F B \mathbf{E} R U R Y **TUESDAY THURSDAY SATURDAY MONDAY** WEDNESDAY **FRIDAY SUNDAY** 9:15 a.m.: Fit 4-Ever 8:15 a.m.: Walking Club 9:15 a.m.: Drop-in Tai Chi 8:15 a.m.: Walking Club 10:15 a.m.: Yiddish 10:30 a.m.: Coffee and 9:30 a.m.: Tai Ji Current Events 11 a m · Chair Exercise 11 a.m.: Still Life Painting 10:30 a.m.: Strength Training 1 p.m.: Portraiture in Pencil 11 a.m. – 4 p.m.: Village with Cheryl and Pastel Playtime 6:15 p.m.: Scrabble 5 p.m.: Beginning Bridge class 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: Contagion 9:15 a.m.: Fit 4-Ever 8:15 a.m.: Walking Club 9:15 a.m.: Fit 4-Ever 8:15 a.m.: Walking Club 9:15 a.m.: Drop-in Tai Chi 8:15 a.m.: Walking Club 9 a.m.: Yoga 10:15 a.m.:Yiddish 10:30 a.m.: Coffee and 9:30 a.m. - 1:30 p.m.: Coffee 10 a.m.: Great Books 9:30 a.m.: Tai Ji 9:30 a.m.: Tai Ji and Sunday Papers 11 a.m.: Chair Exercise 11 a.m.: Still Life Painting Current Events 10:30 a.m.: Resistance 12 – 4 p.m.: Blood Pressure Training For Seniors 1 p.m.: Suburban Lecture: Screening 10:30 a.m.: Strength Training 11 a.m. – 4 p.m.: Village with Cheryl Stay in Circulation 12:30 p.m.: Bridge Club 1 p.m.: Balance And Coordination 1 p.m.: Portraiture in Pencil 6:15 p.m.: Scrabble 1 p.m.: Strength Training and Pastel 3 – 4 p.m.: Tea with Tonya 7:30 p.m.: Book Signing 1 p.m.: Health Insurance 2:30 p.m.: Acrylic or Oil 2 – 4 p.m.: Suburban Nurse with Douglas Counseling Kamerow: Dissecting Specialist Painting 5 p.m.: Beginning Bridge American Health Care 5 p.m.: Bridge class 7 p.m.: Café Muse 7 p.m.: Yoga 7 p.m.: Mat Pilates 7:30 p.m.: Concert: Eric 12 13 15 9 a.m.: Yoga 9:15 a.m.: Fit 4-Ever 8:15 a.m.: Walking Club 9:15 a.m.: Fit 4-Ever 8:15 a.m.: Walking Club 9:15 a.m.: Drop-in Tai Chi 8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 10:15 a.m.: Yiddish 10:30 a.m.: Coffee and 9:30 a.m. - 1:30 p.m.: Coffee 10 a.m.: Great Books 9:30 a.m.: Tai Ji and Sunday Papers Current Events 10:30 a.m.: Resistance 12 – 4 p.m.: Blood Pressure 10:30 a.m.: Depart for the Phillips Collection 11 a.m. – 4 p.m.: Village 10:30 a.m.: Strength Training 11:30 a.m. - 1:30 p.m.: Training For Seniors Screening Playtime **Art Reception** with Cheryl 1 p.m.: Balance And 12:30 p.m.: Bridge Club 11 a.m.: Chair Exercise 12:30 p.m.: Vision Support Coordination 1 p.m.: Strength Training 5 p.m.: Beginning Bridge 6:15 p.m.: Scrabble with Tonya 3 – 4 p.m.: Tea 6:45 p.m.: Acrylic or Oil 2:30 p.m.: Acrylic or Oil 2 – 4 p.m.: Suburban Nurse 7:30 p.m.: Concert:Tales in the Village featuring Elizabeth Painting Specialist 7:30 p.m.: Roundtable with Bill Bronrott 5 p.m.: Bridge class 7 p.m.: Yoga McCain 8 P.M.: Friendship Heights Council 7:30 p.m.: Great Courses: Emily Dickinson Meeting 22 8:15 a.m.: Walking Club 8:15 