



Friendship Heights

# VILLAGE NEWS



Children's Art Camp

page 2

FEBRUARY 2012

301-656-2797

VOLUME 26, NO. 9

## Join a roundtable discussion with Bill Bronrott



The Village Center and the White House Office of Public Engagement invite you to participate in a "White House Roundtable" with Bill Bronrott, Deputy Administrator of the Federal Motor Carrier Safety Administration at the U.S. Department of Transportation, on **Thursday, Feb. 16, at 7:30 p.m.**

The roundtable provides an opportunity for residents to meet with senior officials in the Administration to discuss a broad range of concerns including transportation and safety, and other issues they would like to share with the Administration.

Bill Bronrott served in the Maryland House of Delegates from January 1999 until April 2010, representing Maryland's District 16 in Montgomery County, including Friendship Heights. He is a longtime advocate of highway, pedestrian and bike safety. He helped launch MADD (Mothers Against Drunk Driving) as well as the "Drive With Care, Walk With Caution" traffic safety campaign in Bethesda that later went countywide. He played a pivotal role in rallying the Congress to urge President Reagan to appoint the Presidential Commission on Drunk Driving and to enact the National Uniform 21 Minimum Drinking Age Act.

Please call 301-656-2797 to sign up for this interesting evening.



## Marsha's musical morning

Singer Marsha Goodman-Wood of Marsha's Musikgarten returns to the Village Center on **Thursday, Feb. 23, at 11 a.m.** for a morning of music for children. Marsha is a singer/songwriter performing her own original indie rock-infused songs for kids and well-known favorites guaranteed to get the audience singing and dancing along. Toddlers and their friends and siblings are welcome, but must be accompanied by a parent or caregiver. The event is free. For more information, call the Village Center at 301-656-2797.



## Alexandria's Masonic Temple and Dinner at Le Refuge

It stands 333 feet, offers some of the most magnificent views of the Washington, D.C. area and remains a mystery to many. It's the George Washington Masonic Memorial and we'll tour this incredible structure when we visit Old Town Alexandria on **Tuesday, Feb. 21.**

Ground was broken for the memorial, built to honor George Washington, the head of the original Alexandria Lodge No. 22 of the Freemasons, in 1922, but construction was not completed until 1970.

During our hour-long guided tour, we'll see the Memorial Hall featuring two fabulous murals of George Washington – one as a general, the other as President. These murals were created by Allyn Cox, the artist who created the

*Continued on page 15*

# CHILDREN'S PROGRAMS

## Have fun with the Fine Arts

Friendship Heights Village Center will once again host a week-long summer art camp for children **Monday, June 25 through Friday, June 29**. Children ages 6 to 12 will learn a variety of fine arts projects. The camp takes place from 9:30 a.m. to 1 p.m. daily at the Village Center. This camp is run by our curator Millie Shott. Sign up immediately at the Center to ensure a space; this camp will fill up quickly. Children must have completed kindergarten to qualify. The cost is \$225 per child. Sign up by March 1 and pay just \$200 per child.

## Get those little feet moving

Singer/ Songwriter and music teacher Marsha Goodman-Wood presents a four-week music class for babies, toddlers and pre-schoolers at the Village Center in March.

The class offers you the chance to participate with your child in singing, chanting, moving, dancing, listening and playing simple instruments while developing a strong musical bond with your child. The curriculum is a wonderful, rich, and fun mix of singing, dancing, and listening activities that bridge the natural connection between music and movement. It helps to lay the foundation for vocal development, listening skills and purposeful movement or build on the established skills an older child has developed.

Classes begin **Thursday, March 8**, and continue each Thursday through **March 29**. Class begins at 11:10 a.m. and ends at 11:55 a.m.

The cost is \$60 per session for the child/caregiver. Sign-ups begin immediately at the Village Center. A minimum of 8 (child/caregiver pair) is required. The maximum is 12. The deadline to sign up is March 1.

For more information, call the Village Center at 301-656-2797.



## Friendship Heights VILLAGE NEWS

[www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov)

Email: [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov)

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

### ADVERTISING

The deadline for reserving space for the March issue is February 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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## ON the GO...

### A trip to the Phillips

There is still time to sign up for the trip on **Wednesday, Feb. 15**, to the Phillips Collection for a guided tour of their new exhibit "Snapshot: Painters and Photography, Bonnard to Vuillard." We will also view the gallery's permanent collection including the revered Rothko Room.

