

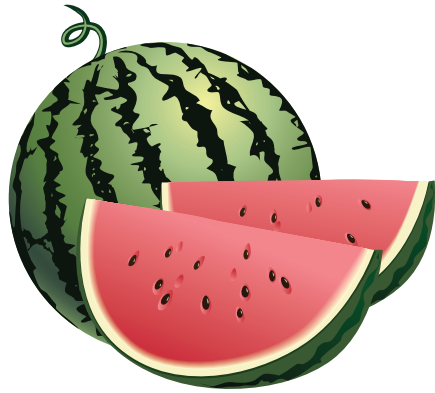
Friendship Heights Village Center



Calendar of Events 2009

A U G U S T

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



<p>2</p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>3</p> <p>10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Strength Training with Tonya 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 7 p.m.: Café Muse</p>	<p>4</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Fall Prevention 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist</p>	<p>5</p> <p>10:15 a.m.: Yiddish 11 a.m.: Chair Exercise with Tonya 1 p.m.: Portraiture in Pencil and Pastel 7 p.m.: Concert: Ericka Ovette and Friends</p>	<p>6</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 7 p.m.: Movie: Hotel for Dogs</p>	<p>7</p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group</p>	<p>1</p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs</p>
<p>9</p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception</p>	<p>10</p> <p>8 a.m.: Depart for Rehoboth 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Strength Training with Tonya 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting</p>	<p>11</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Fall Prevention 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist</p>	<p>12</p> <p>10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 1 p.m.: Water Slide for Children 1 p.m.: Health Insurance Counseling 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Suburban Lecture: Lungs 7 p.m.: Concert: The Martin Family</p>	<p>13</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 7 p.m.: Movie: Rachel Getting Married</p>	<p>14</p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group</p>	<p>15</p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs</p>
<p>16</p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>17</p> <p>10 a.m.: Great Books 1 p.m.: Strength Training with Tonya 1 p.m.: Bridge Group</p>	<p>18</p> <p>8:15 a.m.: Walking Club 1 p.m.: Fall Prevention 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist</p>	<p>19</p> <p>10:15 a.m.: Yiddish 11 a.m.: Depart for Wegmans 11 a.m.: Chair Exercise with Tonya 1 p.m.: Portraiture in Pencil and Pastel 7 p.m.: Concert: Dixie Power Trio</p>	<p>20</p> <p>8:15 a.m.: Walking Club 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 7 p.m.: Movie: Coraline</p>	<p>21</p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group</p>	<p>22</p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs</p>
<p>23</p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>24</p> <p>10 a.m. – 2 p.m.: MVA Bus 10 a.m.: Great Books 1 p.m.: Strength Training with Tonya 1 p.m.: Bridge Group</p>	<p>25</p> <p>8:15 a.m.: Walking Club 1 p.m.: Fall Prevention 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist</p>	<p>26</p> <p>10:15 a.m.: Yiddish 11 a.m.: Chair Exercise with Tonya 1 p.m.: Portraiture in Pencil and Pastel 7 p.m.: Concert: Marc-Gottlieb and Harriett Wingreen</p>	<p>27</p> <p>8:15 a.m.: Walking Club 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 7 p.m.: Movie: Flash of Genius</p>	<p>28</p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group</p>	<p>29</p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs</p>
<p>30</p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>31</p> <p>10 a.m.: Great Books 1 p.m.: Bridge Group</p>					

Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

Celebrating Community and Cuisine in the Village

Mark your calendars for the Third Annual Taste of Friendship Heights on **Saturday, Sept. 12, from noon to 5 p.m.** at the Village Center. This rain-or-shine event features great food from local restaurants including Indique Heights, Lia's, Rock Creek, Potomac Pizza, Gifford's, Alfio's, Bambulé, Maggiano's and more. There will be live music, a moon bounce for the children, and face painting. Players from the American University Basketball team will also show off their skills. This event is sponsored by the Friendship Heights Village Council and the Friendship Heights Urban Network.

