00pm**

**Please RSVP to our concierge
at 301-656-1900
by February 18, 2009.**

Join us for a seminar on LTC Insurance & Tax Deductions for Seniors.

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Village Council Corner

Don't Forget Friendship Heights!

As you review the FY2010 Proposed Budget presented in the Council's 2008 Annual Report, you will notice that the most significant portion of the Village's income comes from our share of income taxes paid by Village residents. For FY2009, this revenue is expected to provide over 58% of our total income. In FY2010, we are expecting income taxes to fund over 54% of our programs. This money, as the budget shows, goes directly into services benefiting Village residents.

Remember, as Village residents, you do not pay any additional income taxes because you live in Friendship Heights! By law, as a special tax district, the Village receives a portion of the tax you pay to Montgomery County. It is very important, however, that the State of Maryland knows to return this revenue to the Village. Consequently, please take special care to mark your income tax return as shown at right. Thank you!

2008 Federal Income Tax Forms at Center

2008 Federal tax forms are available for copying and filing with the IRS. Search the index and a staff member will make a copy for you. Normal copying charges apply. Call the Center at 301-656-2797 to make sure the form you need is available.



The Council took the following actions on January 12:

- Introduced Proposed Budget for FY2010.
- Approved special Council meeting for January 22 to review and vote on proposal for new shuttle bus.
- Awarded contracts for landscape maintenance.
- Awarded contract for new trees in Willoughby Park.

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Friendship Heights VILLAGE NEWS

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February 2009 events calendar