"Snapshot" includes photographs taken by Pierre Bonnard, Felix Vallotton, and Edouard Vuillard and other post-impressionist artists during the 1890s. The tiny Rothko Room holds four paintings by artist Mark Rothko, one of the most famous of the Color Field artists. And you don't want to miss the best-known and most popular work of art at The Phillips: Renoir's *Luncheon of the Boating Party*. Following our tour, we'll enjoy lunch in the café (on your own). This casual restaurant offers salads, soups and sandwiches.

We will leave the Village Center at 10:30 a.m. and return around 2:30 p.m. The cost of the trip is \$38, which includes guided tour, transportation and gratuity. The deadline to sign up has been extended to Feb. 7.

### Learn to paint Italian Pottery from a master

Master Painter Roberto Paolonelli will teach the ancient art of Italian ceramic painting during a six-week course at the Village Center.

Students will paint one greenware piece—a plate or vase—during the course, which begins **Saturday, April 14 and continues each Saturday through May 19**. The times are 11:30 a.m. to 1:30 p.m.

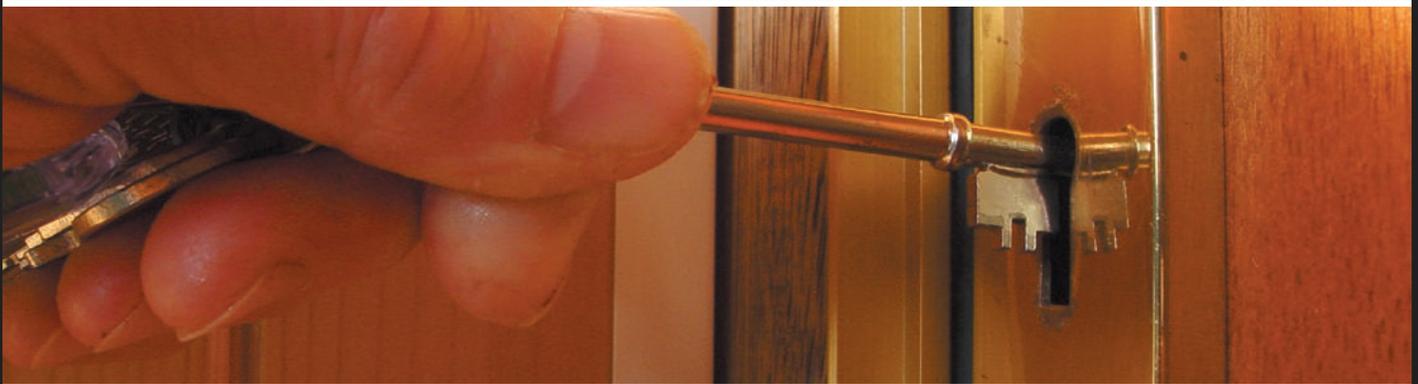
The cost is \$95 for instruction, plus \$20 for materials, which include one greenware dish or vase, colors, glazes, brushes, sponges for cleaning and preparation of the piece, one pre-baking and a second post-baking in special firing kilns.

There is a minimum of six students required; the maximum is eight.

Sign up immediately at the Village Center. For more information, call 301-656-2797.

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## Tea and Talk: Local architecture

Bill Lebovich will present a slide lecture entitled "Local Domestic Architecture: From Log Cabin to Frank Lloyd Wright's Usonian House and Beyond" at the Village Center on **Wednesday, Feb. 22, at 2 p.m.**

Mr. Lebovich has worked as an architectural historian for the National Register of Historic Places and Historic American Buildings Survey/Historic American Engineering Record - National Park Service programs established for the purpose of documenting historic places. He has written and photographed a book on accessible design, lectured and done an exhibition on synagogues that became African-American churches, and is now finishing a book, *How to Photograph Historic Structures and Site*, to be published next year by W.W. Norton.

After the program, please stay for tea. Call 301-656-2797 to reserve a seat.

## Former Assistant Surgeon General to discuss health topics

Douglas Kamerow, family doctor, journal editor, NPR commentator, and Chief Scientist at RTI International, will discuss today's most critical health issues, at the Village Center on **Thursday, Feb. 9, at 7:30 p.m.**

Dr. Kamerow retired from the US Public Health Service in 2001 with the rank of Assistant Surgeon General. Since then he has been a chief scientist at RTI International, an editor of the medical journal *BMJ*, a commentator on NPR, and a professor at Georgetown University.

Copies of his book, *Dissecting American Health Care*, will be available for purchase. Sign up by calling 301-656-2797.