a.m.: Walking Club 9:30 a.m. - 1:30 p.m.: Coffee 9:15 a.m.: Fit 4-Ever 9:15 a.m.: Drop-in Tai Chi 8:15 a.m.: Walking Club **Presidents Day** and Sunday Papers 9:30 a.m.: Tai Ji 10:15 a.m.:Yiddish 10:30 a.m.: Coffee and 9:30 a.m.: Tai Ji **Center Open** 11 a.m.: Village Book Club Current Events 11 a.m.: Chair Exercise 11 a.m.: Still Life Painting 9 a.m. to 2 p.m. 12 – 4 p.m.: Blood Pressure 1 p.m.: Portraiture in Pencil 11 a.m.: Children's and Pastel **Music Program** 1 p.m.: Balance And 9:15 a.m.: Fit 4-Ever 1 p.m.: Health Insurance Coordination 6:15 p.m.: Scrabble 10 a.m.: Great Books Counseling 3 – 4 p.m.: Tea 6:45 p.m.: Acrylic or Oil 2 p.m.: Tea and Talk: Bill 10:30 a.m.: Resistance 2 – 4 p.m.: Suburban Nurse Lebovich on Local Architecture Painting Training For Seniors Specialist 7 p.m.: Movie:Moneyball 2:45 p.m.: Depart for Alexandria 5 p.m.: Beginning Bridge class **Shuttle Bus runs on** 5 p.m.: Bridge class weekend schedule 7:30 p.m.: Concert: 7 p.m.: Mat Pilates Bravura Chamber 26 27 28 9:15 a.m.: Fit 4-Ever 9 a.m.:Yoga 8:15 a.m.: Walking Club 9:15 a.m.: Fit 4-Ever 9:30 a.m. - 1:30 p.m.: Coffee 10 a.m.: Great Books 9:30 a.m.: Tai Ji 10:15 a.m.: Yiddish 10 a.m. – 2 p.m.: and Sunday Papers 12 – 4 p.m.: Blood Pressure 11 a.m.: Chair Exercise Screening MVA Bus 1 p.m.: Portraiture in Pencil 1 p.m.: Balance And 10:30 a.m.: Resistance and Pastel Coordination Training For Seniors 5 p.m.: Beginning Bridge 4 p.m.: Tea 12:30 p.m.: Bridge Club 2 – 4 p.m.: Suburban Nurse Specialist 1 p.m.: Strength Training 7:30 p.m.: Concert: with Tonya **Barbara Papendorp** 5 p.m.: Bridge class 2:30 p.m.: Acrylic or Oil

Shuttle bus hours



Monday through Friday Saturday and Sunday

6:40 a.m. to 9:40 p.m. 8 a.m. to 7 p.m.

7 p.m.: Mat Pilates

7:30 p.m.: Great Courses:

Emily Dickinsor

Village Center Hours

Painting

7 p.m.: Yoga

Monday through Thursday 9 a.m. to 9 p.m. 9 a.m. to 5 p.m. Friday Saturday and Sunday 9 a.m. to 2 p.m.

> The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

We're seeing 'Red'

Red, the Tony Award-winning play about artist Mark Rothko, is coming to Arena Stage and we've got great seats for the **Saturday**, **March 3** performance.

Red received six Tony Awards, including Best Play in 2010. It also won the Drama Desk Award for Outstanding Play and

the 2010 Drama League Award for Distinguished Production of a Play.

We will leave the Village Center at 7 p.m. and return around 11 p.m. The cost of the trip is \$80, which includes discounted Center Orchestra seats, transportation, and driver gratuity. Call the Village Center at 301-656-2797 for ticket availability.

You may also want to join us for a trip to the Phillips Gallery on Feb. 15 to see the famous Rothko Room. See details on page 3.