## The Center's Snow Policy

The Friendship Heights Village Center is almost always open, but most of our instructors live a distance away and may not be able to get here. Please check with him or her about individual policies. Make sure the teacher knows how to reach you by phone or email. If the Center is closed or opening late due to inclement weather, there will be a message on our phone before 8 a.m.

The Village Book Club will meet this month on **Tuesday, Feb. 21, at 11 a.m.** The book selection is *Out Stealing Horses* by Per Petterson.

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# Thank you generous neighbors!

A big thank you to all the Village residents who donated 600 pounds of canned and boxed food to county families in need. The food was delivered to Manna Food Center in Gaithersburg just before Christmas. Manna provided nutritious food to 38,398 households and 61,389 "Smart Sacks" to elementary school children last year. Donated new toys were given to a church program where parents "shopped" for their children's Christmas gifts.

# New class next month: 'Shaping Life Tales Into Memoir'

This six-week workshop is a follow-up for those who have taken Lynne Vance's "Writing Your Life by the Tale" or those who have equivalent experience in the basics of memoir writing and with the instructor's permission. The two-hour sessions will focus on the principles of revision including building structure, crafting grabber beginnings, honing the narrative core, streamlining prose and using proper tenses. We will examine published works that illustrate these principles and do class exercises to apply them. Participants will critique each other's work and each will choose a published memoir to read and report on. Students are required to bring to the first class the rough draft of a life tale written in the beginners course or an outline of a new story to develop into a finished memoir. For details, see page 10.





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# PLAYING on the BIG SCREEN

All movies begin at 7 p.m.

## A Note from the Program Directors

As a courtesy to our speakers, authors and performers...

- Turn off cell phones
- Arrive on time for all events
- Unless it is an emergency, please stay until the conclusion of the program. It is distracting to others in the audience and insulting to the presenters when people walk out. Plenty of time to catch the shuttle bus will always be allowed.

**Thursday, Feb. 2, 7 p.m. — Movie — Contagion** — *Contagion* follows the rapid progress of a lethal airborne virus that kills within days. As the fast-moving epidemic grows, the worldwide medical community races to find a cure and control the panic that spreads faster than the virus itself. At the same time, ordinary people struggle to survive in a society coming apart. Stars Gwyneth Paltrow, Matt Damon, Laurence Fishburne, and Marion Cotillard. Rated PG-13. Running Time: 106 minutes

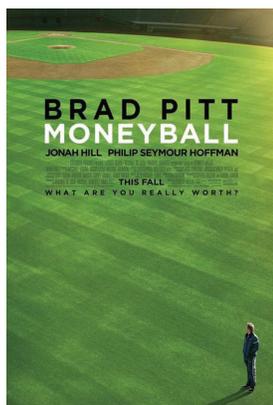


Pitt, Philip Seymour-Hoffman, and Robin Wright. Rated PG-13. Running Time: 126 minutes.

**Thursday, Feb 9, 7:30 p.m. — Health Talk with Douglass Kamerow, see page 4 for details.**

**Thursday, Feb. 16, 7:30 p.m. — Roundtable Discussion with Bill Bronrott, see page 1 for details.**

**Thursday, Feb. 23, 7 p.m. — Movie — Moneyball** — Based on a true story, *Moneyball* is a movie for anybody who has ever dreamed of taking on the system. Brad Pitt stars as Billy Beane, the general manager of the Oakland A's, who has an epiphany: all of baseball's conventional wisdom is wrong. Forced to reinvent his team on a tight budget, Beane will have to outsmart the richer clubs. The onetime jock teams with Ivy League grad Peter Brand (Jonah Hill) in an unlikely partnership, recruiting bargain players that the scouts call flawed, but all of whom have an ability to get on base, score runs, and win games. It's more than baseball, it's a revolution – one that challenges old school traditions and puts Beane in the crosshairs of those who say he's tearing out the heart and soul of the game. Stars Brad



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# ART and CULTURE

## Three artists and their interpretations of art

Magruder Murray, Cortez Austin and Russell Simmons will exhibit in Friendship Gallery this month in a show titled "The Eye, Skill, and Imagination of the Artist." The three artists will explore different ways to view the world through photography, realism, representational, modern, and abstract art. Each artist has viewed and interpreted the same subjects; each artist's eye, skill and imagination make them different.

Magruder Murray creates mixed medium artwork



"Tribesman" as interpreted by the three artists

that reflects his life and interests. His formal art training began at the age of nine as a student enrolled in the Corcoran School of Art. Later, while attending Howard University, he took art classes from Lois Mailou Jones and David Driskell. He has also studied at the Maryland Institute of Art and the Alexandria Art League. His camera is his constant travel companion and he enjoys experimenting with different medium mixes, materials, and styles. He has worked in oil, watercolor, acrylic, color pencil and pen and ink. His works have been selected for juried and non-juried shows locally and nationally. He is a member of the Black Artists of D.C., Colored Pencil Society of America, Washington Project for the Arts, and National Conference of Artists.

Russell Simmons is a self-taught abstract expressionist influenced heavily by the Washington Color School. His work ranges from an occasional representational work to fairly large abstract pieces.

Cortez Austin is a digital photographer specializing in nature photography. He also frequently photographs musicians and people he encounters in his travels around the world. He has written articles for and had photographs published by the National Geographic, WildBird, Birder's World, National Audubon and the Nature conservancy.

The show runs from Feb. 1 to 25. All are invited to meet the artists at a reception on **Sunday, Feb. 12, from 11:30 a.m. to 1:30 p.m.** Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m. and Saturday and Sunday, 9 a.m. to 2 p.m. Art in the auditorium is occasionally not available for viewing because of certain activities in that room; check with the front desk receptionist when you arrive. Please note that all sales of art are final.

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# Calendar of Events 2012

## F E B R U A R Y

SUNDAY

MONDAY

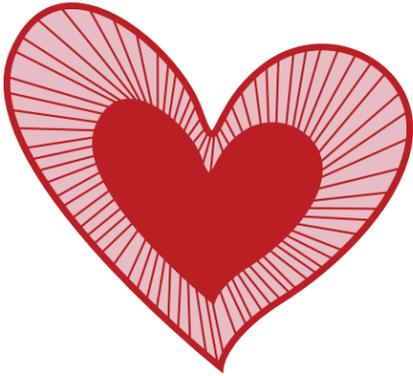
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



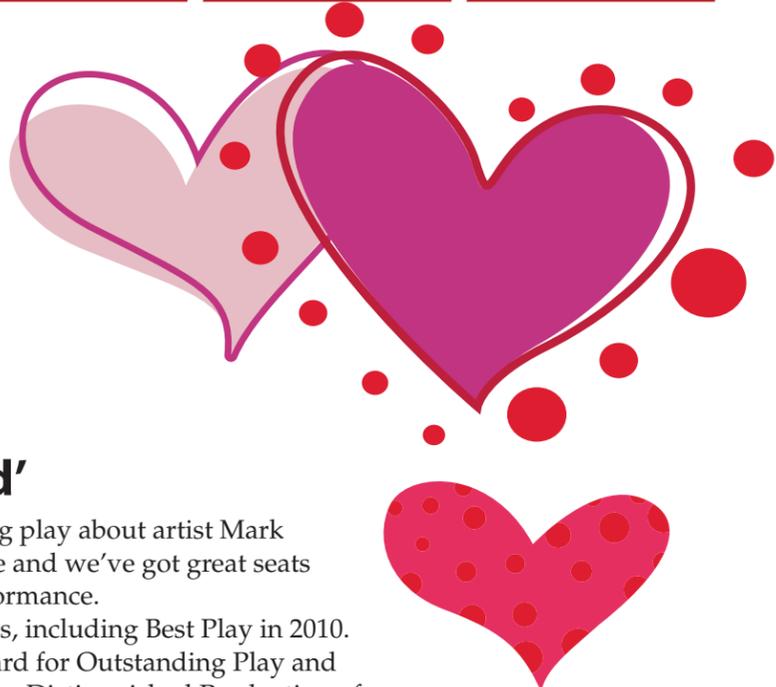
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 1 p.m.: Portraiture in Pencil and Pastel 5 p.m.: Beginning Bridge class	8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting <b>7 p.m.: Movie: Contagion</b>	9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl	8:15 a.m.: Walking Club

<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting <b>7 p.m.: Café Muse</b> 7 p.m.: Yoga	8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance And Coordination 3 – 4 p.m.: Tea 2 – 4 p.m.: Suburban Nurse Specialist 5 p.m.: Bridge class 7 p.m.: Mat Pilates	9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise <b>1 p.m.: Suburban Lecture: Stay in Circulation</b> 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Health Insurance Counseling 5 p.m.: Beginning Bridge class <b>7:30 p.m.: Concert: Eric Boyd</b>	8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble <b>7:30 p.m.: Book Signing with Douglas Kamerow: Dissecting American Health Care</b>	9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl	8:15 a.m.: Walking Club

<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers <b>11:30 a.m. – 1:30 p.m.: Art Reception</b>	9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting 7 p.m.: Yoga <b>8 P.M.: Friendship Heights Council Meeting</b>	8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance And Coordination 3 – 4 p.m.: Tea 2 – 4 p.m.: Suburban Nurse Specialist 5 p.m.: Bridge class 7:30 p.m.: Great Courses: Emily Dickinson	9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish <b>10:30 a.m.: Depart for the Phillips Collection</b> 11 a.m.: Chair Exercise 5 p.m.: Beginning Bridge class <b>7:30 p.m.: Concert: Tales in the Village featuring Elizabeth McCain</b>	8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m. – 4 p.m.: Village Playtime 12:30 p.m.: Vision Support 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting <b>7:30 p.m.: Roundtable with Bill Bronrott</b>	9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl	8:15 a.m.: Walking Club

<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	<b>Presidents Day Center Open 9 a.m. to 2 p.m.</b>  9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors  <b>Shuttle Bus runs on weekend schedule</b>	8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Village Book Club 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance And Coordination 3 – 4 p.m.: Tea 2 – 4 p.m.: Suburban Nurse Specialist <b>2:45 p.m.: Depart for Alexandria</b> 5 p.m.: Bridge class 7 p.m.: Mat Pilates	9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Health Insurance Counseling <b>2 p.m.: Tea and Talk: Bill Lebovich on Local Architecture</b> 5 p.m.: Beginning Bridge class <b>7:30 p.m.: Concert: Bravura Chamber</b>	8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Still Life Painting <b>11 a.m.: Children's Music Program</b> 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting <b>7 p.m.: Movie: Moneyball</b>	9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events	8:15 a.m.: Walking Club

<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books <b>10 a.m. – 2 p.m.: MVA Bus</b> 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting 7 p.m.: Yoga	8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance And Coordination 3 – 4 p.m.: Tea 2 – 4 p.m.: Suburban Nurse Specialist 5 p.m.: Bridge class 7 p.m.: Mat Pilates 7:30 p.m.: Great Courses: Emily Dickinson	9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 1 p.m.: Portraiture in Pencil and Pastel 5 p.m.: Beginning Bridge class <b>7:30 p.m.: Concert: Barbara Papendorp</b>



### Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.  
 Saturday and Sunday 8 a.m. to 7 p.m.

### Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.  
 Friday 9 a.m. to 5 p.m.  
 Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

### We're seeing 'Red'

*Red*, the Tony Award-winning play about artist Mark Rothko, is coming to Arena Stage and we've got great seats for the **Saturday, March 3** performance.

*Red* received six Tony Awards, including Best Play in 2010. It also won the Drama Desk Award for Outstanding Play and the 2010 Drama League Award for Distinguished Production of a Play.

We will leave the Village Center at 7 p.m. and return around 11 p.m. The cost of the trip is \$80, which includes discounted Center Orchestra seats, transportation, and driver gratuity. Call the Village Center at 301-656-2797 for ticket availability.

You may also want to join us for a trip to the Phillips Gallery on Feb. 15 to see the famous Rothko Room. See details on page 3.

# CLASSES and CLUBS

PLEASE SIGN UP AT LEAST 48 HOURS BEFORE THE START OF A SESSION – A CLASS MAY BE CANCELED IF IT DOES NOT HAVE A MINIMUM NUMBER OF PARTICIPANTS REGISTERED. PARTICIPANTS MUST PAY FOR THE FULL SERIES - NO REFUNDS AFTER CLASS BEGINS.

All participants in fitness classes as well as Drop-in Tai Chi are required to sign a liability waiver when they register.

## ART

### ACRYLIC OR OIL PAINTING (DAY)

A 10-week course for all skill levels, taught by Doris Haskell, begins March 19. Meets Mondays from 2:30 to 4:30 p.m. Cost is \$60 for residents; \$70 for nonresidents. Session ends May 21. Minimum number of students is 10; maximum is 14.

### ACRYLIC OR OIL PAINTING (EVENING)

A 10-week course for all skill levels, taught by Doris Haskell, begins Feb. 16. Meets Thursdays from 6:45 to 8:45 p.m. Cost is \$60 for residents; \$70 for nonresidents. Session ends April 19. Minimum number of students is 10; maximum is 14.

### ITALIAN POTTERY PAINTING

This 6-week course, taught by master Italian pottery painter Roberto Paolonnelli, begins April 14. Students will paint one piece of greenware. Meets Saturdays from 11:30 a.m. to 1:30 p.m. The cost is \$95 plus \$20 for supplies, which include a vase or plate, colors, glazes, brushes and sponges. The last class is May 19. Minimum

number of students is 6; maximum is 8. See page 3.

### PORTRAITURE IN PENCIL AND PASTEL

This 6-week class, taught by Marianne Winter, begins Feb. 22. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Please bring a pad and pencil or pastel to the first class. Some previous experience in drawing is necessary. The cost is \$70 for residents; \$75 for nonresidents. Maximum number is 8. Last class is March 28.

### STILL LIFE PAINTING

A 10-week course taught by Joan Samworth begins Feb. 23. Class emphasizes the elements of art: line, color, texture, shape and value and is designed to meet the needs of all levels of experience. Suggested media are pastels, watercolor, acrylics, color pencil. Supply list will be handed out first day of class. Meets Thursdays from 11 a.m. to 2:30 p.m. (you may bring lunch – brown bag only). The cost is \$145 for residents; \$155 for nonresidents. Last class is April 26.

## COMPOSITION

### SHAPING LIFE TALES INTO MEMOIR

This 6-week course begins March 6. Meets Tuesdays from 11 a.m. to 1 p.m. The class will include writing exercises, discussions and readings. For former students or with the permission of the instructor, journalist Lynne Vance, who has had 20 years experience of writing and editing. Cost is \$100. Minimum number is 6; maximum is 8. Class ends April 10.

## EXERCISE AND FITNESS

### CHAIR EXERCISE

This 8-week class begins March 14. Meets Wednesdays, from 11 to 11:50 a.m. The class, taught by Tonya Walton, is especially for people who want to tone upper and lower body muscles, as well as improve strength and energy, through chair exercises. The cost is \$85 for residents; \$90 for nonresidents. Session ends May 2.

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## **MAT PILATES**

The 6-week session begins Feb. 21. Meets Tuesdays from 7 to 8 p.m. Pilates movements tone the body from 'the inside out' bringing about core-strength, muscle balance and proper spinal alignment. This class is for both beginners and intermediate students. Please check with your physician before signing up for this course; not recommended for pregnant women. Instructor Ginger Russell is certified in Pilates by both PhysicalMind Institute and Powerhouse Pilates. The cost is \$85 for residents and \$90 for nonresidents. Please bring a Pilates/Yoga mat and bath towel. Minimum number is 10. Questions? Email [Gingerrusteach@yahoo.com](mailto:Gingerrusteach@yahoo.com). Session ends March 27.

## **STRENGTH TRAINING WITH CHERYL**

This 6-week class begins March 2. Meets Fridays, from 10:30 to 11:30 a.m. The class, taught by Cheryl Clark, will enhance range of motion and strengthen muscles and work on balance and posture. The cost is \$65 for residents; \$70 for nonresidents. Session ends April 6.

## **STRENGTH TRAINING WITH TONYA**

This 8-week class begins March 26. Meets Mondays, from 1 to 1:50 p.m. The class, taught by Tonya Walton, focuses on increasing mobility, flexibility, balance, and overall strength. The cost is \$85 for residents; \$90 for nonresidents. Session ends May 14.

## **ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES**

### **BLOOD PRESSURE SCREENING/SUBURBAN NURSE**

A Suburban Hospital nurse offers free blood pressure screenings Tuesdays from 12 to 4 p.m. The nurse is also available for consultations Tuesdays from 2 to 4 p.m.

## **COFFEE AND CURRENT EVENTS**

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led by group members.

## **CONCERTS**

Free live music is presented most Wednesday evenings. Check the calendar and concert page for each week's performance information.

## **GREAT BOOKS DISCUSSION GROUP**

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members. Meets Mondays from 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

## **GREAT COURSES**

Taped lectures followed by discussion. Meets alternate Tuesday evenings at 7:30 p.m. The DVD series is produced by The Teaching Company, renown for selecting gifted teachers, lecturers and historians to address their topics. Check the calendar for dates and subjects.

## **HEALTH INSURANCE COUNSELING**

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Usually meets on the second and fourth Wednesdays of each month from 1 to 3 p.m. Please call 301-590-2819 for an appointment.

## **SCRABBLE**

This group of Scrabble players meets at the Center Thursdays at 6:15 p.m.

## **TEA**

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m. Hot beverages, cookies and fruit are served by Village volunteers.

## **VILLAGE BOOK CLUB**

The book club meets one Tuesday morning a month to discuss books chosen by the group. Members take turns suggesting books and leading the meetings. Dates and book titles are announced in the newsletter. New members are welcome at any time.

## **VILLAGE BRIDGE CLUB**

The bridge club meets every Monday from 12:30 (**note new time**) to 4 p.m. All are welcome; cards will be supplied. Contact Nancy White at 301-652-4119 for more information.

## **VILLAGE PLAY TIME**

Children are welcome to play together at the Village Center most Thursdays from 11 a.m. to 4 p.m. Games, toys and play equipment will be set out in the auditorium for their enjoyment. Children must be accompanied by a caregiver, friend, or family member over age 13.

## **VISION SUPPORT LUNCH AND LEARN**

A partnership of the Prevention of Blindness Society of Metropolitan Washington and the Village of Friendship Heights. Meets one Thursday a month at 12:30 p.m. for a brown bag lunch and discussion with an invited speaker. Contact Janet Morrison at 301-538-9358 for more information. See page 13.

## **WALKING CLUB**

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis at 301-718-6340 for more information.

## **YIDDISH**

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for more information.

# CONCERTS

Concerts will be held from 7:30 to 8:30 p.m. on the second, third and fourth Wednesdays of the month. The second and fourth Wednesdays will feature musical performances while the third Wednesday will feature storytelling. Performances are held in Huntley Hall of the Village Center.

## Wednesday, Feb. 1 — No Concert

**Wednesday, Feb. 8 — Eric Boyd** — Pianist and vocalist Eric Byrd has been playing professionally for more than 20 years, performing with Wynton Marsalis, Mike Stern, Keter Betts, Paul Carr, Buck Hill, Ethel Ennis, and Charlie Byrd. He will perform a program of spirituals in celebration of Black History Month.

**Wednesday, Feb. 15 — Tales in the Village featuring Elizabeth McCain and Ellouise Schoettler** — Originally from Mississippi, Elizabeth McCain is an interfaith minister and storyteller in Takoma Park, MD. She is creating a show of stories, entitled "Savoring Southern Comfort," based on the discovery of her grandparents' love letters from 1917. Elizabeth's Southern Gothic humor and

authenticity creates a warm, meaningful connection with audiences. Ellouise Schoettler is a native of North Carolina and producer of *Tales in the Village*.

**Wednesday, Feb. 22 — Bravura Chamber Ensemble** — The Bravura Chamber Ensemble features an evening of Chamber Music including selections for clarinet, piano, and high voice. The program will include music from Saint-Saens, Argento, and Schubert.

**Wednesday, Feb. 29 — Barbara Papendorp** — Local actress and singer Barbara Papendorp performs selections from her CD *Taking Requests: From Paris to Porter* in this special leap year concert.

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# TO YOUR HEALTH

## Stay in circulation

Dr. Greg Kumkumian, medical director of the Coronary Care Unit at Suburban Hospital, will review the circulatory system and discuss potential problems that can occur when the system is compromised at this month's Suburban Health Lecture at the Village Center on **Wednesday, Feb. 8, at 1 p.m.** Discussion will also include the role of genetics and ways to keep your blood vessels strong and healthy through diet and exercise.

There is no cost for the talk, but **please** call 301-656-2797 to let us know if you plan to attend.



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## Vision Support Group: Talking with your doctor

In today's world, patients need to take an active role in their health care. Being a skilled communicator is critical and relies on two factors: asking the right questions and understanding your physician's responses.

Join the Vision Support Lunch and Learn group on **Thursday, Feb. 16, at 12:30 p.m.**, for a conversation with popular speaker Clete Clark, Chief Ophthalmic Technician and Operations Manager at Washington Eye Physicians & Surgeons, who promises to teach new ways to interact with medical providers.

Bring a bag lunch to the Village Center or make a sandwich with the peanut butter, jelly, and bread supplied. Dessert and beverage are always provided.

Please call 301-656-2797 to register. The Vision Support Group is a partnership of the Prevention of Blindness Society of Metropolitan Washington and the Village of Friendship Heights.

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# Cafe Muse presents...

This month's Café Muse, on **Monday, Feb. 6, at 7 p.m.**, presents The Maryland Poets Association celebrating *Life in Me Like Grass on Fire: Love Poems* with a tribute to Deborah Edleman, a Baltimore poet and writer.

Shirley Brewer is a poet, educator, and workshop facilitator. Her first poetry collection, *A Little Breast Music*, was published in 2008. Frank Joseph is the author of the novel, *To Love Mercy*, winner of seven awards and currently in its second printing. Danuta Kosk-Kosicka has authored two books of translations from the Polish and two chapbooks of her original poems written in English. She is translations editor at the literary journal *Loch Raven Review*. Margaret Mullins's chapbook, *Family Constellation*, is forthcoming from Finishing Line Press. Fernando Quijano III is the Vice President of the Maryland Writer's Association and author of *From the Bottom Up*, an opin-

ion column featured on theurbantwist.com. He was recently awarded a B Grant for his writing by the William G. Baker, Jr. Memorial Fund. Laura Shovan's chapbook, *Mountain, Log, Salt and Stone*, won the Harriss Poetry Prize in 2010. She is the editor of *Life in Me Like Grass on Fire: Love Poems*.

Café Muse opens at 7 p.m. in the Village Center with classical guitar by Michael Davis; readings begin at 7:20. Attending poets are invited to participate in an open reading that concludes the program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has sponsored public programs for over 30 years. For more information visit [www.wordworksd.com](http://www.wordworksd.com).



## FRIENDSHIP HEIGHTS RECENT SALES ACTIVITY

### THE CARLETON

Apt. T205-2BR-1710sf  
Sold at \$689,000

### THE WILLOUGHBY

Apt. 1829N-Jr1BR-560sf  
Sold at \$195,000

Apt. 1422N-2BR-1288sf  
Sold at \$380,000

### THE ELIZABETH

Apt. 902B-1BR-993sf  
Sold at \$299,000

Apt. 1218S-1BR-660sf  
Sold at \$250,000

Apt. 2416N-2BR-1288sf  
Sold at \$412,800

### 4620 NORTH PARK

Apt. 1710K-1BR-860sf  
Sold at \$282,000

Apt. 1119S-1BR-869sf  
Sold at \$285,000

Apt. 403W-2BR-1407sf  
Sold at \$530,000

Apt. 1015-1BR-921sf  
Under Contract

Apt. 2106S-1BR-883sf  
Sold at \$295,000

Apt. 1009E-2BR-1373sf  
Sold at \$515,000

Apt. 1519N-1BR-1108sf  
Sold at \$302,000

Apt. PH01W-2BR-1307sf  
Sold at \$525,000



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**Masonic Temple, continued from page 1**

murals for the U.S. Capitol. In the replica lodge, you'll see, among other items, the trowel Washington used to lay the cornerstone for the U.S. Capitol. Then we'll visit the George Washington museum, a memorial library, and the observation deck with its stunning 360 degree views. After our tour, we'll savor an authentic three-course country French dinner at Old Town's Le Refuge. For starters, choose among the soup du jour, house salad or Caesar salad. Next enjoy choice of Chicken Breast Dijonnaise, fresh calf liver with onions, fresh Rainbow Trout Almondine or Roasted Leg of Lamb. Finish this delicious dinner with crème caramel, chocolate mousse cake or

Peach Melba. Coffee or an iced non-alcoholic beverage is also included.

We'll depart from the Village Center at 2:45 p.m. and should return by 8 p.m.

The cost of the trip, which includes round-trip transportation, a three-course dinner, guided tour of the Masonic Temple, and all taxes and gratuities, is \$69.

Residents may sign up immediately; nonresidents may sign up beginning Feb. 6. The deadline to sign up is Feb. 14. There are 24 spaces available.



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# Village Council Corner

## Village Council welcomes New Year



Photos by Joel Williams

Continuing our annual tradition, Council member Bob Schwarzbart welcomed residents and guests to our New Year's Day celebration at the Center. A delicious assortment of goodies, served by Ridgewell's, was enjoyed by all. This is one of four seasonal events sponsored by the Council each year, along with Community Day, July 4, and the Taste of Friendship Heights.



## Free tax assistance at libraries

AARP offers free help for older taxpayers and people with limited incomes at the Bethesda Library, 240-777-0970, and the Chevy Chase Library, 240-773-9590.



Council actions at the January 9 meeting:

- Introduced Proposed Budget for FY2013.
- Awarded contracts for landscape maintenance to ValleyCrest and Interior Garden Designs.



## Friendship Heights VILLAGE NEWS

Friendship Heights Village Center  
4433 South Park Avenue  
Chevy Chase, Maryland 20815



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[www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov)  
**e-mail:** [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov)  
**phone:** 301-656-2797

## February 2012 events calendar